

Path to PAIRS Essentials Facilitator Certification

Becoming a certified PAIRS Facilitator is a meaningful way to share the power of emotional connection, communication, and resilience with others. Whether you're a coach, counselor, educator, community leader, or someone passionate about helping others grow, this journey equips you to lead PAIRS Essentials with heart, skill, and confidence.

 **STEP 1: Complete PAIRS Essentials:** Experience the full course for yourself — either solo or with a partner. This foundational training introduces all the core PAIRS tools and is required before pursuing certification.

- Format: 6-week live, online course
- Schedule: Begins April 7, 2025 | Meets Tuesdays from 1:00–3:00 PM ET via Zoom
- Cost: \$495 per person or couple

 **STEP 2: Facilitator Certification Training:** Receive extensive Curriculum Guide and complete self-paced advanced training designed to prepare you to teach PAIRS Essentials effectively. You'll learn facilitation best practices, how to guide exercises, hold emotional safety, and support participants with care and confidence.

- Cost: \$755

 **STEP 3: Teach-Back:** After completing the training, you'll deliver a short "teach-back" of a selected PAIRS exercise to demonstrate your comfort with the tools. This is a supportive, encouraging experience that allows you to get direct feedback and guidance.

- Included in certification fee
- Flexible scheduling with a PAIRS Master Trainer

 **STEP 4: Final Certification & Support:** Once your teach-back is approved, you'll be officially certified as a PAIRS Essentials Facilitator — with full access to:

- Ongoing support from the PAIRS team
- Opportunities for continuing education, coaching, and connection

Total Cost to Become a Certified Facilitator

PAIRS Essentials Course	\$495
Facilitator Certification/Curriculum Guide	\$755
Total	\$1,250

Ready to Get Started?

Email us for the next PAIRS Essentials start date. From there, we'll guide you step-by-step through the full certification process.

For questions or to register:

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 www.pairs.com