

# ANNUAL REPORT 2018



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australian ultra runners association inc.

## CONTENTS

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ANNUAL REPORT – 2018 .....	3
OVERVIEW OF 2018 .....	3
AUSTRALIAN ULTRA RUNNING STATISTICS.....	5
INTERNATIONAL COMPETITION .....	6
2018 IAU WORLD TRAIL CHAMPIONSHIPS .....	6
2018 IAU 100km WORLD CHAMPIONSHIPS .....	6
2018 IAU 24 HOUR ASIAN CHAMPIONSHIPS .....	7
NATIONAL CHAMPIONSHIPS .....	8
50km ROAD .....	8
100km ROAD .....	8
24 HOUR.....	9
48 HOUR.....	9
SHORT TRAIL CHAMPIONSHIPS .....	10
LONG TRAIL CHAMPIONSHIPS .....	10
AURA AWARDS 2018 .....	11
AUSTRALIAN FEMALE ULTRA RUNNER OF THE YEAR: TIA JONES .....	11
AUSTRALIAN MALE ULTRA RUNNER OF THE YEAR: BRENDAN DAVIES.....	11
HELEN STANGER AWARD: ANNABEL HEPWORTH .....	11
BRYAN SMITH AWARD: MICK THWAITES .....	11
YOUNG FEMALE ULTRA RUNNER OF THE YEAR: LARISSA TICHON .....	12
YOUNG MALE ULTRA RUNNER OF THE YEAR: DAN SYMONDS .....	12
CLIFF YOUNG AWARD: JOHN TIMMS .....	12
SHIRLEY YOUNG AWARD: SUE ROBERTSON .....	12
AURA ULTRA PERFORMANCE OF THE YEAR: ANNABEL HEPWORTH .....	12
AUSTRALIAN RECORDS .....	13
VOLUNTEERS.....	15
FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2018 .....	16

*Cover Photo: Sue Robertson, winner of the inaugural of the Shirley Young Award. Photo credit Shannon Dale..*

## ANNUAL REPORT – 2018

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Dear Members,

Your committee is pleased to report on the activities of your association for the financial year ended 31 December 2018.

### OVERVIEW OF 2018

2018 was a busy and productive year for AURA, highlights included:

- The Association comprised 503 members in December 2018, an increase of 28 on 2017.
- There were 57 events listed on AURA's calendar of events, with thousands of runners participating in ultra running events on track, road and trail across the country.
- Australian teams participated in IAU World Championships, representing Australia proudly at both the Trail event held in Penyagolosa, Spain in May and the 100km event in Sveti Martin na Murin Croatia in September. As well a team was entered in the 2018 Asian 24 Hour Championships held in Taipei in December.
- A comprehensive strategic blueprint for AURA was finalised after contributions were received during 2018 from subcommittees. The strategy addresses
  - awareness and participation
  - sustainability of events
  - funding opportunities outside of current revenue streams
  - member well being and equity
  - elite performance

The document was released to members for comment in early 2019.

- After a review of AURA's event listing in 2017, significant changes in processes were recommended. During 2018 an external specialist was contracted to develop a Safety Standard document. This will be implemented once finalised.
- Discussions continued with Athletics Australia to potentially formalise a relationship. A meeting was organized for early 2019 to progress this initiative.

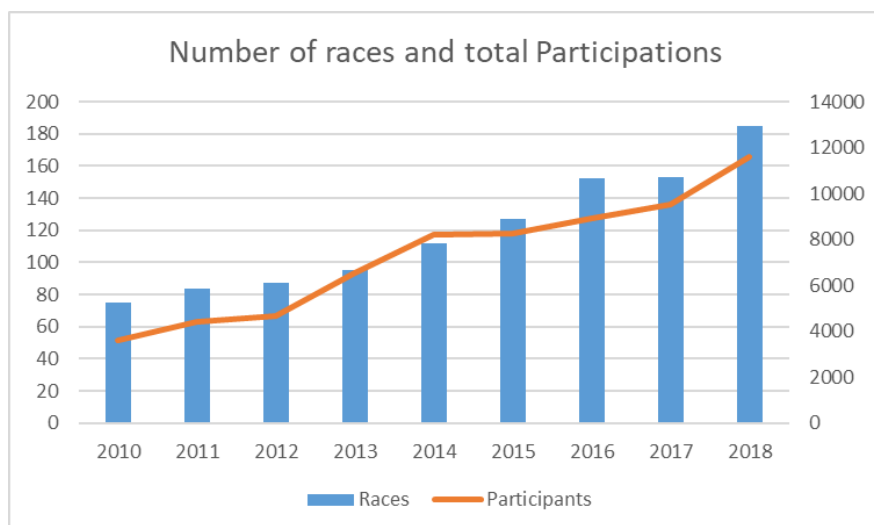
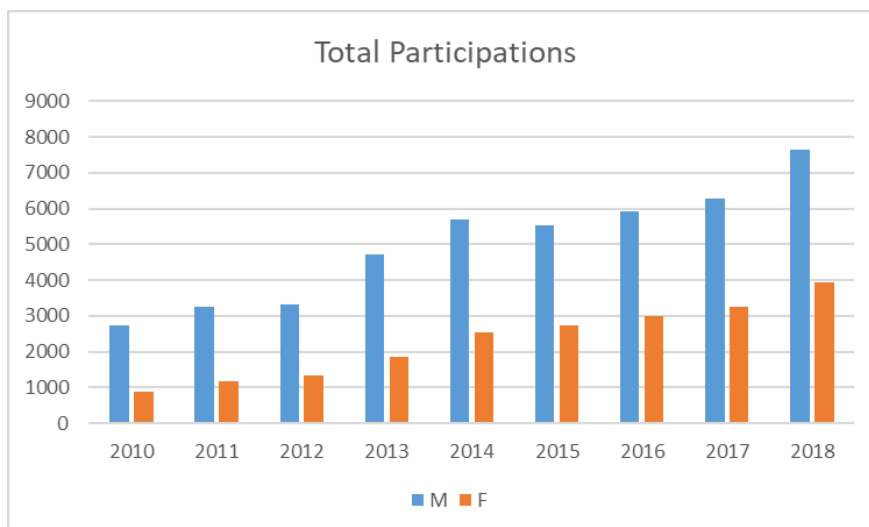
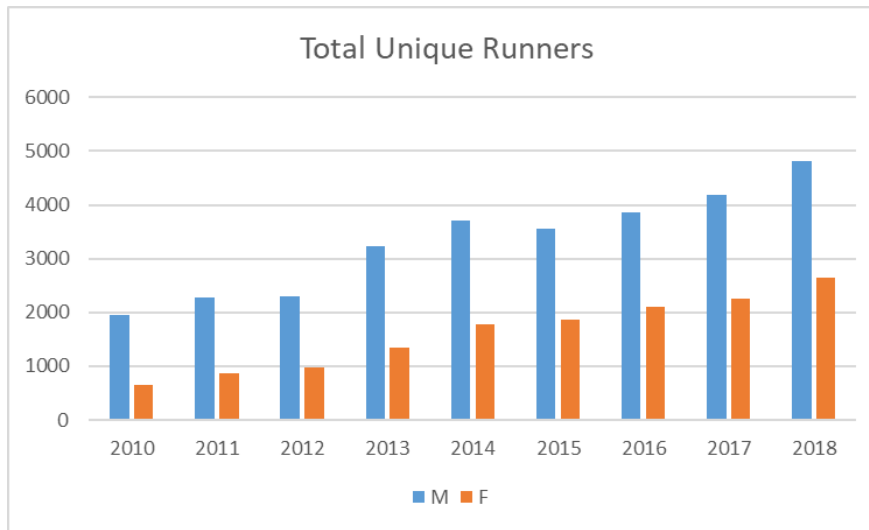


2018 was a year where initiatives identified in 2017 were significantly progressed, it is hoped 2019 will be a year where these initiatives gain traction for implementation

Your committee is pleased to provide the following annual report for 2018.



## AUSTRALIAN ULTRA RUNNING STATISTICS



- All Australian Ultra Running Events, Including AURA events. Data supplied by DUV (<https://statistik.d-uv.org/summary.php?country=AUS&Submit.x=10&Submit.y=8>).

## INTERNATIONAL COMPETITION

### 2018 IAU WORLD TRAIL CHAMPIONSHIPS

The World Trail Championships were held in Penyagolosa, Spain on 12 May 2018. The Australian women's team placed 12<sup>th</sup> in the world, there was no team placing for the men due to insufficient representation.

#### Women

42<sup>nd</sup> Louise Clifton 12:09:23  
 44<sup>th</sup> Robyn Bruins 12:09:39  
 48<sup>th</sup> Gill Fowler 12:13:49  
 63<sup>rd</sup> Jessica Schluter 12:36:08

#### Men

174<sup>th</sup> David Turnbull 12:25:13

### 2018 IAU 100km WORLD CHAMPIONSHIPS

The Australian 100km Team participated at the World 100km Championships conducted in Sveti Martin na Murin Croatia on 8 September 2018. Conditions in Croatia were extremely humid and the course was classified difficult due to undulating terrain. The women's team finished 8<sup>th</sup> in the world. The men's team did not qualify for a result.

#### Women

23<sup>rd</sup> Natasha Fraser 8:12:37  
 36<sup>th</sup> Emilie Tan 8:30:51  
 39<sup>th</sup> Tia Jones 8:33:42  
 52<sup>nd</sup> Margaret Hadley 8:56:03  
 54<sup>th</sup> Barbara Fieberg 8:58:18  
 63<sup>rd</sup> Corrina Black 9:17:27  
 85<sup>th</sup> Larissa Tichon 10:09:00

#### Men

25<sup>th</sup> Brendan Davies 7:08:30  
 DNF Francesco Ciancio  
 DNF Barry Keem  
 DNF Gary Mullins



The Australian 2018 100km Team in Croatia



## 2018 IAU 24 HOUR ASIAN CHAMPIONSHIPS

The Australian 24 Hour Team participated at the Asian 24 Hour Championships conducted in Taipei on 30 November 2018. Both the men's and women's teams secured team silver medals for their efforts in what were oppressive, hot and humid conditions. Tia Jones also secured an individual women's silver medal.

### Women

2<sup>nd</sup> Tia Jones 218.177km  
 8<sup>th</sup> Donna Urquhart 194.532km  
 10<sup>th</sup> Sharon Scholz 186.945km  
 23<sup>rd</sup> Nikki Wynd 143.832km

### Men

6<sup>th</sup> Ewan Horsburgh 235.771km  
 7<sup>th</sup> Michael Thwaites 231.371km  
 13<sup>th</sup> Stephen Redfern 208.212km  
 15<sup>th</sup> John Yoon 205.927km  
 34<sup>th</sup> Matthew Eckford 184.800km



*The Australian 2018 24 Hour Team Asian Silver Medalists*

## NATIONAL CHAMPIONSHIPS

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AURA holds National Championships within five of its sanctioned races each year: a 50km road championship, a 100km road championship, a 24hr championship, a 48hr championship, and long & short trail championships. To be eligible for these awards competitors must be AURA members and Australian citizens at the time of the event(s).

### 50km ROAD

Canberra Running Festival 15 April, 2018.

#### Women

- 1 Larissa Tichon 4:00:11
- 1 Rachel Glasson 4:09:09\*
- 3 Alena Scurrah 4:28:52

\*awarded jointly in 2018 due to course marking issues

#### Men

- 1 Vladimir Shatrov 3:05:12
- 2 Brendan Davies 3:08:42
- 3 Barry Keem 3:11:38

### 100km ROAD

Gold Coast 100, 10 June, 2018.

#### Women

- 1 Emilie Tan 8:33:17
- 2 Barbara Fieberg 8:51:39
- 3 Anya Mullin 10:17:06

#### Men

- 1 Darryl Hill 7:18:12
- 2 Andrew Heyden 7:37:42
- 3 Kevin Muller 7:37:42



Darryl Hill (left) 2018 Australian Men's 100km Champion



## 24 HOUR

Adelaide 24 Hour 14 July 2018.

### Women

- 1 Heather Hawkins 171.615km
- 2 Tia Jones 134.200km
- 3 Cherie Rothery 103.400km

### Men

- 1 John Yoon 245.603km
- 2 Brendan Davies 224.814km
- 3 Darren Linney 214.665km

## 48 HOUR

Canberra 16 March 2018.

### Women

- 1 Kerrie Williamson 322.011km
- 2 Cheryl Symonds 304.246km
- 3 Annabel Hepworth 276.824km

### Men

- 1 Kevin Muller 340.002km
- 2 Luke Mulley 310.456km
- 3 David Billett 284.475km



*Kerrie Williamson 2018 Australian Women's 48 Hour Champion*

## SHORT TRAIL CHAMPIONSHIPS

Two Bays Trail Run, 14 January 2018

### Women

- 1 Natasha Fraser 4:49:14
- 2 Amelia Griffith 5:10:15
- 3 Bronwyn Young 5:29:56

### Men

- 1 Majell Backhausen 4:15:56
- 2 Ashley Bennett 4:30:27
- 3 Kay Bretz 4:36:55

## LONG TRAIL CHAMPIONSHIPS

Blackall 100 20 October, 2018

### Women

- 1 Carmen Atkinson 12:35:14
- 2 Alena Scurrah 12:50:31
- 3 Chrissie Redwood 12:54:05

### Men

- 1 Daniel Williams 10:25:34
- 2 Luke Sep Pryor 11:58:39
- 3 Michael Bray 11:59:15



*Majell Backhausen 2018 Australian Men's Long Trail Champion*

## AURA AWARDS 2018

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The AURA Awards for 2018 were presented as follows:

### AUSTRALIAN FEMALE ULTRA RUNNER OF THE YEAR: TIA JONES

For the second year in a row, Tia Jones was named as the Australian Female Ultra Runner of the Year, awarded for outstanding single or collective performances by a female. Tia's standout performances included a silver medal at the 2018 Asian 24 Hour Championships, an 8:33 run at the World 100km Championships, first place at Ned Kelly Chase 50km, second place at the Gold Coast 50km and first place with 131km at the Canberra 12 hour event. Tia also set a number of age group records.

### AUSTRALIAN MALE ULTRA RUNNER OF THE YEAR: BRENDAN DAVIES

Awarded for outstanding single or collective performances by a male. Brendan had an incredible year with multiple top finishes on trail, road and track including winning the Ultra-Trail Australia 100km event against a highly competitive field, 25th place at the World 100km Championships, third at the Adelaide 24 Hour race plus numerous other wins and podium finishes at AURA events.

### HELEN STANGER AWARD: ANNABEL HEPWORTH

Annabel was the winner of this award for the greatest single best ultra running achievement by a female under the age of 60 for her 742km at the Adelaide 6 Day Event, the furthest 6 Day distance by a female in the world in 2018.

### BRYAN SMITH AWARD: MICK THWAITES

Awarded for the greatest single best ultra running achievement by a male under the age of 60 to Mick Thwaites, for his 837kms at the EMU 6 Day World Trophy, third best distance in the world for 2018. Mick also won this award in 2016 and 2017.



*Tia Jones Australian Female Ultra Runner of the Year*



### YOUNG FEMALE ULTRA RUNNER OF THE YEAR: LARISSA TICHON

Larissa Tichon performed strongly at a number of events in Australia and overseas including first place at the Canberra 50km race. This award is presented for outstanding single or collective performances by a female under the age of 30.

### YOUNG MALE ULTRA RUNNER OF THE YEAR: DAN SYMONDS

Awarded for outstanding single or collective performances by a male under the age of 30. Dan became an emerging 24 Hour runner with his 207km at the Canberra 24 Hour race, he then followed this up with 221km and first position at the BUTTER24.

### CLIFF YOUNG AWARD: JOHN TIMMS

Awarded for the greatest single best ultra running achievement by a male over the age of 60. John Timms won this award for his 504km run at the Adelaide 6 day race, he beat the previous best distance by an Australian runner in the men's 75 age group by an impressive 70km.

### SHIRLEY YOUNG AWARD: SUE ROBERTSON

Sue Robertson wins the inaugural Shirley Young Award for her 6:34 result at the 50km Yaberoo Trail Ultra. This award recognises the greatest single best ultra running achievement by a female over the age of 60.

### AURA ULTRA PERFORMANCE OF THE YEAR: ANNABEL HEPWORTH

The winner of the AURA Ultra performance of the Year Award is voted by AURA members.

In 2018 the members chose Annabel Hepworth for her 742km performance at the Adelaide 6 Day event.



Mick Thwaites, Bryan Smith Award Winner

## AUSTRALIAN RECORDS

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While the women dominated records in 2017 the men dominated in 2018 and it was great to see a number of younger athletes those in the Men 20-24 and 25-29 category and at the other end of the scale records in the M75 and M70 categories were achieved. The rankings are a good guide for those who are seeking selection and the competition in some events is quite fierce. It's a great period in Ultra Running for Australia.

The first records achieved were at the Australia Day Ultra 100km in Australind, Western Australia. Kevin Matthews bettered the record of one Australia's most prolific ultra-runners from the 1990's Bryan Smith. Bryan's record for M50-54 for 100km has stood since September 1995. That wasn't the longest standing record to fall in 2018. John Shaw now in the M65-69 age category smashed the 50km record which has stood since 1992 at the Ned Kelly Chase in Wangaratta. This performance for M65-69 was also a World Age Best a significant achievement for John who has taken up running later in life. John is now tentatively testing his endurance over 6 hours and potentially 100km.

A couple of records were achieved at the Canberra track event hosted by Billy Pearce which attracted a sold-out field. Dan Symonds achieved records in the 24 hour event clocking up 207.799km and along the way achieved records for 100 miles and 200km. Later in the year Dan bettered those M25-29 records on the track in Brisbane. Potentially benefiting from a performance in very familiar surrounds Dan improved the 24-hour record by 13.27km to bring the new record over 220km with 221.069km and lowered the 100mile time by over an hour covering just over 403 laps of the track in 18:17:02 and 200km in 22:09:26.



*John Timms, New Australian M75 500km Record Holder*



Sharing the track in Brisbane for 24 hours was Oliver Armstrong. Oliver burst onto the ultra-scene earlier this year with an outstanding performance at the Wildhorse Criterium 12 hour over the Easter weekend just north of Brisbane. Joel Claxton had set the standard earlier in the year in the M20-24 category setting the record for 24 hours at 181.229km, 100 miles in a time of 20:04:22 and 12 hours with 105.600km. Joel retains the 12-hour record, but Oliver surpassed the 24 hour for men 20-24 with a distance of 192.262km and 100 miles in 19:36:31.

The true test of endurance has to be in multi day events. This year a number of 6 day records were achieved. Firstly by Mick Thwaites in Hungary in the M40-44 category with 837.605km. In Adelaide it was great to see John Timms achieve a record in the M75-79 category for 500km.

A complete list of Australian Records and Australian Age Records can be found in the table below.

Distance/Time	Record Type	Athlete	Venue	New Record	Date
100 miles	Australian M25	Dan Symonds	Bruce, ACT	18:17:02	18-Mar-18
200km	Australian M25	Dan Symonds	Bruce, ACT	22:58:29	18-Mar-18
24 hours	Australian M25	Dan Symonds	Bruce, ACT	207.799km	18-Mar-18
12 hours	Australian M50	Malcolm Gamble	Coburg VIC	137.763km	22-Apr-18
100km	Australian M50	Kevin Matthews	Australind WA	7:47:33	20-Jan-18
100 miles	Australian M20	Joel Claxton	Coburg VIC	20:04:22	22-Apr-18
24 hours	Australian M20	Joel Claxton	Coburg VIC	181.229km	22-Apr-18
6 hours	Australian M70	Roderick Rainey	Sydney NSW	55.723km	2-Jun-18
100km	Australian M65	John Nuttall	Adelaide SA	11:20:35	14-Jul-18
12 hours	Australian M65	John Nuttall	Adelaide SA	105.096km	14-Jul-18
12 hours	Australian W50	Tia Jones	Bruce, ACT	131.066km	18-Mar-18
500km	Australian M40	Mick Thwaites	Balatonfured HUNGARY	3D:02:08:47	7-May-18
500 miles	Australian M40	Mick Thwaites	Balatonfured HUNGARY	5D:15:58:14	9-May-18
6 days	Australian M40	Mick Thwaites	Balatonfured HUNGARY	837.605km	9-May-18
6 hours	Australian M40	Brendan Davies	Sveti Martin, CROATIA	85.000km	8-Sep-18
200km	Australian M65	Colin Brooks	Adelaide SA	30:05:10	2-Oct-18
24 hours	Australian M25	Dan Symonds	Brisbane QLD	221.069km	16-Sep-18
100 miles	Australian M25	Dan Symonds	Brisbane QLD	17:10:01	16-Sep-18
200km	Australian M25	Dan Symonds	Brisbane QLD	22:09:26	16-Sep-18
500km	Australian M75	John Timms	Adelaide SA	5D:22:40:41	5-Oct-18
50km	Australian M65	John Shaw	Wangaratta VIC	3:34:18	28-Oct-18
12 hours	Australian M20	Oliver Armstrong	Brisbane QLD	105.200km	16-Sep-18
100 miles	Australian M20	Oliver Armstrong	Brisbane QLD	19:36:31	16-Sep-18
24 hours	Australian M20	Oliver Armstrong	Brisbane QLD	192.262km	16-Sep-18
12 hours	Australian M20	Joel Claxton	Coburg VIC	105.600km	22-Apr-18
50km	Australian M20	Kyle Weise	Gold Coast QLD	3:34:48	9-Dec-18
200km	Australian W50	Tia Jones	Taipei, TAIWAN	21:54:32	2-Dec-18
24 hours	Australian W50	Tia Jones	Taipei, TAIWAN	218.177km	2-Dec-18



## VOLUNTEERS

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AURA would be unable to function without the work put in by our magnificent volunteers.

As well as trying to find time to get in their own training runs and events, many spend a significant number of hours assisting your Association. We thank them for their contribution to our sport.

President	Rob Donkersloot	Team Selector	Robert Boyce (Chairman)
Vice President	Jodie Osborne & Alexis Oosterhoff	Team Selector	Kerrie Bremner
Secretary	Elizabeth Bennett & Pam Muston	Team Selector	Martin Fryer
Treasurer	Alexis Oosterhoff & Ness Hartge	Team Selector	John Pearson
Results Publishing	Alexis Oosterhoff	Team Selector	Brendan Davies
Event Compliance	Rob Donkersloot	<b>State Representatives</b>	
IAU Labelling	Kerrie Bremner	QLD	Susannah Harvey-Jamieson
Records & Rankings	Jodie Osborne	NSW	Lou Clifton
Points Competition	Alexis Oosterhoff		Luke Mulley
Website	Alexis Oosterhoff	Vic	Nikki Wynd
Teams Manager	Gary Mullins	WA	David Kennedy
Merchandise	Dan Symonds	SA	Chris Glacken



# FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2018

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## **AUSTRALIAN ULTRA RUNNERS ASSOCIATION INC**

Financial Statements  
For the year ended 31 December 2018

Prepared by  
NESS HARTGE  
Treasurer  
Australian Ultra Runner's Association  
11<sup>th</sup> March 2019

## AUSTRALIAN ULTRA RUNNERS ASSOCIATION INC

### Detailed Profit and Loss Statement For the year ended 31 December 2018

	2018 \$	2017 \$
<b>Income</b>		
Subscriptions & Clothing - Members		
Membership 2017		17,785
Membership 2018	20,914	14,906
Membership 2019	16,961	
Merchandise	710	406
<i>Sub total</i>	<i>38,586</i>	<i>33,098</i>
Subscriptions - Events Listing & Insurance		
Event listing	6,640	10,315
Insurance	9,799	6,887
<i>Sub total</i>	<i>16,438</i>	<i>17,202</i>
Advertising		
Donations	580	1,000
IAU Funding	5,641	4,888
Commissions received		
Interest received	960	822
Total income	62,205	57,010
<b>Expenses</b>		
AURA Point Score Prizes	4,265	4,490
Bad Debts	1,867	3,826
Bank Fees And Charges, Meetings & Accounting Fees	737	2,555
Clothing Purchases	3,213	
Computer, Internet expenses & Advertising	1,606	3,563
Insurance	9,210	6,964
Postage	700	574
Training		
Travel Expenses - AUS Grants		25,516
Team payments 2018 team	2,090	
Team payments 2018 100km team	9,680	
Team payments 24HR championships	3,500	
	<i>15,270</i>	
Travel Expenses - AUS Uniforms		
Trophies and Certificates	708	2,731
Ultramag & Marketing Coordinator	10,300	15,556
Total expenses	47,877	65,775
Profit from Ordinary Activities before income tax	14,328	-8,765



## AUSTRALIAN ULTRA RUNNERS ASSOCIATION INC

### Detailed Balance Sheet as at 31 December 2018

	2018 \$	2017 \$
<b>Current Assets</b>		
<b>Cash Assets</b>		
Westpac - Cheque Account	55,847	41,518
Westpac - Term Deposit	70,000	70,000
Westpac - Maxi Direct		
	<u>125,847</u>	<u>111,518</u>
<b>Receivables</b>		
Trade debtors	5,096	4,062
<b>Total Assets</b>	<u>130,943</u>	<u>115,581</u>
<b>Current liabilities</b>		
Accounts payable	820	0
	<u>820</u>	<u>0</u>
<b>Total Liabilities</b>	<u>820</u>	<u>0</u>
<b>Net Assets</b>	<u>130,123</u>	<u>115,581</u>
<b>Equity</b>		
Current year earnings	14,328	-8,765
Retained earnings (previous year earnings)	-8,765	20,757
Opening balance equity	126,791	126,791
	<u>132,354</u>	<u>138,783</u>

**Schedule 1**  
**Regulation 15**  
**Form 1**

*Associations Incorporation Reform Act 2012*

Sections 94 (2)(b), 97 (2)(b) and 100 (2)(b)

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**Annual statements give a true and fair view of financial performance and position  
of incorporated association**

We VANESSA HARTICE and Rob Donkersloot being members of the  
committee of the Australian Ultra Runners Association certify that –

“The statements attached to this certificate give a true and fair view of the financial  
performance and position of the above named association during and at the end of  
the financial year of the association ending 31 DECEMBER 2018 .”

Signed: [Signature]

Date: 31 March 2019

Signed: [Signature]

Date: 2 April 2019