

# YOUNG CARER E-BULLETIN

## YOUR TERMLY UPDATES ABOUT OUR SERVICE!

APRIL – JULY ISSUE

hi



Hi everyone,  
Over 80% of education settings in St Helens liaise with our service, we appreciate everything you do to give Young Carers a break. Your commitment and partnership makes a huge difference. Thank you for working with us to ensure young carers are recognised, supported and given the best chance to thrive.

We look forward to working with you again in September. In the meantime, we wish you and your students a restful, well-deserved summer break!



### WHAT'S WORKING IN ST HELENS FOR YOUNG CARERS!

As this academic year comes to a close, together we've made great progress raising awareness and improving support for young carers this academic year:

- 37 assemblies delivered to help students understand young carers and where to get support
- 13 staff training sessions to help school staff spot signs and respond effectively
- A dedicated DSL (Designated Safeguarding Leads) meeting with representatives from 46 education providers
- A governors' meeting with a focus on young carers' needs and responsibilities
- 33 other outreach events helping to connect families, share information and build stronger networks

Here are some of the schools we have visited this term:

- Ash Meadow School
- St Mary's Catholic Primary School
- St Helens College
- Garswood Primary School
- Corpus Christi Primary School
- Legh Vale Primary School
- Oakdene Primary School
- St Peters C of E Primary School
- St Peters St Pauls Primary School
- Rainford CE Primary School
- Wargrave House
- Sherdley Primary School
- St John Vianney Primary School
- Grange Valley Primary School
- Knowsley College
- Ashurt Primary School
- Rainford High School



ST HELENS YOUNG CARERS



### LOOK AHEAD: BOOK US EARLY FOR THE AUTUMN TERM!

We're now taking booking for:

- School Assemblies
- Bespoke Staff Training
- PSHE Workshops
- YC Check Ins
- Information stalls for Parents & Open Evenings as well as Coffee Mornings

Slots fill up quickly in September—get in touch now to reserve a date.



### RESPITE TIMETABLE

The new activities timetable will be available by the end of August!

Please speak to the Young Carers at your education setting about the upcoming respite activities.

To find out more, please visit our website

<https://www.sthelensyoungcarers.org/activities>



### WELLBEING SUPPORT

Our wellbeing team have completed 64 assessments and reviews this term!

1st April 2025 – 14th July 2025



sth.yc



<https://www.sthelensyoungcarers.org>



01744 677279

## SCHOOL CENSUS

The most recent data from this year's school census indicates that 352 Young Carers have been documented by schools in St Helens.

Our service has over 800 Young Carers registered. Please ensure all young carers are documented within your internal systems. We appreciate the efforts of education providers who have successfully completed this process.



**CARERS TRUST**

St Helens Carers Centre

## YC REPORTS

In September, every education setting will be sent a report with all Young Carers that are registered and attend the school. We aim to send one out once a term to ensure that all information is correct.

Please let us know if a Young Carer joins or leaves your education setting. Please also remember to update us if a YC attends an alternative provision.



**CHATTIN' 4 ACTION**  
ST. HELENS YOUNG CARERS COMMITTEE



## CHATTIN' 4 ACTION

Our C4A members have been busy in the last three months. From completing a leadership course to visiting London to meet the Chief Inspector of Ofsted Sir Martyn Oliver.

The committee collaborates to enhance our service and works closely with the outreach officer to elevate the profile of Young Carers. If you wish to nominate someone who would benefit from this role, please speak to the young carer and contact us for further information.



## YOUNG CARERS VISIT OFSTED

Our Chattin' 4 Action members wrote a letter to Ofsted's Chief Inspector Sir Martyn Oliver in partnership with Young Carers National Voice and Carers Trust. The purpose of the letter was to raise the profile of Young Carers within the education system. The Inspector invited some of our Young Carers to London to talk about how having a caring role impacts on their lives and they also shared their ideas of what they would like to be included in the new framework to ensure that YCs are supported.

The meeting was successful and the Chief Inspector was in agreement that Young Carers need to be supported with the challenges and barriers that they face. Keep your eyes peeled for updates in the new framework!



## TOOLKIT

We have delivered our toolkit to 36 schools so far! The purpose of the toolkit is to raise awareness and support professionals working directly with children and young people. It includes information on how to recognise and support Young Carers so that they do not go unhidden.

We will continue to deliver them through the new academic year too.



## HOW TO REFER



Click on link below for a professional referral form

<https://www.sthelensyoungcarers.org/professionals55bab9a8>

## CONTACT DETAILS

For General Enquiries  
01744 677279  
[info@sthelenscarers.org.uk](mailto:info@sthelenscarers.org.uk)



For Outreach Enquiries  
[TanyaButt@StHelensCarers.org.uk](mailto:TanyaButt@StHelensCarers.org.uk)

ST. HELENS YOUNG CARERS



## YOUNG CARER BADGES

We have delivered our new YC Badges to 13 schools so far!

We will continue to deliver them through the next academic year too.

Please note that previously they were only for high schools but we have now launched them for primary schools too.



## OUR LOCATION

St Helens Young Carers Centre  
1st Floor,  
Fishwick House, Cotham Street  
St Helens, WA10 1SJ



sth.yc



<https://www.sthelensyoungcarers.org>



01744 677279