

SUNDAY MASSES
 Saturday Vigil 4:15 pm
 Sunday 8:30 & 10:00 am

WEEKDAY MASSES
 Monday—Friday 8:30am

PARISH OFFICE / MAILING ADDRESS
HOURS—10:00AM TO 4:30PM
 390 Missouri St, San Francisco, CA 94107
 Phone: 415.285.5272 stteresasf.org
 Email: info@stteresasf.org

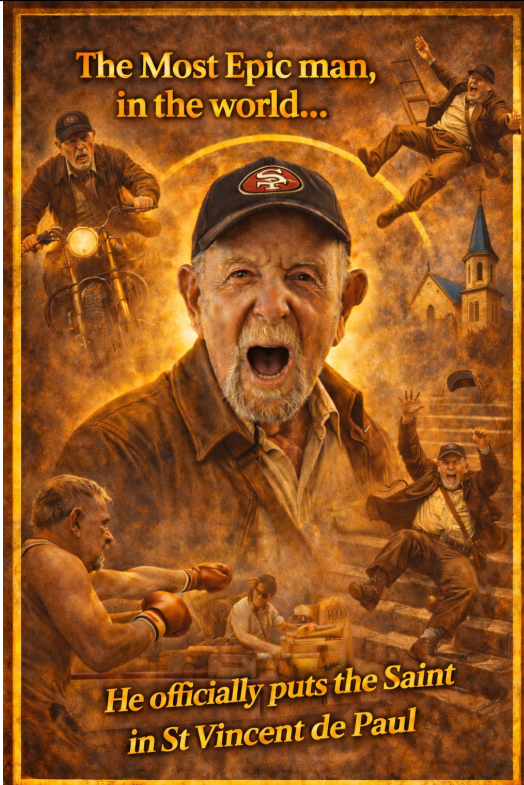
MARRIAGE
 Please call 6 months prior

BAPTISM
 Please call for appointment


RECONCILIATION
 Monday—Friday
 Following 8:30am Mass
 or call for appointment

NAME TAG SUNDAY!
 INTRODUCE YOURSELF TO SOMEONE YOU DON'T KNOW; AND FIND OUT THEIR NAME; AND GIVE THEM A BIG WELCOME IN THE NAME OF JESUS. AND MAYBE SIT NEXT TO THEM DURING COFFEE-AND-DONUTS.


ST TERESA SOCK DRIVE
 In the last week we have had deliveries of almost a thousand pairs of socks! We have met our goal of 2500 pairs, and then some. Thank you, and the unhoused who will benefit from your gift thank you.



A reminder that we would like all parishioners to shift to online donation through our QR code. Seamless, simple, and easy to register the online donations or weekly tithing. Please scan the QR code in this box.




As a second giving option, the parish has just added Venmo. If you know what this is - great! If you don't, it's time to enter the 21st century :-)




venmo

SECOND COLLECTIONS

THIS WEEK'S second collection will benefit the St Teresa Building & Maintenance Fund. Donate [here](#).



NEXT WEEK'S second collection will benefit the St Teresa Conference of St. Patrick's Seminary. Donate [here](#).



Welcome to St. Teresa of Avila's Parish Community

We extend our hands and hearts in Christian fellowship to you here celebrating with us. Whether long-time residents or newly arrived in our parish, we thank God that you are with us. If you are not registered or have changes to your registration, please fill in the form below, or complete the form on our website.

Name: _____ Phone: _____


Address: _____

City: _____ Zip: _____ Email: _____

New Parishioner New Address and/or phone On-Line Giving

St. Teresa of Avila Catholic Church
 "Save but to love, and love again, and all on flame with love within, love on, and turn to love again ."
 – Saint Teresa of Avila


MARCH 01, 2026
 SECOND SUNDAY OF LENT





Let us all kneel for the Eucharistic Prayer during Lent (40 days) and stand during Easter (50 days)


Soup Supper Speaker Substitution
 Bishop William Justice cannot be the presenter at this Wednesday's Soup Supper. So the manager of the immigrant daytime housing at Saint Peter's, which this parish financially supports, will speak about that ministry and where your donation goes.


Season of Lent 2026 at St Teresa's

 **2nd Sunday of Lent - Mar 1**
 Rite of Enrollment of our O.C.I.A. candidates at the 10am Mass

 **Soup Supper - Wed, Mar 4**
 Bishop William Justice will offer a Lent reflection during a Soup supper, 6:00–7:30pm

 **Soup Supper - Wed, Mar 11**
 Salvador Aceves, the President of USF will offer a Lent reflection during a Soup supper, 6:00–7:30pm

 **Healing Mass - Sun, Mar 22**
 Sacrament of the Anointing of the Sick, at all weekend masses

 **Parish Reconciliation Monday, March 30**
 Individual Confessions 6:00pm through 8:00pm

Station of the Cross will be held after Mass each Friday during Lent. This will commence at 8:50 AM.

AAA 2026 - WE HAVE OUR TARGET
 We have received our goal for the 2026 Archdiocesan Annual Appeal; namely, \$31,288. Yes, this is higher than the past few years, but this is based on our collections, and those have been strong last year. I'd rather not 'preach' this appeal, so I'm hoping that you can support this as you have in past years.
 -Fr Greg

Soup Supper Sign-Up
 If you can make soup for either of our upcoming soup suppers, there is a sign-up sheet in the lobby. Soup makers, please make enough for 4 to 8 persons. Soup supper attendees, there is no RSVP so don't worry that your didn't let anyone know you're attending.

Pastors Spam
 If you get any emails from me asking for whatnot, please ignore. If I need something from you I'll ask you face-to-face.
 – Father Greg.

PASTOR
 Rev. Gregory Houck, O.Carm.
pastor@stteresasf.org

IN RESIDENCE
 Rev. Brian Henden, O.Carm.
bhenden@carmelites.net
 Rev. Michael Kwiecien, O.Carm.
mkwiecien@carmelites.net

SOCIAL OUTREACH COORDINATOR
 Bro. David Semmens, O.Carm.
brotherdave@stteresasf.org

DIRECTOR OF MUSIC
 Laura Diaz-Flaviani, lflaviani@pacbell.net

DIRECTOR OF FAITH FORMATION
 Anarose Schelstrate, anarose@stteresasf.org



The Transfiguration: An Example of a Theophany

It doesn't matter whether we're in Cycle A, B, or C; the Gospel for the Second Sunday of Lent is always the *Transfiguration*. The Church chooses this Gospel for Lent's second Sunday in order to focus is on the dazzling, white garment worn by Jesus while conversing with Moses and Elijah. Jesus' white garment anticipates the clothing of the newly-baptized at Easter . . . which is why we annually read about the *Transfiguration* on this Lenten Sunday.

This week's column takes up another issue raised by Gospel: the notion of *theophany*.

Theophany is a Greek word which, broadly speaking, refers to the appearance of a deity to a human being. In today's Gospel, Jesus is *transfigured*, and Peter, James, and John see the radiant figures of Jesus, Moses, and Elijah. Other "modern" examples of theophany would be any appearance of Jesus (such as the appearance of Jesus to Margaret Mary Alacoque [the Sacred Heart]), or any Marian apparition (such as Guadalupe, Lourdes or Fatima).

In the Judeo-Christian tradition, *theophany* takes on a more nuanced and refined meaning. In both the Hebrew and Christian Scriptures, theophany refers to the manifestation of God through an extraordinary sign, usually involving nature. Examples from the Hebrew Scriptures include:

- ◆ The *burning bush* where God revealed himself to Moses (Ex 3:1ff)
- ◆ The *pillar of cloud by day and fire by night* which guided the Israelites on the Exodus through the Sinai desert (Ex13:21-22)
- ◆ The *thunder and lightning on Mount Sinai* that occurred when Yahweh gave Moses the Ten Commandments (Ex 19:16-25)

The common element in these examples is that each describes an extraordinary event in nature which is interpreted as a manifestation of God. This concept is carried over from the Hebrew Scriptures to the Christian Scriptures, and here are several examples from the New Testament:

- ◆ A *star* announced the Birth of Jesus and directed the Magi to Bethlehem (Mt 2:2)
- ◆ Jesus mysteriously *calms the sea*, which prompted the apostles to ask, "What sort of man is this, whom even the winds and the sea obey?" (Mt 8:23-27)
- ◆ At the moment of Jesus' death, there is an *earthquake* and *the tearing of the sanctuary veil in two*. (Mt 27:51)
- ◆ At Jesus' baptism, a *voice from heaven* proclaims, "This is my beloved Son. My favor rests on him." (Mt 3:17) [Note that, in today's Gospel, the voice echoes the baptismal proclamation: "This is my beloved Son on whom my favor rests. Listen to him"]
- ◆ In today's Gospel, the *Transfiguration*: Peter, James, and John see the radiant figures of Jesus, Elijah, and Moses. (Mt 7:1-9)

In the modern world, things formerly understood as theophany might now be regarded as coincidence, as there is a modern tendency to dismiss theophanies as something belonging to a more primitive and unsophisticated age. Yet there is another way to look at these phenomenon: theophanies challenge our scientific, rational approach to the world. They challenge us to look at the world "with different eyes," with eyes that are open to wonder and mystery. Wonder and mystery properly belong to the realm of faith, and – through the eyes of faith – synchronous events are not "coincidence" but instead are understood as "signs" from God.

Michael Kwiecien, O. Carm

MASS INTENTIONS

As we celebrate Mass together we include in our prayers:

4:15pm **Saturday, February 28**
† Betty Parker
& Rose Marie Ostler(Spc Int)

8:30am **Sunday, March 1**
Rick Pitts(Spc. Int.)
10:00am George Salamy(Spc. Int.)

8:30am **Monday, March 2**
Lynn Jacklevich(Spc. Int.)

8:30am **Tuesday, March 3**
Kathy Ullhorn(Spc. Int.)

8:30am **Wednesday, March 4**
† Walter Maxwell Miller

8:30am **Thursday, March 5**
† Phillip Gonzales

8:30am **Friday, March 6**
† Rudolfo Yambao

4:15pm **Saturday, March 7**
† Alfonso Talmadge

8:30am **Sunday, March 8**
Kathy Ullhorn(Spc. Int.)
10:00am Audrey Rose Family(Spc. Int.)

This Week at Saint Teresa

Monday – 2nd March
- 6:30pm Choir Practice

Wednesday – 4th March
- 9:00am Tai Chi
- 6:00pm Lenten Soup Supper

Thursday – 5th March
- 12:30pm SVdP Food Distribution
- 12pm Sitting for Peace/Standing for Justice
- 7:00pm YAC Bible Study

Friday – 6th March
- 8:50am Stations of the Cross

Saturday – 7th March
- 9am Martin de Porres (Potrero St near Safeway)

ST TERESA'S GREEN TEAM
greenteam@stteresasf.org

If You Love it, Repair & Maintain it

February is a great time to slow down and take care—of relationships, routines, and the things we already have. Repairing instead of replacing saves money, reduces waste, and keeps valuable materials out of landfills.

Before tossing something, consider:
• Clothing: Learn basic mending or find a local tailor for small fixes like buttons or hems.
• Electronics: Check for repair guides or local repair shops before upgrading.
• Everyday items: Tighten, glue, patch, or clean. Maintenance can extend life more than you think.

Repairing is an act of appreciation for the resources and labor behind our belongings. Resource: Free repair guides for thousands of items: [ifixit.com](https://www.ifixit.com)

GUN SAFETY COMMITTEE

When (and why) doctors might ask patients about guns

As of February 2026, a federal appeals court ruled California's ban on public open carry in most counties unconstitutional, citing the Second Amendment, though state officials are fighting to maintain restrictions. Open Carry Ruling: A 9th Circuit panel ruled in Baird v. Bonta that state laws restricting open carry in counties with >200,000 residents violate the Second Amendment. While this affects 95% of the state's population, Attorney General Rob Bonta's office is reviewing the ruling, and open carry remains illegal for now. Meanwhile, Governor Newsom has announced \$107 million in new grants to combat gun violence, while new, stricter 3D-printed gun regulations and dealer surveillance laws are under review.

Please join us for the in-person "Sitting for Peace/Standing" for Justice on the steps of San Francisco City Hall this Thursday at 12PM.

Our 4:15 Hospitality after Mass is back on! The next get together is after the 4:15 Mass on March 7th.