

50km					
W20	Elkie Belcher	QLD	3:35:48	GOLD COAST QLD	11/12/2016
W25	Stephanie Auston	NSW	3:17:27	GOLD COAST QLD	06/12/2020
W30	Sandra Timmer-Arends		3:29:04	CANBERRA ACT	18/04/1998
W35	Marnie Ponton	NSW	3:15:46	GOLD COAST QLD	03/12/2023
W40	Jackie Fairweather	ACT	3:19:12	CANBERRA ACT	13/04/2008
W45	Jacqueline Kellerman	ACT	3:28:14	GQEHERA S AFRICA	06/03/2022
W50	Nicola Bowker	QLD	3:38:17	GOLD COAST QLD	04/12/2022
W55	Verity Breen		4:00:04	SAN FRANCISCO USA	08/10/2022
W60	Tina Torpy	VIC	4:13:32	CANBERRA ACT	15/04/2007
W65	Jennifer Kellett	ACT	4:15:16	GOLD COAST QLD	24/11/2024
W70	Shirley Young	VIC	4:50:49	EAST BURWOOD VIC	29/09/1995
W75	Shirley Young	VIC	5:47:43	MOE VIC	06/11/2005
100km					
W20	Larissa Tichon	NSW	10:17:12	CANBERRA ACT	16/02/2013
W25	Larissa Tichon	NSW	8:54:27	AUCKLAND NZ	07/05/2017
W30	Kirstin Bull	VIC	7:39:28	WINCHOTEN NED	12/09/2015
W35	Kirsten Bull	VIC	7:34:25	LOS ALCAZARES SPAIN	27/11/2016
W40	Melissah Gibson	UK	7:13:23	PERTH SCOTLAND	24/03/2024
W45	Lavinia Petrie	VIC	8:22:17	KUROW NZ	28/12/1992
W50	Bernadette Benson	VIC	8:32:53	BERNAU GERMANY	27/08/2022
W55	Tia Jones	QLD	9:17:02	BRUCE ACT	27/03/2021
W60	Tia Jones	QLD	9:59:37	CHRISTCHURCH NZL	02/11/2025
W65	Shirley Young	VIC	10:47:13	CANBERRA ACT	15/09/1996
W70	Shirley Young	VIC	10:59:00	CANBERRA ACT	03/03/2003
W75	Marie Boyd	USA	24:30:11	CORONA USA	22/03/2024
200km					
W20	Larissa Tichon	NSW	23:48:21	COBURG VIC	06/04/2014
W25	Cassie Cohen	ACT	20:48:02	BRUCE ACT	06/04/2024
W30	Cassie Cohen	ACT	20:30:14	ALBI FRANCE	18/10/2025
W35	Holly Ranson	QLD	16:52:51	ALBI FRANCE	18/10/2025
W40	Jennifer White	NSW	19:54:57	ALBI FRANCE	18/10/2025
W45	Bernadette Benson	WA	19:58:31	COBURG VIC	06/04/2014
W50	Lou Clifton	ACT	21:02:54	BRUCE ACT	01/07/2023
W55	Carol Baird	ACT	27:03:43	GOLD COAST QLD	12/08/2005
W60	Heather Hawkins	NSW	1D:14:33:47	CAMPBELLTOWN NSW	27/09/2025
W65	Marie Boyd	USA	1D:21:26:43	ANCHORAGE USA	10/08/2014
W70	Marie Boyd	USA	2D:11:30:45	ADELAIDE SA	01/10/2019
W75	Marie Boyd	USA	3D:03:37:53	ADELAIDE SA	01/10/2023

500km					
W20					
W25					
W30					
W35	Dipali Cunningham	USA	3D:11:00:00	NEW YORK USA	04/05/1989
W40	Dipali Cunningham	USA	3D:13:43:55	NEW YORK USA	02/05/2001
W45	Dipali Cunningham	USA	3D:02:25:57	NEW YORK USA	02/08/2004
W50	Dipali Cunningham	USA	3D:21:12:25	NEW YORK USA	22/04/2011
W55	Dipali Cunningham	USA	3D:20:50:13	NEW YORK USA	23/04/2014
W60	Sandi Faddy	QLD	5D:18:44:38	ADELAIDE SA	29/09/2024
W65	Marie Boyd	USA	5D:16:39:28	GLENDALE USA	03/01/2016
W70					
W75					
1000km					
W20					
W25					
W30					
W35	Dipali Cunningham	USA	8D:17:31:10	NEW YORK USA	19/09/1997
W40					
W45	Annabel Hepworth	NSW	8D:03:46:53	PHEONIX AZ USA	05/01/2020
W50	Annabel Hepworth	NSW	8D:23:27:54	NEW YORK USA	17/04/2024
W55					
W60					
W65					
W70					
W75					
50 Miles					
W20	Chloe Skewes-Weir	ACT	8:09:12	BRUCE ACT	25/03/2022
W25	Lee Piantadosi	SA	7:39:14	ADELAIDE SA	12/07/2015
W30	Marita Eisler	QLD	6:23:50	GOLD COAST QLD	08/06/2014
W35	Mary Morgan	WA	6:07:29	VICTORIA CANADA	31/08/1994
W40	Helen Stanger	NSW	6:52:42	BOX HILL VIC	28/06/1986
W45	Lavinia Petrie	VIC	6:23:53	EAST BURWOOD VIC	19/06/1993
W50	Bernadette Benson	VIC	6:45:17	BARDEN RIDGE NSW	03/06/2022
W55	Tia Jones	QLD	7:18:22	BRUCE ACT	27/03/2021
W60	Shirley Young	VIC	7:32:44	EAST BURWOOD VIC	21/06/1992
W65	Shirley Young	VIC	7:55:08	EAST BURWOOD VIC	29/07/1995
W70	Shirley Young	VIC	8:08:55	EAST BURWOOD VIC	13/05/2000
W75	Marie Boyd	USA	19:57:29	CORONA USA	22/03/2024

100 Miles					
W20	Larissa Tichon	SA	18:57:01	COBURG VIC	06/04/2014
W25	Cassie Cohen	ACT	16:26:26	BRUCE ACT	06/04/2024
W30	Sharon Scholz	VIC	15:57:37	BRISBANE QLD	19/06/2011
W35	Holly Ranson	QLD	13:21:36	ALBI FRANCE	18/10/2025
W40	Jodie Osborne	QLD	15:33:56	SOOCHOW TAIWAN	22/11/2015
W45	Bernadette Benson	WA	15:38:18	COBURG VIC	06/04/2014
W50	Bernadette Benson	WA	15:24:44	CAMPBELLTOWN NSW	16/06/2019
W55	Bernadette Benson	VIC	16:54:18	BRUCE ACT	06/04/2024
W60	Heather Hawkins	NSW	1D:04:26:43	CAMPBELLTOWN NSW	27/09/2025
W65	Shirley Young	VIC	23:30:29	COBURG VIC	22/08/1998
W70	Shirley Young	VIC	20:39:10	COBURG VIC	21/03/1996
W75	Marie Boyd	USA	1D:18:54:13	CORONA USA	22/03/2024
500 Miles					
W20					
W25					
W30					
W35	Dipali Cunningham	USA	5D:22:30:00	NEW YORK USA	04/05/1998
W40	Dipali Cunningham	USA	5D:21:54:19	NEW YORK USA	05/05/2001
W45					
W50	Annabel Hepworth	NSW	7D:01:10:54	NEW YORK USA	17/04/2024
W55					
W60					
W65					
W70					
W75					
1000 Miles					
W20					
W25					
W30					
W35	Dipali Cunningham	USA	13D:20:18:40	NEW YORK USA	24/09/1997
W40					
W45					
W50					
W55					
W60					
W65					
W70					
W75					

6 Hours					
W20	Chloe Skewes-Weir	ACT	63.097 km	BRUCE ACT	27/03/2021
W25	Cassie Cohen	ACT	66.419 km	BRUCE ACT	27/03/2021
W30	Sharon Scholz	VIC	71.927 km	COBURG VIC	07/03/2010
W35	Linda Meadows	VIC	78.742 km	EAST BURWOOD VIC	18/06/1994
W40	Kirstin Bull	VIC	79.915km	COBURG VIC	16/04/2023
W45	Lavinia Petrie	VIC	75.741 km	EAST BURWOOD VIC	19/06/1993
W50	Tia Jones	QLD	74.671 km	BARCELONA SPAIN	16/12/2017
W55	Tia Jones	QLD	69.774 km	BARDEN RIDGE NSW	05/05/2021
W60	Shirley Young	VIC	63.452 km	EAST BURWOOD VIC	27/10/1991
W65	Shirley Young	VIC	62.658 km	COBURG VIC	21/08/1999
W70	Shirley Young	VIC	60.992 km	COBURG VIC	11/11/2001
W75	Shirley Young	VIC	51.707 km	MOE VIC	06/11/2005
12 Hours					
W20	Larissa Tichon	NSW	115.545 km	CANBERRA ACT	16/02/2013
W25	Cassie Cohen	ACT	119.806km	BRUCE ACT	06/04/2024
W30	Holly Ranson	SA	136.722km	GLENELG SA	03/12/2022
W35	Holly Ranson	QLD	145.531km	ALBI FRANCE	18/10/2025
W40	Jodie Osborne	QLD	128.286 km	SOOCHOW TAIWAN	22/11/2015
W45	Bernadette Benson	WA	133.535 km	SYDNEY NSW	14/06/2014
W50	Tia Jones	QLD	131.066 km	BRUCE ACT	18/03/2018
W55	Tia Jones	QLD	124.211 km	BRUCE ACT	27/03/2021
W60	Tia Jones	QLD	98.213km	CAMPBELLTOWN NSW	27/09/2025
W65	Shirley Young	VIC	100.000 km	SHEPPARTON VIC	15/09/1996
W70	Shirley Young	VIC	103.600 km	COBURG VIC	09/04/2000
W75	Marie Boyd	USA	51.177km	CORONA, USA	22/03/2024
24 Hours					
W20	Larissa Tichon	NSW	202.028 km	COBURG VIC	06/04/2014
W25	Cassie Cohen	ACT	227.803km	BRUCE ACT	06/04/2024
W30	Cassie Cohen	ACT	232.986km	ALBI FRANCE	18/10/2025
W35	Holly Ranson	QLD	274.172km	ALBI FRANCE	18/10/2025
W40	Jennifer White	NSW	237.442km	ALBI FRANCE	18/10/2025
W45	Bernadette Benson	WA	238.261 km	COBURG VIC	06/04/2014
W50	Lou Clifton	NSW	221.202km	BRUCE ACT	01/07/2023
W55	Tia Jones	QLD	197.150 km	BOONDALL QLD	27/09/2020
W60	Heather Hawkins	NSW	151.474km	BRUCE ACT	05/07/2025
W65	Shirley Young	VIC	162.300 km	COBURG VIC	23/08/1998
W70	Shirley Young	VIC	176.810 km	COBURG VIC	09/04/2000
W75	Marie Boyd	USA	97.526km	CORONA USA	22/03/2024

48 Hours					
W20	Maia Nagy	ACT	254.792km	BRUCE ACT	21/03/2025
W25	Roxane Mutschler	QLD	202.986km	ADELAIDE SA	29/09/2024
W30	Sharon Scholz	VIC	333.026 km	CABOOLTURE QLD	01/08/2010
W35	Allicia Heron	ACT	361.160km	TAIPEI TAIWAN	10/02/2023
W40	Nikki Wynd	VIC	343.044 km	CANBERRA ACT	18/03/2016
W45	Nikki Wynd	VIC	317.894 km	CANBERRA ACT	17/03/2019
W50	Dipali Cunningham	VIC	332.534 km	CZECH REPUBLIC	31/07/2011
W55	Carol Baird	ACT	298.089 km	GOLD COAST QLD	12/08/2005
W60	Heather Hawkins	NSW	244.729km	CAMPBELLTOWN NSW	27/09/2025
W65	Marie Boyd	USA	209.659 km	ANCHORAGE USA	10/08/2014
W70	Marie Boyd	USA	171.060 km	ADELAIDE SA	01/10/2019
W75	Marie Boyd	USA	171.717km	CORONA USA	22/03/2024
6 Days					
W20					
W25	Sarah Barnett		484.412km	NEW YORK USA	27/05/2005
W30	Sarah Barnett		714.050km	SLOTTSSKOGEN SWEDEN	30/08/2009
W35	Dipali Cunningham	USA	811.109km	NEW YORK USA	04/05/1998
W40	Dipali Cunningham	USA	820.765km	NEW YORK USA	29/04/2001
W45	Dipali Cunningham	USA	770.876km	NEW YORK USA	29/04/2004
W50	Dipali Cunningham	USA	749.954km	NEW YORK USA	22/04/2011
W55	Dipali Cunningham	USA	764.438 km	NEW YORK USA	29/04/2014
W60	Sandi Faddy	QLD	509.096km	ADELAIDE SA	29/09/2024
W65	Marie Boyd	USA	501.767 km	GLENDALE USA	03/01/2016
W70	Marie Boyd	USA	413,601km	AUGUSTA USA	09/05/2022
W75	Marie Boyd	USA	402.166km	ADELAIDE SA	29/09/2024