

April 2026 Newsletter

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Dear Dcn. Wackerly,

We write this during Holy Week as we ponder the great difficulties of Christ in His Passion for us. However, alongside this is a great, renewed sense of hope in knowing that the Resurrection – the victory over death – is nearer at hand than 40 some days ago. There is a tension at times between the two extremes and this might also be experienced in our daily lives outside of this privileged season of Lent.

Ann recently received a certification in another natural family planning course. It is a medicalized form, which many women will not need, but it is especially for women who are experiencing abnormal irregularity and /or infertility. Here, again, there can be a great tension between the woman`s anxieties – indeed sometimes, even the couple`s anxieties - alongside the hope of healing cycle irregularity and, for others, the hopeful possibility of conceiving a child.

Working with these women, or couples, we see their relief to know how their body works by learning how to chart. They understand what the goal is, and what the normal parameters are, and hope is restored or renewed as health professionals attempt to help them. We see the great value of also teaching them NFPI`s additional signs of fertility. They see how much more data they obtain, which might give them an even surer picture into what their body is showing them via our symptom-thermal chart. Ours is also a method that can reduce times of abstinence, and can lend them a spiritual base for understanding their situations.

As one couple recently related in their evaluation of our Home Study Course, “We really enjoyed reading the manual together and learning about NFP together. We thought this course was very good about preparing us and explaining how to properly practice NFP and also ecological breastfeeding. Honestly, going into this course we only knew the basics of NFP, but didn’t realize how in-depth it went with our Catholic faith. We really enjoyed how faith was at the forefront of this manual and the information was backed by faith. Thank you so much for providing this course; we are excited to use this within our marriage!”

Steve And Ann Craig
NFPI Instructors

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