

Annandale Chamber of Commerce

ENDEAVOR

Fall 2026

Building the Annandale Marketplace

www.annandalechamber.com

- 2 New Development in the works
- 3 The Police Beat
- 4 Lambros Goldsmith AB&G Club
- 5 The Police Beat
- 7 VOTE & Mobility City
- 8 The Golden Years: Healthy Eating
- 9 Grief and Loss
- 11 International Dance
- 12 VIEW ON NATURE: Rooted in Goodness
- 13 Pumpkin Patches
- 14 The Garden Path Fall Planting
- 16 Uncovered: Fall Confections
- 17 Emergency Preparedness
- 18 Artisans United: Fall Classes
- 21 Insurance Insights
- 22 Economic Incentives Expanded
- 23 Annandale Revitalization
- 25 CHAMBER CHAT
- 27 The Census Measures So Much

Annandale Loves a Parade — Oct 24th

The Annandale Parade celebrates it's 76th Anniversary



Cited as one of,

"THE BEST SMALL TOWN PARADES IN AMERICA"

The popular Annandale Parade will be held on Saturday, October 24, 2026, beginning at 10:00 am. Marching along Columbia Pike from the historic white church and the Annandale Shopping Center near Gallows Road, thousands of participants from Storybook Characters, and Marching Bands to Classic Cars, Fire Trucks, Civic Organizations, Scouts, and beautifully costumed International Dancers will parade before the residents of Greater Annandale. Sponsored by the Annandale Chamber of Commerce, this seventy-five year old tradition only gets bigger and better every year.

The Annual Parade has been an Annandale tradition since 1950. It promotes community involvement and neighborhood camaraderie while celebrating the rich diversity of Annandale.

Mark your calendar, participate or bring the family to view this Annandale tradition. Children are invited to wear their Halloween Cos-

tumes, to collect candy, to cheer the participants, and to marvel at the exhibits.

Classic Cars have also been invited to participate. They always provide a special thrill for the kids and the young at heart. Information and registrations forms at www.annandalechamber.com/theannandaleparade.rhtml Register before October 14th.

*There is a NEW Parade Route....
See the chamber website for details.*



Olof joins the parade

Supervisors Approve Comp Plan Amendment

New housing on Gallows Road



The Board of Supervisors approved a comprehensive plan amendment enabling Madison Homes to develop 32 new single-family homes and demolishing eleven existing single-family homes.

The Fairfax County Planning Commission recommended approval of the Comprehensive Plan amendment in July.

The plan amendment increases the density on the 8.11-acre site from the current level of 1-2 dwellings per acre to 3-4 dwellings per acre. One previous plan called for 66 townhouses, and another proposed multifamily housing for seniors. Both were strongly opposed by residents.

The developer would provide just one access point on Gallows Road. Nine existing driveways on Gallows would be removed. A new underground stormwater facility would be added next to the Raintree townhomes.

Calling All Classic Cars

We want you at the Annandale Parade



Celebrate Annandale

Saturday, October 24, 2026 - 10:00 AM - Noon
www.annandalechamber.com

Event organized by the Annandale Chamber of Commerce. The Annandale Parade will be accessible to people with disabilities.

THE POLICE BEAT

Lock It or Lose It: 10 Tips to Help Prevent Vehicle Break-Ins and Theft

By: FCPD



FCPD continues its commitment to helping community members reduce the risk of auto theft and other crimes of opportunity. While vehicle theft can happen anywhere, taking a few simple precautions can significantly lower your chances of becoming a victim. Here are 10 safety tips every driver should follow:

1. **Lock It Every Time:** It may seem like common sense, but many vehicle thefts occur because doors were left unlocked. Even if you're just stepping away for a minute, lock your vehicle every time.
2. **Park in Safe, Well-Lit Areas:** Avoid dark or secluded parking spots that give thieves cover. At night, park under streetlights or near building entrances. If you have access to a garage, use it.
3. **Invest in a Car Alarm or Immobilizer:** A visible or audible alarm system can deter thieves. Immobilizers make it much harder for a vehicle to be started without the correct key.
4. **Use a Steering Wheel Lock:** It's a simple, affordable tool that acts as a strong visual deterrent and adds another layer of protection.
5. **Hide Your Valuables:** Never leave valuables in plain sight.

Place electronics, bags, and other items in the trunk or glove compartment, or take them with you.

6. Don't Leave Keys in the Vehicle: Avoid leaving your keys inside your car, even for a quick stop. This includes leaving your vehicle running and unattended.

7. Consider a GPS Tracker: A GPS tracking device can help law enforcement recover your vehicle more quickly if it is stolen. Many newer vehicles have built-in tracking features.

8. Stay Alert: Be aware of your surroundings, especially in unfamiliar areas. If you notice suspicious activity, report it to the police.

9. Keep Detailed Records: Write down your vehicle's VIN, make, model, color, and license plate number. Having this information readily available is critical if your vehicle is stolen.

10. Stay Informed: Keep up with local crime trends and safety information. Awareness is the first step in prevention.

Vehicle theft is often a crime of opportunity. By following these proactive steps, you can significantly reduce your risk. FCPD remains committed to providing our community with crime prevention resources and safety information.

Register your camera at <https://connectfairfaxcounty.org/> to help FCPD solve crimes, locate missing people, and support investigations.



Join the Fun & Watch
The Annandale Parade
Sat. Oct 24th 10 am-Noon



Lambrosmagiafas@gmail.com

Annandale, VA - 703-354-1038

Juneau, Alaska - 907-596-3355

Skagway, Alaska - 907-983-3016

"Sport speaks to youth in a language they understand."

- Nelson Mandela



The Annandale Boys & Girls Club engages our community to inspire boys and girls of All ages to get outside, pick up a ball, bat, Stick, glove or pom-pom and

Join the Fun

**Learn more about our
Programs & Register at
abgc.org**

Medical News

Patient First Offers Free Candy X-rays

Patient First® Primary and Urgent Care



Halloween is a time of fun and harmless frights, but parents shouldn't have to worry about their children's safety while trick-or-treating. To help ensure a safe and enjoyable experience for everyone, Patient First is offering some important reminders, in addition to a special service this Halloween season.

Safety Tips for Trick-or-Treating:

- Know the route that your children will take if you do not go with them.
- Younger children should go with adults. There should be at least one adult for every four children.
- If possible, give your children a cell phone and check in with them during the evening.
- Set a time for everyone to be home.
- Make sure no one eats any treats until they have been inspected by an adult.
- Wear bright clothing or reflective gear.

To keep your kids safe after dark, Patient First is offering **free safety blinkers** at each of our medical centers during the month of October (one per person, while supplies last). These blinking lights can be attached to Halloween costumes to improve visibility. Blinkers are available at the front desk of any Patient First location—no registration or medical care is required.

As an added precaution, Patient First will offer **free digital X-ray imaging** of Halloween candy. Every one of our Patient First centers has on-site digital X-ray technology, so stop in at any location. This fun service allows trick-or-treaters, to see what is inside their treats, like peanuts or other surprises. It also makes visiting the doctor's office a positive experience, which can help reduce anxiety for future visits when they are sick or

hurt.

X-ray imaging can also provide parents additional peace of mind about the treats their children receive by possibly detecting objects like metal, or other solid substances. * Parents still need to provide supervision since some foreign materials may not appear in X-rays.

Bring your bag of candy into any Patient First Neighborhood Medical Center from October 27th through November 1st between 6pm and 8pm for a free X-ray screening.

About Patient First

All Patient First Medical Centers are open 8 a.m. to 8 p.m. every day of the year, including holidays. Patient First provides non-appointment urgent care for routine injuries and illnesses, primary care for patients who do not have a regular physician, as well as telehealth services. Each Patient First center has on-site digital x-ray, on-site laboratory, and on-site prescription medication. Patient First currently operates medical centers in Virginia, Maryland, Pennsylvania, and New Jersey.

**Many materials like metal, plastics, and glass may show up on X-rays, however, we cannot guarantee that they will, and other materials will not. Patient First is not liable for any failure to detect adulterated candy or foreign objects of any kind. Please use caution, and have a safe and happy Halloween.*

Patient First of Annandale
7042A Little River Turnpike at John Marr Drive
Annandale, 22003

Patient First is open 8am-8pm every day of the year, including holidays. Patient First provides non-appointment urgent care for routine injuries and illnesses, as well as primary care for patients who do not have a regular physician. Each Patient First center has on-site digital x-ray, on-site laboratory, and on-site prescription drugs. Walk in to see a physician and walk out with a whole new view of health care.



McGILLICUDDY

Commercial Properties

Gregory McGillcuddy

President

T: 703-625-0714 E: gregMcGillicuddy@gmail.com

8521 Leesburg Pike Suite 300 Tysons, VA 22182

Samson Commercial Tel: 703-378-8810

Vote Absentee, In-Person, or Curbside, BUT VOTE

Election Day, Tuesday, November 3rd (6:00 am—7:00 pm)



If you have not yet registered to vote you can do so online, or by downloading an application and returning it on time. **If you are not yet registered to vote**, you can do so online at <https://www.elections.virginia.gov/registration/voter-forms/>

Registering to Vote:

Voter Registration Deadline: October 24th by 11:59 pm online or postmarked by mail

October 15th for this November's election. Register online using the Virginia Department of Elections Citizen portal at <https://vote.elections.virginia.gov/VoterInformation> Or you can download a voter registration application and return it via US Mail. One change that has been made this year is that the in-person voter registration deadline is now on Election Day. Voters who register at their voting location on Election Day must vote by provisional ballot.

Absentee Ballots

Anyone can vote early. The General Assembly has implemented no-excuse absentee voting. All the information you need can be accessed here: <https://www.fairfaxcounty.gov/elections/absentee> Questions: voting@fairfaxcounty.gov or www.elections.virginia.gov

After applying, you can check to see if your absentee application was received, your ballot sent or received by going to the citizen portal. They will be mailed to you by September 18th. The last day to request an Absentee Ballot is October 24th by 5 pm. This deadline applies to both online submissions and in person submissions.

If you vote absentee or early, your ballot will be counted and reported on election night. Since 2007, the County has had a system in place to preprocess absentee ballots so they can be tallied on Election Night.

Returning Your Absentee Ballot

Deadline for Return of Vote by Mail Ballots:

- ◆ November 3 by 7 p.m. if hand-delivered in-person
- ◆ Postmarked on or before November 3rd and received by noon Nov. 6th.
- ◆ Visit the Vote by Mail page at the Fairfax Office of Elections website for complete details. Ballots can be returned by mail, by commercial delivery, or at Drop Boxes.

Early Voting

Early Voting In-Person: Begins September 18th, ends October 31st for the Nov. 3, 2026 General Election. Any registered Fairfax County voter may vote early at any Fairfax County early voting location...Fairfax County Government Center (**PARKING EXTREMELY LIMITED**), North County Gov't Center and at the Mt. Vernon Gov't Center. If you received a ballot in the mail, you must bring it with you and surrender it to vote in person.

Extended Early Voting (Oct. 22—Oct. 31)

- **Burke Centre Library** - 5935 Freds Oak Rd, Burke 22015
- **Centreville Regional Library** - 14200 St. Germain Dr, Centreville 20121
- **Franconia Governmental Center** - 7130 Silver Lake Blvd., Alexandria, VA 22315 **NEW LOCATION**
- **Great Falls Library** - 9830 Georgetown Pike, Great Falls 22066
- **Herndon Fortnightly Library** - 768 Center St, Herndon 20170
- **Mason Governmental Center** - 6507 Columbia Pike, Annandale 22003 **PARKING EXTREMELY LIMITED**
- **McLean Governmental Center** - 1437 Balls Hill Rd, McLean 22079
- **Lorton Community Center** - 9520 Richmond Hwy, Lorton 22079
- **Jim Scott Community Center** - 3001 Vaden Dr., Fairfax 22031
- **Sully Governmental Center** - 4900 Stonecroft Blvd, Chantilly 20151
- **Thomas Jefferson Library** - 7415 Arlington Blvd, Falls Church 22042
- **Tysons-Pimmit Regional Library** - 7584 Leesburg Pike, Falls Church 22043
- **West Springfield Governmental Center** - 6140 Rolling Rd, Springfield 22152

Hours of operation for Early Voting Locations:

See: www.fairfaxcounty.gov/elections/early-voting

Election Day

On Election Day, all precincts will be open from 6am-7pm. Again, you will be able to drop off mail-in ballots at drop-off boxes. Photo ID will be required.

Curbside Voting

Curbside voting is available for those who are 65-years-old or older, or any person with a physical disability. Curbside voting doesn't put you at the front of the line and voters should expect to wait. Best to go to the Fairfax County Government Center with 20 curbside spaces set aside in a separate queue and handled in the order of the request. It can take some time to process each voter, so if you decide to vote at the Government Center, be prepared to wait.

What's on the Ballot

- U.S. Senate
- U.S. House of Representatives
- Local Offices (General and Special Elections)
- Three proposed Constitutional Amendments



Westminster School
Established 1962

Jori Sapper
Admissions Director
admissions@WestminsterSchool.com | (703) 256-3620



ANNANDALE
SHOPPING CENTER

SERVING ANNANDALE SINCE 1957
COLUMBIA PIKE AND GALLOWS ROAD 703-256-2730
www.annandaleshoppingcenter.com



Lee's Hapmudo Martial Arts Studio

7036 Columbia Pike . Annandale, VA 22003
703-750-3330 . webmaster@hapmudo.net
www.hapmudo.net



Paul Burke
"Butch"

BURKE & BURKE
Insurance LLC
4115 Annandale Rd. Ste. 300
Annandale, VA 22003

Phone: (703) 751-1001 Ext. 102
Fax: (703) 750-3850
pnburke@verizon.net

MOBILITY CITY

Mobility Equipment, Repairs, and Cleaning



Mobility City is a premier provider of Mobility Equipment and Products Including Wheelchairs, Hospital Beds, Scooters, Walkers, Lift Chairs, Power Chairs, Vehicle Lifts, & More. Mobility City proudly serve our community's mobility needs with exceptional customer service and quality mobility products both in-store and in-home. If you need mobility assistance, they are just a phone call away. When you need a power chair or scooter battery, their friendly staff is here to help you. We are happy to come to you.

Mobility Equipment Repairs & Maintenance

Trained technicians repair all brands of mobility equipment, including mobility scooters, recliner lift chairs, wheelchairs, power chairs, hospital beds, vehicle lifts, and more. *They fix them all*

Mobility Equipment Rentals

Flexible rental options from daily to long-term rentals are offered. Whether you need a hospital bed, mobility scooter, lift chair, or any other mobility device. *They are here for you*

Mobility Equipment Sales

All top brands of mobility equipment are carried for purchase at competitive prices. Their trained staff provides expert guidance on the best product to suit your individual needs. *They listen to you!*

Mobility Equipment Battery & Charger Replacement

They stock and service all standard battery sizes for mobility scooters, power chairs, and stair lifts. Batteries are on their trucks for a fast repair and remember. *They come to you.*



Mobility City of Alexandria

5586 General Washington Dr.
Alexandria, VA 23502
(571) 339-5218
alexandriava@mobilitycity.com

The Golden Years

HEALTHY EATING & LIVING FOR SENIORS

By: Deena Imbriglia



How To Maintain a Healthy Routine? Nutritional needs may vary among us all, but some strategies can help everyone maintain a healthy diet and lifestyle.

Focus on Nutrient-Rich Foods. Although your caloric needs may decrease, your nutrient needs may increase. Eating nutrient-rich foods will help you get the vitamins, minerals, protein, carbohydrates and fats you need. Get most of your calories from nutrient-dense foods such as: fruits and vegetables, beans and lentils, nuts and seeds, whole grains, low-fat dairy and lean protein. Limit high caloric foods.

Eat enough fiber. Fiber is essential for a healthy digestive system and helps to avoid constipation and other problems. Good sources of fiber include: fruits and vegetables, beans and lentils, nuts and seeds, oats and oat bran and whole grains. Fiber supplements, like Metamucil might also help your fiber intake.

Choose healthier convenience foods. If you rely on convenience foods, choose the healthiest options. Examples of these foods include: frozen or low-sodium canned vegetables, frozen unsweetened fruit or low-sugar canned fruit, precooked grilled turkey or rotisserie chicken, low-sodium canned soup or stews, bagged salads or coleslaw mix, instant oatmeal, steamer bags of veggies in the produce or freezer sections of grocery stores.

Consider supplements. It may be difficult to get some nutrients in your diet. If so, consult your doctor regarding a vitamin or mineral supplement such as calcium, Vitamin D, Magnesium or Vitamin B-12.

Stay hydrated. As you age, you may not notice when you're thirsty. Make sure you're drinking fluids on a regular basis. Aim for eight 8-ounce glasses of water daily. Juice, tea, soup, or water-rich fruits and vegetables can also provide a supplemental water source. **Stay social.** When you can, eat with friends and family members. Social interaction can turn mealtimes into an enjoyable affair, rather than a chore you'd rather skip.

HOME INSTEAD SENIOR CARE

7058 Columbia Pike, Annandale, VA 22003

703) 750-6644 • www.homeinstead.com/location/624/

Protecting Our Waterways



The Board of Supervisors recently reaffirmed its commitment to protecting its vital water resources, which include 30 watersheds, over 800 miles of streams, reservoirs, and wetlands that flow into the Potomac River and the Occoquan Reservoir. These waterways provide critical wildlife habitats, recreational opportunities, and essential ecological services like pollution reduction and flood risk management.

Guided by the 1972 Clean Water Act, the 1993 Chesapeake Bay Preservation Ordinance, and the 2017 Environmental Vision, Fairfax County has taken significant steps to improve water quality, including creating Resource Protection Areas (RPAs) and revising land use requirements. While progress continues, impactful measures and educational initiatives to safeguard stormwater systems, reduce soil erosion, and protect the Potomac River, the Occoquan Reservoir, and the Chesapeake Bay are making a difference. To reinforce this dedication, the Board of Supervisors adopted a resolution affirming its ongoing efforts to protect the county's waterways.

DAVID ENGWALL
Executive Director – VA

Locations in FL, NJ, TN, TX, and VA
Cell: 703-997-2648
Email: David.Engwall@recoveryunplugged.com
Admissions: 954-337-0865
Fax: 954-337-0865
www.recoveryunplugged.com

MUSIC MAKES THE DIFFERENCE

Haven of Northern Virginia

Are You or Someone You Know Grieving the Loss of a Loved One?

By: Don McGrath



There is a wonderful resource in Annandale that offers emotional support to those going through the difficult process of grieving the death of a loved one. That resource is Haven of Northern Virginia, a non-profit all-volunteer organization that has been providing grief support for 39 years.

Haven offers help to those who have lost a spouse, child, parent, sibling, or friend. Losses may be the result of an illness, accident, suicide, or natural causes. Whatever the cause of death, Haven is there to help. Haven's services includes individual support, walk-in support, bereavement groups, grief workshops, and community presentations.

Six-week bereavement groups are held in the spring and fall. There separate groups for widows/widowers, general bereavement (for the loss of a friend, child, sibling or parent) and suicide loss. Registration is required.

There is also a bi-monthly drop-in group for those who have lost a loved one to suicide. The group meets on the first and third Saturdays of each month from 11:00 AM to 12:30 PM. No registration is required. Because the holidays can be difficult for those grieving, every November Haven gives a presentation, called "Coping with the Holidays." Registration is required.

Haven operates out of a small house on Ravensworth Road in Annandale. Haven has no paid staff. Trained volunteers provide all services. After going through a comprehensive screening process, volunteers complete thirty hours of training in grief support. Last year Haven's trained volunteers provided over 5,500 hours of support through Haven programs. This support was provided to more than 500 clients in our programs.

Haven does not charge for any of its services. It relies solely on donations to sustain its modest operation, providing com-

munity presentations through a Speaker's Bureau. The Bureau helps to spread the word about Haven and assists with fundraising. Haven's goal is to not only provide caring support but also to provide educational materials and information about other resources available in the community.

Haven is a unique organization. There are few other organizations with the size and scope of its grief programs. As a result, Haven receives referrals from many community organizations, including hospitals, physicians and psychiatrists, psychologists, social workers, funeral homes, schools, police and emergency services, churches, hospices, other grief support groups, past clients, and friends. Clients also find Haven on its website. Currently, Haven is reaching out to community groups like the Chamber, seeking financial support in order to respond to the growing need for bereavement services in the area.

For additional information, please contact Haven at 703-941-7000 from 9:30 AM to 2:30 PM Monday through Friday. Or contact Haven by email at havenofnova@verizon.net. You may also visit Haven's website: www.havenofnova.org for more information on its programs, books, articles and resources related to grief.



Annandale Parade
Watch the Fun
Sat. Oct 24th - 10 am
Columbia Pike

Elder Care in Our Community

Shepherd's Center



The Shepherd's Center of Annandale Springfield (SCAS) is a non-profit interfaith organization sponsored by area congregations and community groups to serve seniors aged 50+ in the Annandale, Springfield, and a few areas in Alexandria, Virginia. Our primary purpose is to provide services to assist senior adults aged 50 and above to continue to live independently in their homes and to offer programs which supply opportunities for enrichment, learning and socialization.

Our motto is "Seniors helping Seniors". The majority of Board members and volunteers are seniors and have been helping seniors in our community since 2003.

Our primary service is to provide transportation to those seniors who no longer drive or have no transportation support. This is a joint program with the Annandale Christian Community for Action (ACCA). Our drivers, who are community volunteers, generously give their time and effort to provide services such as transportation to and from medical appointments during the week and to shopping and banking on weekends. In 2021 the drivers provided over 600 rides driving over 14000 miles. We currently have 110 riders and 38 drivers.

We receive ride referrals from Fairfax County, local doctor and dentist offices, dialysis centers, and friends and relatives of people that no longer drive. We are signing up new riders every week. There is a growing need for drivers to keep up with the demand.

Our services also include our Handy Helper program. Handy Helpers perform minor home repairs to help keep homes safe and

livable for seniors. Services are available to seniors in our community free of charge. Volunteers for this service are also needed.

We also make referrals to local community services for requests that we receive that we are unable to fulfill. Let us know if you want to be added to this list.

Our programs provide socialization as well as continuing education such as: *Lunch N' Life* where luncheons are held regularly with guest speakers or musical programs. This is a social event that provides good programs, good food, and good company.

All events open to the public and are posted on our website or our Facebook page and in our bi-monthly newsletter.

Our financial position resources are derived from support from in-kind and financial donations from faith communities, civic groups, and local businesses, as well as donations from many individuals, continue to provide a firm foundation for all that we do.

First Presbyterian Church of Annandale which provides office space. We are supported by local churches and businesses. See our website for current listing. If any church or business wants to help support SCAS just call the office.

Contact us:

To volunteer- we have openings on the Board and committees, drivers, and office staff.

Please join the Shepherd Center in this effort and really make a difference in the life of someone in your community. Please call the office at 703-941-1419 Monday through Friday between 10:00 am and 1:00 pm.

7610 Newcastle Dr., Annandale, VA 22003

Shepherdscas@vacoxmail.com



shepherd'scenter
OF ANNANDALE SPRINGFIELD

**Free transportation for Annandale-Springfield
seniors to local medical appointments**

7610 Newcastle Drive . Annandale 22003
703-941-1419 . shepherdscas@vacoxmail.com

International Dance

Happiness through Dancing



International Dance, LLC. was founded as the School of International Dance by Christina Heimlich in 1962. The school is directed by Elizabeth Hawkins. Assistant director Rebecca Collier and their instructors are Miss Elizabeth, Miss Becca, Miss Sarah, Miss Victoria, Miss Natalie, and Miss Misha.

Within the school they have a group of advanced dancers called "The Christina Heimlich Dancers." They perform and carry on the traditions that uphold the standards of our founder.

As a student, your child will learn about pre-ballet or ballet, creative movement as well as international folk and character dance. Some classes also study tap and jazz. Participation in their classes will encourage development of motor coordination skills, balance, partnering, flexibility, strength, concentration, independence, creativity through use of imagination, poise, posture, rhythm, discipline - all while having fun and learning about music and dance.

Artistic Director Elizabeth Hawkins studied under both Founder Christina Heimlich and former Artistic Director Lisa Filipy for 10 years as an elite Christina Heimlich Dancer. She continued her dancing career at Shenandoah University where she studied under Robyn Schroth and Pamela Saxon and received a Bachelor of Fine Arts degree. She rejoined International Dance in 2012.

"Miss Elizabeth," as her students call her, is an accomplished director, choreographer, and seamstress. In addition she has 25 plus years of working with and inspiring children. Her love of dance, choreography, music and teaching shows in everything she does.



7010 Columbia Pike, Annandale
(in the Annandale Shopping Center next to ALDI)
703-634-9834
<http://international.dance>



Deena Imbriglia
Community Liaison

(703) 750-6644 (24/7)
(703) 750-6649 fax
deena.imbriglia@homeinstead.com

Sager Inc.
7058 Columbia Pike
Annandale, VA 22003
Homeinstead.com/annandale
like us on Facebook
facebook.com/fairfaxhomecare

KENWOOD SCHOOL



Est. 1957

4955 Sunset Lane
Annandale, VA 22003
703-256-4711
www.kenwoodschool.com

sweetFrog 
premium frozen yogurt

**Family Friendly,
Family Owned**



ABOUT US



COME VISIT US AT:
7002 Columbia Pike
Annandale, VA 22003

50.0615 © 2025 MTY Franchising USA, Inc. All rights reserved.

VIEW ON NATURE

Rooted in Goodness

By: Stephen Wendt



A bald cypress in Southampton County has the thickest state circumference of over 43 feet! Photo: © DCR-DNH, Gary P. Fleming

Homo sapiens' existence dating back ~300,000 years is intimately intertwined with nature, especially trees. In Endeavor's DATE? issue I wrote how good it feels being in a forest. The moment we enter: the dappling sunlight through the leaves, fresh forest scent, muffled sounds — a feeling of well-being.

Forty years ago in Japan they coined this sensual immersion as shinrin-yoku (forest bathing) a feeling recognized by famous naturalists John Muir and John Audubon, poet Henry Thoreau, and artist Vincent Van Gogh.

Virginia supports about 11 billion trees comprised of 350 species. Forests cover over 16 million acres or 62% of the state, with 75% being hardwoods (like maples and oaks) and 25% softwoods (pines). Oaks and hickories are dominant, making up over half of the state's total forestland. From the Atlantic Ocean to the Appalachian Mountains, tree dominance changes by region.

- Mountain Region (Western VA): Chestnut and scarlet

oaks prevail on the ridges. The more shaded lowlands support large tulip poplars, sugar maples and eastern hemlocks.

- Piedmont (Northern & Central VA): Oak-hickory forests rule this rolling terrain. Dominant species include white and northern red oaks, pignut and other hickories, and tulip poplars in the valleys.
- Coastal Plain (Eastern VA): Loblolly pine is heavily dominant in the sandy soils and commercial forests while wetland species like sweetgum and bald cypress thrive.

Trees serve as the backbone of Nature and our lives. Through photosynthesis, trees generate significant oxygen and filter the air. Their deep root systems prevent erosion and flooding, and foster natural filtration. Trees serve as Earth's climate control agents and primary carbon sinks, stabilizing our atmospheric and temperature cycles. They cool our cities, reduce air and noise pollution, protect us from UV rays, reduce noise pollution, lower our stress levels,

As the ultimate heart of biodiversity, trees provide nesting, shelter, food, and habitat throughout the ecological pyramid. They convert sunlight into nutritious leaves consumed by insects and herbivores which in-turn are eaten by carnivores, all of which foster fungal and bacterial decomposition completing the cycle of life. Humans also benefit from trees as the ultimate renewable resource in the forms of fuel, lumber, and paper and agricultural products.

Champion trees in Virginia include:

- A bald cypress in Southampton County with the thickest state circumference of over 43 feet!
- A tulip poplar in Brunswick County as the tallest tree, standing an incredible 184 feet — taller than an 18-story building!
- The oldest tree, a 500+ year old live oak (Algernourne Oak) at Fort Monroe in Hampton that first sprouted 81 years before Jamestown!

DBURKEDESIGNS, LLC



CUSTOM-DESIGNED FURNITURE
JEWELRY/KEEPSAKE BOXES

DBURKEDESIGNS.COM

DBURKEDESIGNS@COX.NET

Pumpkin Patches

Fun for all Ages



Burke Nursery and Garden Ctr.
9401 Burke Road
Burke, VA
703-323-1188

Cox Farm Market
2599 Chain Bridge Road
Vienna, VA
703-281-0165

Cox Farms
15621 Braddock Road
Centreville, VA 20120
703-830-4121

Krop's Crops
11110 Georgetown Pike
Great Falls, VA
703-430-8955

Meadows Farms
10618 Leesburg Pike
Vienna, VA
703-759-3900

Nalls Produce
7310 Beulah St.
Alexandria, VA
703-971-4068

FREE CANDY X-RAYS

October 27 through November 1 at all Patient First locations

GETTING A CANDY X-RAY IS FUN
It gives children a way to look at the treats inside of their candy.

GOING TO THE DOCTOR DOESN'T HAVE TO BE SCARY
Candy X-rays give kids a fun reason to visit to the doctor's office; one that may ease some anxiety when they are sick and return for another reason.

FOR YOUR PEACE OF MIND AND THEIR SAFETY
Candy X-rays provide parents additional peace of mind about the treats their children receive by possibly detecting objects like, glass, metal or plastic. Parents still need to provide supervision, since some foreign materials may not appear in X-rays.*

FREE SAFETY BLINKERS
Complimentary safety blinkers will be available at all centers from October 1st -31st; no need to register or see a physician.

*Many materials like metal, plastics, and glass may show up on X-rays, however, we cannot guarantee that they will, and other materials will not. Patient First is not liable for any failure to detect adulterated candy or foreign objects of any kind. Please use caution and have a safe and happy Halloween.

Patient First

Join the Fun & Watch The Annandale Parade Saturday, October 24th - 10 am Columbia Pike



BRONSON PARRY
GENERAL MANAGER
7026 Columbia Pike, Annandale VA 22003
Main +248-525-0610
bronsonpizza18@gmail.com
jetspizza.com
f t i

Best Fall Destinations in Virginia

Shenandoah National Park & Valley
Woodstock
Charlottesville
Blacksburg
South Boston
Fredericksburg
Staunton
Culpepper
Harrisonburg
Williamsburg & Yorktown



The Garden Path

Fall Planting and Maintenance Guide

By Miles Campbell



When the vibrant greens of summer give way to the warm hues of autumn, your yard doesn't have to lose its charm—it can become even more extraordinary. Fall is nature's invitation to refresh, replant, and revive your **outdoor living environment** before winter sets in.

At Campbell & Ferrara, our **landscape experts** know this season offers the perfect opportunity to plant resilient perennials, prepare bulbs for a spring bloom, and give your evergreens the care they deserve.

With decades of experience in **landscape design** and **hard-scape design**, we've seen firsthand how strategic fall planting and maintenance can completely transform your yard into a vibrant, pet-friendly retreat ready for year-round **outdoor entertainment**.

In this guide, we'll show you how to plant for success, prune with purpose, and protect your investment—so you can enjoy an extraordinary **outdoor living** space no matter the season.

Why Fall Is the Perfect Season to Refresh Your Landscape

Fall gives your garden a second chance to shine. Cooler temperatures, gentler sun, and consistent rainfall create the ideal conditions for plants to establish strong roots. Unlike the stress of summer heat or the uncertainty of spring frosts, autumn offers stability—something your garden loves as much as you do.

You might think spring is planting season, but fall has a quiet magic all its own. When you plant now, your perennials and bulbs focus on building roots instead of foliage, giving them a powerful head start for next year. By the time spring arrives, you'll have lush growth and brilliant color ready to burst to life—just in time for outdoor brunches or evenings by your hardscaping features.

Fall Perennials That Bring Color and Life Year After Year

When the air turns crisp and the leaves start falling, perennials are your garden's unsung heroes. These hardy plants come back

every year with minimal effort, rewarding you with color, texture, and movement long after the annuals fade.

At Campbell & Ferrara, our landscape experts recommend fall as the best time to plant perennials. The soil is still warm enough for root growth, and the cool air reduces transplant shock. Whether you love pollinators, prefer native plants, or want a blend of both, here are a few favorites that thrive in Northern Virginia gardens.

Featured Perennial Selections for Northern Virginia Gardens

Monarda didyma 'Purple Rooster' – Known for its vibrant magenta blooms and ability to attract hummingbirds and butterflies.

Asclepias tuberosa (Butterfly Weed) – A must-have for monarch butterflies, with fiery orange blossoms and drought tolerance.

Baptisia australis (Blue Wild Indigo) – A tough native perennial offering deep blue spikes and striking seed pods.

Rudbeckia fulgida (Black-eyed Susans) – A cheerful classic that delivers months of golden blooms.

Aquilegia canadensis (Columbine) – Delicate, nodding flowers that shine in shaded spots.

Carex plantaginea (Plantainleaf Sedge) – Adds soft texture to borders and shady corners.

Lobelia cardinalis (Cardinal Flower) – A showstopper with scarlet blooms that love moist soil.

Echinacea purpurea (Purple Coneflower) – Beloved for its long bloom time and ability to draw in pollinators.

Mix these thoughtfully in your garden landscaping beds for layers of color and resilience. Combined with strategic hardscaping features like stone pathways or retaining walls, your fall-planted perennials create structure and depth that lasts well beyond the first frost.

Planting Fall Bulbs for a Brilliant Spring Display

Think of bulbs as nature's time capsules—what you plant in fall becomes your spring surprise. The cool weather triggers root growth, while the bulbs rest underground, waiting for warmer days. Come spring, they explode into a burst of color, turning your yard into a living masterpiece.

To get started, choose firm, healthy bulbs and plant them in well-drained soil before the first hard frost. Add a little bone meal or compost to feed their roots, and layer different varieties to ensure a longer blooming season. For example, plant **Snowdrops** and **Crocus** first for early color, followed by **Daffodils**, **Tulips**, and **Hyacinths** for mid-season beauty, and end with **Allium** for dramatic late-spring blooms.

Recommended Bulbs for Vivid Spring Color

Tulips
Daffodils
Hyacinth
Muscari
Scilla
Allium
Snowdrops
Crocus

The best part? You'll forget you even planted them—until one day, the first pops of color appear and make you smile. It's a simple way to keep your outdoor living environment looking fresh and full of life.

Evergreen Maintenance for a Healthy Winter Landscape

Evergreens are the backbone of your landscape, providing structure and color even when everything else fades. As temperatures drop, they need a bit of attention to stay strong through winter. Start by checking soil moisture. Many evergreens suffer more from winter drought than cold, so make sure they're hydrated before the ground freezes. Mulch around the base (but not against the trunk) to insulate roots and retain moisture.

Avoid heavy pruning in fall—wait until spring for shaping—but do remove any dead or damaged branches now. Also, watch for signs of pests like spider mites or bagworms, which can weaken foliage before winter.

Healthy evergreens not only frame your patio designs beautifully but also provide year-round privacy, texture, and color. When paired with your landscape design from Campbell & Ferrara, they anchor your entire outdoor living environment in elegance.

Smart Pruning Techniques for Deciduous Shrubs

When it comes to pruning, timing is everything. Fall is the ideal moment to shape your deciduous shrubs—but only the right way. Over-pruning or cutting at the wrong time can lead to fewer blooms next season.

Start by removing any dead, diseased, or crossing branches to improve air circulation. Focus on thinning out older wood to encourage new, healthy growth. Make clean cuts just above a node, and use sharp tools to prevent tearing.

If your shrubs bloom on old wood (like lilacs or hydrangeas), hold off pruning until after flowering next spring. However, if they bloom on new wood, pruning in late fall encourages a stronger display next year.

A little attention now means your garden will emerge in spring looking fresh, balanced, and ready to complement your hard-scaping features like patios, garden walls, or walkways.

Extend the Beauty of Your Yard into the Evening

You've put care into your perennials, bulbs, evergreens, and shrubs—why not enjoy the results even after sunset? A well-maintained yard enhances every aspect of your outdoor entertainment spaces, from family gatherings to quiet nights under the stars.

Consider pairing your thriving landscape with landscape lighting, outdoor kitchens, or fire features to transform your space into a year-round destination. With the right lighting, textures, and plant structure, you can highlight the best of your garden even after dark.

Conclusion: Keep Your Landscape Extraordinary All Year Long

As the leaves fall and the air turns cool, your garden is quietly preparing for its next act. Fall planting and maintenance set the stage for spring's return—stronger roots, fuller blooms, and a more balanced outdoor living environment.

Campbell & Ferrara

8351 Richmond Highway, Alexandria, VA 22309
at (703) 354-6724 . <https://www.campbellferrara.com/>



UnCovered

Fall Confections



*Antique Cooking Utensils Used for Baking
Sifters, Shredders, Chopper, Egg Separator, Loaf Pan, Whisker,
Tart Pans, Bread Knife, Hand Mixer, Spice Sticks*

Pumpkin Cake

This mixture will fill a bunt pan.

1/2 cup butter
1.25 cups white sugar
2 eggs
42 cups pre-sifted all purpose flour
3 tsp. baking powder
16 oz. can pumpkin (1 cup)
3/4 cup milk
1/2 tsp. soda
1 tsp. cinnamon
1/2 tsp. ginger
1/5 tsp. all spice
1/5 cup chopped walnuts
1/2 tsp. salt

METHOD

Cream butter and sugar. Add beaten eggs. Stir completely. Sift flour, spices and all dry ingredients together. Combine pumpkin and milk together in blender and fold into flour mixture. Add sugar mixture and blend completely. Turn into bunt pan and fill close to top. This cake will not rise significantly.

Oven Temperature: 325 degrees for 35-40 minutes
Do NOT Overcook as the sides become hard.
Can serve with fresh whipped cream. Cake will freeze beautifully for 4 months.

ABOUT PUMPKINS

Pumpkins are one of the most popular crops in the United States, in 2017 over 680 million kilograms (1.5 billion pounds) of pumpkins were produced. The top pumpkin-producing states include Illinois, Indiana, Ohio, Pennsylvania, and California. Pumpkin is the state squash of Texas.

According to the Illinois Department of Agriculture, 95 percent of the U.S. crop intended for processing is grown in Illinois. Indeed, 41 percent of the overall pumpkin crop for all uses originates in the state, more than five times that of the nearest competitor, California, whose pumpkin industry is centered in the San Joaquin Valley; and the majority of that comes from five counties in the central part of the state. Nestlé, operating under the brand name Libby's, produces 85 percent of the processed pumpkin in the United States at their plant in Morton, Illinois....*Wikipedia*

Gingerbread Cookies

MIX TOGETHER THOROUGHLY

1/3 cup soft shortening
1 cup brown sugar
1.5 cups dark molasses

STIR IN

1/2 cold water

SIFT TOGETHER AND STIR IN

6 cups sifted flour
1 tsp. salt
1 tsp. allspice
1 tsp. ginger
1 tsp. cloves
1 tsp. cinnamon

STIRE IN

2 tsp. soda dissolved in 3 Tbsp. Cold water

METHOD

Chill dough Roll out very thick (1/2")
Cut with round cutter or gingerbread men/women cutters
Place on greased baking sheet far apart.
Bake until when touching lightly with finger no imprint remains.

Oven Temperature: 350 degrees
Bake 15-18 minutes
Makes 2.5 dozen round cookies
May wish to double the recipe if making gingerbread figures

Kitchen & Bath Solutions

The Highest Possible Quality in Home Remodeling



Recently opened in the Annandale Shopping Center you will find Kitchen & Bath Solutions, where everything you need to create the perfect space can be found. From cabinets, countertops and appliances, to fixtures and hardware—they do it all. Plus, with years of experience, their team can guide you through the process to make certain your project runs smoothly from start to finish.

Owner Henry Andrade has more than twenty years of experience specializing in the kitchen and bath remodeling field. Personable and knowledgeable, Henry strives to provide quality craftsmanship and exciting materials while working within your budget. From start to finish the project managers at Kitchen & Bath Solutions consult with you every step of the way—planning, designing, ordering and installing. Complete satisfaction is their goal.

Kitchen & Bath Solutions designs spaces to be as flexible as possible so that your lifestyle is reflected expressing your personality and requirements. Many of the popular contemporary kitchen and bathroom offerings are now available and can be viewed in their new showroom.

KITCHEN & BATH SOLUTIONS

7024 Columbia Pike, Annandale, VA 22003
(571) 399-4141 • kbsolutions@kitchensbathsolutions.com
<http://www.kitchensbathsolutions.com/>

(In the Annandale Shopping Center at Gallows Road and Columbia Pike)



Emergency Preparedness

Know What Risks You May Face

Northern Virginia sees a range of hazards throughout the year, including:

Emergencies Fairfax County Residents May Face

- **Severe thunderstorms** with damaging wind, hail and lightning
- **Flash flooding**, especially near streams and low-lying roads
- **Extreme heat**, which strains health and power systems during summer months
- **Hurricanes and tropical storms**, which can bring heavy rain and wind even this far inland
- **Winter storms**, including ice and heavy snow that can down trees and power lines
- **Power outages**, which can result from storms or equipment failure
- **Winter weather-related road hazards**, common on the county's hills and bridges

Some of these hazards are seasonal. Others, like power outages, can happen any time of year.

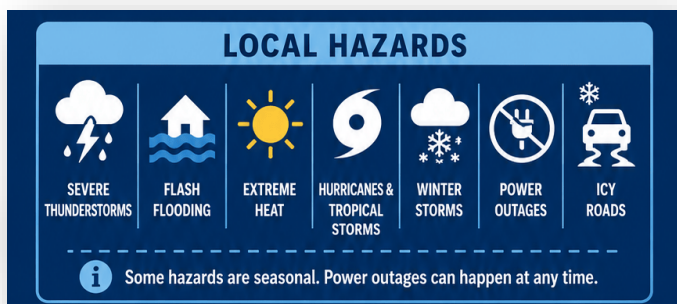
How Officials Will Reach You

During an emergency, Fairfax County agencies work to get accurate information out fast. That includes updates from the county's Department of Emergency Management and Security, the National Weather Service and local news outlets. Knowing where to look before an emergency starts saves time when it counts.

The fastest way to get official alerts is Fairfax Alerts, the county's emergency notification system. It sends warnings about weather, road closures and other emergencies straight to your phone or email. Sign up for free at www.fairfaxcounty.gov/alerts

Your Task

Take a few minutes to think through your household's risk. Write down the three emergencies most likely to affect you, based on where you live and work. A family near a creek may rank flooding higher. A household with an older adult may rank extreme heat higher. This list becomes the foundation for the plan you'll build.



MEET THE ARTISANS

Creative Classes



Features at the Craft Gallery of Artisans United

No matter how many times you have visited the Craft Gallery of Artisans United, there's always something new to see and consider for gift-giving. In many of our two-month shows, we feature one of the craft guilds that are members of Artisans United. The work by the artists from the guilds complements the work by the permanent members of the craft gallery, often adding a craft that we don't normally have in the gallery. During the September/October show, for example, we are featuring members of the Potomac Polymer Clay Guild. The beautiful colors and designs of their pieces will grab your attention.

A new feature at the craft gallery is a Christmas Corner. Our artists have selected some of their holiday items that will be available year-round in a special area of the gallery. We want you to be able to satisfy that holiday spirit craving any time, so we have some ornaments, decorations of various kinds, and so on in the alcove in the gallery. Start your holiday shopping whenever the mood strikes! Halloween and fall decorating are a big deal for many of us, and the artists at the craft gallery are ready for you. We have needle-felted ghosts and goblins and pumpkins in various colors and sizes, cute knitted pumpkin hats for the little ones, wooden magic wands for the wizards among us, stained glass that fits the season, and more.

Year-round, the Craft Gallery features local artists who participate in managing the gallery as well as selling their work. We have several jewelry artists, woodworkers, fiber artists, glass artists, and art-

ists who work with paper.

- You will find jewelry featuring beads, stones, wire, and paper, in many colors and styles.
 - Our wood workers carve objects, make wood toys, and use wood-turning techniques to create a wide variety of pieces.
 - In the fiber realm, we have knitting, crocheting, needle felting, and sewing. You will find scarves, flowers, children's dresses, placemats, hats, fun creatures and more.
 - Glass works include stained glass for your windows or three-dimensional works to hang indoors or outdoors, as well as jewelry and items for display on a shelf. Be sure to view the dragons hanging from the ceiling!
 - One of our artists specializes in origami, while another paper artist creates quilled items and other paper works.
- If you would like to try your hand at some creative pursuits, we have several classes coming up:
- needle felting
 - making a holiday pumpkin in October,
 - making gnomes in November
 - holiday ornament making (wire and beads) in November.
 - acrylic painting (paint snowmen on a wood board) in December and



Find more details on our website (<https://augallery.org/classes>)

Whether you are looking for a gift for a wedding, a new baby, or a birthday, or would like something special for yourself, the Craft Gallery of Artisans United has many options for you to consider.

We will be open every day during November and December (closed Thanksgiving and Christmas Day). During the remainder of the year, we are closed on Mondays. Our hours are 10:00 to 4:00, except Sundays when we are open 1:00 to 4:00. Find us in the Fred M. Packard Center in the Annandale Community Park, 4022 Hummer Road, Annandale.



ARTISANS UNITED

Annandale's Treasure Trove of Artisan Gifts



The Craft Gallery of Artisans United is a cooperative endeavor, staffed and run by the independent members of Artisans United, Inc. as well as those individuals belonging to the member Guilds. On a daily basis, visitors will find the Gallery artisans happy to explain crafting techniques and to share their knowledge of where craft materials may be obtained. And, too, visitors will often discover impromptu demos in progress as the artists complete their creations. We are always looking for new craftspeople to join our organization. If you are interested in joining us as a member artist, please ask at the front desk for a membership packet which explains what is expected of you as a member of Artisans United.

If you are looking for gifts, please visit the Gallery where you will find an exceptional range of items appropriate for baby, wedding, mother's day, father's day, graduation and housewarmings.



Artisans United Holiday Show

Great Place to Start Your Holiday Shopping



Artisans United is celebrating the beginning of the holiday show this year with a special event on Saturday, November 7th from 1 to 3:00 PM. The gallery hours during November and December are Monday through Saturday from 10-4 and Sunday from 1-4. Closed Thanksgiving Day and Christmas Day.

They will have refreshments and craft demonstrations, and visitors will be able to meet the artists. The gallery will be festively decorated, with at least two Christmas trees along with other decorations and a wonderful array of holiday items.

Craft demonstrations and crafting opportunities may include jewelry making, clay, painting, stained glass, wood carving, working with paper, and more. They are currently planning these activities, and a full list and schedule will be available before the event.

The Holiday Show is always special, with so many beautiful handmade ornaments available and displayed on the holiday trees, plus many other decorative items for your home. Their 20 local artists have made many creative items that will make wonderful gifts for every-

one on your list. Several styles of jewelry, beautifully decorated pottery, quilled paper, origami, photography, carved wood, wooden toys, and stained glass are among the items available.

Although the Craft Gallery of Artisans United is open all year, you don't want to miss this event and the two-month holiday show. We love craft shows as much as anyone, but shopping in our quiet location in the Annandale Community Park is a great break from the hectic nature of shopping with many other people at a craft show or a mall. All our wares are handmade by local artists, too.

During November and December are open Monday through Saturday from 10-4 and Sunday from 1-4. The rest of the year the hours are the same, but they are closed on Mondays. Find Artisans United at 4022 Hummer Road, Annandale, VA 22003, in the Fred M. Packard Center in the Annandale Community Park

The Craft Gallery of Artisans United

4022C Hummer Road Annandale, VA 22003
(At the Annandale Community Park just off Hummer Rd)
703-941-0202 . www.augallery.org

During November and December
Hours: Monday through Saturday: 10 am-4 pm
Sunday 1-4 pm



Insurance Insights

Understanding General Liability Insurance: Protecting Your Business

By Virginia Kinneman
Kinneman Insurance



In the dynamic landscape of modern business, safeguarding your enterprise from potential risks and liabilities is paramount. One crucial tool in this endeavor is General Liability Insurance. Whether you run a small startup or a well-established company, a solid grasp of what general liability insurance entails can significantly protect your business.

Defining General Liability Insurance

General Liability Insurance, often called GL Insurance or Commercial General Liability (CGL) Insurance, is a type of coverage that shields businesses from various claims arising due to third-party bodily injuries, property damage, and personal injury. These claims can result from accidents occurring on your business premises, through your products or services, or even due to your advertising efforts.

Coverage Areas

1. **Bodily Injury:** If a customer slips and falls in your store, sustaining injuries, this insurance can help cover their medical expenses and related legal costs.
2. **Property Damage:** Accidentally damaging a client's property while conducting business operations, such as during repairs or maintenance, can lead to property damage claims that this insurance can address.
3. **Personal Injury:** This coverage aspect protects against claims involving defamation, libel, slander, and copyright infringement.

Advertising Injury: If your business's advertising inadvertently causes harm to another entity, such as through misleading statements, your general liability insurance can help cover associated legal expenses.

Key Benefits of General Liability Insurance

1. **Legal Defense Costs:** In the event of a covered claim, the insurance will typically cover the legal costs necessary to defend your business in court, even if the claims are

groundless.

2. **Medical Expenses:** If a third party sustains injuries on your premises, this insurance can cover their medical expenses, reducing your potential liability.
3. **Property Damage Coverage:** It protects your business if your actions inadvertently cause damage to another person's property.
- 4.

Peace of Mind: General liability insurance offers peace of mind, allowing you to focus on your business operations without the constant worry of potential lawsuits.

Who Needs General Liability Insurance?

General Liability Insurance is vital for businesses of all sizes and types. Startups, small businesses, and even large corporations can all benefit from this coverage. From retailers to service providers, landlords to manufacturers, anyone whose operations involve interactions with third parties should consider this insurance.

Conclusion

In the litigious world of today's business landscape, safeguarding your company against unforeseen risks and potential liabilities is crucial. General Liability Insurance stands as a protective shield, offering coverage for various third-party claims, from bodily injuries to property damage. Regardless of your business's size or nature, investing in this coverage provides financial protection and the peace of mind necessary to focus on what truly matters: the growth and success of your business.

This article is intended for informational and educational use only. It is not exhaustive and should not be construed as legal advice. Please contact your insurance professional for further information.

Kinneman Insurance 703-823-8800 or go online at www.KinnemanInsurance.com



Virginia Kinneman, LUTC
Agency Owner
Virginia@KinnemanInsurance.com
Phone: (703) 823-8800

50 S. Pickett Street #20
Alexandria, Virginia 22304
1301 Vincent Place
McLean, Virginia 22101



www.KinnemanInsurance.com

Fairfax County

Right-of-Way Sign Removal Program



Fairfax County removes signs placed along roads designated in the illegal Sign Removal Program. This includes signs for advertising, realtors, political campaigns, and more.

The program covers ninety-nine (99) roads, most of which are major routes, like Richmond Highway.

Removal of signs from other roads doesn't happen as part of the program.

Our signs team drives the designated roads and documents all illegal signs. Unlike other issues we handle, we don't respond to complaints or concerns related to signs in the ROW, but please be assured roads are checked several times each month.

We coordinate our inspection schedules with the contractor. The day after our inspection, the contractor will remove all signs. For a list of roads in the program, visit FairfaxCounty.gov and search "illegal Signs."

What is "Right of Way?"

ROW includes roadways, medians, sidewalks, and other areas owned and maintained by VDOT. This public space must be kept clear for transportation safety and road maintenance.

The size of a ROW varies based on the type of road. A typical two-lane road can have a ROW width of 50 feet, while highways can be 300 feet wide.

Where can some one put signs?

In general, businesses and individuals should avoid placing signs near or along roads. Signs on private property are regulated by the Zoning Ordinance.

Avoid violations and learn what types of signs are allowed. Visit FairfaxCounty.gov and search "Sign Ordinance" For more information, contact:

*Fairfax County Department of Code Compliance
12055 Government Center Parkway, Fairfax, VA 22035*

Fairfax County

Economic Incentives Expanded to Boost Revitalization

Fairfax County's economic incentives for revitalization and redevelopment areas have expanded through an updated program designed to bring new life, businesses, and community spaces to older parts of the county. On May 5, 2026, the Board of Supervisors amended the Fairfax County Code to create a Revitalization and Redevelopment Economic Incentive Program, or RREIP. This updated program replaces the Economic Incentive Program that began in 2020 and expands support to more areas across the county.

What's New

Most parts of the initial program remain the same, including who can apply and what types of incentives are available. However, there are two major updates.

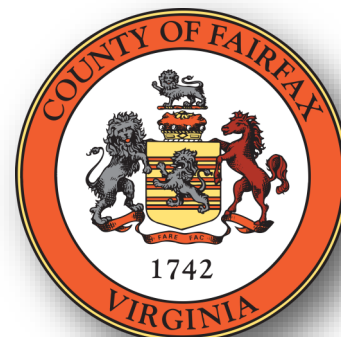
First, instead of having one ten-year incentive period for everyone, each project will now have its own ten-year timeline. This gives individual projects the flexibility they need to plan, build, and complete improvements. Second, three new areas were added to the program: Lake Anne, Huntington, and Culmore. The Annandale area was also expanded to include the entire Commercial Business District.

How the Program Works

The RREIP offers financial incentives to encourage property owners and developers to purchase, assemble, revitalize, and redevelop property in economically challenged areas and those that the Board of Supervisors finds suitable for revitalization and redevelopment. Any proposal would have to align with the Comprehensive Plan and affordable housing policies. These incentives include a 10 percent reduction in site-plan fees and a partial real estate tax abatement based on the difference between a property's value before and after redevelopment.

Eight development projects have participated since the program's inception, including the renovation to residential use of three Skyline buildings in the Bailey's Crossroads area, completed in 2023 and 2024. Completion of all eight projects will deliver more than 2,800 new dwelling units and provide more affordable housing options to residents.

*Questions: contact the Department of Economic Incentives,
EconomicInitiatives@FairfaxCounty.gov, 703-324-5171.*



ANNANDALE AND REVITALIZATION

Thomas Edison said, “Vision without execution is hallucination.”
We have vision; now we need execution.

By: Dan McKinnon

BACKGROUND: The Annandale downtown, business center or “village center”, is one of the original revitalization areas supported by the county and its 1988 bond referendum. Since then there has been a number of visioning, planning and related studies. The area, given its positive commercial location in both community/residential and transportation demographics, should have made it a perfect target for redevelopment. Unlike the other revitalization areas, which are also transportation and activity centers, Annandale has not experienced its potential. It is still a place where people drive through and not to. Those who live in the nearby beautiful residential areas seek most services someplace else. Students from its three almost downtown high schools, Annandale, Thomas Jefferson, and Falls Church must seek outlets elsewhere. Annandale is not a real downtown or village center realizing its potential. Can it become a home town?

STUDIES AND PROJECTS: Lack of success has not been because of lack of trying. The Annandale Central Business District Planning Committee (ACBDPC) has worked for almost 30 years to try to make things happen. Supervisors have also tried. An effort to plan and promote a hotel with amenities that might also have become an after school focal point for teenagers was successful, but failed for reasons economic and financial. Results were the same for two proposed mixed-use developments, one the first LEED certified in the county. Annandale visually has improved immensely because of a successful bond-funded beautification program, sponsored community clean-ups, and work with and recognition of local businesses. The beautiful remodeled library is a focal point. The Annandale Chamber of Commerce publishes an award winning magazine and its Spring Bed Race and Carnival as well as its Fall Festival and Parade are legend and bring visitors and credit to the community. Korean-American businesses and restaurants thrive and provide an element of commercial stability.

A vision and plan are in place. The ACBDPC effort to get the necessary county paper-work done has been a success. Annandale was the first in Fairfax County to get form based planning and welcomes imaginative redevelopment projects. The long controversy about the Little River Turnpike that runs through Annandale was finally resolved with another county first, a unique computer modeling of traffic options that resulted in a transportation plan that will eliminate service roads and create a tree lined boulevard that will both move cross-county traffic and provide options for both bicycles and pedestrians. A study is on the shelf for a multi-cultural center and another on how to make the community accessible to pedestrians.

SO WHAT IS MISSING: Unlike the other areas of the county where mixed use development has been chosen to absorb future county growth and protect older residential areas, Annandale has few major land owners, with some comfortably absentee. The consensus is that Annandale has fallen behind Baileys, Merrifield, Springfield, Route One, etc. because of small parcel ownership and lack of major redevelopment sites. Average property ownership is estimated between one-fourth to one-third acre. Property consolidation to use advantageous county planning



options has proved to be either cost prohibitive or lacks incentives sufficient to prompt small land owners to give up their comfortable monthly lease payments and take the risk of doing something bigger. Few seem willing to join forces with those more entrepreneurial who might see greater opportunity. Solid planning alone has not worked.

IT IS TIME FOR SOME IMAGINATION. How can you realize a vision when free-market forces and free-market planning has not worked? How can you bring back former farmlands susceptible to something beautiful when now they are covered by old buildings and houses with many owners?

SOME IDEAS: Here are three ideas; one idea to bring together small parcels for redevelopment and two proposals to spark land owners to think big. Other ideas are welcome.

First, a “land bank”. Can Fairfax County, teaming with public or private funding, perhaps in cooperation with EDA and RHA/HCD, develop a scheme that could purchase and accumulate land for future purposes? All understand that absent “Home Rule” and a prohibition on eminent domain for commercial objectives, it would have to be a unique construct. The county does buy land...if the reason is right. The county can use its land as a revenue stream until a future use comes along. Is it possible to do the same to help a community and county achieve a vision even understood to be a decade or two away? It is worth trying. It is not immoral to turn to government when free market forces do not get results, and when you know that downstream when they kick in again, all will have been better for it. This is one of those times. To date neither innovative public sector planning nor private sector market incentives have worked.

Second, move the Annandale Community or Multi-Cultural Center to the top of the CIP list. Third, bring the Little River Boulevard to the top of the transportation list. Both of these capital projects could spur the long absent investor interest and property consolidation needed for commercial revitalization. The county has shifted priorities before. It may be time for Annandale.

Mobility City

Premier Provider of Mobility Equipment



REPAIRS AND CLEANING

Mobility Scooters, Lift Chairs, Hospital Beds, Power Chairs and Wheelchairs

- Mobile Service - We Come to You
- Flat Rate Labor Charge
- Battery Packages
- Battery Charger Checks
- Discounts on Parts

WE SELL QUALITY PRODUCTS

- Lift Chairs
- 3- & 4-Wheel Mobility Scooters
- Power Chairs
- Transport Chairs
- Wheelchairs
- Accessories
- Walkers
- 3- & 4-Wheel Rollators
- Folding Ramps
- Hospital Beds
- Bath & Bedroom Safety Items

(703) 772-5030

5586 General Washington Drive
Alexandria, VA 22312

Mon-Fri 8am-5pm

alexandriava@mobilitycity.com
bennet.helfgott@mobilitycity.com
www.MobilityCity.com

RENTALS

Products We Rent

- 3- & 4-Wheel Scooters
- Lift Chairs
- Transport Chairs
- Wheelchairs
- Knee Walkers
- Hospital Beds

Rental Options

- Daily
- Weekend
- Weekly
- Half Month
- Monthly

DELIVERY AND PICK UP AVAILABLE

All of our equipment is steam cleaned at 212° which kills 99.9% of bacteria and tested to ensure it is in great operating condition before it leaves our store.

Scan Code to Schedule
Your Rental



Or Call (703) 772-5030

Mobility City is a unique niche company that services veterans, seniors, the injured and the disabled that need wheelchairs, power chairs, mobility scooters, lift chairs and hospital bed repairs, rentals and sales. We also provide wheelchair maintenance programs to hospitals, healthcare facilities, senior living communities, airports and retailers.

Chamber Chat: News, notices & bulletins posted by Annandale Chamber Members

The Annandale Christian Community for Action (ACCA) is a volunteer organization serving neighbors in dire need of assistance, including providing furniture. Please call 703-256-9513 for a pick-up of your donated furniture. The most needed items are mattresses/box springs, (all but king size) sofas (not sleeper types), kitchen/dining tables, and chairs, chests of drawers/dressers, coffee & end tables, and microwaves. They are also in great need of food donations to their Food Pantry. This pantry serves the people of Annandale and Mason District and the need has never been greater for the services of this pantry. Located across the street from Giant Food in the trailer to the left of the main ACCA building.

The Annandale Shopping Center: Visit ALDI, American's Favorite Grocery, Beanetics, Silverado, Tiffany's Bakery, Hair Unik, Collector's World, Eden Nails, Hapmudo, Home Instead Senior Care, H&R Block, Enterprise Rent-a-Car, the Annandale Barber Shop, Annandale Photo, Mathnasium of Annandale, Pupusas Express, Cue Club Café, Sweet Frog Yogurt, and International Dance who are all waiting to serve you. 7000 Columbia Pike at Gallows Road, Annandale www.annandaleshoppingcenter.com.

Annandale Boys & Girls Club: Sign up for email alerts or text "follow annandalebgc" to 40404 on your cell phone for text alerts. Twitter at twitter.com/#!/AnnandaleBGC. 703-941-ABGC Facebook at www.facebook.com/#!/AnnandaleBCG Bingo Fri. & Sat.

American Legion Post 1976: Did you know that if anyone in your family has been in the military, you may be eligible to join the American Legion located behind the firehouse in Annandale, Va. If you would like to know more, just e-mail Diane Ramsey at 703-408-9123 or rpcomm6759@aol.com

Burke & Herbert Bank: Your business means everything to us. Burke & Herbert Bank's experienced, friendly bankers provide the knowledge, flexibility and personal attention that you and your business need to get ahead. Since 1852, thousands of local businesses have counted on Burke & Herbert Bank's staying power while other banks come and go. Stop by 4235 Annandale Road and let our team show you what it's like to work with a bank that's truly invested in the Annandale community. It's better here! Member FDIC 4235 Annandale Rd, Annandale, VA 22003 (703) 684-1655 www.burkeandherbertbank.com

Demaine Funeral Home, We have been working with families to celebrate their loved ones through live streaming of services along with in-person services in our newly remodeled facility m 5-7 pm. Petting zoo, balloon animals, face painting, and family fun. Call for info 703-941-9428.

Patient First of Annandale provides area residents with walk-in, non-appointment access to urgent and primary medical care services from 8 am to 8 pm, 365 days a year, including all holidays. 7042 A Little River Turnpike—at John Marr Drive.

Shepherd's Center of Annandale Springfield (SCAS) Do you have a few hours a month you can spare to help SCAS as a volunteer? Drivers-volunteer transportation services. Drivers-drive seniors who no longer drive to medical facilities, grocery shopping, etc. Other opportunities for volunteers: Lunch N' Life committee—help set up and clean up, locate LNL speakers and plan fun events, Board Members—help guide SCAS Outreach—liaise with churches and businesses Fundraiser/grant writer—help raise funds. Call the SCAS office today to begin giving back. Call 703-941-1419 for details.

The Craft Gallery of Artisans United is located just inside the front door of the Fred M. Packard Center, in the Annandale Community Park, and is filled with exquisite handmade gifts. Everything from ceramics, to jewelry, knitwear to wood turning, paintings and hand dyed silk garments can be found at this local gallery. Shop here for the holidays. 4022-C Hummer Road, Annandale, VA. For more information, call 703-941-0202 or visit our website www.augallery.org. Tuesday—Sat. 10 am to 4 pm. Classes now being offered, see website.



Bill Schroeder
Owner | General Manager
703.755.7276
springfieldva@schoolofrock.com
springfieldva.schoolofrock.com



facets
Opening Doors for People in Need
Opportunity Neighborhoods
10700 Page Avenue, Building B
Fairfax, VA 22030
Phone: 703-352-3269
Fax: 703-352-5088
www.FacetsCares.org
Connect with us... [f](#) [t](#) [in](#)



FRANCIS
Fine Men's Clothing
1 Suit
1 Shirt
1 Tie
\$199
703.256.8644
www.francisfinemensclothing.com
ADDITIONAL CHARGE FOR ALTERATIONS

Social Security Adds New Online Tool and Notices for Disability Claims

Social Security Administration



Social Security recently announced major enhancements to *my Social Security*—expanding self-service options and the notices available to individuals navigating the disability claims and appeals process. The new tools provide you with greater visibility, faster access to information, and more efficient case processing throughout the lifecycle of a disability claim.

If you have not created your personal *my Social Security* account yet, get started today at www.ssa.gov/myaccount.

What's New in *my Social Security*?

Submit Disability Adjudication Forms Online: You can now complete and submit disability adjudication forms directly through your personal *my Social Security* account, including:

- Form HA-4631, Recent Medical Treatment.
- Form HA-4632, Medication Information.
- Form HA-4633, Work Background.

Online submission helps ensure adjudicators receive information quickly and supports more efficient case processing.

Track Disability Claim Status Online: If you have a pending disability claim, appeal, or recently adjudicated claim—you can now view the status of your case online at the Hearings and Appeals levels. The Claim Status Tracker provides real-time updates, processing time estimates, and key milestones throughout each level of adjudication. Features include:

- Notification when the hearing office receives a Request for Hearing.
- Status updates as the hearing office reviews information and prepares the case for hearing.
- Status updates when a hearing decision is issued.
- Appeals Request for Review status updates, receipt of review requests, and completion of actions.

Access Proffer Letters Securely: You can securely access proffer letters in the *my Social Security* Message Center. A proffer letter is a notice sent when new evidence is added to a case after a hearing, allowing claimants to review and respond before a decision is made.

Access 26 Additional Social Security Notices in *my Social Security* Message Center: You can view electronic copies of your hearing-related notices by logging into your personal account. The following notices are among those now available for digital release to accountholders:

- Notice of Hearing.
- Request for Good Cause for Late Filing.
- Request to Withdraw a Hearing Request.
- Postponement of Hearing.
- Amended Notice of Hearing.

You may opt to receive email or text notifications when new documents are available. We will continue to mail paper notices to you and your appointed representatives. This enhancement supports faster case processing and timely communications.

We continue to increase the functionality of *my Social Security* to ensure that the more than 100 million Americans with accounts have a seamless experience when accessing their personal information. With an account, you have 24/7 access to your personalized retirement benefits and 1099 forms, can receive tailored notifications, request a replacement card, manage benefits or estimate future benefits, request replacement documents, check the status of pending applications, and conduct other services anytime, anywhere, without needing to visit an office or wait on the phone.

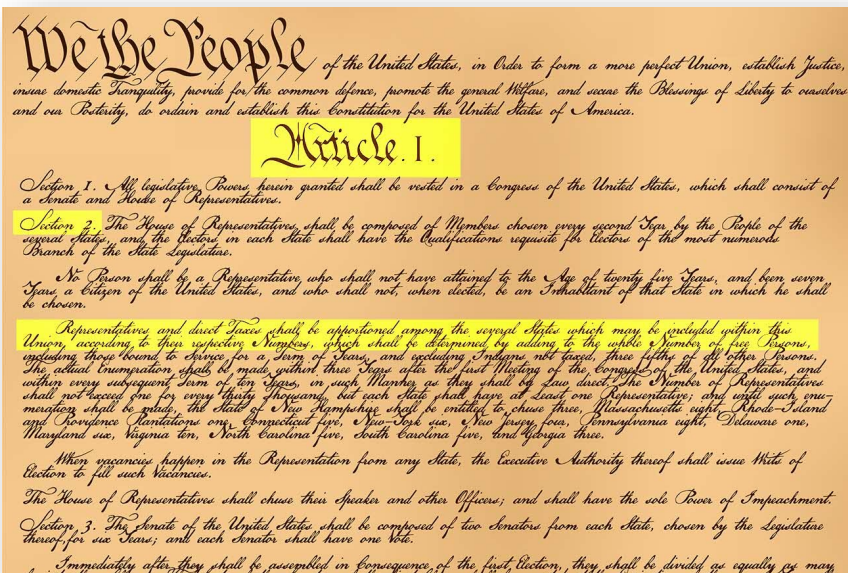
Please visit www.ssa.gov/myaccount to create a personal *my Social Security* account. For more information about our services, visit www.ssa.gov.



America Turns 250 Years Old

The Census Has Measured Our Nation's Population & The Way We Live.

Travis Shoemaker, US Census Bureau



Every person older than 16 was required to cooperate “on pain of forfeiting twenty dollars.”

Population: 3,929,214 (including 697,624 enslaved people, or 17.8%).

Recently, the National Archives and Records Administration released the individual census records for the 1950 Census.

For the first time, we can glimpse personal details about life in post-World War II America and the beginning of the economic, housing and demographic boom that followed.

We can also peek into the lives of some of the famous Americans born during this time and who first appeared in census records in 1950.

James Marshall Hendrix was born Johnny Allen Hendrix November 27, 1942, in Seattle, Washington, which in 1950 had a population of 467,591.

Hendrix is widely recognized as perhaps the greatest electric guitarist of all times. Despite his untimely death September 18, 1970, his unique and innovative sound continues to influence performers today.

Nora Ephron was born May 19, 1941, in New York City, which in 1950 had a population of 7,891,957 and was the largest city in America then and remains so to this day. A journalist, writer and filmmaker, she is widely considered the “mother of the romantic comedy” (*When Harry Met Sally*, *Sleepless in Seattle*). She died June 26, 2012 but her legacy lives on in her many books, plays and movies.

Arthur Ashe, Jr., was born July 10, 1942, in Richmond, Virginia, a city of 230,310 people in 1950. He became a top-ranked tennis player, beginning as a student at the University of California, Los Angeles when he won National Collegiate Athletic Association (NCAA) singles, doubles and team titles. Arthur is the only Black or African American man to have won singles titles at Wimbledon, the US Open and the Australian Open. After contracting HIV/AIDS from a blood transfusion, he became a dedicated activist until his death February 6, 1993.

Wilma Pearl Mankiller was born November 18, 1945, in Tahlequah, Oklahoma, which is the capital of the Cherokee Nation and in 1950 had a population of just 4,750. She was an activist and community coordinator, who brought economic, medical and educational benefits to her community. In 1985, she became the Cherokee Nation’s first female principal chief. She continued her advocacy work in her community until her death April 6, 2010.

Other well recognized names that showed up on the 1950 Census: John Denver, Jerry Garcia, Richard Pryor, Wilma Rudolph, John Belushi, Annette Funicello, Janis Joplin, Muhammad Ali, and Florence Ballard.

For 236 of America’s 250-year history, the census has measured our nation’s population. It has also tracked our values, interests and changes in the way we live.

Census questions, how they’re asked and of whom, capture what’s important to American society.

Housing, employment, slavery, manufacturing, immigration, voting access and more. Public demand for information on these topics has fluctuated over the course of American history, punctuated by the census count at the start of each decade. How did events like the Westward Expansion, the Civil War, the Great Depression and the Civil Rights Movement change the census — and how did it adapt over time?

The framers of the Constitution tied apportionment of the U.S. House of Representatives to a once-a-decade population count, starting with the nation’s first census in 1790. We view the nation’s evolution through the prism of every decennial census since.

The Census Act of 1790 was passed by the First Congress and signed by the nation’s first president, George Washington. On August 2, 1790, U.S. Marshals began collecting the names of each head of household along with a count of all free White men age 16 and older, free children under age 16, free White women, and all other free and enslaved people.

Most American Indians were not enumerated between 1790 and 1850. Their relationship to federal census-taking would evolve over American history. The first census took 18 months to complete.

The government did not provide blank printed forms to enumerators. They used any available paper and recorded all information by hand.

RE/MAX[®]

REALTY GROUP



Pat Sawhney

Realtor[®]
Certified Senior Specialist

O: 703-642-3380
C: 703-395-9214
patsawhney42@gmail.com

5501 Backlick Road #100
Springfield, VA 22151



Scan my QR code for access
to my video!
GetMovingWithPat.com

Brandon L. Yeckel
Funeral Director



Demaine Funeral Home

5308 Backlick Road
Springfield, VA 22151
703-941-9428
Fax 703-658-5123
Brandon.Yeckel@DignityMemorial.com

American Legion

Bicentennial Post 1976

Diane Ramsey
Manager

4206 Daniels Avenue
Annandale, Va 22003
703-941-9608 Post
703-408-9123 Cell
703-941-0136 Fax
Rpcomm6759@aol.com
Post1976.org

Collector's WORLD

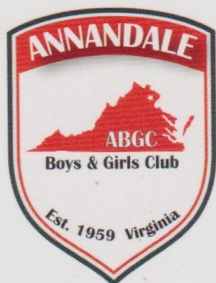
Annandale Shopping Center
7006 Columbia Pike, Annandale, VA 22003
703-256-8408 . www.collectorsworldva.com



Lambros Fine Jewelry

7137 Little River Turnpike, Annandale, VA 22003
(703) 354-1038 . www.lambrosgoldsmith.com

Annandale Boys' & Girls' Club, Inc (ABGC)



4216 Annandale Road
Annandale, VA 22003

Office #: (703) 941-ABGC (2242)

Email: abgc@abgc.org

www.abgc.org

The Annandale Parade

Saturday, October 24, 2026
10:00 AM - Noon

Scouts

Fire Trucks

Antique Cars

Clowns

Dancers

Marching Bands

Storybook Characters



WATCH THE FUN
Columbia Pike

www.annandalechamber.com

Event organized by the Annandale Chamber of Commerce. The Annandale Parade will be accessible to people with disabilities.