RUTABAGAS etc.
NATURAL FOOD MARKET

Monday - Friday | Store: 9am - 6pm | Cafe: 10am - 6pm
Saturday | Store: 9am - 5pm | Cafe: 10am - 4pm

Local LOVE

Visit our Natural Cafe for Fresh-Pressed Juices, Smoothies, Acai Bowls and Fresh Soups Made Daily!

Citrus Country's First Choice For Whole Foods

335 South Croft Ave. | Inverness, FL

352-344-0096

www.RutabagasMarket.com

Savings Good Thru November 2026





Quorn Foods
Turkey-Style Roast
16 OZ
$10.49



Immaculate Baking
Organic Biscuit & Crescent Dough
8 OZ-16 OZ
$4.99

Farmer's Market
Organic Pumpkin Pie & Sweet Potato Pie Mix
15 OZ
$3.99



Farmer's Market
Organic Cranberry Sauce
14 OZ
$4.49



Simply Organic
Organic Cinnamon
2.45 OZ
$4.99

Simply Organic
Organic Vanilla Extract
2 FL OZ
$9.29

RUTABAGAS etc.
NATURAL FOOD MARKET



O'doughs
Bagel Thins
Selected Varities
10.6 OZ
$4.19



Immaculate Baking
Organic Cinnamon Rolls
with Icing
17.5 OZ
$6.79



Cascadian Farm
Organic Cereal
Select Varieties
12 -14.6 OZ
$3.99

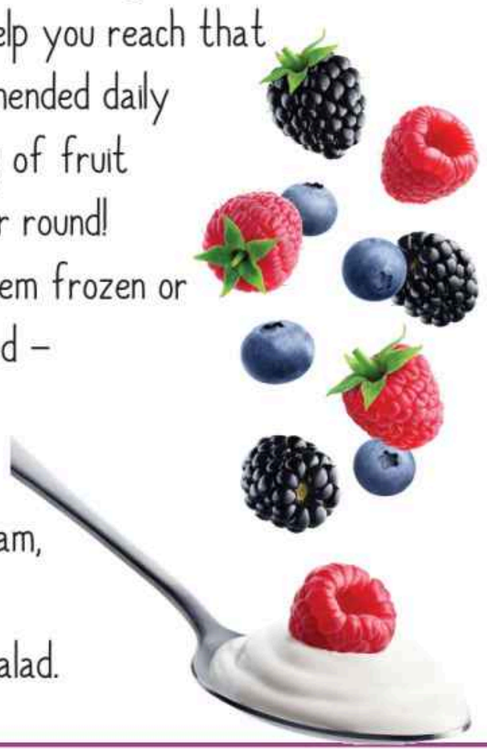
Cascadian Farms organic whole grain cereals are an easy and tasty way to make a smart choice, especially when the holiday treats are tempting!

Crofters
Organic Premium Spread
Select Varieties
16.5 OZ
$5.19



EAT BECAUSE WOODSTOCK IT'S GOOD!

WOODSTOCK Organic Frozen Fruits will help you reach that recommended daily serving of fruit all year round! Eat them frozen or thawed – with cereal, ice cream, or in a fruit salad.



Woodstock
Organic Frozen Fruit
Antioxidant Blend
32 OZ
$13.69



Woodstock
Organic Frozen Fruit
Dark Sweet Cherries
32 OZ
$13.99



Woodstock
Organic Frozen Fruit
Mixed Berries
32 OZ
$13.69



Woodstock
Organic Frozen Fruit
Wild Blueberries
28 OZ
$14.69



Woodstock
Organic Frozen Fruit
Diced Mangoes
32 OZ
$10.99



Woodstock
Organic Frozen Fruit
Chunks of Pineapple
32 OZ
$11.99



Organic Foods & Produce | Delicious Natural Cafe | The Best Supplements | The Best Customer Service

RUTABAGAS etc.
NATURAL FOOD MARKET

Bulk
Organic Date Coconut Rolls
$5.49/lb



Bulk
Organic Raw Cashews
$9.29/lb



Bulk
Organic Quinoa, Tri-Color
$3.49/lb



Bulk
Organic Raisins, Thompson
$3.39/lb



Bulk
Organic Popcorn Kernels
$1.79/lb



Bob's Red Mill
Cake Mix
Chocolate or Yellow
15.5 OZ
$3.29



Bob's Red Mill
Almond Flour
Super-Fine
16 OZ
$8.79



Bob's Red Mill
Almond Flour
Super-Fine
32 OZ
$14.79

Bob's Red Mill
Organic Flaxseed Meal
Whole Ground
16 OZ
$4.49



Bob's Red Mill
Organic Flaxseed Meal
Golden
16 OZ
$4.79

Bob's Red Mill
Hulled Hemp Seed Hearts
8 OZ
$6.99



Bob's Red Mill
Organic Whole Wheat Flour
5 LB
$7.19



Bob's Red Mill
Artisan Bread Flour
5 LB
$5.79

Bob's Red Mill
Organic Chia Seeds
12 OZ
$5.49



Wholesome
Organic Powdered Sugar
1 LB
$3.79



Wholesome
Organic Brown Sugar
24 OZ
$4.49





Organic Foods & Produce | Delicious Natural Cafe | The Best Supplements | The Best Customer Service

RUTABAGAS etc.
NATURAL FOOD MARKET



$4.49

If You Care
Parchment Baking Sheets
24 CT



$5.99

If You Care
Parchment Baking Paper
70 SQFT



$5.99

If You Care
Unbleached Wax Paper
75 SQ FT

Candy makes a GREAT Hostess Gift!



Divine
Chocolate Bar
Select Varieties
3 OZ

$4.49



Theo Chocolate
Organic Chocolate Bar
Select Varieties
3 OZ

$4.99



Panda Licorice
Natural Licorice
Selected Varieties
7 OZ

$2.99

Produce Picks



PRODUCE
Organic Granny Smith Apples

$5.49
3 lb bag



PRODUCE
Organic Japanese Sweet Potatoes

$2.89
per lb



PRODUCE
Organic Butternut Squash

$1.19
per lb

Organic Foods & Produce | Delicious Natural Cafe | The Best Supplements | The Best Customer Service

RUTABAGAS etc.
NATURAL FOOD MARKET



Ithaca Hummus
Hummus
French Onion
10 OZ



$4.49

Dr. In The Kitchen
Organic Crackers
Select Varieties 4 OZ



$4.49

Ithaca Hummus
Hummus
Jalapeno Lime
10 OZ



$4.49



Mary's Gone Crackers
Original Crackers
Black Pepper
4 OZ

$3.29

Ithaca Hummus
Hummus
Classic
10 OZ



$5.29



Mary's Gone Crackers
Organic Super Seed Crackers
Jalapeno
4 OZ

$3.79

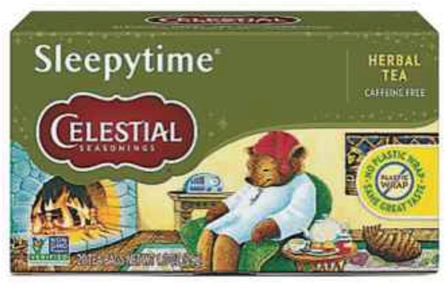
Annie's Homegrown
Organic Graham Crackers
Select Varieties
14.4 OZ





$4.99

Celestial Seasonings
Herbal Tea
Select Varieties
20 BAG



$3.69



Buddha Teas
Organic Herbal Tea
Select Varieties
18 BAG

$5.49

Holiday Dessert Essential!

Organic Foods & Produce | Delicious Natural Cafe | The Best Supplements | The Best Customer Service

RUTABAGAS etc.
NATURAL FOOD MARKET

Delicious, nutrient-packed soups & broths made with organic, real ingredients. Holiday Must Have!



Imagine Foods
Organic Broth
Select Varieties32 FL OZ
2/$8



Miso Master
Organic Miso
Sweet White
8 OZ
$6.49



Miso Master
Organic Red Miso
Traditional
8 OZ
$7.29



Wildwood Natural Foods
Organic Tofu
Firm
14 OZ
$3.79

Jovial
Organic Beans
Select Varieties
13 OZ



$2.79

Celtic Sea Salt
Sea Salt
Light Grey
1 LB



$5.29

Celtic Sea Salt
Sea Salt
Light Grey
.5 LB



$3.69

Simply Organic
Organic Garlic Powder
3.64 OZ



$6.99

Lundberg Family Farms
Organic Rice
Select Varieites
2 LB





$6.99

Simply Organic
Organic Onion Powder
3 OZ



$4.99

Kinnikinnick
Vanilla Wafers
6.3 OZ





Buy 2 & Save!
2/$6

Kinnikinnick
S'moreables
8 OZ
$3.49

Cobram Estates
Extra Virgin Olive Oil
California Classic
25.4 FL OZ



$15.99

Spectrum Naturals
Organic Virgin Coconut Oil
Unrefined
14 FL OZ



$10.99

California Olive Ranch
Extra Virgin Olive Oil
100% California
16.9 FL OZ



$19.99

California Olive Ranch
Extra Virgin Olive Oil
33.8 FL OZ



$35.99

Organic Foods & Produce | Delicious Natural Cafe | The Best Supplements | The Best Customer Service

RUTABAGAS etc.
NATURAL FOOD MARKET

Vital Planet
Women's Daily Probiotic
30 CT
$32.89



Vital Planet
Vital Flora Men Probiotic
30 CT
$32.89



Vital Planet
Women's 55 + Daily Probiotic
30 CT
$32.89



Vital Planet
Organic Flora Senior's Daily Pre+ Probiotic
30 CT
$22.99



Vital Planet
Gas + Bloating Probiotic
30 CT
$38.49



Vital Planet
Vaginal PH+ Urinary Probiotic
30 CT
$38.49



Vital Planet
Vital Parapure
1 EA
$31.49



Vital Planet
Fiber 35
6.77 OZ
$22.99



Vital Planet
Vital Fiber
7.76 OZ
$18.89



Vital Planet
Vital Lax
60 CT
$16.79



Vital Planet
Vital Omega Ultra Daily
60 CT
$25.89



Vital Planet
Vital Gut Renew
6.88 OZ
$27.99



Vital Planet
Vital Men's 55+ Probiotics
30CT
$32.89





Adaptogenic & Anti-Stress Properties

Black Lotus
Shilajit Honey
150 ml



$35.49

Combined with honey, this offers a grounding natural sweetness that aids in mentail relaxation and focus.
Scoop > Dissolve > Drink

justthrive®

Support your Immune Health this holiday season

Just Thrive
Probiotic & Antioxidant
30 CT



$37.49

Just Thrive
Daily Gut Detox
120 CT



$52.49

Organic Foods & Produce | Delicious Natural Cafe | The Best Supplements | The Best Customer Service

RUTABAGAS etc.
NATURAL FOOD MARKET

BURIED TREASURE®
Discover Amazing Health

Easy-to-take liquid formulas are designed for optimal absorption, helping you get the most out of every ingredient.

Buried Treasure
Mullein Mint
2 FZ

$17.59



Buried Treasure
Allerease Support
16.54 FZ

$25.39



Buried Treasure
ACF Immune Support
16.54 FZ

$24.49



Buried Treasure
Vitamin B Complex
16.54 fz

$24.99



Buried Treasure
ACF Extra Strength
16.54 FZ

$27.29



Buried Treasure
Lumishield Eye Defense
16.54 FZ

$27.49



Buried Treasure
Fulvic Minerals
33 FZ

$25.69



Buried Treasure
Active 55+ Multivitamin
32 FZ

$34.39



Buried Treasure
Hard 2 Beet
16 FZ

$32.29



ANCIENT NUTRITION

Formulas your body can easily absorb and use. That means using fermentation, powerful superfoods, ancient herb-combining techniques and clinically backed ingredients...and never settling for unnecessary fillers, artificial colors or flavors.

Ancient Nutrition
Multi Collagen Protein
8.6 OZ

$22.99



Ancient Nutrition
Active Peptides Glutathione
60 CT

$41.99



Ancient Nutrition
Multi Protein Dark Chocolate
22 OZ

$48.99



Ancient Nutrition
Multi Protein Vanilla Bean
21 OZ

$48.99



Smoothie of the Month

MAPLE PECAN





Almond Milk . Banana . Apple
Pecans . Maple Syrup

Featuring
Host Defense Stamets 7
and Garden of Life MCT Oil



Organic Foods & Produce | Delicious Natural Cafe | The Best Supplements | The Best Customer Service