

SUNDAY MASSES
 Saturday Vigil 4:15 pm
 Sunday 8:30 & 10:00 am

MARRIAGE
 Please call 6 months prior

BAPTISM
 Please call for appointment

WEEKDAY MASSES
 Monday—Friday 8:30am

RECONCILIATION
 Monday—Friday
 Following 8:30am Mass
 or call for appointment

PARISH OFFICE / MAILING ADDRESS
HOURS—10:00AM TO 4:30PM
 390 Missouri St, San Francisco, CA 94107
 Phone: 415.285.5272 stteresasf.org
 Email: info@stteresasf.org

AAA 2026 - WE HAVE OUR TARGET
 We have received our goal for the 2026 Archdiocesan Annual Appeal; namely, \$31,288. Yes, this is higher than the past few years, but this is based on our collections, and those have been strong last year. I'd rather not 'preach' this appeal, so I'm hoping that you can support this as you have in past years. **-Fr Greg**

SECOND COLLECTIONS

THIS WEEK's second collection will benefit the St Teresa World Center Kitchen Fund. Donate [here](#).

NEXT WEEK's second collection will benefit the Catholic Relief Services. Donate [here](#).



FIRST & SECOND COLLECTIONS MARCH 2026

First Collection	\$22,612
Building & Maintenance	\$1,168
Garden Fund	\$1,100
Charity Fund	\$1,295
St. Vincent de Paul	\$1,470
Carmelite Missions	\$516
World Central Kitchen	\$466

Here are the two ways you can donate to St Teresa online

OSV Regular

venmo

Welcome to St. Teresa of Avila's Parish Community

We extend our hands and hearts in Christian fellowship to you here celebrating with us. Whether long-time residents or newly arrived in our parish, we thank God that you are with us. If you are not registered or have changes to your registration, please fill in the form below, or complete the form on our website.

Name: _____ Phone: _____

Address: _____

City: _____ Zip: _____ Email: _____

New Parishioner New Address and/or phone On-Line Giving

St. Teresa of Avila Catholic Church
 "In this house, all are friends, all are loved, all are helped, all are held dear."
 – Saint Teresa of Avila
APRIL 05, 2026
Easter Sunday

A Thousand Thank You's

Literally hundreds of hours go into celebrating the Easter Three Days (the Triduum of Holy Thursday, Good Friday, and the Great Vigil of Easter). So a thousand Thank You's to those who gave the hundreds of hours. To the choir and to the musicians for Three Days and more of great music (all with lots of rehearsals), to the OCIA team for preparing our new Catholics for Easter entrance, to those who had to completely redo the church decor and flowers (the 'Environment and Art' team) each day of Holy Week, to the lectors who proclaimed more Scripture in one week than is usually done in a year, to the Communion Ministers who had to figure out each day's different rules, and to the acolytes obscured in clouds of incense. And a last thank you to the Easter Egg Hunt team.

Easter Moon

This photo of the full moon over Potrero Hill was snapped Thursday morning. You may not know that there is always a full moon at Easter because, just like the date of Passover, that is how the date of Easter is calculated each year.



Easter Egg Hunt

The youngsters of the parish are invited to an Easter Egg Hunt later today. The Hunt begins after the 10am Mass and after coffee-and-donuts. My guess is around 11:30am.

Directory Last Call

Most everybody has filled out your contact information on the back of your photograph for the Parish Directory. There are still a lot of unclaimed photos in the coffee-and-donuts room, and these folks will not be in the Directory. If you are a parishioner and want to be in the directory see Fr Gregory or Francisco after Mass for a photo-op.

- PASTOR**
 Rev. Gregory Houck, O.Carm.
pastor@stteresasf.org
- IN RESIDENCE**
 Rev. Brian Henden, O.Carm.
bhenden@carmelites.net
 Rev. Michael Kwiecien, O.Carm.
mkwiecien@carmelites.net
- SOCIAL OUTREACH COORDINATOR**
 Bro. David Semmens, O.Carm.
brotherdave@stteresasf.org
- DIRECTOR OF MUSIC**
 Laura Diaz-Flaviani, lflaviani@pacbell.net
- DIRECTOR OF FAITH FORMATION**
 Anarose Schelstrate, anarose@stteresasf.org



Why does the date of Easter change from year to year?

Last year we celebrated Easter on April 20th. This year, Easter falls on April 5th, and in 2027 we celebrate Easter on March 28th. Why does the date of Easter change from year to year, and how is the date calculated?

Three things determine the date of Easter: Passover, the spring equinox; and the full moon. It is the interplay of these three events that determines the date of Easter.

In Jesus' day, thousands of Jews made the pilgrimage from the diaspora to Jerusalem to celebrate Judaism's most important feast in its most sacred city. During Passover, the population might double or triple in size, and it is entirely possible that many pilgrims were included in the crowd that welcomed Jesus into Jerusalem on Palm Sunday. From the Scriptures we learn that the Last Supper, Crucifixion, and Resurrection took place during Passover.

The Passion accounts in Matthew, Mark, and Luke describe how Jesus instructed the disciples to secure the "upper room" so that he could eat the Passover Meal with his disciples. At this Last Supper, Jesus irrevocably transformed the Passover Meal into the Eucharist: the Bread and Wine of the Passover became Christ's Body and Blood of the New Covenant. Jesus was arrested later that very evening in the Garden of Gethsemane, and before sundown the next day, he would be tried, convicted, crucified and buried. From the origins of Christianity, the Passion and Death of Jesus has been linked to Passover, which is why Christians celebrate Holy Week at the same time that the Jewish community commemorates Passover. Easter is linked to Passover, but why do the dates of Passover and Easter change from year to year?

Enter the spring equinox and full moon.

In the Jewish calendar, Passover is connected to the first full moon after the spring equinox. Christianity follows this practice, and the Council of Nicea (325 CE) established the date of Easter as the first Sunday following the first full moon following the spring equinox. What does this mean?

- ◆ Because the spring equinox is March 21st, if there is a full moon on that day then the earliest possible date for Easter is March 22nd. The last time that this happened was in 1818 when there was a full moon on Saturday, March 21st. Easter was celebrated on March 22nd, and this will not happen again until the year 2285, a span of 467 years!
- ◆ In 1943 there was full moon on Saturday, March 20th . . . which meant that the first full moon after the spring equinox would not be until Sunday, April 18th. That year, Easter was celebrated on Sunday April 25th – the latest possible date – and this will not happen again until 2038.

The situation is further complicated by which calendar is used. The Orthodox Churches follow the Julian Calendar, whereas the Latin Churches (i.e., Roman Catholic) follow the Gregorian Calendar. What does this mean? Well, it usually means that the Orthodox Churches celebrate Easter one week later than the Western Churches . . . except for every four years, when Easter falls on the same date for the Latin and Orthodox Churches.

Confusing? for an astronomer, no; for the rest of us, yes. That is why there are tables, charts, and calendars that we consult to find out the date of Easter, leaving the calculation of the actual date to the astronomers and mathematicians.

The date of Easter shapes the entire liturgical calendar. Ash Wednesday is forty days before Easter, and Pentecost follows fifty days after Easter. Easter determines how many Sundays of Ordinary Time (i.e., green vestments) fall between the Easter Season and the First Sunday of Advent, as well as how many Sundays of Ordinary Time there are between the Christmas Season and Ash Wednesday.

Michael Kwiecien, O. Carm

MASS INTENTIONS

As we celebrate Mass together we include in our prayers:

8:00pm	† <u>Rachel Humphrey</u>
	Saturday, April 04
8:30am	† <u>George Salamy</u>
10:00am	† <u>James J Burns Sr.</u>
	Monday, April 06
8:30am	† <u>Raymond & Barbara McGrath</u>
	Tuesday, April 07
8:30am	† Mary Ellen Healy
	Wednesday, April 08
8:30am	† Walter Maxwell Miller
	Thursday, April 09
7:30pm	† Bob Jacklevich
	Friday, April 10
8:30am	† Rose Marie Ostler
	Saturday, April 11
8:00pm	† Robert Jones
	Sunday, April 12
8:30am	† Alfonso Talmadge
10:00am	<u>Audrey Rose Family(Spc. Int.)</u>

World Central Kitchen

There will be a second collection this Sunday for 'World Central Kitchen.' We have supported this outreach before. With the world in such turmoil hunger is rampant. World Center Kitchen is bringing much-needed food to Lebanon, to Gaza, to Cuba. WCK has an incredibly high rating in that over 99 cents for every dollar contributed goes directly to the hungry.

GUN SAFETY COMMITTEE "STRAW PURCHASES"

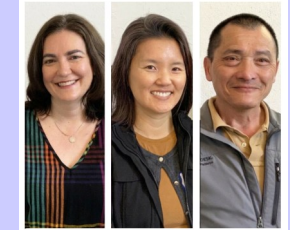
When one person purchases a gun for someone who is prohibited from owning a gun, it's called a "straw purchase" and it's illegal. Brady has a case against Dunham Sports for knowingly violating the law and its duties as a licensed firearms dealer by selling the firearm to a straw purchaser. The case alleges that Durham ignored numerous red flags that made it clear the sale was a straw purchase. The reality is just 5% of firearm dealers are responsible for 90% of the firearms used in crimes. Until we hold accountable the dealers who put guns in the hands of prohibited purchasers more people will die.

NAME TAG SUNDAY!

INTRODUCE YOURSELF TO SOMEONE YOU DON'T KNOW; AND FIND OUT THEIR NAME; AND GIVE THEM A BIG **WELCOME** IN THE NAME OF JESUS. AND MAYBE SIT NEXT TO THEM DURING COFFEE-AND-DONUTS.

Newly-Received and Newly-Baptized

Congratulations and prayers for our newly-received Catholics, **Lorrie Elizabeth Bradley** and **Eliana Sohyun Land**, and for our newly-baptized Catholic, **David Chia Phua**. May your journey in Christ and his Church be filled with blessings, joys, and maybe an adventure or two!



Friends of Jackson Park Speaker

Next Sunday, during coffee-and-donuts, Jude Deckenbach of the "Friends of Jackson Park" will speak about proposed improvements and changes to the Park.



ST TERESA'S GREEN TEAM

greenteam@stteresasf.org

Spring Upgrades: Incentives for Energy-Efficient Homes

Spring Upgrades: Incentives for Energy-Efficient Homes

Longer days make spring ideal for home improvements. It's also when many incentive programs align with new fiscal budgets or updated rebate cycles. Consider exploring:

- Heat pump water heaters and HVAC systems.
- Improved insulation and high-performance windows.
- Rooftop solar and battery storage.

California homeowners and renters may qualify for rebates, tax credits, or local incentives that lower upfront costs and reduce long-term energy bills. Planning upgrades now can mean comfort and savings before peak summer heat arrives.

Resource:

Find rebates and incentives: www.energy.ca.gov/programs-and-topics/programs