



TRAINING AND CONSULTANCY SERVICES

Rose

Health & Safety

ESTABLISHED
2003

Health & Safety Consultancy Services



Chartered Safety and
Health Practitioner



Registered Consultant
Consultancy
Kempston 21/03/2025



FELLOW



INTERMEDIATE LEVEL
2025



2025



SAFETY
SCHEMES IN
PROCUREMENT
(SSIP) LTD



9001:2015



2015



National Association for
Safety and Health in
Care Services

10 Reasons

- 1) We offer flexible, blended accredited and non-accredited training courses to suit our customer needs.
- 2) We are a BSEN ISO 9001:2015 Quality accredited training company rated as excellent.
- 3) We believe firmly that learners who enjoy our training courses will learn more and retain more knowledge which will assist the employer with their statutory duties and the learner with their personal competences.
- 4) Our experience of providing quality learning to our clients to include NHS, local authorities, facilities management companies, charities, doctors surgeries, children's services, care facilities, factories and many more individual clients.
- 5) Highly motivated and experienced professional tutors who are competent.
- 6) We are a family company established in 2003.
- 7) Cost effectiveness – compare our prices and training to other training companies.
- 8) We offer our clients a quality customer service.
- 9) We provide an equal opportunities policy for all learners, and assist learners during training to achieve their potential.
- 10) We are here to help our clients throughout our professional caring relationship.

Gordon Rose

Gordon Rose

CMIOSH FIIRSM MIFSM Dip.RSA DipOSH Cert Ed MSET OSCHR RSHP

Director – Rose Health & Safety Training Ltd

COMPANY HISTORY



*Gordon Rose
CMIOSH FIIRSM MIFSM Dip.RSA DipOSH Cert Ed MSET OSCHR RSHF*

Following a workplace accident in 1991 and a 7 year recovery period Gordon Rose (Director) decided to train to become a health and safety practitioner, after achieving a NEBOSH Diploma and NVQ Level 5 as well as Cert Ed and Fdn Degree teaching qualifications Gordon applied to IOSH the Institution of Occupational Safety and Health to become a Chartered Safety and Health Practitioner.

Gordon Set up Rose Health and Safety Training Ltd in 2003 to assist business with their training and consultancy requirements, the business has grown from strength to strength and has a wide customer base from the local corner shop, charities to blue chip companies, his focus is to ensure that clients are compliant with health and safety and the workplace is a safe environment for everyone.

Gordon has always demonstrated a passionate, common sense approach to assisting businesses with their health and safety requirements and compliance with health and safety law, be it within a consultancy role or a teaching capacity.



The Occupational Safety and Health Consultants Register (OSHC) has been set up in response to recommendations in the Government-commissioned report on the UK health and safety system – Common Sense Common Safety.

It aims to increase employers' confidence in accessing good quality, proportionate advice and also to address concerns that some employers – especially SMEs – can find it difficult to know how and where to get external health and safety advice.

OSHC has been established by a number of professional bodies representing general safety and occupational health consultants across the UK, with support from the Health and Safety Executive (HSE).

Gordon Rose is also an Accredited Fire Risk Assessor Register (NFRAR) No C1947 at Intermediate level



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Recent HSE Business Prosecutions UK

The Health and Safety Executive (HSE) has been actively prosecuting businesses for various safety-related offenses in the UK. Here are some of the recent prosecutions and the associated fines:

Fatality: A fatal injury at a West Yorkshire plant hire company led to a £433,550 fine. The forklift had not undergone a full inspection after repairs.

Firing Range Incident: A worker was shot and paralyzed during ammunition testing, resulting in a £200,000 fine.

Poorly Maintained Pipework: An employee's lower leg was amputated due to crush injuries caused by heavy metal sheets. A £200,000 fine followed.

Electrical Flashover: A wind farm management services company was fined £80,000 after a worker was seriously injured by an electrical flashover.

Construction Industry: A construction company was fined £1.2 million after a worker fell through a fragile roof panel, suffering fatal injuries.

“These cases highlight the importance of maintaining high standards of safety and compliance to prevent serious injuries and fatalities in the workplace”.

Consultancy Services



Appointed Persons Advisory Service

Rose Health and Safety Training and Consultancy Services have a customer base that facilitate this service as they require, we can offer advice and guidance on changes in law, changes in workplace activities or health and safety related issues which may affect your business.

1. Every employer shall, subject to paragraphs (6) and (7), appoint one or more competent persons to assist him in undertaking the measures he needs to take to comply with the requirements and prohibitions imposed upon him.
2. Where an employer appoints persons in accordance with paragraph (1), he/she shall make arrangements for ensuring adequate co-operation between them.

The Management of Health and Safety at Work Regulations 1999

Price

From £395.00 + VAT per day.

PUWER Assessments

The Provision and Use of Work Equipment Regulations, abbreviated to PUWER, place duties on people and companies who own, operate or have control over work equipment. PUWER also places responsibilities on companies whose employees use work equipment, whether owned by them or not.

Rose Health and Safety Training Ltd can assist businesses by conducting PUWER risk assessments on your behalf. We have experience in assessing small machines i.e robots and large machines i.e CNC Milling machines.

PUWER Prices

P.O.A.



Health and Safety Policy / Policy Review

The Health and Safety at Work Act 1974 Section 2(3) requires employers to prepare and as is often as necessary revise the health and safety policy where the employer has 5 or more employees. The health and safety policy must be reviewed if there are any significant changes to the business.

Rose Health and Safety Training and Consultancy services can prepare a health and safety policy for your business and ensure that the policy is reviewed on an annual basis or if any circumstances change which effect the policy. We can also review any existing health and safety policy for compliance with business requirements and Health and Safety Law.

General Risk Assessments

Rose Health and Safety Training and Consultancy Services offer the service of training businesses in risk assessment and can also assist in preparation of the risk assessment for most business activities, Risk assessments are required by The Management of Health and Safety at Work Regulations 1999 and other regulations i.e. COSHH, The Manual Handling Operations Regulations 1992 as amended, The Health and Safety (Display Screen Equipment Regulations), Regulatory Reform Fire Safety Order 2005.

COSHH Risk Assessments / Training

Rose Health and Safety Training and Consultancy Services offer the service of training clients to do their own COSHH risk assessments or alternatively conducting the COSHH risk assessments on behalf of the clients where required.

Service Price

From £395.00 + VAT per day.

Fire Risk Assessments



As the responsible person you must carry out and regularly review a fire risk assessment of the premises. This will identify what you need to do to prevent fire and keep people safe.

Gordon Rose is a very experienced fire risk assessor with over 20 years' experience and holds full Membership with MIFSM - Institute of Fire Safety Managers, GfireE – Graduate Membership of the Institute of Fire Engineers and Full membership of The Fire Protection association and is an Accredited Fire Risk Assessor Register (NFRAR) No C1947 at Intermediate level.

Intermediate Level is for experienced fire risk assessors working in the field on buildings ranging from simple and less complex to those of medium complexity. Intermediate Level is for anyone with over two years' experience in fire risk assessing. The Intermediate Level application involves a 3-stage internal certification process. The first part of this process is a fire risk assessment check, followed by a competency assessment and finally the completion of a RPEL checklist.

Gordon conducts fire risk assessments on offices, shops, warehouses and medium sized buildings.

Gordon specialises in fire risk assessments for nursing homes and care homes and specialised housing risk assessments.

Rose Health and Safety Training Ltd can conduct a fire risk assessment on your behalf.

Price

From £375.00 + VAT.



Health and Safety Audit / Company Induction Training

Health and Safety Audit

The Health and Safety Audit examines each individual area of the business activity to a very thorough, systematic examination, with the overall aims of minimising loss throughout the business, the health and safety audit would highlight any non-conformances in Health and Safety law, Unsafe acts / Conditions and good practice within the organisation.

The Health and Safety Audit carried out by Rose Health and Safety would involve a visit to site, a written report of the findings and an action plan with agreed timescales for corrective action.

Company Induction Training Power-Point CD

Rose Health and Safety understand the individual differences between different industries and also the legal requirements to ensure employees receive adequate training. New employees / young employees may be at risk from potential workplace hazards due to unfamiliarity and inexperience of the new job role / workplace.

Rose Health and Safety can develop a Power-Point Presentation to be used for induction training that is bespoke to any business requirement; the presentation will include all health and safety elements your business manages including visual images of the workplace. The course can be delivered professionally by Rose Health and Safety or by a company Health and Safety Representative/Trainer.

Included:

1. Lesson Planning Document.
2. Course Handout.
3. Assessment Document.
4. Power-Point Presentation.

Service Price

From £395.00 + VAT per day.

Bespoke Training Courses



Bespoke Training Courses

Rose Health and Safety specialise in designing health and safety training courses, which, meet with individual business requirements, i.e. working at height, manual handling, behavioural safety, tool box talks, machinery safety and any other safety training session required. The courses designed by Rose Health and Safety are developed on CD Rom power point presentation and include course handouts, course assessment criteria, and lesson planning documents.

Course Price

From £325.00 + VAT per day.

Some of the courses we offer include:

- Manual Handling (Objects) Instructor's Certificate
- Fire Warden Course
- Display Screen Equipment Assessors Course
- Control of Substances Hazardous to Health Awareness Course
- Emergency First Aid Course / 3 day First Aid at Work Course
- Asbestos Awareness Course
- Health and Safety Representatives and Committees Course
- Accident / Incident Investigation Course
- Risk Assessment Course
- Height Safety Awareness Course
- Safe System of Work / Method Statement Development Course
- Stress Management Awareness Course
- Personal Safety Course
- Noise & Vibration Awareness Training
- CIEH Level 2 Award in Environmental Principles and Best Practice
- NEBOSH – National General Certificate In Occupational Safety and Health
- CIEH Level 3 Certificate in Education and Training
- IOSH Managing Safely and Refresher
- IOSH Working Safely

Company Support Consultancy Package

*1 x Annual Health and Safety Audit
 (Normally 1 – 2 days work)*

1 x Telephone Support

1 x Email Support

1 x Health and Safety Policy Review

1 x Sampled Risk Assessment Review

1 x Accident | Incident Review

*1 x Health and Safety Inspection
 of workplace*

1 x Consultancy Support Certificate

to be displayed to demonstrate your business manages health and safety which can be used for Compliance, Insurance, ITT / PQQ tender purposes and show your clients you have employed the services of a Competent Person.

1 x Assistance with training needs analysis



From ONLY £1200.00 + VAT

or Including Fire Risk Assessment From ONLY £1500.00 + VAT

Open Courses 2026



Course Name	Dates		Cost per Learner
Accredited - First Aid at Work course (3 days) (09.00 - 16.00) Monday - Wednesdays unless otherwise stated. QA Level 3 certificate also available. New - Blended QA L3 FA@W & Paediatric First Aid.	19th – 21st January 23rd – 25th February 23rd - 25th March 20th – 22nd April 18th – 20th May 22nd – 24th June 13th – 15th July	AUGUST No Training 21st – 23rd September 19th – 21st October 16th – 18th November 07th – 09th December	£225.00 + VAT L3 Cert + £15.00
Accredited - First Aid at Work Regualification (2 days) (09.00 - 16.00) Monday's & Tuesday's unless otherwise stated.	19th & 20th January 23rd & 24th February 23rd & 24th March 20th & 21st April 18th & 19th May 22nd & 23rd June 13th & 14th July	AUGUST No Training 21st & 22nd September 19th & 20th October 16th & 17th November 07th & 08th December	£175.00 + VAT
Accredited – Emergency First Aid Course (1 day) (09.00 - 16.00) Monday unless otherwise stated.	19th January 23rd February 23rd March 20th April 18th May 22nd June	13th July AUGUST No Training 21st September 19th October 16th November 07th December	£125.00 + VAT
OCN Level 3 First Aid Instructor Training (5 Days) 09.00 - 16.00. Includes Full QA Level 3 FA@W 3 Day Certificate.	On Request		£800.00 + VAT
IOSH Managing Safely Refresher (1 Day) (09.30 – 16.00).	19th February 10th April 18th June	August No Training 08th October 4th December	£195.00 + VAT
IOSH Managing Safely (3 Days) - (09.30 - 16.00) Monday - Wednesday unless otherwise stated.	16th – 18th February 07th – 09th April 15th – 17th June	AUGUST No Training 05th – 07th October 01st – 03rd December	£395.00 + VAT
Fire Warden (Combined) Evac Chair & Evac Slides (09.30 - 12.30) Friday's unless otherwise stated.	27th February 24th April 19th June	AUGUST No Training 11th September 27th November	£125.00 + VAT

Online Training Courses . . .



Health and Safety Courses		
Asbestos Awareness	Fire Safety Awareness	Manual handling (Objects)
Concussion Awareness*	Food Safety Level 2 Awareness	Paediatric First Aid (Blended Course)
COSHH Awareness	HACCP Awareness	RIDDOR Awareness
DSE / VDU Awareness	Health and Safety Awareness	Slips, Trips and Falls Awareness*
Emergency First Aid Awareness	Lone Working Awareness	Working at Height Awareness
Compliance Courses		
Age Verification Awareness	Cyber Security Awareness*	Internet Safety Awareness*
Bribery Act Awareness*	GDPR Awareness	Money Laundering Awareness
Consumer Rights Act*	Information Governance Awareness	Right to Work in the UK*
Soft Skills Courses		
Bullying and Harassment	Effective Call Management	Preventing Radicalisation
Complaints Handling	Interview Skills	Safer Recruitment
Conflict Management	Managing People	Staff Appraisal Skills
Customer Service Awareness	Managing Your Digital Profile	Stress Awareness
Hospitality Courses		
Award Licence Premises Staff	Award in Under sales Prevention*	Cellar Management*

All courses **ONLY £10.99+VAT** – Your just 1 click away, simply send us an e-mail with the courses you want to attend, attendees' names and e-mail address and your learners will be enrolled automatically for you.

E-Mail – [gordon @rosetrainer.co.uk](mailto:gordon@rosetrainer.co.uk)



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