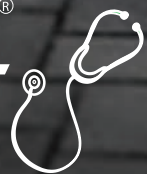




**THE MOVING**  
**DOCTOR**<sup>®</sup>  
Moving & Storage Services







# WE TAKE PRIDE IN WHAT WE DO

## OUR HISTORY

**The Moving Doctor** is a full service moving and storage company with over 30 years of expertise in the metropolitan and Long Island area. Our specialty services include household and corporate relocations, estate moving services, exhibits and customized packaging. Our corporate headquarters are conveniently located in the heart of the metropolitan area along with our two branches in Nassau and Suffolk Counties. The Moving Doctor is staffed by experienced managers, professional customer service representatives and sales coordinators. Our firm maintains state of the art storage facilities and customer tracking. All of our company vehicles and facilities are certified bed bug free.

## AGENCY AFFILIATIONS

**The Moving Doctor** is a proud member of the Long Island Moving & Storage Association (LIMSA). This organization places ironclad regulations on its members to adhere to a strict code of ethics. The Moving Doctor is also a member of the Better Business Bureau (BBB), and has consistently maintained an A rating in both New York City and Long Island.

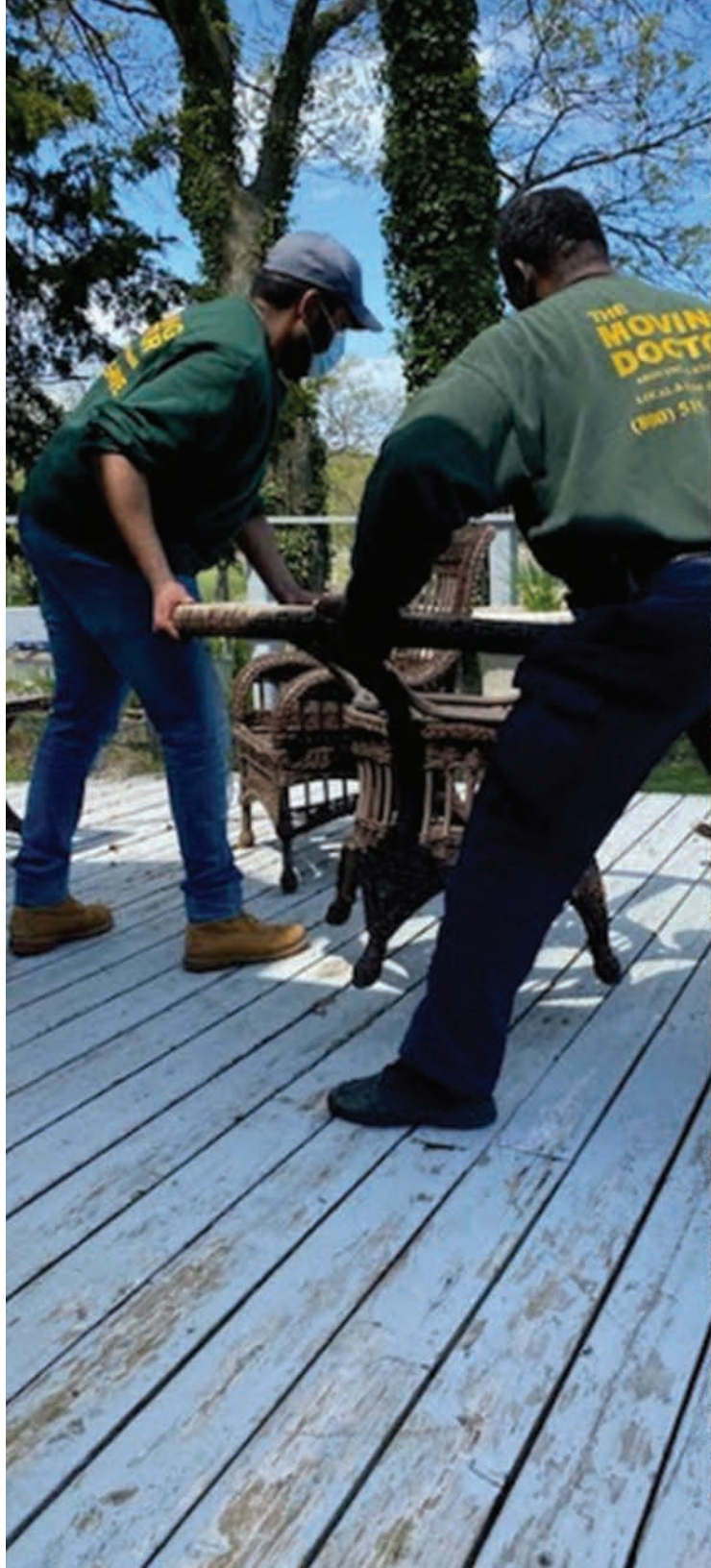
## VISION

**The Moving Doctor** has an excellent work ethic and an unprecedented passion to strive for success by providing the highest quality standards, service and customer care in the moving industry.

## LICENSES

**The Moving Doctor** operates under the authority of The New York State Department of Transportation (DOT) License #T12970 and The United States Department of Transportation License #545141.

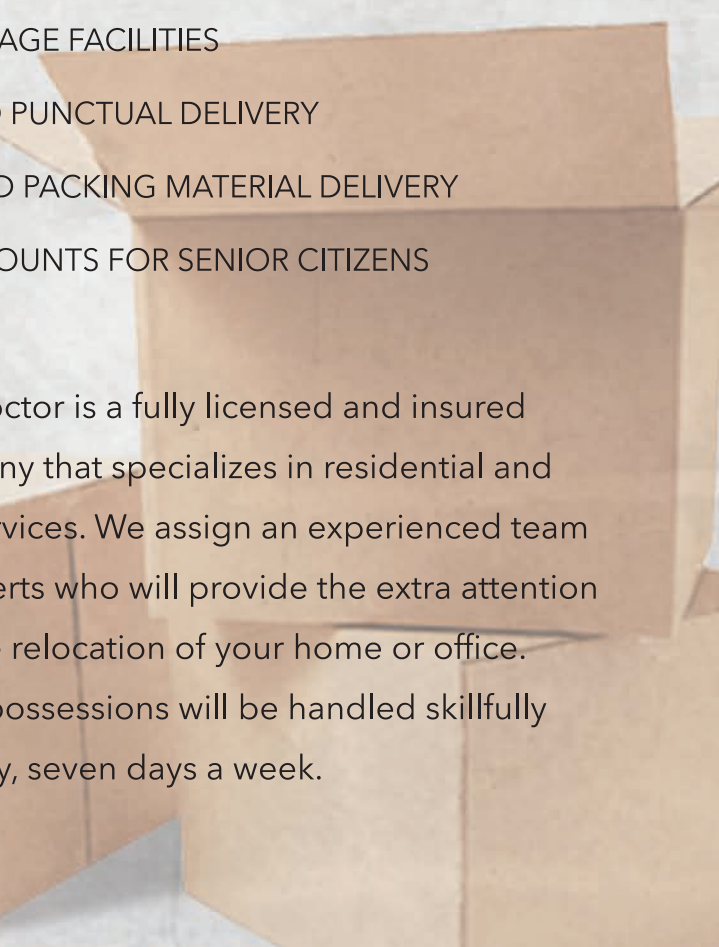




# WHY CHOOSE US?

- OPEN SEVEN DAYS A WEEK
- FULL LIABILITY INSURANCE AND ADDITIONAL COVERAGE
- FREE TELEPHONE AND ON-SITE ESTIMATES
- NO EXTRA CHARGE WEEKENDS OR HOLIDAYS
- NO HIDDEN COSTS OR FEES
- SECURE STORAGE FACILITIES
- GUARANTEED PUNCTUAL DELIVERY
- FREE BOX AND PACKING MATERIAL DELIVERY
- SPECIAL DISCOUNTS FOR SENIOR CITIZENS

The Moving Doctor is a fully licensed and insured moving company that specializes in residential and commercial services. We assign an experienced team of moving experts who will provide the extra attention to detail for the relocation of your home or office. Your valuable possessions will be handled skillfully and responsibly, seven days a week.





# MOVING PREPARATION

1

## BE READY

A personalized estimate is provided to you based on the contents of your home being fully packed and ready for us to safely move. Any additional packing and materials will be discussed and agreed upon with our sales consultant and duly noted on your cost of services. If necessary, we will assist with your packing needs and charge accordingly for labor and materials.

2

## PACK CORRECTLY

**Boxes** - Fill all boxes to the top. The structural integrity of each carton is dependent on a fully packed box. Seal all cartons, top and bottom. Write on the top of the box the contents and / or the room to which it will be going. Do not pack any open liquids or spray cans.

**Drawers** - It is recommended that any drawers be emptied in the event the dresser has to be tilted.

**Linens** – Spread linens around as packing protection for fragile items (i.e. lamps, large platters) or as filler for partially full boxes. Lamps and pictures **MUST BE PACKED!**

**Dishes** – Use sturdy boxes and pack with unprinted newsprint or linens. Provide plenty of padding on the top, bottom and sides.

Our professionally trained movers will inspect your boxes to make sure they are “truck-worthy”.

3

## PROTECT YOUR POSSESSIONS

When moving, you are entitled to the minimum standard liability coverage as set forth by industry standards and have the option to choose additional coverage.

Please contact **The Moving Doctor** directly to discuss the options.





# MOVING TIPS

## MAKE A CHECK LIST BEFORE MOVING

About four weeks before moving day is a good time to keep track of moving expenses for tax purposes. This is also when you should begin transferring services and records. It is often a good idea to have the services begin several days before you expect to arrive at your home for the convenience of having the utilities and telephone working upon arrival.

## DISCONTINUE SERVICES

- Telephone Company
- Electric Power Company
- Water Department
- Fuel Oil Company
- Laundry and Dry Cleaning Services
- Pest Control
- Garbage Collection
- Newspaper
- Internet Provider
- Cable T.V.
- Landscaper
- Post office - change of address

## TRANSFER RECORDS

- Bank
- Legal
- Insurance Companies
- Auto & Driver's License
- Medical: Doctors & Dentist
- Pet Immunizations

## MISCELLANEOUS

- Hold a garage sale to sell unwanted items. This will save you the expense of transporting them.
- Defrost and clean refrigerator / freezer at least two days in advance of move.
- Have curtains and carpets cleaned.
- Drain all gasoline-powered equipment.

## ON MOVING DAY

- Make the foreman aware of any items that are fragile or need special handling. All fragile articles should be boldly marked.
- Complete a walk through of your house to ensure that everything has been loaded.
- Confirm that the driver has your exact destination address.
- When the crew has finished unloading, please check that you have all of your items. If you are unsure, please feel free to inspect inside the truck.







# 8 WAYS TO SPOT A MOVER YOU CAN TRUST!

## ✓ **Verify the License of the Moving Company:**

The NY State Department of Transportation (DOT) requires that all moving companies be fully licensed. To check the validity of a moving company's DOT certificate number call (800) 786-5368.

## ✓ **Contact the Better Business Bureau (BBB):**

A responsible moving company should have a satisfactory BBB rating. They may have some complaints lodged against them but their BBB record should indicate that the company responds to and resolves complaints.

Contact the Long Island BBB at (516) 420-0500 or visit the website at <http://www.newyork.bbb.org>.

## ✓ **Inquire about Workers' Compensation Insurance:**

The DOT requires that all moving companies retain Workers' Compensation Insurance. Be cautious of low estimates/bids from companies prior to booking a moving job, as premium costs may not be factored in to protect customers.

A low estimate can be misleading.

Contact the DOT at (800) 786-5368.

## ✓ **Verify the Address of the Moving Company:**

Confirm the address of the moving company. Occasionally companies use a fictitious location to gain business. This will tell you something about the company's integrity and professionalism.

## ✓ **Be Cautious of Telemarketers:**

Be wary of high-pressure tactics from telemarketers who are interested in making a sale. A high-quality company with a good reputation does not need to criticize its competition to make them look better. References are usually a fine way to help you make an informed decision.

## ✓ **Obtain Recommendations:**

It is best to get a personal or professional recommendation. Be wary of Internet based moving companies. They are sometimes misrepresented as being locally based when in reality they are operating out of state or as a booking agent without actual moving crews of their own.

## ✓ **Ask for an On-Site Estimate:**

Ask for an on-site estimator to come to your home/office to obtain an accurate estimate of the cost of your move. They are trained to assess your individual moving job and what it requires (i.e. packing, moving, storage, supplies, etc.).

## ✓ **LIMSA Membership Preferred:**

Ask if the company is a member of The Long Island Moving and Storage Association (LIMSA). LIMSA checks DOT certificates, Workers' Compensation Insurance coverage and overall consumer satisfaction, before accepting any moving company as an honored member. Contact the LIMSA at (516) 248-0886.





# OUR REVIEWS

MOVE DATE: 1/27/2020

CUSTOMER COMMENTS:

Extremely polite, efficient, effective and competent. Did a wonderful job! Thank you so much. Will recommend your company to future residents. Worth every penny.

MOVE DATE: 2/22/2020

CUSTOMER COMMENTS:

Movers were knowledgeable & courteous. A real pleasure dealing with them. I would highly recommend them to family & friends.

MOVE DATE: 12/31/2019

CUSTOMER COMMENTS:

Great experience! Knowledgeable & reliable! It was a pleasure moving with these guys! Thank you!



Better Business Bureau®



Home > [New York](#) > [Nassau](#) > the moving doctor

Showing: 7 results for the moving doctor near [Nassau, NY](#)

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☐ Show BBB Accredited only

Sort By Best Match

## Distance

- ☐ < 5 Miles
- ☐ < 10 Miles
- ☐ < 25 Miles
- ☐ < 50 Miles
- ☐ < 100 Miles

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- ☐ Product Development and Marketing
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- ☐ Cleaning Services



### The Moving Doctor

Moving Companies, Storage Units

(516) 326-1168

10 Skyline Dr, Plainview, NY 11803-2517

119.6 mi

[Get a Quote](#)



A+



### The Moving Doctor

Moving Companies

(718) 206-3860

10820 180th St, Jamaica, NY 11433-2620

125.6 mi



A+



# THE MOVING DOCTOR®

1-800-515-6683

CALL FOR A FREE NO-OBLIGATION ESTIMATE

[www.movingdr.com](http://www.movingdr.com)

[info@movingdr.com](mailto:info@movingdr.com)

Instagram #movingdr

Facebook @movingdoctor



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108-20 180th St, Queens, NY 11433  
(718) 206-3860 Fax: (718) 206-3862

**Nassau Location:**

Plainview, New York 11803  
(516) 326-9800

**Suffolk Location:**

Ronkonkoma, NY 11779  
(631) 367-3555

**Florida Location:**

Ft. Lauderdale, Florida 33327  
(954) 476-9261



NY DOT #12970 ICC#MC291203 US DOT#545141