



Fashion For Life “Restore”

Mental Health Support Program of Fashion For Life San Antonio: Fashion For Life Restore is the comprehensive mental health support program of **Fashion For Life SA** designed to address the complex impact of domestic violence through trauma-informed support, prevention, and restoration. The program reflects our commitment to healing individuals, strengthening families, and fostering safer, healthier communities by addressing both the effects and the root causes of abuse.

Fashion For Life Restore is comprised of two distinct, yet interconnected initiatives, each tailored to meet individuals where they are on their healing and accountability journey.

The Healing Threads Program

Supporting Survivors of Domestic Violence

The Healing Threads Program provides compassionate, survivor-centered support for individuals impacted by domestic violence. Through trauma-informed counseling, resource navigation, and intentional referrals, the program connects survivors to licensed mental health professionals and community-based services that promote emotional healing, stability, and restoration from trauma.

Healing Threads prioritizes safety, dignity, and cultural responsiveness, ensuring survivors have access to supportive care that empowers them to rebuild their lives, strengthen resilience, and move forward with hope.

Rise and Restore

Recovery and Accountability Support for Those Impacted by a History of Abuse

Rise and Restore is a restorative mental health initiative designed to support individuals who have caused harm or who are struggling with a personal history of abusive behaviors.

The program provides guided referrals to counseling, education, and support services that encourage accountability, self-reflection, and emotional healing.

By addressing unresolved trauma, learned behaviors, and underlying mental health challenges, Rise and Restore works to interrupt cycles of violence and promote personal responsibility, growth, and transformations supporting healthier relationships and safer communities.

A Holistic Approach to Community Healing

Together, these initiatives reflect the heart of **Fashion For Life “Restore”**—a belief that meaningful change requires both survivor support and proactive intervention. By offering pathways to healing, accountability, and restoration, Fashion For Life is committing to creating lasting impact that extends beyond crisis response toward long-term wellness and prevention.

At Fashion For Life, we believe healing is possible—and restoration is essential.

*Disclaimer: **Our Commitment to Safety and Care**

At Fashion For Life Restore™, survivor safety, dignity, and well-being come first. Our programs are trauma-informed, voluntary, and designed to support healing without pressure or obligation. Individuals may choose to participate—or stop participating—at any time. Services for survivors are never delayed, reduced, or affected by services offered to individuals seeking accountability or recovery support