



JUNE 2026 EVENTS

GOLDEN GAMERS

**THURSDAY
 4 AND 18 JUNE**
 11 AM to 12 PM
 (Doors open at 10:30)

Fun group games in a friendly setting.
 iPads provided — no experience needed!

FREE

WEBINAR: AGEISM

**MONDAY
 8 JUNE**
 12:30 PM to 1:30 PM
 (Doors open at 12 PM)

Watch a webinar on recognizing ageism.
 Explore tools and activities to learn more about ageism.

FREE

CHAIR YOGA

**MONDAY
 15 JUNE**
 11 AM to 12 PM
 (Doors open at 10:30)

Gentle seated yoga to improve flexibility,
 balance, and strength. Bring a mat if possible.

FREE

APPLE STORE

**THURSDAY
 25 JUNE**
 12 PM to 01 PM
 (Meet at the church 11 AM)

Explore iPhone photography in a 60-minute workshop at
 Apple Store, Fairview Mall (12 PM)
 RSVP required by email: programs@lansingchurch.com

FREE

CHAIR ZUMBA

**MONDAY
 29 JUNE**
 11 AM to 12 PM
 (Doors open at 10:30)

Gentle, low-impact dance-fitness to international music.

FREE

For inquiries and RSVP Please contact Ebrahim at:
programs@lansingchurch.com

Location: 49 Bogert Ave, North York
 Near Yonge and Sheppard Station (Parking Available)

