

**SBCA Health & Fitness Committee Meeting**  
**DRAFT Minutes**  
**June 4, 2026**

1. Call to Order at 9:31am
2. Quorum Determination: Present: Christine Spagle, Jeannete Hanson, Dean Rosenthal, Barb Sweet. Absent: Donna Colosky, Randy Edwards, John Sweet. Also in attendance: GM Mark Torres and SBCA member Kare Sargent.
3. Approve Agenda – No edits to the agenda, motion to approve by Jeannette, second by Dean, carried unanimously.
4. Approve Minutes of April 2, 2026 and May 7, 2026 – April 2 minutes: move to approve by Barb, 2<sup>nd</sup> by Jeannette, carried unanimously. The minutes of May 7 are not official in that we did not have a quorum but are rather an unofficial recap of the meeting: move to approve by Dean, 2<sup>nd</sup> by Barb, carried unanimously.
5. Old Business:
  - a. Lockers-status: Delivery of the new lockers is scheduled for mid July per the vendor. Upon arrival Mark will make arrangements with Don for installation and he'll try to schedule the installation at the same time as the pool area is closed to deal with the channel drain issue.
  - b. Active Life sessions-set up the 3 sessions for Wednesdays 11am-noon Chris will contact Michael to determine dates and ask if Michael believes 1 hour is sufficient or would prefer an hour and a half. Chris will report results to the committee and Mark. The weight fitness area orientations that have been scheduled weekly on Wednesday will be altered for a monthly session only on Thursday immediately following the Health & Fitness Committee meeting (the 1<sup>st</sup> Thursday of the month).
  - c. Status of showers – Plumber has inspected and found no issues. Contributing factors are high usage at certain times of the day and the time it takes for the hot water tanks to “recharge” about 15-30 minutes. Because of the constant demand at certain times the tanks never have a chance to recharge. Hence no hot water. The best fix is to increase capacity, but there are physical limitations. There is not enough space to add another water tank, and a larger tank requires more height than is available. If the hot water tank were moved to a different location it would require additional/larger drain lines with an approximate cost of \$15,000 to \$20,000. This may be something that could be incorporated in a future locker room refurbishment.
  - d. Unauthorized Moving of equipment—The Club has no staff to “police” equipment use. Mark will again remind the class instructors that the equipment from the fitness area may not be used for classes in the auditorium. Mark has kept some of the old mats and will make them available for use by class participants.

6. New Business
  - a. FYE 06/30/2027 – Chris reminded committee members that the Club will not be adding additional equipment but will repair or replace existing equipment as needed. Additionally, the Long Range Planning Committee is looking at space utilization and future needs, including fitness related issues.
  - b. Dean, Jennette and Barb are willing to stay on the committee next FY. Chris will follow up with those committee members not present at the meeting.
  - c. Captain's Reports
    - i. Aerobic Room – QR codes added by Mark to the New Step to access the vendor site for how to use – He will also determine availability of similar QR information (for beginner use) for the other equipment in the fitness area. A fan by the spin bike has been mounted with a switch (rheostat to be added for fan speed control) by the light switch. Mark will post signs reminding members not to open the outside doors as it sets off an alarm
    - ii. Weight Room – No issues other than one set of blinds do not operate properly. Mark will have Ross look at them to ensure they're not broken and place a reminder sign to leave the blinds open half-way.
    - iii. Stretch Area – The water draining off the noodles in the pool area noodle bin is contributing to water leaking into the stretching area. The principal issue causing the problem is the blockage in the channel drains around the pool that Mark is working to resolve.
    - iv. Pool - Mark think he may have a low cost, relatively quick, remedy to resolve the blocked channel drain issue. He should have an answer by the July meeting.
    - v. Locker Rooms – No issues (other than hot water in the woman's locker room).
7. Issues from Other Committees: Activities asks that Health & Fitness inform them of planned events such as the open house and the dates of the Active Life session.
8. Comments: Dean indicated the new *Rules* document is in the weight room and stretching areas.
9. Adjourn at 10:22.

Next Health & Fitness Meeting: July 2, 2026