



# **Confirmation Requirements Contract**



After a review of parish records and in accord with Diocesan and Parish Policy, I am pleased to inform you that you are eligible to enter into the Confirmation Immediate Preparation Process. You fulfilled or will have fulfilled these Diocesan and Parish Candidate Requirements by the Confirmation date. **All of these Requirements must be met. If you do not meet any one of these requirements then you cannot be Confirmed!**

1. **BAPTISM AND THE STATE OF GRACE (Diocesan Policy #311.1)**

One must be validly baptized to receive the Sacrament of Confirmation (Canon, 889.1).

In addition, if baptized persons have the use of reason, it is required that they be in the state of grace, properly instructed and able to renew their baptismal promises (Rite of Confirmation, 12).

2. **MINIMUM AGE – (HIGH SCHOOL SOPHOMORE, JUNIOR, OR SENIOR) – (Diocesan Policy #311.2)**

Fifteen (15) is the minimum age for Confirmation in the Diocese of San Diego, except for the case of unbaptized children of catechetical age (catechumens) who should receive Confirmation when they are baptized and the case of baptized Christian children of catechetical age but not Catholic (candidates) who should receive Confirmation when they are received into the full communion of the Catholic Church.

3. **FORMATION IN THE FAITH OF THE CHURCH – (Diocesan Policy #311.3)**

Candidates for Confirmation are required to evidence an understanding of the Catholic faith appropriate to their age. This means that they should have integrated all their years of catechesis and acquired appreciation of what the Church teaches.

As a minimum, candidates are expected to show competence in the following four areas of Christian catechesis found in the **Catechism of the Catholic Church**:

- a. The Creed in which the Christian mystery is the object of faith;
- b. The Sacred Liturgy in which the Christian mystery is celebrated and communicated in liturgical actions;
- c. The Christian Way of Life in which the Christian mystery is the basis for the proper formation of conscience and for living according to the moral and social teaching of the Church; and
- d. Christian Prayer in which the Christian mystery is the basis for prayer, the privileged expression of which is the Our Father.

4. **EXPERIENCE OF CHRISTIAN LIVING (Diocesan Policy #311.4)** prior to Confirmation is demonstrated by:

- a. faithful participation in the sacraments of Reconciliation and Eucharist;
- b. a commitment to ongoing human and spiritual growth and development through prayer and good works;
- c. involvement in the parish community.

5. **PROPER DISPOSITION (Diocesan Policy #311.5)** as evidenced by:

- a. a stated personal desire to receive the Sacrament of Confirmation;
- b. willingness to witness more firmly to Christ by word and action;
- c. acceptance of the responsibility to be an active adult member of the Church, to continue to mature in faith, and to put one's faith into practice.

6. **MINIMUM OF TWO YEARS PRIOR CATECHESIS/RELIGIOUS INSTRUCTION AT THE HIGH SCHOOL LEVEL AT CHURCH OF THE NATIVITY YOUTH MINISTRY.**

7. **A DAY OR EVENING OF PRAYER – (Diocesan Policy #313.3)**

I understand that if I do not meet **all** these requirements I will not be able to get Confirmed.

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Teen Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Parent Signature

\_\_\_\_\_  
Date