

June 2026 Newsletter

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We were recently notified about an online blog where the woman was writing about ecological breastfeeding (EBF) and how much she liked it. She linked to an interview that Sheila Kippley did in 2018 for medical professionals. We were happy to see the comments from young mothers at the blog about how these mothering practices have helped them in their role as a mother. We were also happy to see that medical professionals are able to read about EBF and child spacing in the online world in which we live.

The NFPI website has also had many international communications, thanks to our online presence. This is the result of NFPI's twenty-two years of outreach from the United States plus John and Sheila Kippley's original natural family planning efforts beginning in 1971. Since last Fall we have heard from people in Sweden, Vietnam, England, Iceland, Austria, Slovenia, Canada, Croatia and Portugal. This is surely a work of God's grace and we are grateful and excited when we do see such activity.

Regarding people from other religions using our materials, an Amish man, for his Amish bookstore, has regularly ordered large quantities of 100 or more of *The Seven Standards of Ecological Breastfeeding: The Frequency Factor* by Sheila Kippley. *The Seven Standards* is their preferred book for learning about spacing babies and for the health benefits of breastfeeding. Also, one Jewish mother, among others, wrote: "I wanted to proudly share my news that I just had my longest amenorrhea (absence of periods) ever—18.5 months. I've been having increasingly longer periods of time. 6.5 months after my first, 9.5 months after my second, 14.5 months after my third and fourth and 18.5 months after my fifth (my most recent baby). I am so thrilled with G-d's amazing natural form of child spacing that benefits everyone in the most wonderful of ways."

We have many young engaged Catholic couples taking our online course from many dioceses in America. We are grateful to our volunteers who help us grade these tests and send the couples their course completion certificates for their marriage preparation files. Thank you for being part of our apostolate and for promoting our materials in the many ways in which you do.

Ann and Steve Craig
NFPI Instructors