

Reflection Questions

Reflection Questions Related to Eleni Valavanis Interview

Personal Journey and Inspiration:

What inspired Eleni Valavani to pursue a career in STEAM? Were there any key moments or influential figures that shaped her path?

Reflect on your own academic or personal journey. Can you identify a pivotal moment or person who influenced your choices?

Significant Achievements and Contributions:

What does Eleni Valavani consider her most significant achievement in the field of aeronautics and astronautics? How does she hope to impact future generations in STEAM?

What are some goals or contributions you hope to achieve in your own career, and how do you think they could influence others?

Challenges and Overcoming Them:

Eleni Valavani faced significant challenges in her career, including bias and discrimination. How did she overcome these obstacles, and how did they shape her professional growth?





Think about a challenge you have faced. How did you address it, and what did you learn from the experience that helped you grow?

Advice for Young Women in STEAM:

What advice does Eleni Valavani offer to young girls interested in STEAM but hesitant due to stereotypes? How does she encourage them to push past barriers?

How can you apply her advice to your own life or help others who may face similar doubts in pursuing their passions?

Future of Women in STEAM:

How does Eleni Valavani envision the future of women in STEAM? What changes does she believe are necessary for creating a more inclusive environment? In what ways can educational institutions or communities better support women and other underrepresented groups in STEAM fields?

