

ASK BEFORE YOU LEAVE

Before you or a loved one leaves the hospital, ask your doctor, nurse or discharge planner two questions:

1. "What is my risk of a blood clot?"
2. "What signs should bring me back?"

Almost 45% of Florida patients hospitalized with a blood clot were back in the hospital with another clot diagnosis **within 15 days of going home.**

Know the warning signs of a blood clot:

- ◆ Swelling, pain or warmth in a leg
- ◆ Sudden shortness of breath
- ◆ Chest pain

If you notice any of these, get medical care right away.
Do not wait them out.

My blood clot risk: _____

Who to call with questions: _____

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