

SECOND COLLECTIONS

THIS WEEK there is no second collection.

NEXT WEEK there the second collection is for World Mission Sunday.

Donate [here](#) to support our Charity Fund. The charity fund is considered Restricted.

Bulletins by email or text:

text "B"
to 84576



stteresasf.flocknote.com/bulletins



venmo

Here are the two
ways you can
donate to
St Teresa online



OSV Regular



NO MEETING TODAY
NEXT MEETING: SUNDAY
OCTOBER 18 AT 11AM

SPARKS VIA HUMANITAS

Magnifica Humanitas ~ Learning and Discerning Together

EVERYONE WELCOME

October 17, 2026

8:00am - 12:30 pm

St. Matthew Church

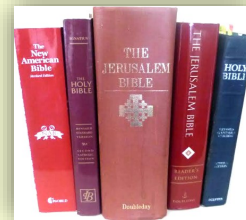
Ward Hall

One Notre Dame, San Mateo, CA

REGISTRATION: www.bit.ly/sparksrsvp



Zoom Weekly Bible Study Group



Wednesdays 07:30-08:30pm

Please contact
jvhphd@icloud.com
for info and zoom link

Faith, Action, and Community (FAC) Prayer Group

OCT
11

When: 11:30 – 12:30

Where: Downstairs – St. Teresa of Avila Room

How Often: Every other Sunday

Faith, Action, and Community is a small group ministry rooted in Carmelite spirituality and inspired by St. Teresa of Ávila's call to deep interior prayer that naturally leads to loving action. The purpose of this group is to create a space where parishioners can deepen their relationship with God through prayer, reflect on how God is speaking in their lives, and discern concrete ways to live out their faith in service to others. In keeping with the rhythms of parish life, the group will meet following the Sunday 10:00 AM Mass, offering a natural continuation of worship into reflection and action.



ONE IN CHRIST,
United in Mission

100 YEARS OF WORLD MISSION SUNDAY

World Mission Sunday
October 18, 2026

LEARN MORE



Help the Parish Get Back
on Instagram

If you know who set up the Instagram for [@stteresasf](#) (yes, that's the parish's 'handle'), the Pastoral Council would like to fire it back up and link it to the parish's Facebook page, **please see anyone on the Pastoral Council and/or Father Gregory.**



Saint Teresa of Avila Parish

MISSOURI STREET and 19TH | SAN FRANCISCO CALIFORNIA

"If we fail in love of neighbor, we are lost;
so beg our Lord to give you a perfect love of neighbor." - St Teresa

October 11, 2026 | 28th Sunday in Ordinary Time

Please join us in celebrating the
Baptism of Magdalen Lea Fernandez



Magdalena will be baptized into the Church at today's 8:30am Mass. Welcome Magdalena and congratulations to your parents and god-parents.

Fr. Gregory is away October 8-18:

Giving retreat to Christian Brothers in Chicago area, then driving back to San Francisco



Saturday 10 October | 4:15 After-Mass Gathering

Thanks to Mary McLeod and Kathy Ravano
for hosting the event.

If you would like to host an after-mass
gathering contact the parish office

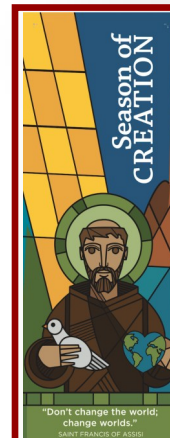
Sunday October 25th St. Francis Pet Blessing



The clergy of Saint Teresa's and Saint Gregory's will be on hand during the Farley's Coffee Pet Parade on Sunday, October 25th, to bless your pets.

Yes, this is customarily done on October 4th, but the 'Pet Parade' is an opportunity too good to pass up.

Season of Creation



The banners in the rotunda commemorate:

- 1) the year of Saint Francis,
- 2) the Season of Creation,
- 3) and Saint Francis' upcoming feast-day.

The quotation is Saint Francis' call that we do something (anything) to make the world a better place.

The banners will stay up until Thanksgiving.

SUNDAY MASSES

Saturday 4:15 pm | Sunday 8:30 & 10:00 am

WEEKDAY MASSES

Monday—Friday 8:30am

PARISH OFFICE

MONDAY—FRIDAY | 10AM TO 4:00PM

Phone: 415-285-5272 | info@stteresasf.org

390 Missouri St | San Francisco, CA 94107

PASTOR

Fr Gregory Houck, O.Carm. | pastor@stteresasf.org

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IN RESIDENCE

Fr Michael Kwiecien, O.Carm. | mkwiecien@carmelites.net

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The Image of the Banquet and the Kingdom of God

Many of us are at least tacitly familiar with the phenomenon known as the “near death” or “life after life” experience. Usually, this involves a clinical experience of death – a person goes into cardiac arrest during surgery, for example – whereupon he or she is resuscitated through the intervention of medical personnel. Sometimes the person remembers the experience, and those memories frequently involve the movement towards a light at the end of a dark tunnel. When the person reaches the light, he or she discovers that a banquet is in progress, and among the guests present are deceased friends, loved ones, and family members. Suddenly, as the person is being resuscitated, he or she is drawn back through the tunnel, being brought back to this life and this world, leaving the banquet behind.

I don’t know whether such experiences are valid, but I would like to offer two observations. First, this type of experience is cross cultural: it makes no difference whether a person is a believer or non-believer, a Christian or non-Christian, or a member of an Eastern or Western Culture. The experience is the same and transcends religious and cultural boundaries. Second, the pattern of the experience (tunnel – light – banquet with loved ones – being “pulled back”) is the same regardless of the person’s religious tradition or culture.

Both “near death” experiences and today’s Gospel have one thing in common – the banquet – which is the focus of this week’s column.

In both the Hebrew and Christian Scriptures, the meal or banquet is always connected with the Kingdom of God or heaven. Both of this week’s readings are excellent examples of this. The Old Testament reading, from Isaiah, describes God’s holy mountain with a “feast of rich food and choice wines,” and in Matthew’s Gospel we have a parable about a king who gives a wedding banquet for his son. When the invited guests refuse to attend, the king sends forth his servants to round up everyone they meet, bad as well as good, to fill the wedding hall with banqueters.

Although Isaiah and Matthew are describing earthly banquets, they are alluding to the future banquet that will take place in the Kingdom of God.

Narrowing our focus to the New Testament, we find story after story that involves eating, meals, or banquets. For example:

- Jesus feeds the masses with a few loaves and fish.
- Jesus dines in the houses of tax collectors and sinners.
- Jesus celebrates the Passover (the Last Supper) with his disciples.
- After the Resurrection, Jesus breaks bread with two disciples on the Road to Emmaus.
- Again, after the Resurrection, Jesus cooks a shore breakfast for the disciples on the Sea of Galilee.
- In the Gospels Jesus eats with people something like 60 times, so it should come as no surprise that the central activity of Christian worship (i.e., Eucharist) is patterned upon a meal (the Last Supper). Simply put, Christian worship involves gathering the people, telling the story, and breaking the bread.

But the eating has more than a sacramental connection. In addition to providing us food to strengthen us for our earthly journey, the banquet is also a powerful image of the future kingdom, one which lies on the other side of death. where we will eat and drink in the Kingdom of God.

— Michael Kwiecien, O. Carm.

MASS INTENTIONS

Saturday, October 10

4:15pm † Zenaida Camplis

Sunday, October 11

8:30am Kathleen M. Burns (Sp. Int)

10:00am † Mary Katherine Law

Monday, October 12

8:30am Sr. Lucia (Sp. Int)

Tuesday, October 13

8:30am † Fr. Peter Sammon

Wednesday, October 14

8:30am † Mary Ellen Healy

Thursday, October 15

8:30am † Carole Arret

Friday, October 16

8:30am Jeanne Burns (Sp. Int)

Saturday, October 17

4:15pm † Thema Calvillo

† Andy Parker

Sunday, October 18

8:30am † Bianca and Peter Lodolo

10:00am † Fr. Peter Sammon

UPCOMING COUNCIL MEETINGS:

Tuesday —20 October

- 10:30am Finance Council in Parish Office

- 7:00pm Pastoral Council in Teresa of Avila room

This Week at St Teresa

Sunday—11 October

- 11:30am Faith Action Community prayer group downstairs in Avila room

Wednesday—14 October

- Zoom Bible Study 7:30-8:30pm contact jvhphd@icloud.com for info

Thursday – 15 October

- Sitting for Peace - 12:00—1:00pm on City Hall Steps

Saturday – 17 October

- Yoga, Teresa of Avila Mtg Room 9:00am

If you are interested in any of these events, please email info@stteresasf.org for more information

ST TERESA'S GREEN TEAM

greenteam@stteresasf.org

Rethink Your Commute This Fall

As daylight hours change and work and school schedules settle into a new rhythm, fall is a good time to rethink how we get where we need to go. Choosing active transportation or public transit when possible can reduce emissions while supporting healthier, more connected communities.

A few ways to make a difference:

- Walk, bike, or use public transit when it works for your trip
- Try combining biking or walking with public transit for longer commutes
- As daylight decreases, use lights and reflective gear and choose safe, well-lit routes

Even changing one or two commute trips each week can make a difference. A more sustainable commute can also be a chance to build movement and fresh air into the day.

Resource: 511 Bay Area — Getting Around by Foot or Bike: <https://511.org/travel/biking-walking>

BRAVO FRIENDS OF OUR ST VINCENT DE PAUL CONFERENCE!!

Over **1,950** cans of food were donated to replenish our Pantry shelves! Our St Teresa of Avila Conference & the people we serve, offer heartfelt thanks to our Parishioners for your continuing generous support! The **1,950** donated cans will enable us to continue our weekly grocery bags and our Thanksgiving Outreach Program that help nourish several Community groups on or around Potrero Hill.

You are all Associate Vincentians & we are so grateful for your participation & continued financial support throughout the year!!



GUN SAFETY COMMITTEE

A child brought a loaded gun to a daycare center.

Now the parents are facing charges. The parents of a 3-year-old boy were arraigned after he brought a loaded, holstered gun to a daycare. The gun allegedly belonged to his father, A police officer who faces fourth-degree child abuse charges; the boy’s mother faces an unsafe-storage charge. California has strong child access prevention laws that make people legally accountable for leaving firearms accessible to unsupervised minors in various circumstances. California law makes it a crime for a person to negligently store or leave a firearm on premises within the person’s custody or control in a location where the person knows, or reasonably should know, that a child under 4 is likely to gain access to the firearm without the permission of the child’s parent or legal guardian. A person may be found to have violated this law even if a minor never actually accessed or used the firearm. No liability is imposed in this situation if the person took reasonable action to secure the firearm against access by a child.

**MAKE A PLAN TO VOTE EARLY
EARLY VOTING STARTED OCTOBER 5**