

July 2026

connections

LOCAL - FRESH - NATURAL - COMMUNITY

Flaming Fresh

Summer Favorites



Wholesome
Organic
Sugar
Light Brown
24 OZ

\$4.49

Recipe on page 8



CAFFEINATE HARD. SAVE MORE.



\$11.99
selected varieties

Smooth



Savory



Seductive



Brew Dr. Kombucha
Organic Kombucha
Clear Mind
14 FL OZ
Selected Varieties



2 / \$6



Sweetened
Cranberries

\$2.79/lb

Organic Raisins
Flame

\$3.49/lb

Organic Farro
Pearled

\$2.79/lb

100% Organic Millet
Hulled

\$1.69/lb

Organic Rolled Oats
Quick Cooking

\$1.79/lb

100% Organic
Raw Almonds

\$9.59/lb

100% Organic Pecans
Halves & Pieces

\$12.69/lb

100% Organic Beans
Black Turtle

\$1.99/lb

Organic Beans
Garbanzo Chickpea

\$2.59/lb

100% Organic Chia Seeds
Black

\$3.59/lb



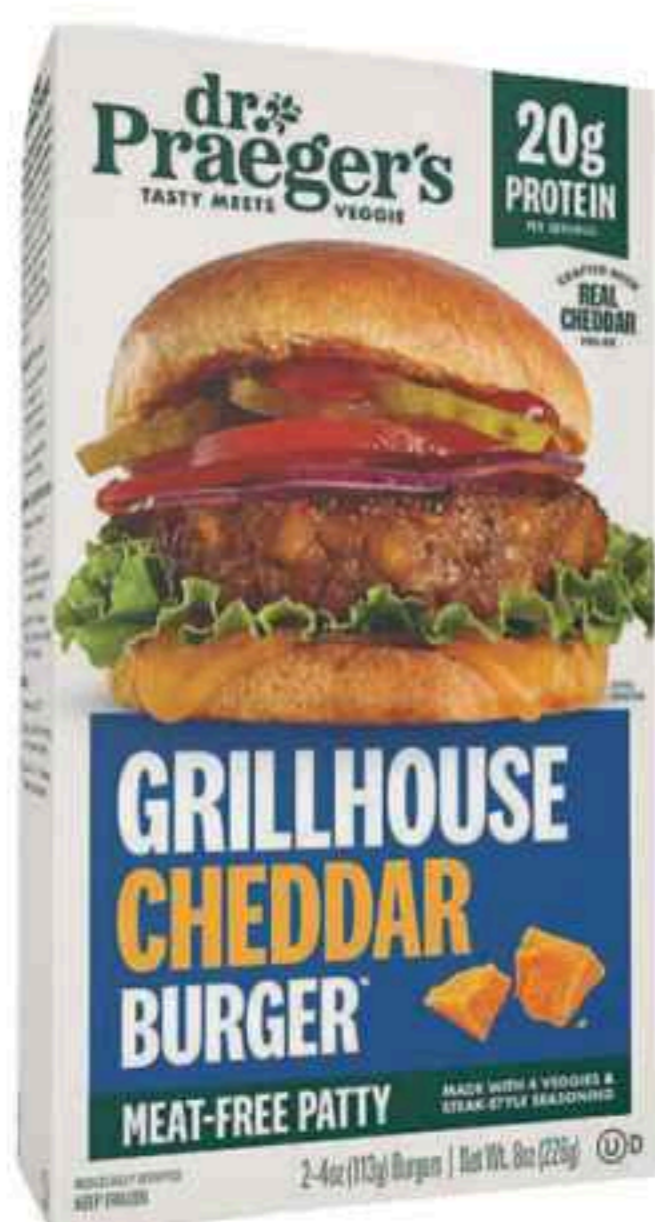
Alden's Organic
Organic Ice Cream
Banana Cookie Crumble
48 FL OZ
Selected Varieties

\$8.99



Julian's Recipe
Baguette
Traditional
12.3 OZ
Selected Varieties

\$3.79



Dr. Praeger's
Meat-Free Burger Patties
Grillhouse Cheddar
8 OZ
Selected Varieties

\$5.99



Organicville
Organic Ketchup
No Sugar
14 OZ

\$5.29



SAUCE SMARTER

made with
**avocado
oil**

\$5.19



**KETO
PALEO**

NO
sugar
or
dairy

Selected
Varieties

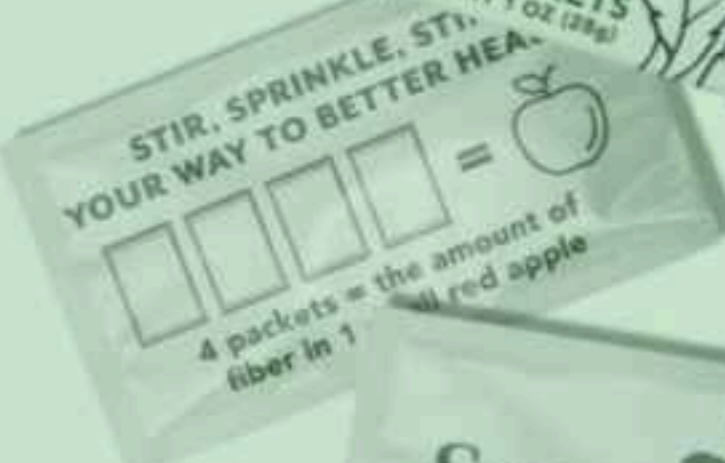


SweetLeaf®

NEW LOOK. NEW ERA.
SAME SWEETNESS.



STEVIA | MONK FRUIT
ALLULOSE | drizzle honey



Sweet Drops
Stevia Sweetener
SteviaClear®
2 FZ

\$7.29



Think!
High Protein Treats
Crispy Squares, Marshmallow Crunch
1.48 OZ

\$3.09



Zing Bar
Plant-Based Bar
Dark Chocolate Coconut
1.76 OZ
Selected Varieties

\$2.29



GO ALL SUMMER

Powered by Real Ingredients



4/\$5

Selected Varieties



Plant Based

Gluten Free

Dairy Free

Vegan



Roll into

NO B.S.

HIGH PROTEIN



2/\$4

Selected Varieties

18g protein

GLUTEN FREE
GLUTEN FREE
GLUTEN FREE

K

TROPICAL Paradise Vibes



\$2.29



Vita Coco
Coconut Water
Original
500 ML
Selected Varieties
\$2.79



Proud Source
Alkaline
Spring Water
25.3 FL OZ
2/\$5

Hint
Fruit-Infused Water
Variety Pack
12/16 FL OZ
\$19.79



BOYLAN BOTTLING

CRAFT SODA MADE WITH

REAL CANE SUGAR

since 1891



\$4.99



Wholesome™

CHECK ALL THE BOXES

ON YOUR

Summer Party Shopping List

- ✓ Honey & Molasses for BBQ Sauce
- ✓ Brown Sugar for Baked Beans
- ✓ Powdered Sugar for Berries & Whipped Cream
- ✓ Agave for Cocktails & Mocktails

\$3.79

\$5.99



\$4.29



\$4.49



\$4.49

\$8.09

HOT DEALS



SCAN FOR RECIPES



©2026 Wholesome Sweeteners, Inc.

Grilled Peaches

with Brown Sugar Glaze



Soft, moist & fine-grained, light brown sugar offers a warm caramel flavor



Scan for
Recipe



Darrell Lea
Australian Licorice
Pink Lemonade
7 OZ
Selected Varieties



\$2.79



Mavuno Harvest
Organic Dried Mango
Dark Chocolate Dipped
3 OZ
Selected Varieties



\$3.99



Equal Exchange
Organic
Dried Mango
5 OZ



\$5.49



Boulder Canyon
 Avocado Oil Wavy Chips
 Cheddar Sour Cream
 5.5 OZ
 Selected Varieties

\$3.79



Mary's Gone Crackers
 Organic Crackers
 Super Seed Everything
 4 OZ
 Selected Varieties

2 / \$7



\$3.29

**Serve Up
 Summer
 Crunch**



\$3.29



\$6.79



\$3.29



jovial
inherently good

\$13.49

HOT DEALS

Oil from 100% Italian organic ancient varieties of olives.

USDA ORGANIC
NON GMO Project VERIFIED

PORTLAND PET FOOD COMPANY

Beef Broth
BREW BISCUIT

ALL NATURAL & HAND CRAFTED
DOG TREATS

Sourced and Made in the USA
Human Grade
Crafted by humans - Loved by dogs
Net Wt. 5 oz • 142 g

PORTLAND PET FOOD COMPANY

Grain & Gluten Free
PUMPKIN BISCUITS™

ALL NATURAL & HAND CRAFTED
DOG TREATS

Sourced and Made in the USA
Human Grade
Crafted by humans - Loved by dogs
Net Wt. 5 oz • 142 g

Portland Pet Food Company
Grain & Gluten Free Dog Treats
Pumpkin Biscuit
5 OZ
Selected Varieties

\$5.99

Bionaturae

ORGANIC

\$15.99

Cold Pressed Olives

\$10.99

HOT DEALS

USDA ORGANIC
NON GMO Project VERIFIED

Shell Year!

White Cheddar Comfort in Every Bite.

2/\$7

Annie's
ORGANIC
SHELLS &
WHITE CHEDDAR

made with REAL CHEESE!

USDA ORGANIC
NON GMO Project VERIFIED

HOT DEALS

2/\$6

Annie's
15g Protein* & 6g Fiber*
SUPER! MAC
Shells & White Cheddar

made with organic pasta

Elevate Everyday Hydration

Alkaline Spring Water

2/\$4

1 Liter
Selected Varieties



Liquid I.V.
Hydration Multiplier Electrolyte Drink Mix
Lemon Lime
11.28 OZ **\$23.99**



Ultima Replenisher
Electrolyte Drink Mix
Lemonade
3.7 OZ
Selected Varieties **\$17.29**

Boiron
Calendula Cream
2.5 OZ **\$9.99**



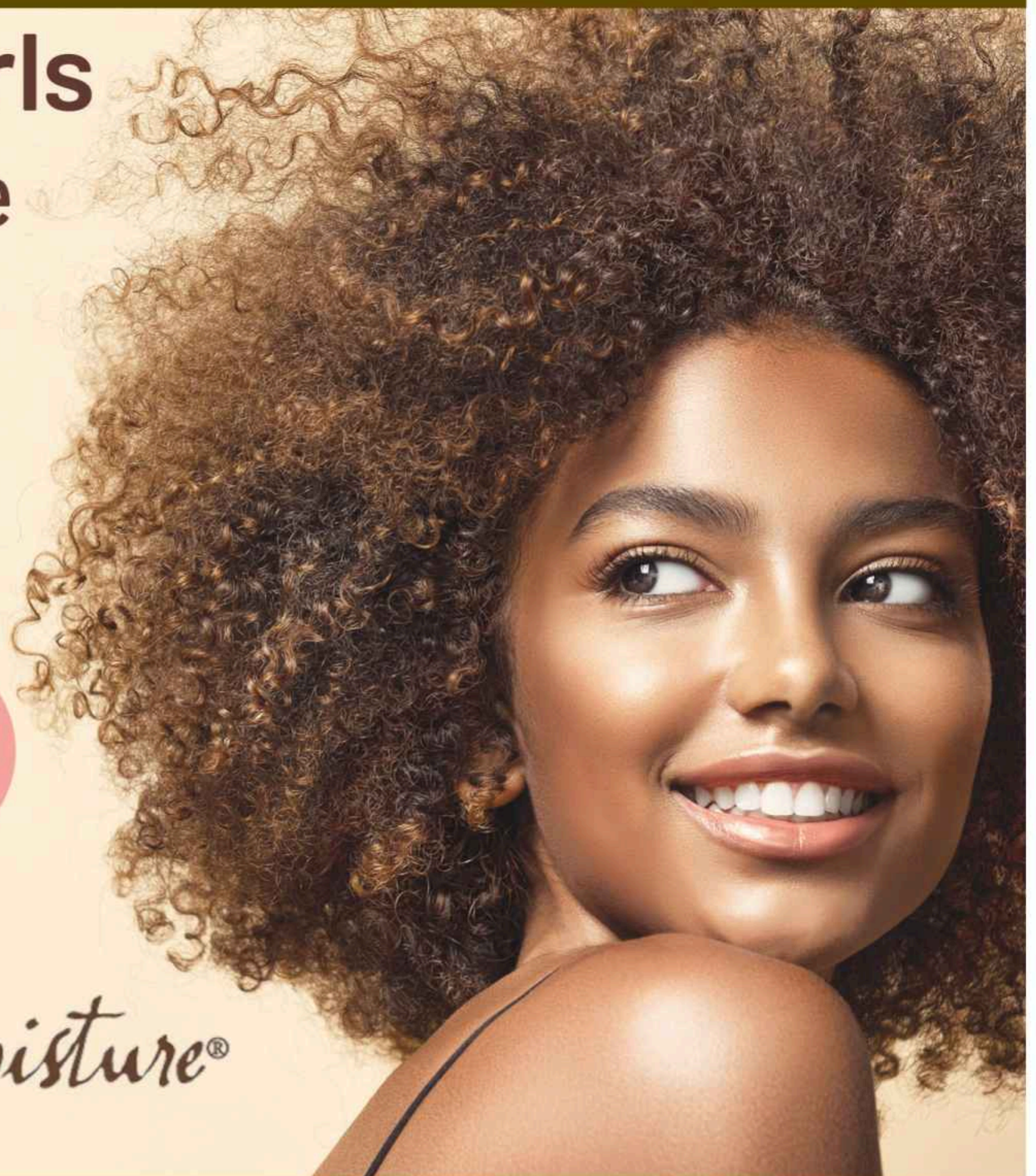
Get Hydrated Curls with shine & bounce



Curl & Shine Shampoo
13. fl oz
Selected Varieties

\$11.99

Shea Moisture®



MEET YOUR MAIN Squeeze



2g
sugar



NO
sugar

\$6.79

