



SPARKS SOCIAL
ABILITIES

SPARKS MUSIC

Our Music Program provides participants with the opportunity to explore, create, and develop their own music in a structured and supportive environment. The focus is on both the creative and practical aspects of music, including songwriting, rhythm, melody, and basic composition.

Participants are guided through the process of writing lyrics, developing musical ideas, and experimenting with different sounds and styles. Sessions may include using instruments, digital music tools, or vocal work to bring ideas to life, regardless of prior experience.

The program supports individuals to express thoughts and emotions through music while building confidence in their creative abilities. Participants are encouraged to develop their own style, collaborate with others, and share their work in a safe and respectful setting.



PROGRAM FEATURES



Creating and refining



Improvisation



Beat making



Introduction to instruments (basic)



Recording



Group collaboration



Production



Sound experimentation



Karaoke



Drum circle



Singing



Songwriting and lyric development

BENEFITS

- ✓ Increased self-confidence and self-expression
- ✓ Improved communication & emotional expression
- ✓ Enhanced creativity and imagination
- ✓ Development of focus and patience
- ✓ Improved ability to work independently and collaboratively
- ✓ Greater emotional awareness and regulation
- ✓ Sense of achievement through creating
- ✓ Development of transferable skills for education or employment
- ✓ Increased resilience through learning new skills
- ✓ Stronger sense of identity and personal style



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**FOR BOOKINGS OR
MORE INFORMATION**

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