

# **ANNUAL REPORT 2008**

&

NOTICE OF MEETING



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Internet: <u>www.ultraoz.com</u>

## **ANNUAL REPORT - 2008**

#### Dear Members

Your committee is pleased to report on the activities of your Association for the financial year ended 31 December 2008.

# **OVERVIEW AND FUTURE DIRECTION**

The purpose of your Association is to promote the sport of ultra-running; that is events longer than a standard marathon. In this regard, your committee is desirous of attracting more runners to ultra events in the first instance; secondly, in improving the quality of performances and thirdly, of ensuring that the athletes remember the event as a satisfying experience.

Your committee is pleased to report that the number of participants in ultra marathons in Australia has continued to increase. The numbers contesting our various races are at record levels, the numbers of races are at record levels and new race records are being set in almost every event on the calendar.

It is also important to ensure that we compete on the international stage at a reasonable level. The fact that we have continued to improve our position at world championships these past 3-4 years is no accident. The athletes selected to represent your country and AURA have competed with distinction. In this respect I am pleased to report that, for the first time, The Commonwealth Games Federation has recognised the 100k and 24 hour races and the inaugural Commonwealth championships of these events will be held in Keswick, Cumbria UK this coming September. Based on recent performance our rep teams stand a great chance of securing podium finishes in the men"s and women's teams for both events. Assuming these champiosnhips will be successful, there is a good chance that these two events will be included in future Commonwealth Games and ultimately the Olympics.

We have come a long way in the past few years and it is a great tribute to our elite athletes, our members, our various race organisers & their volunteers and our administration.

# **RACE CALENDAR**

We make no apology for our policy regarding the acceptance of races for inclusion in our race calendar. We attempt to ensure that such races are conducted to a reasonable standard and we actively promote those races that are included our calendar.

In particular we are proud of our partnership with the major events Six Foot Track marathon, Canberra marathon and 50k, Wild Endurance 100, The North Face 100 and the Kokoda Challenge.

We also acknowledge the smaller races and thank those race directors and their volunteers who so unselfishly give up their time to organise and conduct these races. It is not an easy task.

In particular, we welcome the following new races to our race calendar for the 2008 year and thank the Race Organisers concerned for taking on this responsibility.

Australian Alpine 100 March Paul Ashton
The North Face 100 May Diane Chanut

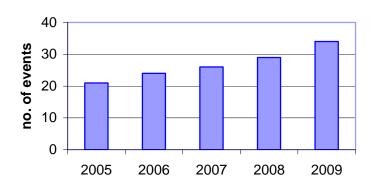
The Tan 100 August Nick Thompson

And the following for 2009

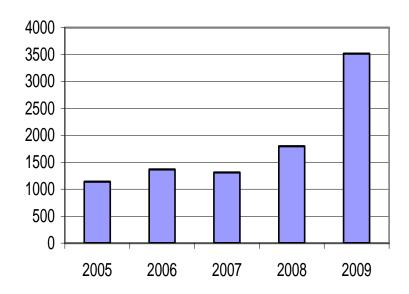
Narabeen Allnighter, January Launceston 6 hour, January Wild Endurance 100, May The Kokoda Challenge, July Yurrebilla trail 56k, August Ron Schwebel Dave Brelsford Diane Chanut Doug Henderson David Close

We also have a few changes in Race Directors and I (Ian Cornelius) would personally like to thank Geoff Williams for taking over the National 48hr championships, Peter Hall for taking over the national 100k championships & the Kurrawa 50k and Paul Chamberlain for taking over the Tamborine Trek. My business commitments have grown to the point where I cannot do justice in continuing to organise these events.

# **AURA** sanctioned events



# participants in AURA sanctioned events



#### **INTERNATIONAL COMPETITION**

# IAU 50km trophy race

The IAU 50km trophy race was not held in 2008 but is scheduled to be held again on 31<sup>st</sup> October 2009 in Gibraltar.

# **IAU 100km World Cup**

Australia fielded a team at the IAU 100km World Cup held at Tarquinia, Italy in November 2008.

# Results were:-

Men

Pos'n	Name	Time
35	Dean Cook	7:47
37	Jo Blake	7:51
46	Tim Cochrane	8:00
75	Magnus Michelsson	9:07
85	Dave Eadie	9:35
DNF	Darren Benson (Inj)	
9th	Team aggregate (1 <sup>st</sup> 3 to count)	23:38

#### Women

Pos'n	Name	Time
34	Kerrie Bremner	9:00 (PB)
37	Susannah Harvey-Jamieson	9:08 (PB)
46	Vivienne Kartsounis	10:14
52	Sharon Callister	10:54 (PB)
8 <sup>th</sup>	Team aggregate (1 <sup>st</sup> 3 to count)	28:22

The next IAU 100km World challenge will be held in Belgium in June 2009.

# **IAU 24 hour World Cup**

Australia fielded a mens team to contest the 24 hour event in Seoul, South Korea on 18 October 2008, and Deanne Nobbs competed in the women's event.

Results were:-

# Men

Pos'n	Name	Time
9	Martin Frver	247.186
19	Mick Francis	231.648
56	Tim Cochrane	195.950
61	John Pearson	192.201
66	David Waugh	188.366
88	Paul Every	146.689
6th	Team aggregate (1st 3 to count)	674.784
Womer	١	
Pos'n	Name	Time
19	Deanne Nobbs	196.512

The next 24 hour WC will be held at Bergamo, Italy on 2<sup>nd</sup> May 2009.

## IAU Trail World Challenge

The IAU Trail World Challenge was not held in 2008. The next IAU Trail World Challenge will be held in France on 12 July 2009.

Congratulations to all of our athletes who represented us in international competition.

# **NATIONAL CHAMPIONSHIPS**

To be eligible to contest the AURA national championships, the athletes must normally be a resident of Australia and must be a member of AURA. They need not be citizens of Australia for purposes of our championships. For purposes of Athletics Australia championships (50 km and 100 km road) they need to be Australian citizens (and fulfill other criteria) and to represent Australia in international competition in events conducted under the auspices of the IAAF (in our case the IAU 100km World championship) and they also need to be Australian citizens.

# 50 km road - held in Canberra on 13 April 2008

# Women-

1	Jackie Fairweather	ACT	40	3:19:12
2	Kerrie Bremner	ACT	42	4:01:16
3	Deanne Nobbs	VIC	49	4:13:11

# <u>Men-</u>

1	Mark Tucker	VIC	28	2:53:47
2	David Criniti	NSW	29	2:58:21
3	Tim Cochrane	NSW	27	3:13:16

#### 100 km road - held on the Gold Coast on 8 June 2008

#### Women-

1	Kerrie Bremner	9:14:50
2	Deanne Nobbs	9:35:44
3	Susannah .Harvey-Jamieson	9:55:44

#### Men-

1	David Eadie	7:40:18
2	Dean Cook	8:06:38
3	Paul Every	8:27:01

#### 24 hour track - held in Adelaide on 4-5 October 2008

# Women -

1	Erin Kreiss	140.434km
<u>Men –</u>		
1	Colin Brooks	182.347km
2	Tony Collins	176.712km
3	Malcolm Gamble	174.458

## 48 hour track – held at Caboolture on 29-31 August 2008

# Women - no female starters

# Men-

1	Martin Fryer	393.504km
2	Tony Collins	280.108km
3	David Billett	270.098km

#### 6 day track - event not held

# **Trail Race Championship**

The event selected for 2008 was the Six Foot Track Marathon held on 8 March 2008. Non-AURA members were given raceday membership, as part of our arrangements with the race organisers.

#### Placegetters were

#### Women -

1	Vanessa Haverd	4:00:30
2	Suzanne Kelly	4:04:26
3	Dearne Fulcher	4:15:40

#### Men -

1	Barry Keem	3:23:13
2	Matthew Robbie	3:25:16
3	Neil Labinsky	3:31:39

# **RECORD ACHIEVEMENTS**

The following records were broken during the year under review:-

#### Men's Road

Mark Tucker 50km Canberra 2:53:47 - open record

## Women's Road

Jackie Fairweather 50km Canberra 3:19:12
World W40 record and Australian Open and W40 record

#### **OPERATIONS**

**Records.** David Billett has the unenviable and painstaking task of seeking out race results from race directors, sifting through the results to determine who are AURA members, allocating the appropriate number of points, checking for records, scrutinising lapsheets etc. Thanks to David for a job well done. Full details appear of records awarded and points gained appear in each issue of Utramag and on our website.

100, 200 & 250 Club. This award is made to those who have achieved 100 mile, 200 km and 250 km in 24 hours track. To qualify it is essential that the feat be achieved on a standard athletic track or, if on a road course, then one that has been properly measured by AURA. It will also need to be performed in a race (not a solo run) and verified by the Race Director. Those who achieve this feat will be included in the 100, 200 or 250 Club listing which will appear from time to time in AURA's official publication, Ultramag and on the website. A commemorative polo shirt is available for purchase. Runners who have achieved this feat in the past will be automatically recognised.

**Ultramag.** Kevin Cassidy has done a superb job these past 8 years in producing Ultramag, AURA's official publication. The magazine, produced quarterly, contains details of forthcoming races, race results, race reports, various stories, pictures and details of records. The publication has been upgraded to include more pics and a colour cover. There will be some advertising content, the purpose of which is to defray costs of publication. The magazine is far more attractive with the colour content. Kevin has recently stood down from this position and has been replaced by Julia Thorn. We thank Kevin for his great conribution and welcome Julia as his replacement. We also thank Bruce and Sue Cook for their skills in assembling and printing the magazine.

**Website.** The website at <u>www.aura.asn.au</u> was launched early in the 2007 year. There is a wealth of information on the website, including race calendar, race results, records and stories.

**Running apparel.** A new range of apparel is available including polo shirts, AURA 100 club shirts, tee shirts, running singlets and caps. Please support AURA by wearing this apparel at the events you contest. For further information contact the clothing officer, Sandra Howorth on 0407 301 058.

# **AWARDS AND PRIZES**

# Male Ultra Athlete of the Year.....Martin Fryer (ACT)

Martin's achievements in 2008 included three world-class performances. In March he ran 245.92K in the North Face 24h treadmill Challenge, which placed him third on the all-time World 24h treadmill rankings. In August he set an Australian record of 393.504K at the Caboolture 48h event, which was the 6<sup>th</sup> best performance in the World for 2008 and placed him as the 4<sup>th</sup> ranked runner in that category. He completed his year in October with a top ten finish in the World 24h Championships in Korea with a PB of 247.187K. Outside of these major performances he also ran a credible 4h 38 min to take out 2<sup>nd</sup> place in the Canberra Bush Capital 60K trail event in July. As a result of his performances he has been invited to contest the prestigious Surgeres 48 hour race in May 2009, considered by many as the unofficial world championship. Martin has captained recent teams to contest the IAU 24 hour World Challenge and has always represented Australia with distinction.

# Female Ultra Athlete of the Year.....Kerrie Bremner (ACT)

Kerrie had an outstanding 2008 with a series of impressive results over distances ranging from 50K to over 220K. March saw her take 2<sup>nd</sup> place female at the Canberra 50K in 4h 01 min. In June she became the Australian Women's 100K Champion by running a solid 9h 14min on her 100K debut at the Gold Coast. Kerrie placed 34<sup>th</sup> and was the best performed Australian female at the World 100K Championships in Italy in November, just missing out on breaking the 9h barrier. Only 5 weeks later she backed up to finish first female at the Coast to Kosciusko race (reduced to 220K due to inclement weather) in a time of 33h 8 min, well on her way to smashing the existing women's full course record of 40h 27 min. This was Kerrie's first venture over 100K and included a sub 21h 100 mile split en route and a 180K distance split at 24h. Outside of these major performances Kerrie also finished first female at the Canberra Bush Capital 60K trail event in July in a time of 5h 35min.

# Rising star award.....Nathan Fawkes (WA)

The Rising Star award is awarded to the ultra runner of 25 years and under (male or female) with the most impressive performances for the year. Nathan Fawkes continued his Rising Star status with a series of PBs and fine performances across 2008. He started the year with a PB and 4th place at the Perth 40 miler (5:43) and followed up in May with another PB of 4:02 at the Bunbury 50k to place 3rd Male. Nathan ran an impressive debut 24h track race with 180.63k and 2<sup>nd</sup> place at Caboolture in August. He finished off a great year with a 4th place in the Six Inch Track 45K Ultra (WA), just missing the 4 hour barrier.

# Bryan Smith Award.....Martin Fryer

The Bryan Smith award is awarded to the ultra athlete with the best 24 hour performance for the year. That person was Martin Fryer, with 247.189km achieved at the 24 hour World Challenge held in Korea in October 2008.

# Cliff Young Gumboot award.....Tony Collins

The Cliff Young award is made to the athlete of 60 years and over with the best 24 hour performance for the year. That person was Tony Collins with 176.712 km achieved at Adelaide in October 2008.

#### AURA aggregate points competition.....Robert Boyce

This competition is based on a complex formula with points being awarded for wins and placings, bonuses where the races are AURA championships, bonuses for world class performances, bonuses for Australian and world records and points per km for distances run. The winner for 2008 was Robert Boyce with 85 points followed by Kim Cook (71), Malcolm Gamble (69), Tim Cochrane (67) and Kelvin Marshall (66). More details are at http://www.aura.asn.au/data/AURA\_PointsRace\_31-12-08.pdf

#### **STATUTORY**

#### **Committee Members**

The names of the executive committee members throughout the year and at the date of this report are:

Ian Cornelius, President Robert Boyce, Vice President Jonathan Blake, Secretary & Treasurer Brett Saxon, Assistant Secretary & Treasurer

## **Principal Activities**

The principal activities of the association during the financial year were to encourage the development of, and participation in ultra running within Australia and to support national teams representing Australia at IAU World Cup and other international events.

# Significant Changes

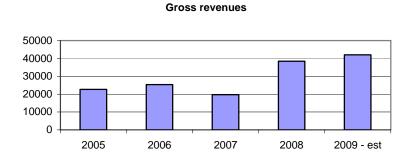
No significant change in the nature of these activities occurred during the year.

#### **Operating Result**

The profit after providing for income tax amounted to \$3,940.

#### **FINANCIAL & LEGAL**

**Results and position.** The accompanying statements of account reveal a surplus of income over expenditure of \$3,940 (2007, expenditure exceeded income by \$7,007). We were able to obtain additional sponsorship income for our 100km and 24Hr teams this year and corresponding expenses have increased accordingly. Athletics Australia was unable to provide any financial support in 2008. Stock of clothing at year end is not brought to account.



Travel costs for sending teams overseas amounted to \$8,000. Your committee is very proud of the fact that we have been able to make a meaningful contribution to the cost of sending representative teams overseas, and this year we supported more athletes than ever before.

Net assets at year end amounted to \$9,006 compared with \$5,066 at the end of the previous year. Overall, your Association's financial position, when considered in conjunction with planned initiatives, is considered to be quite sound.

## Memberships.

Memberships at year end remained steady despite the need to increase membership fees for the 2008 year. It is hoped that with more and more publicity for events that event numbers will continue to increase, as well as the number of AURA members. Members are asked to encourage others to join. It is considered that AURA offers a considerable amount for its members with the new colour magazine, championship races, rankings, records, 100 club, points race, various awards etc.

# **APPRECIATION**

Because of increased business commitments, I will not be standing for re-election at the forthcoming AGM. I am proud of the progress we have made these past 7 years. I leave the post with AURA in a sound financial position and with a momentum which should enable it to continue to grow and be the dominant force in the promotion of utra running in Australia. None of this would have been possible without the efforts of a very dedicated committee, headed by Robert Boyce (Vice- President), Jo Blake (Secretary & Treasurer) Brett Saxon (Membership Secretary) and David Billett (Records Officer). I also acknowledge the tremendous job done by David Criniti as membership secretary these past 8 years. The other committee members have all made meaningful contributions from time to time. I also acknowledge the many very committed and dedicated race organisers and of course you the members. My sincere thanks to every single one of you and to our various partners. I expect to continue as a reasonably active Immediate Past President and IAU delegate.

Signed in accordance with a resolution of the Members of the Committee.

Ian Cornelius - President

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Dated this 25th day of March 2009

# AUSTRALIAN ULTRA RUNNERS ASSOCIATION INC. INCOME STATEMENT FOR THE YEAR ENDED 31 DECEMBER 2008

		2008	2007
	Note	\$	\$
INCOME			
Subscriptions - Members		18,431	15,700
Subscriptions - Event Listing & Insurance		8,126	2,140
Advertising		1,150	800
Clothing sales	1c	500	500
Donations		-	230
Interest received		341	317
Sponsorships - North Face		5,000	-
Sponsorships - Sportsnet		750	-
Sponsorships - 100km Team Net of Clothing Cost		848	
Total income		35,146	19,687
EXPENDITURE			
AURA Point Score Prizes	1e	3,000	-
Bank fees and charges		29	924
Clothing purchases		1,556	3,190
Insurance	1d	3,596	-
Postage		318	227
IAU Subscription		251	-
Travel expense - AUS Teams		8,000	6,400
Travel reimbursement		220	-
Trophies and certificates		1,111	1,724
Ultramag costs		12,741	14,229
Website hosting		384	
Total expenditure		31,206	26,694
Profits before income tax		3,940	- 7,007
Income tax expense	1a		
Profits after income tax		3,940	- 7,007
RETAINED PROFITS AT START OF THE YEAR		5,066	12,073
RETAINED PROFITS AT END OF THE YEAR		9,006	5,066

# **AUDITOR'S REPORT**

I have audited the accompanying statements of Incomeand Expenditure for the year ended 31 December 2008.

In my opinion the statements are correct and disclose a true and fair view of the transactions upon the accounts of Australian Ultra Runners Association Inc for the year ended 31 December 2008.

Lindsay W Hay F.N.I.A

Lindsay W Hay & Associates Pty Ltd
Accountants & Taxation Consultants
Suite 21, 456 St Kilda Road, Melbourne, Victoria. Tel 03 9866 1400, Fax 03 9866 3027
A.B.N.41 005 757 951

The accompanying notes form part of this financial report

# AUSTRALIAN ULTRA RUNNERS ASSOCIATION INC. BALANCE SHEET AT 31 DECEMBER 2008

		2008	2007
	Note	\$	\$
CURRENT ASSETS			
Cash at Bank - Westpac IBD		4,998	2,500
Cash at Bank - Westpac Maxi Direct		5,063	4,787
Stock on Hand	2	-	-
Trade Debtors		4,930	1,100
TOTAL CURRENT ASSETS		14,992	8,387
TOTAL ASSETS		14,992	8,387
CURRENT LIABILITIES			_
Trade Creditors		2,986	3,321
Accruals		3,000	-
TOTAL CURRENT LIABILITIES		5,986	3,321
TOTAL LIABILITIES		5,986	3,321
NET ASSETS		9,006	5,066
MEMBERS' FUNDS	_		
Retained profits		9,006	5,066
TOTAL MEMBER FUNDS	_	9,006	5,066

#### NOTES TO THE FINANCIAL STATEMENTS

# **Note 1: Statement of Significant Accounting Policies**

This financial report is a special purpose financial report prepared in order to satisfy the financial reporting requirements of the Associations Incorporation Act (Victoria). The committee has determined that the association is not a reporting entity.

The financial report has been prepared in accordance with the requirements of the Associations Incorporation Act (Victoria) and the following Australian Accounting Standards:

AASB 1031 Materiality

AASB 110 Events after the Balance Sheet Date

No other applicable Accounting Standards, Australian Accounting Interpretations or other authoritative pronouncements of the Australian Accounting Standards Board have been applied. The financial report has been prepared on an accruals basis and is based on historical costs and does not take into account changing money values, or, except where specifically stated, current valuations of non-current assets.

The following material accounting policies, which are consistent with the previous period unless otherwise stated, have been adopted in the preparation of this financial report.

#### a. Income Tax

The Association is not registered for income tax purposes on the basis that revenue is exempt from income tax under s 50-45 of the Income Tax Assessment Act 1997 and the principle of mutuality.

#### b. Stock on Hand

Stock purchased is expensed in the year of purchase. It is acknowledged that there is a value to stock held by the Association at the end of the financial year and this estimation of value is recorded in the Notes to the Financial Statements.

# c. Clothing sales

Clothing sales were made as part of annual subscriptions by members. A notional value of \$500 has been recorded for reporting purposes.

# AUSTRALIAN ULTRA RUNNERS ASSOCIATION INC. NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2008

2008 2007 \$ \$

# Note 1: Statement of Significant Accounting Policies (cont)

d. Insurance

In the 2007 comparatives, insurance was disclosed net of recoveries.

e. AURA Points Competition Prizes

AURA Points Competition Prizes are recognised when paid as the prize lapses if not used within 12 months.

Note 2: Stock on Hand

**AURA Labelled Clothing** 

5,000	6,000
5,000	6,000

Book value is \$Nil - refer Note 1b

# AUSTRALIAN ULTRA RUNNERS ASSOCIATION INC. STATEMENT BY MEMBERS OF THE COMMITTEE

The committee has determined that the association is not a reporting entity and that this special purpose financial report should be prepared in accordance with the accounting policies outlined in Note 1 to the financial statements.

In the opinion of the committee the financial report as set out herein

- 1 Presents a true and fair view of the financial position of the Australian Ultra Runners Association Inc. as at 31 December 2008 and its performance for the year ended on that date.
- At the date of this statement, there are reasonable grounds to believe that the Australian Ultra Runners Association Inc. will be able to pay its debts as and when they fall due.

This statement is made in accordance with a resolution of the Committee and is signed for and on behalf of the Committee by:

Ian Cornelius - President

Jonathan Blake - Treasurer

Dated this 23rd day of March 2009

# **AURA - ROLL OF HONOUR**

Procident		
President	Coeff Hook	
1987 – 2000	Geoff Hook	
2000 - 2001	Paul Ashton Gary Parsons	
2001 - 2002		
2002 - 2009 Wise President	Ian Cornelius	
Vice President	Tany Defferty	
1987 - 2000	Tony Rafferty	
2000 - 2004	Nigel Aylott	
2004 - 2005	Phil Essam	
2006 - 2007	Paul Every	
2007	Kevin Cassidy	
2008 -	Robert Boyce	
Secretary		
1987 - 2000	Dot Browne	
2000 - 2002	Phil Essam	
2002 - 2004	lan Clarke	
2005 - 2005	Fred Brooks	
2005 - 2007	Sandra Howorth	
2007 -	Jonathan Blake	
Treasurer		
1987 - 2000	Colin Browne	
2000 - 2001	Sheila Hunter	
2001 - 2003	Graham Ives	
2004 - 2007	Warren Holst	
2008	Jonathan Blake	
Ultra Athlete of the Year – (introduced 2002)		
2002	Yiannis Kouros, no female award	
2003	Yiannis Kouros, no female award	
2004	David Criniti, no female award	
2005	Jonathan Blake, Emma Murray	
2006	Kelvin Marshall, Siri Terjesen	
2007	Tim Cochrane, June Petrie	
2008	Martin Fryer, Kerrie Bremner	
2008 Rising star award – (introduced 2004)	Martin Fryer, Kerrie Bremner	
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#### **NOTICE OF ANNUAL GENERAL MEETING & PRIZEGIVING**

NOTICE is hereby given that the 23rd Annual General Meeting of the Australian Ultra Runners Association Inc will be held at 12 Horseshoe Bend Road, Keilor, Victoria at 7:00 pm on Friday 29 May 2009 to consider the following business

- 1. to confirm the minutes of the last Annual General Meeting, held on 18 April 2008.
- 2. to consider and, if thought fit, to approve the Report of the Committee for the year ended 31 December 2008.
- 3. to consider and, if thought, fit to approve the Financial Statements of Account for the year ended 31 December 2008.
- 4. to elect office bearers and committee members. In this regard, the following positions become vacant and nominations are sought

President
Vice President
Secretary
Assistant secretary
Treasurer
State representatives
ACT
NSW
Qld
SA
Tas
Vic

WA

Nominations. Financial members are entitled to nominate for any of the above positions. Such nominations should be in writing, signed by two members of the Association and accompanied by the written consent of the candidate. In accordance with our Rules, such nominations should be sent to the above address not less than 21 days before the date of the meeting. Members are encouraged to become involved in the running of your Association.

5. To appoint an auditor. Mr Lindsay Hay kindly offers himself for re-appointment.

#### **PROXIES**

Members are entitled to appoint a proxy who may attend and vote in their stead. The form of proxy needs to be as is set out on the following page and needs to be lodged not later than 24 hours before the holding of the meeting. A form of proxy is attached hereto. Members are encouraged to complete and send their proxies.

# **AWARDS**

Awards will be made at the conclusion of the meeting for the following

Ultra athletes of the year, Rising Star Awards, the Bryan Smith medal, the Cliff Young Gumboot Award and the AURA points winner.

Dated this 25th day of March 2009

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On behalf of the Committee

President

Secretary

#### NOMINATION FOR ELECTION TO THE COMMITTEE

I hereby nominate for election to the Committee for the position of To be determined at the Annual General Meeting to be held in Melbourne on Friday 8 May 2009. Name Signature Address Proposer Signature Seconder Signature Send to Box 282 Runaway Bay Qld 4216 by 30 April 2009 FORM OF APPOINTMENT OF PROXY I, ..... of ..... being a member of AUSTRALIAN ULTRA RUNNERS' ASSOCIATION INC hereby appoint ..... of .... being a member of that Incorporated Association, as my proxy to vote for me on my behalf at the general meeting of the Association (annual general meeting or special general meeting, as the case may be) to be my proxy fails to attend the meeting, I appoint the Chairman of the meeting to be my proxy. My proxy is authorised to vote for the resolution(s) as follows. (Tick one box) At discretion For **Against** of proxy Motion 1- approve minutes 2006 Motion 2 - accept report of committee Motion 3 - accept statements of account Motion 4 - election of office-bearers Motion 5 – appointment of auditor Date: ...../20..... Signed: ..... This form must be sent to the Australian Ultra Runners' Association Inc. at PO Box 282 Runaway Bay Qld 4216, to arrive no later than 48 hours before the scheduled time of the meeting. NOTES: 1. If you do not know of a person who will be attending the meeting, you may appoint the "Chairman of the Meeting" in which case an address is not required.

- 2. If you fail to specify your intentions clearly, the proxy vote will be informal.
- Only members who are not unfinancial are entitled to vote. (A member becomes unfinancial if his annual subscription is unpaid after a period of 3 months has elapsed from its due date.)

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