Annual report – 2011

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PO Box 119 Keilor, VIC 3036 www.aura.asn.au

ANNUAL REPORT - 2011

Dear Members.

Your committee is pleased to report on the activities of your association for the financial year ended 31 December 2011.

OVERVIEW AND FUTURE DIRECTION

The purpose of your association is to promote the sport of ultra running. Your committee is working on many fronts to attract more runners to ultra events, to have more events of a high standard that will lead to memorable experiences, and to help to improve the quality of performance of our runners.

More than a thousand ultra races were held around the world last year with over a hundred thousand ultra runner finishes. Your committee is proud to report that AURA sanctioned 46 events throughout Australia in 2011 and expects to sanction several more in 2012, giving members greater opportunity to participate. The numbers contesting our various races are at record levels, with trail races leading the way.

We are one of over 50 federations in the IAU and have again been successful on the international stage, competing in three events last year: the IAU Trail World Championships in Connemara, Ireland, the IAU 100km World Championships in Winschoten, Netherlands, and the Commonwealth Mountain and Ultra Distance Championships in Llandudno, Wales.

The second Commonwealth Championships were outstanding for Australia, with individual and team podium finishes. The Commonwealth Championships are going from strength to strength with a big push to get ultra running in the upcoming Commonwealth Games in 2018. We are one of many associations working toward this goal.

We have come a long way in the past few years and it is a great tribute to our athletes, our members, our various race organisers and their volunteers, and our administration.

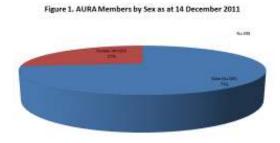
OVERVIEW AND FUTURE DIRECTION, continued

We are pleased to include additional analyses in this report, providing information on our membership, races, and results. This information is useful for planning and management and for general interest. Your committee is pleased to report for the following:

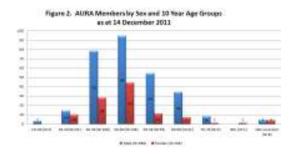
- Current members totalled 395 on 14 December 2011 with 73% being male and 27% female. (See Section 1)
- The number of (AURA sanctioned) ultra races increased 20% from 2010 to 2011 compared to a drop of 5% in Australian marathons* (*Source data: http://ausrunning.net/marathons/statistics/number-of-marathons-and-finishers.php). Ultra trail events were up 28% and road events were up 25%. The growth was mainly in the 50km (trail 80%, road 100%) and 100km distances (trail 29%, road 33%). (See Section 2)
- The number of finishers in (AURA sanctioned) ultra races was up 17% from 2010 compared to an increase of just 7% in marathons* (*Source data: http://ausrunning.net/marathons/statistics/number-of-marathons-and-finishers.php). Of the ultra finishers, the growth was 45% in road events and 16% in trail. (See Section 2)
- New race records are being set in almost every event on the calendar (See Section 3).
- The athletes selected to represent your country and AURA at international championship events have competed with distinction. Detailed results appear in Sections 4 through 6 in this report, highlighting team podium silver and bronze medals and an individual silver medal.
- National AURA awards and prizes are listed in Section 7.

1. Membership at a Glance

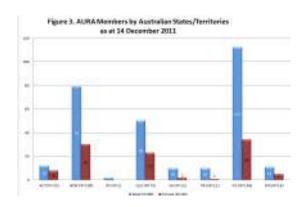
There were 395 members as at 14 December 2011. Seventy-three percent were male and 27% were female (Figure 1).



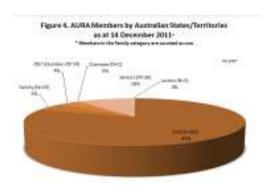
The majority of members were in the 40-49 year age group (Figure 2). The median age for males was 45 and for females was 42.



Thirty-seven percent of the members resided in VIC followed by 28% in NSW and 19% in QLD (Figure 3).

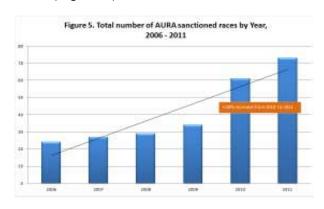


Types of memberships held: 81% Full, 10% Senior, and 5% Family (Figure 4).

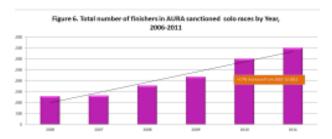


2. Number of Races and Finishers

The number of races sanctioned by AURA has steadily increased. There was a 20% increase (from 61 to 73 various distances on offer in sanctioned races) between 2010 and 2011 (Figure 5).



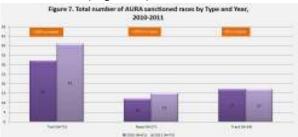
The number of finishers has also increased markedly since 2006. There was an increase of 17% between 2010 and 2011 (Figure 6).



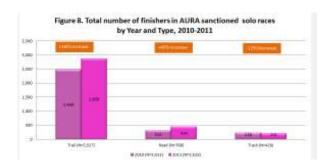
Below are the breakdown of the number of races and finishers (solo race) by type (trail, road and track), length (distance and duration), states and season.

2.1 By Type and Distance

The increase in the number of sanctioned races from 2010 to 2011 came from trail events (28% increase) and road events (25%). There was no change in number of track events (Figure 7).



The number of finishers in solo races grew in road events (45%) and trail events (16%) between 2010 and 2011. There was a 13% drop in track participation (Figure 8).



In trail races, growth was in the distances of 50km (up 80%), 100km (up 29%) and 51-99km (up 23%) (Figure 9).



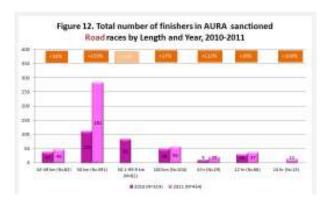
The number of finishers in 2011 also increased in all races except 50 miles (due to cancellation of Wilson's Prom). The greatest increase in finishers was in the distances of 50km (up 59%), 100km (up 27%) and 51-99km (up 15%) (Figure 10).



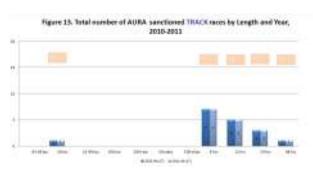
In road races, the pattern of increase in the number of races by distance is similar to the trail races with the biggest increase in the distance of 50km (up 100%), 100km (up 33%) and 24 hr (up 100%) (Figure 11).



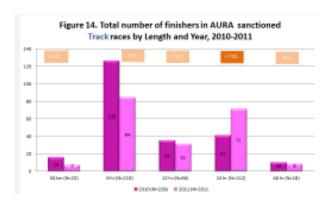
The number of finishers in road races increased in 50km events (up 159%), 6hr events (up 122%) and 12hr events (up 28%) (Figure 12). There was a 100% increase in the 24hr road distance (due to the addition of the Adelaide 24hr race) and a 100% drop in the 50.1-99 km distances (due to the cancellation of Frankston to Portsea and The Tan Ultra changing from a 53.5km course to a 50km course in 2011). (Figure 12).



In track races, there was no change in the number of races (Figure 13).

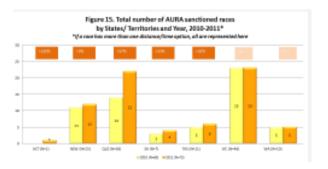


The number of finishers/participants decreased in all types of track events except 24hr (73% increase) from 2010 to 2011 (Figure 14).

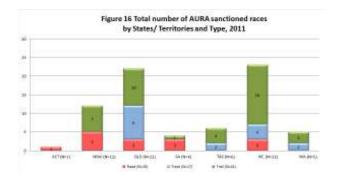


2.2 By States

In 2011, 32% of races were in Victoria, followed by QLD (30%) and NSW (16%). The greatest increase in number of races from 2010 to 2011 was in QLD (up 57%), SA (up 33%) and TAS (up 20%) (Figure 15).

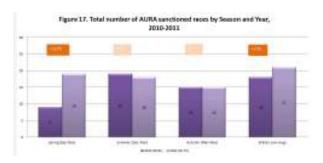


In 2011, the majority of the races in all states were trail: NSW (58%), QLD (45%), SA (25%), TAS (67%), VIC (70%) and WA (60%) (Figure 16).

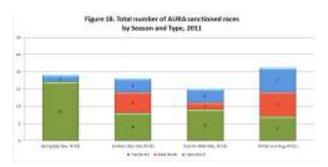


2.3 By Season

Most of the races (29%) were held in winter (June-August). However, there was a sizeable increase in spring races (111%) from 2010 to 2011 (Figure 17).



In 2011, there were track and trail races in all seasons. The proportion of races (road, track, trail) was the same over winter (Figure 18).



3. Race Results

Tables 1 through 4 provide a summary of race results by distance and type in 2011. Tables 1 and 3 show the median finishing time/distance in all races for males and females. Tables 2 and 4 show the results of the fastest performance in the races by finishing time/distance for males and females.

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48 to (\$11, Planters*15)			20.39
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R Int (FFR, Planters 104)		69.27	
12 hrs (NYS, Planners * 120)		147.40	
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48 for (911, Planners 15)			38.4
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			5.320
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	7.47.49		
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4. International Competition Results

22 33 3

4.1 IAU World 24hr Championships

Due to an unfortunate conflict with bookings at the host venue in Switzerland, the World 24hr Championships were cancelled in 2011.

4.2 IAU 100km World Championships

The 25th IAU 100 km World Championships were held on 10 September 2011 in Winschoten, the Netherlands. The World and European Championships have been held here many times over the past 20 years. A flat 10km circuit weaves its way through the town, bringing the race to the community. With over 3,000 competitors, it is a great event to be a part of.

Captain Andrew Heyden was competing in his second championship with first timers Marita Eisler and Tressa Lindenberg. It was a great day for Andrew and Marita, both setting PBs, with Tressa working hard to finish not far behind Marita.

Women

Position (out of 50)	Name	Time
34	Marita Eisler*	9:05:31
36	Tressa Lindenberg	9:18:11

* Personal Best

Men

Position (out of 96)	Name	Time
36	Andrew Heyden*	7:39:35

^{*} Personal Best

4.3 IAU Trail World Championships

The IAU Trail World Championships were held at Connemara, Ireland on 9 July 2011.

We had two first time Australian representatives, Kevin Mannix (Captain) and Allan Hood. On a very difficult 70km course, both gave their best to finish in good times.

Men

Position (out of 80)	Name	Time
43	Kevin Mannix	8:03:57
60	Allan Hood	8:56:22

4.4 IAU World 50k Trophy

Since its inception in 2007, we have had seven athletes contest this invitation-only event. Unfortunately, our sole representative for the 20 August 2011 event in Assen, the Netherlands was unable to compete. This was to be June Petrie's 4th Trophy Cup, but she suffered thrombosis in her leg after her overseas flight. Despite the disappointment, June and her husband represented Australia by volunteering on the day.

5. Commonwealth Mountain and Ultra Distance Championships

The 2nd Commonwealth Championships were held at Conway, North Wales from 22 to 25 September 2011 and were a fantastic success.

5.1 Commonwealth 24hr Race

The 24hr race was held on a street circuit in town, which made great viewing for the public. We achieved excellent results at this very competitive event.

David Kennedy, on debut, had a great run with individual second place in the men's race (236.929km) and Meredith Quinlan finished third place in the women's race with 217.631km. Together, the female team of Meredith Quinlan, Susannah Harvey-Jamieson, and Sharon Scholz achieved a team female silver medal for Australia.

Women

Position*	Name	Km
3	Meredith Quinlan	217.631
6	Susannah Harvey- Jamieson	204.373
8	Sharon Scholz	197.186

*Team Podium Silver

Men

Position	Name	Km
2	Dave	236.929
	Kennedy	
7	Anthony	219.868
	Courtney	
13	John Pearson	204.328
17	Rick Cooke	190.486
21	Jo Blake	172.005

5.2 Ultra Trail Race

The addition of an ultra trail race was one of the highlights of the event. On the trail teams we had almost all first time representatives, with only Brendan Davis (Captain) having run at the last Commonwealths.

Mick Donges and Jonathan Worswick made up the remainder of the three person men's team. Very solid finishes for Brendan (4th) and Mick (5th), helped the team of three secure a bronze medal.

A strong women's team, with Kirstin Bull finishing 3rd (individual bronze medal), Kate Seibold-Crosbie 8th, Verity Breen 10th and Cindy Hasthorpe 14th, earned them a team bronze medal.

Women

Position*	Name	Time
3	Kirstin Bull	4:09:53
8	Kate Seibold-Crosbie	4:32:09
10	Verity Breen	4:36:39
14	Cindy Hasthorpe	4:50:28

*Team Podium Bronze

Men

Position*	Name	Time
4	Brendan Davies	3:38:57
5	Mick Donges	3:40:11
16	Jonathan Worswick	3:57:24

^{*}Team Podium Bronze

6. National Championships

AURA holds National Championships within five of its sanctioned races each year: a 50km road championship, a 100km road championship, a 24hr championship, a 48hr championship, and a trail championship. To be eligible for these awards, competitors must be AURA members and Australian citizens at the time of the event.

6.1 **50km** Road

The AURA 50km Road Championship was held on 10 April 2011 in Canberra.

Women

Position	Name	Km
1	Cindy Hasthorpe	3:56:32
2	Natasha Frase	3:58:20
3	Pam Muston	4:31:38

Men

Position	Name	Km
1	Anthony Tuckey	3:08:12
2	Andrew Heyden	3:16:28
3	David Fraser	3:50:39

6.2 100km Road

The Gold Coast 100 held the concurrent AURA and AA 100km National Championship on 12 June 2011.

Women

Position	Name	Time
1	Tressa Lindenberg	8:08:27
2	Marita Eisler	9:10:33
3	Jessica Robson	10:13:33

Men

Position	Name	Time
1	David Eadie	8:02:48
2	Jason Dunn	8:33:42
3	Laurie Laine	9:15:08

6.3 24hr

Following the cancellation of the Sri Chinmoy 24hr race scheduled to be held on 18 June, the AURA 24hr National Championships were held at the Coburg 24hr on 16 April 2011.

Women

Position	Name	Km
1	Kerrie Bremner	203.020
2	Natalie Jennings	129.200

Men

Position	Name	Km
1	Rick Cooke	216.428
2	Trevor Allen	206.417
3	Justin Scholz	203.378

6.4 48hr

The Caboolture 24/48hr, host of the AURA 48hr National Championship, was held on 29 July 2011.

Women

Position	Name	Km
1	Natalie Jennings	277.55

Men

Position	Name	Km
1	Martin Fryer	388.429
2	Trevor Allen	278.731
3	Chris Kelly	274.534

6.5 Trail Championships

This National event was held within the Six Foot Track race on 12 March 2011.

Women

Position	Name	Time
1	Beth Cardelli	4:10:06
2	Angela Bateup	4:21:44
3	Colleen Middleton	4:28:29

Men

Position	Name	Time
1	Brendan Davies	3:37:27
2	Andrew Tuckey	3:41:10
3	David Hosking	3:44:34

7. Record achievements

7.1 Awards and Prizes

7.11 Female Ultra Athlete of the Year: Nikki Wynd (VIC)

Nikki competed in seven AURA sanctioned events in 2011 and was 1st female in five. Her 4:03:59 finish at The Tan Ultra 50km and new course record time in winning the Great Ocean Walk 100km were two of her highlights during the year. Nikki not only competed at a high level, but she displayed excellent sportsmanship and supported the ultra running community by volunteering as an AURA State Rep.

7.12 Male Ultra Athlete of the Year: David Eadie (VIC)

David had multiple podium finishes whilst competing in six AURA sanctioned events throughout 2011, ranging from 50km to the 240km Coast to Kosciuszko. His 7:34:46 2nd place finish time at The Tan Ultra 100km race and winning of the AURA and AA 100km National Championship at The Gold Coast 100 were two standout achievements. David also volunteered time as an AURA State Rep in 2011.

7.13 Rising Star Award: Oliver Zambon (QLD)

The Rising Star award is given to the AURA member aged 25&U with the most outstanding performance(s) during the year. Oliver won the Glasshouse 100km race in October and then went on to a podium finish in the Great Ocean Walk 100km the following month.

7.14 Bryan Smith Award: Dave Kennedy (WA)

This award is given to the AURA member who runs the furthest distance in 24hr. In 2011, after winning the WA 12 hr Challenge with 126.522km, Dave went on to represent Australia and run 236.928km at the Commonwealth Championships in Wales, achieving a silver medal result.

7.15 Cliff Young Gumboot Award: Tony Collins (NSW)

The Cliff Young Gumboot award goes to the AURA member aged 60+ who covers the furthest distance in 24hr. Tony Collins, who has received this award multiple times in the past, ran 170.5km in the first 24hr of the Caboolture 48.

7.2 AURA Points Competition: Mal Gamble

This competition is based on a complex formula with points being awarded for wins and placings, bonuses where the races are AURA championships, bonuses for world class performances and Australian & world records and points per km for distances run.

In 2011, Mal Gamble won the competition with 79 points, followed by Sharon Scholz and Susannah Harvey-Jamieson. Mal contested 13 races and volunteered at 2, with wins at the Adelaide 24hr and Yurrebilla Trail race.

7.3 Australian Records Broken

In 2011, Sharon Scholz set or broke several Australian records. She also broke her own 50mile, 100km, and 12hr records during the year. The following stand as new records:

Event	Record	Time/Distance
100km	Australian W30	8:45:10
150km	Australian Open	14:33:07
50mile	Australian W30	6:52:13
100mile	Australian Open	15:57:37
	& W30	
12hr	Australian Open & W30	131.311km

Martin Fryer broke the 48hr M45 road record at Caboolture in 2011, running 388.429km.

Dipali Cunningham broke several records during a 48hr event in the Czech Republic in 2011. These records are as follows:

Event	Record	Time/Distance
12hr	Australian W50	111.000km
24hr	Australian W50	188.000km
48hr	Australian Open	332.534km
	& W50	
50mile	Australian W50	8:20:13
100km	Australian W50	10:33:47
100mile	Australian W50	20:07:41
200km	Australian W50	1D+2:48:03

8. Operations

8.1 Ultramag

Karen Hagan came on board as the UltraMag coordinator during the creation of the September issue in 2011. The learning curve was steep, as it's a very involved and busy role within the association. The magazine is produced quarterly, but the work goes on behind the scenes almost daily.

Members have indicated that the magazine is a key benefit of their membership. Based on the results of a survey of members, we have

continued to add new features to each issue, such as in-depth interviews, short member profiles, and nutrition articles. The magazine seeks to highlight our races and runners' achievements, to motivate, and to educate.

In trying to source more people to spread the workload of the magazine, we hope to continue to improve it and continue to provide a quality publication catering to ultra runners.

8.2 Website

AURA's website at www.aura.asn.au was launched in 2007. Since the 2011 AGM, it has been maintained by Bernadette Benson. The website includes information on AURA sanctioned races, Australian records, points competition standings, much history of Australian ultra running, and AURA's annual reports.

8.3 Running apparel

As a benefit of membership in 2011, members were provided with a running singlet printed with the AURA logo. AURA purchased and spent many volunteer hours distributing over 300 singlets over the course of the year. Further stock has been ordered, which is to be provided to remaining members and newly joining members.

AURA has historically sold AURA-branded polo shirts, singlets, and caps. Stock take occurred in late 2011 and sales will be shifted to an online system. AURA member Stephen English has come onboard to manage apparel. We hope to expand our product range on our website in the coming year and offer some member only specials.

We encourage all members to wear AURA badged garments in their races and training, in order to promote our existence to the public and help us identify and support our members.

8.4 Memberships

At the end of 2011, AURA had nearly 400 current financial members. We had moved to an online membership database, where members use their own unique login information and can edit their own contact details and make payments. Subsequent to the 2011 year end, Allison Muller took over from Brett Saxon as membership coordinator.

9. Financial & Legal See following page.

AUSTRALIAN ULTRA RUNNERS ASSOCIATION INC. FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2011

AUSTRALIAN ULTRA RUNNERS ASSOCIATION INC

Detailed Profit and Loss Statement For the year ended 31 December 2011

	S	
		5
Income		
Subscriptions - Members	31,394	24.460
Subscriptions - Events Listing & Insur	9,825	24,469 8,963
Race Levy (Non Members)	2,966	0,703
Advertising	3.076	2,400
Clothing Sales	40	40
C'wealth Subsidy	1,013	70
Donations		140
Interest received	211	152
Total income	48,526	36,164
Expenses		
AURA Point Score Prizes	1,600	
Bad Debts	1,300	
Bank Fees And Charges	9	20
Clothing Purchases	8,778	627
Filing Fees	42	141
nsurance	12,122	3.648
Marketing & Promotion	19 2 3 M (1, 2 2 2) M	869
Postage	1,478	140
AU Subsription		200
ravel Exp - AUS Teams	6,800	5,700
ravel Reimbursement		800
rophies and Certificates	536	2,803
Iltramag Costs	10,086	11,499
Vebsite Hosting		2,902
otal expenses	42,750	29,349
Profit from Ordinary Activities before income		

The accompanying notes form part of these financial statements.

AUSTRALIAN ULTRA RUNNERS ASSOCIATION INC

Balance Sheet As At 31 December 2011

	Note	2011	2010
		S	<u> </u>
Current Assets			
Cash assets		22,092	22,173
Receivables		7,350	2,865
Total Current Assets	1000	29,442	25,038
Total Assets	Need	29,442	25,038
Current Liabilities			
Payables			1,225
Financial liabilities			1,223
Total Current Liabilities	· inner		1,372
Total Liabilities			1,372
Net Assets		29,442	23,666
equity		29,442	23,666
Retained profits		29,442	23,666
Total Equity		29,442	23,666

The accompanying notes form part of these financial statements.

AUSTRALIAN ULTRA RUNNERS ASSOCIATION INC NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2011

Note 1: Statement of Significant Accounting Policies

This financial report is a special purpose financial report prepared in order to satisfy the financial reporting requirements of the Associations Incorporation Act (Victoria). The committee has determined that the association is not a reporting entity.

The financial report has been prepared in accordance with the requirements of the Associations Incorporation Act (Victoria) and the following Australian Accounting Standards:

AASB 1031 Materiality

AASB 110 Events after the Balance Sheet Date

No other applicable Accounting Standards, Australian Accounting Interpretations or other authoritative pronouncements of the Australian Accounting Standards Board have been applied.

The financial report has been prepared on an accruals basis and is based on historical costs and does not take into account changing money values, or, except where specifically stated, current valuations of non-current assets.

The following material accounting policies, which are consistent with the previous period unless otherwise stated, have been adopted in the preparation of this financial report.

a. Income Tax

The Association is not registered for income tax purposes on the basis that revenue is exempt from income tax under s 50-45 of the Income Tax Assessment Act 1997 and the principle of mutuality.

b. Stock on Hand

Stock purchased is expensed in the year of purchase. It is acknowledged that there is a value to stock held by the Association at the end of the financial year and this estimation of value is recorded in the Notes to the Financial Statements.

AUSTRALIAN ULTRA RUNNERS ASSOCIATION INC. COMMITTEE'S REPORT

Your committee members submit the financial report for the Australian Ultra Runners Association Inc. for the financial year ended 31 December 2011.

Committee Members

The names of the committee members throughout the year and at the date of this report are:

Robert Boyce Bernadette Benson Rick Cooke Brett Saxon Allison Muller

Principal Activities

The principal activities of the association during the financial year were to encourage the development of, and participation in ultra running within Australia and to support national teams representing Australia at IAU World Cup and Commonwealth events.

Significant Changes

No significant change in the nature of these activities occurred during the year.

Operating Result

The profit after providing for income tax amounted to \$5,776.

Signed in accordance with a resolution of the Members of the Committee.

Robert Boyce - President

Rick Cooke - Treasurer

Dated this 29 day of March 2012

AUSTRALIAN ULTRA RUNNERS ASSOCIATION INC. STATEMENT BY MEMBERS OF THE COMMITTEE

The committee has determined that the association is not a reporting entity and that this special purpose financial report should be prepared in accordance with the accounting policies outlined in Note 1 to the financial statements.

In the opinion of the committee the financial report as set out on pages 2 to 6:

- Presents a true and fair view of the financial position of the Australian Ultra Runners Association Inc. as at 31 December 2011 and its performance for the year ended on that date.
- At the date of this statement, there are reasonable grounds to believe that the Australian Ultra Runners Association Inc. will be able to pay its debts as and when they fall due.

This statement is made in accordance with a resolution of the Committee and is signed for and on behalf of the Committee by:

Robert Boyce - President

Rick Cooke - Treasurer

Dated this 29 day of March 2012

AUDITORS REPORT

I have audited the statements of Income and Expenditure for the year ended 31 December 2011.

In my opinion the statements are correct and disclose a true and fair view of the transactions upon the accounts of Australian Ultra Runners Association Inc for the year ended 31 December 2011.

The accompanying notes form part of this financial report.

Carmela Altarelli CPA 21 Leichardt cresent,

Reservoir 3073