

Athletes Agreement International Competition

Transitional Application of Agreements

This version of the AUTRA Athletes Agreement (“the Agreement”) comes into effect for all relevant events and selections from 1 July 2025.

All previous versions of the AUTRA Athletes Agreement remain in force for any athlete who has signed them and for the specific event(s) or championship(s) for which they were executed.

Athletes who have signed a previous agreement shall continue to be governed by its terms for the duration of that event or championship.

This Agreement will apply to all new selections from 1 July 2025 onwards, unless superseded by a subsequent version.

1. Objectives

1.1 The objectives of this Policy are to enjoy and promote the sport of ultra running at International Competition.

2. Team Representation and Importance

2.1 IAU Championships provide for both individual and team competitions, raced concurrently. AUTRA considers the team event of utmost importance, and therefore will firstly consider what is in the best interest of the team.

2.2 Remember that you and your crew are part of a Team representing Australia.

3. Pre-Championship Participation and Preparation

3.1 Event Participation Timelines

3.1.1 For athletes wishing to participate in events PRIOR to racing at a representative level at an International Championship and representing AUTRA, the timelines in table (1) below must be considered and adhered to.

3.1.2 Events that have a two week buffer (e.g. 10-12 weeks) will be considered by the selection committee upon application and inclusion of these events, and will be allowed solely at selection committee discretion.

3.1.3 Depending on location of race, surface, including elevation and terrain, selector discretion can be used on an individual case-by-case request.

3.1.4 All decisions made will be final.

Table 1: Race Time Period Table

	24 Hour	100km Road	50km road	TRAIL Long Course	TRAIL Short Course
100 Miles	10-12 weeks	10 weeks	10 weeks	10-12 weeks	10 weeks
100km	8-10 weeks	8-10 weeks	8 weeks	8-10 weeks	8-10 weeks
50km	6 weeks	6 weeks	6 weeks	6 weeks	6 weeks
< 50km	4 weeks	4 weeks	4 weeks	4 weeks	4 weeks

3.2. Injury and Illness Reporting

3.2.1 Any injuries or illnesses that occur within the 6 weeks prior to the Championship date must be reported to the Team Manager (N.B. The decision to continue with representation rests solely with the athlete, with exception of contagious illnesses e.g. Covid 19, which will be at the discretion of the Team Manager and/or AUTRA Committee). RAT tests may be required for athletes and crew prior to competition and must be supplied by the athlete.

3.3. Training Camp

3.3.1 A training camp may be held prior to the Championships event. It is highly recommended the athlete attend this camp, however as travel and accommodation at the camp will be self-funded by the athlete, attendance is not mandatory.

3.4. Rest and Activities

3.4.1 The athlete will rest adequately in the lead up weeks to the championship. This includes refraining from physical activities (e.g. trekking, bicycle touring, other running events, etc.) It is highly recommended that holiday related activities be undertaken after the completion of the Championship, not before.

4. Uniform and Appearance

AUTRA takes pride in seeing athletes wear the Australian uniform.

4.1 Official uniform items (polo shirt, team jacket) are to be worn throughout the Championship including to/from the host city, by the competing athlete only. Team black pants, plain black shorts, leggings or trousers are to accompany the uniform throughout the championship period.

4.2 Race day uniform (race singlet, crop top, t-shirt) is only to be worn on race day. Plain black shorts or leggings are to accompany the race day uniform.

4.3 No items of clothing that promote sponsors or branding are to be worn at International Championships (including to/from host city, on race day and throughout the Championship period).

4.4 Official crew must wear the Team polo shirt throughout the Championship period.

4.5 Wearing of official Uniform items outside of these provisions is not permitted unless approved by the Team Manager and/or AUTRA Executive Committee. This includes but is not limited to – in the community (training run, Parkrun, etc).

4.6 Social media posts including the Team Polo shirt are permitted along with sponsored/branded items. All other items of Team uniform clothing including race shirt, race crop top, race singlet, jacket, etc, are not permitted in social media posts.

4.7 Extraneous branded garments, headwear (including but not limited to branded caps, hats, visors, headbands, buffs, wigs, feathers, etc), non-permanent tattoos/markings, spray paint on hair/body/garments/headwear that are not approved in writing prior to the Championship by the Team Manager and/or AUTRA Committee are prohibited.

5. Anti-Doping and Integrity

5.1 Adhere to Sports Integrity Australia anti-doping Act, Framework, Regulations and schemes.

5.2 Athletes shall complete Sports Integrity Australia anti-doping online training: "Anti-Doping Fundamentals Course" and "Annual Update"
<https://elearning.sportintegrity.gov.au>. Copies of the completion certificate are to be sent to the AUTRA committee or Team Manager prior to the submission of the IAU "Final Entry Form". This is typically two months before the championship date. Failing to submit all required certificates will lead to the athlete being withdrawn from the Team.

5.3 The onus is on Athletes to check any substance, supplement, medication, etc is not prohibited and safe to use via Sports Integrity Australia. Substances can be checked on Global DRO: <https://www.globaldro.com/AU/search>

5.4 Do not use any 'in-competition' prohibited substance within 6 weeks of the Championship date without seeking advice first from both the Team Manager and AUTRA Committee.

6. Championship Rules and Conduct

6.1 Adhere to the rules and regulations of the Championship.

6.2 Do not cheat, go off course, cut course or display any behaviour that is contradictory to the Championship rules.

6.3 If withdrawing from the race, this must be following the consultation and acknowledgement of the Team Manager (or relevant/appropriate official in the case of their absence).

7. Medical, Insurance, and Financial Responsibilities

7.1 AUTRA takes no responsibility for any medical expenses incurred before, during or after the Championship. It is the onus of Athletes to organise their own suitable travel and medical insurance which covers International Championships.

7.2 Athletes are to arrive at the Championship no later than the Teams arrival date as set by the Team Manager which ordinarily will coincide with the check-in date into the designated championships Accommodation. This allows enough time to (1) adequately prepare for the event and (2) immerse with the Team.

7.3 Athletes are to book their own travel/flights before the Final Entry Form (FEF) is submitted to IAU by AUTRA. Travel booking information is required as part of the FEF submission.

7.4 No changes can be made to athlete or crew/supporter accommodation once the FEF has been submitted. Where AUTRA organises accommodation on behalf of an athlete's crew / travel companion, the responsibility of payment lies solely with the athlete. All accommodation bookings made by AUTRA on behalf of the athlete and or crew / travel companion at the time of the submission of the Final Entry Form to IAU (typically two months before the championships) is deemed final. No changes can be made after that date and accommodation costs will be on-charged as determined at that time. (NB. Do not commit to accommodation booking/s unless you are 100% certain all parties can and will attend.

7.5 In the event that an athlete withdraws or is withdrawn by the AUTRA Committee or Selection Committee from the team and does not attend for any reason, including but not limited to:

7.5.1 Injury/illness

7.5.2 Voluntary Withdrawal

7.5.3 Disciplinary Action

7.6 The Athlete will still be liable for all costs including, but not limited to accommodation, team uniforms or any other costs associated with the team's participation in the championships. These costs must be paid in full by the Athlete, notwithstanding their withdrawal or non-attendance.

7.7 To be eligible to participate in an AUTRA endorsed Australian Team representing in Championships, Athletes must pay all outstanding costs and fees owed to AUTRA in full prior to submitting their application.

8. Team Meetings, Cohesion, and Coaching

8.1 Abide by the Team manager's program and itinerary including attendance at all Team meetings, gatherings (including but not limited to mealtimes, technical meeting feedback chat, team runs, etc.). This is to encourage team cohesiveness and unity. If an athlete chooses not to run in the days leading up to the Championship, they must still be present with the team, especially during course inspections.

8.2 If a Team coach/manager is appointed in a mentoring role, the athlete agrees to work with the coach/manager to facilitate best possible outcomes.

8.3 Attendance in full Uniform at the Championship Opening Ceremony and Closing Ceremony is mandatory.

9. Funding and Accommodation Support

9.1 The duration of AUTRA funding support for accommodation will be determined by the IAU allocation of travel grants. Note the grants vary due to:

9.1.1 the duration of the event and

9.1.2 flight time from Australia to the competition venue.

9.2 Athletes' choosing not to utilise IAU/AUTRA provided accommodation options will not be eligible for:

9.2.1 individual or team grant funding and/or

9.2.2 performance bonuses, where their performance may have otherwise achieved this.

10. Injury, Illness, and Team Support

10.1 If an athlete incurs an injury/illness and subsequently is unable to compete in the Championship event, the athlete will advise the Team Manager at the earliest possible time (e.g. as soon as possible). If this advice is received after the Final Entry Form has been submitted to the IAU, the athlete may attend the Championship however the athlete will be expected to assist with team operations as determined by the Team Manager. Note if the assistance provided includes crewing duties, no crewing payment will be made.

10.2 If an athlete does not provide their own crew (or their nominated crew member is not selected as part of the official crewing team), the selection of a crew member for the athlete lies solely at the discretion of the team manager.

11. Code of Conduct and Compliance

11.1 Athletes are to adhere to the AUTRA Policy: Athletes Code of Conduct, International Competition.

11.2 If an Athlete chooses not to sign the below declaration, they are deemed ineligible to compete in the International Competition.

12. Breach of Agreement and Disciplinary Action

12.1 The AUTRA Policy 'Athletes Agreement International Competition' outlines the requirements expected by all Athletes. It is the responsibility of all Athletes to familiarise themselves, adhere to and demonstrate their commitment to this Code. Where the Committee and/or Selection Committee determine that there has been any breach of the Code, the Committee or Selection Committee may:

12.1.1 Where the Athlete has not been selected, dis-endorse the athlete and the Athlete will no longer be eligible to apply or be considered for selection in the Championship.

12.1.2 Where the Athlete has been advised of his/her/their selection, withdraw the invitation and the Athlete will be deemed de-selected and ineligible to participate in the Championship.

12.1.3 Where the Athlete has been selected and attends the Championship, the Committee may investigate and if it determines to at its' discretion, take Disciplinary action as per Division 2, Section 19 of the Australian Ultra and Trail Runners' Association Inc Rules

12.1.4 Where the Athlete has been selected and attends the Championship, the Committee may investigate and if it determines to at its discretion, omit the athlete from future team selection for International Championship/s.

13. Policy Changes

- 13.1** All policies are subject to change at anytime
- 13.2** The committee can / will update or amend AUTRA policies at their discretion.

14. Declaration

I, _____ being the Athlete, hereby agree to fully comply and otherwise adhere to the above requirements.

Full Name:	
Signed:	
Date:	__/__/____
Event:	