

Adopted: 1 June 2026

Approved by: AUTRA Executive Committee

3.2 Athletes Agreement

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1. Purpose

1.1 This Agreement sets out the expectations, obligations and standards of behaviour for athletes selected or provisionally selected to represent Australia under AUTRA at international Championships.

1.2 This Agreement supports athlete welfare, team cohesion, integrity, safety, compliance and the reputation of AUTRA and Team Australia.

1.3 This Agreement operates as a condition of selection, appointment and ongoing team membership.

2. Scope

2.1 This Agreement applies to all athletes selected or provisionally selected by AUTRA to represent Australia at international ultra-distance, trail and mountain running Championships conducted under the authority of AUTRA, International Association of Ultrarunners (IAU), International Trail Running Association (ITRA), Athletics Australia (AA), World Athletics (WA) and World Mountain Running Association (WMRA), as applicable.

2.2 This Agreement operates alongside the AUTRA 3.1 Team Selection Policy, the 3.3 Official Crew Agreement, the 3.4 Team manager Agreement, the AUTRA 3.9 Code of Conduct, and any other applicable AUTRA policies.

2.3 The 3.1 Team Selection Policy governs how teams are selected, replaced, funded and managed. This Agreement governs your obligations once you have been selected or provisionally selected.

2.4 Athletes must sign and return this Agreement by the deadline notified by AUTRA as a condition of selection confirmation.

2.5 Relationship with other AUTRA policies

- (a) If there is any inconsistency between this Agreement and the 3.1 Team Selection Policy, the 3.1 Team Selection Policy prevails to the extent of the inconsistency.
- (b) Sections 7 (Eligibility), 8 (Selection), 9 (Managing Changes in Team Membership), 15 (Withdrawal and Removal), 16 (Replacement), 17 (Appeals), 18 (Funding) and 19 (Uniform) of the 3.1 Team Selection Policy are of particular relevance to athletes signing this Agreement and should be read together with it.

2.6 For the purposes of this Agreement, any reference to the 'Team manager' includes, where no Team manager has been appointed for a Championship, a member of the AUTRA Executive Committee nominated to perform the Team manager's functions for that Championship.

3. Statement of Commitment

3.1 AUTRA is committed to ensuring that all selected athletes understand and meet their obligations in relation to preparation, integrity, conduct, safety and representation of Australia at international level.

3.2 By signing this Agreement, athletes acknowledge these responsibilities and agree to uphold the standards expected by AUTRA and relevant integrity frameworks.

4. Team Representation

4.1 Athletes represent AUTRA and Australia and must act in the best interests of the team at all times.

4.2 Athletes must recognise that international team representation is a privilege, not a right, and that individual actions may affect other athletes, crew, officials and the reputation of AUTRA.

4.3 Athletes are expected to cooperate with team processes, communications and event preparations in a professional and respectful manner.

5. Pre-Championship Preparation

5.1 Injury, illness and readiness reporting

5.1.1 Athletes must promptly notify the Team manager of any injury, illness, medical issue or other matter that may affect their ability to prepare for or compete at the Championship.

5.1.2 Where AUTRA requires readiness updates, the athlete must provide truthful and complete updates within the timeframe specified by the Team manager or AUTRA.

5.1.3 All selected or provisionally selected athletes must attend any readiness meeting required by AUTRA and must honestly disclose any relevant injury, illness, fitness or welfare concerns.

5.1.4 Where a contagious illness or public health issue arises, the athlete must comply with all directions given by AUTRA, the Team manager, the event organisers and any relevant public health authority.

5.1.5 Where there is no Team manager appointed, the athlete will inform the AUTRA Executive Committee.

5.2 Training and preparation expectations

5.2.1 Athletes must prepare appropriately for the Championship and manage their training, recovery and travel plans in a way that supports safe and effective representation.

5.2.2 Athletes must avoid unnecessary physical, travel or recreational activity in the lead-up to the Championship where that activity may compromise preparation, recovery or performance.

5.2.3 Where AUTRA has notified the team of any recommended or required training camp, briefing or pre-event activity, athletes must attend unless excused in writing by AUTRA.

5.3 Event participation timing

5.3.1 Athletes must manage any prior competition or event participation in a way that does not materially compromise their readiness for the Championship.

5.3.2 Where AUTRA publishes or notifies event-specific participation timing guidance, athletes must comply with that guidance unless AUTRA expressly approves a variation in writing. For the avoidance of doubt, the pre-Championship no-event periods in Table 1 form part of this guidance and must be adhered to as hard-set requirements, subject only to the discretion described in clause 5.3.5.

5.3.3 If an athlete believes a prior event or activity may affect readiness, they must disclose that information to the Team manager as soon as practicable.

5.3.4 For athletes wishing to participate in events prior to racing at a representative level at an International Championship and representing AUTRA, the timelines in Table 1 below are hard-set and must be adhered to.

5.3.5 Depending on the location of the race, surface, elevation, terrain and recovery conditions, the AUTRA Selection Committee may exercise discretion on an individual case-by-case request and may consider the effect of the declared event in assessing whether the athlete's preparation remains suitable. Any variation must be approved in writing by AUTRA before the athlete participates in the event in question.

5.3.6 All decisions made under this clause 5.3 are subject to AUTRA's dispute and appeals procedures, being section 17 of the 3.1 Team Selection Policy and the AUTRA 2.5 Complaints, Disputes & Discipline Policy.

5.3.7 Athletes shall not enter or participate in any event that would result in them covering the following distances within the specified period prior to any Championship:

- 100 miles or more – within 5 weeks of the Championship
- 100 kilometres or more – within 4 weeks of the Championship
- 50 kilometres or more – within 3 weeks of the Championship
- 42.2 kilometres up to less than 50 kilometres – within 2 weeks of the Championship

5.3.8 For events such as a Backyard Ultra, the relevant distance shall be the actual distance completed by the athlete.

5.3.9 The pre-Championship no-event period is calculated from the time you finish any such event to the scheduled start time of the Championship race.

5.4 Fitness, medical and screening requirements

5.4.1 Athletes must comply with any reasonable fitness, medical, screening or verification requirement notified by AUTRA or the Team manager.

5.4.2 AUTRA may require a physician report, medical clearance, screening result or other supporting evidence where it reasonably considers this necessary for athlete welfare, safety or event readiness.

5.4.3 Where a report or clearance is required, the athlete must provide it by the deadline notified by AUTRA and at the athlete's own cost unless AUTRA states otherwise in writing.

6. Travel and Camp Arrangements

6.1 Athletes must arrive at the Championship venue or team accommodation by the time notified by AUTRA or the Team manager.

6.2 Where AUTRA notifies a team arrival date, team meeting time or camp time, athletes must make travel arrangements to comply with that requirement.

6.3 If an athlete cannot meet a notified arrival or camp requirement, the athlete must advise AUTRA immediately and provide the reasons for the issue.

6.4 Attendance at any pre-Championship camp, briefing or team function may be recommended or required by AUTRA. If required, attendance is mandatory unless excused in writing.

7. Uniform and Appearance

7.1 Athletes must comply with the Team Uniform requirements for athletes set out in section 19 of the 3.1 Team Selection Policy, including all uniform, colour, logo, branding and appearance requirements notified by AUTRA and with all applicable IAU, ITRA, World Athletics or WMRA rules.

7.2 Without limiting clause 7.1, athletes must:

- (a) wear the official team travel and race-day uniform in the manner and at the times directed by AUTRA or the Team manager, including at travel movements, official functions, ceremonies and other team activities as directed;
- (b) not add or display any personal, sponsor, promotional or other logos on any team or race-day uniform item or accessory, except as permitted by section 19 of the 3.1 Team Selection Policy and by the applicable governing body competition rules.

7.3 The race-day uniform is reserved for sanctioned Championship events in which the athlete is selected to compete.

7.4 Athletes may wear the race-day uniform during private training sessions to confirm fit and comfort, provided those sessions are not public or community events.

7.5 Competing in the official race-day uniform at any event other than the sanctioned Championship event is not permitted.

7.6 Athletes must present themselves in a manner that reflects positively on AUTRA, Australia and the sport at all official functions, ceremonies, travel movements and public appearances.

7.7 Breach of this section 7 may result in direction, warning, removal of the item, disciplinary action or removal from the event in accordance with section 15 of the 3.1 Team Selection Policy and the AUTRA 2.5 Complaints, Disputes & Discipline Policy.

8. Anti-Doping and Integrity

8.1 Athletes must comply with all Sports Integrity Australia anti-doping legislation, regulations, frameworks and schemes, and with any applicable international anti-doping requirements.

8.2 Athletes must comply with all integrity requirements that apply to AUTRA, its athletes and officials under the Sport Integrity Australia National Integrity Framework, including (without limitation) requirements relating to child safeguarding, discrimination and harassment, competition manipulation, and betting, as described in sections 1.3, 2.4, 4.9 and 4.10 of the 3.1 Team Selection Policy.

8.3 Athletes must complete any mandatory Sports Integrity Australia anti-doping education modules notified by AUTRA, including the Anti-Doping Fundamentals Course and the Annual Update where required.

8.4 Athletes must provide evidence of completion of any mandatory anti-doping education by the deadline notified by AUTRA or the Team manager.

8.5 Athletes are responsible for checking that any substance, supplement, medication or treatment is permitted and safe to use, including by using Sports Integrity Australia and Global DRO or equivalent resources.

8.6 Athletes are personally responsible for all integrity obligations that apply to them as athletes, including ongoing duties to avoid conduct that would breach anti-doping rules, match-fixing or competition manipulation rules, betting restrictions, or any other integrity policy.

8.7 Athletes must cooperate fully with any integrity or anti-doping investigation, testing, education or reporting requirement imposed by Sport Integrity Australia, AUTRA or any relevant governing body.

8.8 Athletes must immediately notify AUTRA in writing if they become subject to any anti-doping investigation, charge, provisional suspension or sanction, or if they are aware of any matter that may affect their eligibility under section 7 of the 3.1 Team Selection Policy.

9. Championship Rules and Conduct

9.1 Athletes must comply with the rules and regulations of the Championship, the local organising committee, the host venue and any technical instructions issued for the event.

9.2 Athletes must not cheat, intentionally cut course, take unauthorised assistance, breach event rules or engage in conduct contrary to the spirit or requirements of the Championship.

9.3 If withdrawing from an event, the athlete must consult with and obtain acknowledgement from the Team manager, or the relevant appropriate official in the Team manager's absence, before withdrawing where practicable.

9.4 Athletes must follow lawful and reasonable directions given by AUTRA, the Team manager, event officials and any other person with authority under the Championship rules or AUTRA policy.

9.5 Athletes must ensure that their conduct, including online conduct and social media activity, does not bring AUTRA, the team, any team member, the event or the sport into disrepute. Any conduct, behavioural, integrity or social media issues may be dealt with under this Agreement, the Code of Conduct, the Complaints, Disputes & Discipline Policy and/or other relevant AUTRA policies, as referenced in section 9.6 of the 3.1 Team Selection Policy.

10. Team Meetings and Cohesion

10.1 Athletes must attend team meetings, technical briefings, course inspections, mealtimes, gatherings and other team activities required by the Team manager or AUTRA.

10.2 If an athlete chooses not to train or run in the days leading up to the Championship, the athlete must still remain available for team activities, meetings and course-related obligations where required.

10.3 Athletes must work cooperatively with any appointed team coach, Team manager or other AUTRA support person to facilitate the best possible team outcome.

10.4 Attendance in full uniform at the Championship opening and closing ceremonies is mandatory unless excused in writing by AUTRA.

11. Medical, Insurance and Financial Responsibilities

11.1 AUTRA takes no responsibility for any medical expenses incurred before, during or after the Championship.

11.2 Athletes are responsible for arranging and maintaining their own suitable travel, medical and any other insurance required for international competition.

11.3 Athletes are responsible for booking and maintaining their own travel arrangements unless AUTRA expressly states otherwise in writing.

11.4 Athletes must comply with any team arrival, accommodation or travel deadlines notified by AUTRA or the Team manager.

11.5 If AUTRA makes accommodation bookings on behalf of the athlete, the athlete remains responsible for any costs, charges or penalties allocated to them under AUTRA policy or written instructions.

11.6 No changes can be made to athlete, crew or supporter accommodation once the final entry documentation has been submitted unless AUTRA expressly approves otherwise.

11.7 If an athlete withdraws or is withdrawn from the Team and does not attend for any reason, including injury, illness, voluntary withdrawal or disciplinary action, the athlete remains liable for costs and charges incurred in accordance with AUTRA policy and any signed agreement.

11.8 To be eligible to participate in an AUTRA-endorsed Australian Team, athletes must pay all outstanding costs and fees owed to AUTRA in full prior to submitting their application, unless AUTRA states otherwise in writing.

12. Funding and Support

12.1 Any AUTRA, IAU, ITRA, WMRA or LOC funding, support, accommodation assistance or other benefit will be managed in accordance with the 3.1 Team Selection Policy and any written notice issued under that policy.

12.2 If an athlete elects not to use any available team accommodation or support arrangement, the athlete will lose entitlement to any related funding.

12.3 Athletes acknowledge that, unless AUTRA expressly advises otherwise in writing for a particular Championship, international Championship teams are self-funded. This includes, without limitation, personal responsibility for all travel costs, accommodation costs (including any liability arising after Final Entry Form submission under section 18 of the 3.1 Team Selection Policy), insurance, entry fees, and any costs of crew and/or family members who accompany the athlete.

12.4 Athletes acknowledge that if they withdraw or are withdrawn from the team in any of the circumstances described in sections 15 and 18 of the 3.1 Team Selection Policy, they are not entitled to a refund of the Championship participation levy or other costs, except where AUTRA expressly determines otherwise.

13. Injury, Illness and Team Support

13.1 If an athlete becomes injured or ill and is no longer able to compete, the athlete must notify the Team manager as soon as practicable (or, where no Team manager has been appointed, the nominated member of the AUTRA Executive Committee).

13.2 If the issue is identified after final entry documentation has been submitted, the athlete may still be asked to attend the Championship and assist the team in an alternative support role where appropriate.

13.3 If the athlete is asked to assist with team operations, support duties may include logistical assistance, course support, or other reasonable tasks directed by the Team manager.

13.4 If support duties include crewing duties, no additional crewing payment will be made unless AUTRA agrees otherwise in writing.

13.5 If an athlete does not provide their own crew, or the nominated crew member is not selected as part of the official crewing team, the allocation of a crew member, if any, will be managed in accordance with AUTRA policy and Team manager direction.

14. Code of Conduct and Compliance

14.1 Athletes must comply with the AUTRA Code of Conduct – International Competition (3.9), which applies before, during and after the Championship, including travel, training camps, official functions and team activities.

14.2 Athletes must comply with all other applicable AUTRA policies, rules and directions.

14.3 If an athlete does not sign this Agreement, the athlete will be deemed ineligible to continue in the team selection or participation process.

15. Breach of Agreement and Disciplinary Action

15.1 This Agreement outlines the requirements expected of all athletes selected or provisionally selected for international competition.

15.2 It is the responsibility of all athletes to familiarise themselves with and adhere to these requirements.

15.3 Where AUTRA determines that there has been any breach of this Agreement or related AUTRA policies, including the AUTRA Code of Conduct – International Competition (3.9), it may take action in accordance with the AUTRA International Team Selection Policy (3.1), the AUTRA Rules of Association and the 2.5 Complaints, Disputes & Discipline Policy.

15.4 Action taken under clause 15.3 may include warning, direction, removal from the team, withdrawal of invitation, referral for disciplinary action, or future ineligibility for selection or appointment, depending on the circumstances and applicable policy.

15.5 Serious matters may also be referred to external authorities or governing bodies where required.

16. Removal, Replacement and Appeals

16.1 Athletes acknowledge that AUTRA may remove them from the team at any time in accordance with section 15 of the 3.1 Team Selection Policy, including (without limitation) for:

- (a) voluntary withdrawal;
- (b) injury or illness;
- (c) breach of this Agreement or any other AUTRA policy;
- (d) loss of eligibility under section 7 of the 3.1 Team Selection Policy;
- (e) failure to pay required fees or levies; or
- (f) serious conduct or integrity concerns.

16.2 If an athlete is removed or withdrawn from the team, AUTRA may decide whether to replace them and, if so, how, in accordance with section 16 of the 3.1 Team Selection Policy. Athletes have no right to be replaced or to nominate a replacement.

16.3 Removal from the team does not of itself entitle an athlete to any refund or compensation, including for levies, travel, accommodation or uniform costs, except where AUTRA expressly determines otherwise under section 18 of the 3.1 Team Selection Policy.

16.4 Athletes may seek review of a selection, removal or replacement decision by lodging an appeal in accordance with section 17 of the 3.1 Team Selection Policy and the AUTRA 2.5 Complaints, Disputes & Discipline Policy.

17. Policy Changes

17.1 This Agreement is subject to review and amendment in accordance with the AUTRA Rules of Association and the Policy Review & Amendment Procedure.

17.2 AUTRA reserves the right to amend this Agreement at any time in response to changes in law, integrity frameworks, international competition regulations or organisational needs.

17.3 Any updated version will apply to new selections from the effective date notified by AUTRA, while earlier versions will continue to govern events for which they were executed.

17.4 This Agreement will be reviewed at least every two years or sooner if required by changes to AUTRA's governing rules, relevant laws or integrity frameworks.

18. Related Documents

AUTRA Rules of Association

1.2 Conflict of Interest Policy

1.3 Document Retention & Recordkeeping Policy

1.6 Policy Review & Amendment Procedure

2.2 Child Safeguarding Policy

2.5 Complaints, Disputes & Discipline Policy

2.7 Whistleblower Policy

3.1 Team Selection Policy

3.3 Crew Agreement

3.8 Records – Criteria and Applications Policy

3.9 Code of Conduct – International Competition

5.4 Privacy and Data Protection Policy

19. Compliance Notice

This Agreement is aligned with the AUTRA Rules of Association, the Associations Incorporation Reform Act 2012 (Vic), the Sport Integrity Australia National Integrity Framework and anti-doping requirements, and the applicable competition rules of World Athletics, IAU, ITRA and WMRA.

20. Contact

For questions or feedback regarding this Agreement, contact the AUTRA Committee Secretary at secretary@autra.asn.au.

21. Acknowledgements

21.1 By signing this Agreement, the athlete acknowledges and agrees that:

- (a) they have read and understood this Agreement and the 3.1 Team Selection Policy (including sections 7, 9, 15, 16, 17, 18 and 19);
- (b) they understand that selection to represent Australia under AUTRA is a privilege, not an entitlement, and that meeting qualifying standards does not guarantee selection or continued selection;
- (c) their selection and ongoing team membership are conditional on continued compliance with this Agreement and all applicable AUTRA policies; and
- (d) breach of this Agreement or of any applicable AUTRA policy may result in disciplinary action, including removal from the team, in accordance with the 3.1 Team Selection Policy and the AUTRA 2.5 Complaints, Disputes & Discipline Policy.

22. Declaration

22.1

I,, being the Athlete, agree to fully comply with and adhere to the above requirements.

Full Name:.....

Signed:.....

Date:.....

Championship:.....

Event:.....

(For athletes under 18 years of age)

22.2 Parent/Guardian Consent

I,, being the parent/guardian of the above-named athlete, acknowledge that I have read and understood this Agreement and the 3.1 Team Selection Policy, and give my consent for my child to be selected for and participate in the Championship on the terms set out in this Agreement.

Parent/Guardian Full Name:.....

Parent/Guardian Signed:.....

Date:.....

Relationship to Athlete:.....