



2013 AURA Points Score Competition

HOW THE POINTS SYSTEM WORKS

CATEGORY	NO. OF POINTS	AWARDED FOR	EXPLANATION
Category 1 Ultra Points	1	Event between 42.2km and 60km	Each competitor receives one point for each ultra in which they start where they travel more than 42.2km and up to 60km
	2	Event > 60km and up to 120km	Each competitor receives two points for each ultra in which they start where they travel more than 60km and up to 120km
	3	Events > 120km	Each competitor receives three points for each ultra in which they start where they travel more than 120km
	2	Each 100km	Distances achieved in eligible events may be accumulated. Two points shall be earned for each 100km completed within the calendar year. Performances of less than 42.2 km will be excluded.
Category 2 – bonus points for placings	3	1st place	To be eligible the race must be an ultra race sanctioned by AURA as shown in the AURA race calendar. These points are awarded for men's placings and for women's placings. If a National championship then these points are doubled (note 6).
	2	2nd place	
	1	3rd place	
Category 3 - bonus points for records (see note 7)	3	Breaking a National Age Record	Breaking a National Age Record entitles a person to 3 points in addition to any points earned in Categories 1 & 2. For purposes of this competition, age group records start at 40 and Over.
	10	Breaking a National Open Record	Breaking a National Open Record entitles a person to 10 points in addition to any points earned in Categories 1 & 2.
	5	Breaking a World Age Record	Breaking a World Age Record entitles a person to 5 points in addition to any points earned in Categories 1 and 2.
	20	Breaking a World Open Record	Breaking a World Open Record entitles a person to 20 points in addition to any points earned in Categories 1 and 2.
Category 4 – bonus points for IAU benchmarks	10	Achieving IAU Level 1 benchmark	(a) 100km - sub 7 hrs for men; sub 8:30 for women (b) 24 hr - 240km+ for men; 220km+ for women
	5	Achieving IAU Level 2 benchmark	(a) 100km - sub 7:30 for men; sub 9:00 for women (b) 24 hr - 220+ for men; 200+ for women
	10	Achieving IAU eligibility	50 km - men 3:20 women 3:50
Category 5 – bonus points for race organisation and support	10	Race Director	Organising & directing an ultramarathon race. Points awarded for up to 2 races per year. If competing as well, points will be awarded for higher of competing or acting as RD but not both.
	5	Assistant Race Director	Assisting in organising & directing an ultramarathon race. Points awarded for up to 2 races per year. If competing as well, points will be awarded for higher of competing or ARD but not both
	3	Volunteer	Volunteer assistance at an ultramarathon race on race day. Assistance must be to the race in general, not to a specific runner(s), up to 10 races per year. Again, if competing as well in the same race, points will be awarded for higher of competing or volunteering but not both.

See Notes on following page

Notes:

1. There is no distinction between men and women for purposes of this competition, other than for the awarding of points as above. That is, there will be only one overall winner.
2. The points' score is for the calendar year.
3. Only financial members – *on the date of the event in question* - are eligible for points. Points will not be awarded retrospectively to members who let their membership lapse (no grace period applies for 2013 onwards). Similarly, for new members, points are accumulated from the date a person becomes a member.
4. Points can only be scored from ultramarathon races within Australia as are listed as sanctioned events in the AURA race calendar. Races contested overseas are not eligible except for the IAU 50km trophy cup and the IAU 100km, trail and 24 hour World and Commonwealth Challenges.
5. For races to be eligible it is necessary for race directors to furnish final (not provisional) results to AURA no later than 7 days from the date of the race. Should this not occur then the performance for that race might be excluded.
6. National championships for 2013 (Category 2 points) comprise: Maroondah Dam 50km, Stromlo 100km, Coburg 24hr, and Centennial Park (CP) Ultra 50km. As of December 2012, there is no 48 hr national championship host; check for updates on the AURA website.
7. Points (Category 3) for only two records (one for distance and one for time) will be awarded in each event. For example if an athlete in the 48 hour track race breaks the record in his/her age group for 6 hr, 12 hr, 24 hr, 48 hr, 50 km, 100 km and 500 km they receive two lots of Category 3 bonus points only, for purposes of this competition.
8. Awarding of Category 3 points precludes the awarding of Category 4 points for the same event.

Prizes are not transferable.