



**SPARKS SOCIAL**  
ABILITIES

# SPARKS CREATIVE

Our Creative Group offers a dynamic and structured space where participants can explore a wide range of creative outlets, including arts and crafts, poetry, blogging/vlogging, photography, improv, and more. The program is designed to support self-expression while building practical and transferable creative skills.

Participants engage in hands-on activities that develop self confidence, performance, and visual communication. This may include creating artwork, writing and performing poetry, producing digital content, learning photography techniques, and participating in improv acting and more. Activities are adapted to individual interests and abilities, allowing each participant to develop their own style at their own pace.

Over time, this supports increased self-confidence, communication skills, and the ability to apply creativity in everyday life and potential future pathways.



## PROGRAM FEATURES



Painting



Content creation



Claywork



Drawing



Poetry



Drama



Lego creations



Digital art



Blogging & vlogging



Photography



Improv and more

## BENEFITS

- ✓ Increased self-confidence and self-expression
- ✓ Improved communication skills
- ✓ Enhanced creativity and imagination
- ✓ Development of social skills and peer connections
- ✓ Greater emotional awareness and regulation
- ✓ Improved ability to work both independently and in groups
- ✓ Increased resilience through trying new activities
- ✓ Sense of achievement and personal pride
- ✓ Development of transferable skills for education or employment
- ✓ Stronger sense of identity and personal interest



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**FOR BOOKINGS OR  
MORE INFORMATION**

☎ 0448731 217

✉ KRIS@SPARKSSOCIAL.COM.AU

🌐 WWW.SPARKSSOCIAL.COM.AU

