

AAA 2026—WEEK 22

Assessed Amount: \$31,288
Amount Rec'd/Pledged: \$27,416
Balance Remaining: \$3,872

We are at **88%** of our goal! Thank you to all who have donated & pledged. Last year we met our goal within 37 weeks with 104 donors. So far 47 donors have given/pledged. Let's try to wrap this up with a bang!

Please check with your employer to see if they provide matching funds for charitable donations.

Any excess funds received are returned directly back to our parish.

You can donate now on the Archdiocesan website:

<https://sfarch.org/aaa>

You may also donate on our online portal [here](#) or Scan this QR code

Bulletins by email or text:

text "B"
to 84576



stteresasf.flocknote.com/bulletins

Here are the two
ways you can



OSV Regular

donate to
St Teresa online



venmo

Welcome to St. Teresa of Avila's Parish Community

We extend our hands and hearts in Christian fellowship to you here celebrating with us. Whether long-time residents or newly arrived in our parish, we thank God that you are with us. If you are not registered or have changes to your registration, please fill in the form below, or complete the form on our website.

Name: _____ Phone: _____

Address: _____

City: _____ Zip: _____ Email: _____

☐ New Parishioner

☐ New Address and/or phone

☐ On-Line Giving



Bankruptcy Report

After each of this weekend's masses

SECOND COLLECTIONS

THIS WEEK's second collection benefits the St Teresa Conference of St Vincent de Paul. Donate [Here](#).

NEXT WEEK's second collection is for the support of the Salesian Missions. Donate [Here](#).

Donate [here](#) to support our Charity Fund.



Please join us in celebrating the
Baptism of Gia Camille Kim

Gia Kim will be baptized into the Church at today's 10:00am Mass. Welcome Gia and congratulations to your parents and godparents.

CHRISTMAS IN JULY

Tree will be up at Church beginning this Saturday - July 25.

The tags on the tree represent items to be given to the Boys & Girls Clubs of Visitation Valley. So gifts this time are community based and not per individual child. Please take a tag or two and return the items the weekend of August 8/9.

There are a couple of women (**men were invited!**) at each Mass who will be by the tree and can answer any questions.



Rosary for Peace and Disarmament

Next Sunday, August 2nd, at 7:00pm we will recite the rosary in the Prayer Garden using Pope Leo's "Prayer for Peace and Disarmament." If it is too cold we'll have the rosary inside the church.

Name Tag Sunday

Next weekend is "Name Tag Sunday" - when this parish puts an extra effort in hospitality. So bring a friend or family to Mass with you next weekend.

An Invitation

If you are visiting our church today, know that we are honored by your presence. Our parish serves the needs of the community in many different ways. We offer preparation for sacraments, education for children and adults, social activities, assistance to those in difficulty, comfort to the sick and those who mourn a loss. If we can be of service to you, do not hesitate to call on us.



St. Teresa of Avila Catholic Church
"Your neighbor will be precious in God's sight
for reasons that you may not have in mind."

- St John of the Cross

JULY 26TH, 2026

The 17th Sunday in Ordinary Time

Salesian Missions

Fr Nicolas Soto of the Salesian Missions needs to cancel coming to Saint Teresa's because of health reasons, but we will still take up a collection next weekend to support the Salesian Missions.

Fr Ryan's Visit

A newly-ordained Carmelite, Fr Ryan Resurrección, will be visiting all next week (August 3rd thru August 7th). He will be at the morning masses. Ask for a blessing.



WEEKDAY MASSES

Monday—Friday 8:30am

SUNDAY MASSES

Saturday Vigil 4:15 pm

Sunday 8:30 & 10:00 am

PARISH OFFICE / MAILING ADDRESS

HOURS—8:30AM TO 5:00PM

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July 20th: Elijah the Prophet

On the week of July 20th, Catholic Churches throughout the world celebrate the 16th Sunday in Ordinary Time. But in the Carmelite world, July 20th is also the Feast of Elijah the Prophet, and today's column is about Elijah, the Spiritual Founder of the Carmelites.

Most religious communities have a founder. The Franciscans have Francis of Assisi; the Dominicans have Dominic de Guzman; the Jesuits, Ignatius Loyola. The Carmelites, however, do not have a founder per se. Carmelites trace their origins, not to a person, but to a place: Mount Carmel, a mountain in Northwestern Israel near the city of Haifa, overlooks the Mediterranean Sea. And hermits – in the Spirit of Elijah – have continuously lived on Mount Carmel since about 1000 years before Christ. We Carmelites trace our origins to these hermits, with Elijah the Prophet being our spiritual founder.

Elijah was the first of Israel's prophets. In the Christian Scriptures he appears with Moses and Jesus at the Transfiguration, but in he Hebrew Scriptures he is best known for his confrontation with the pagan prophets of Baal, one of several stories chronicled in the Book of Kings (1 Kgs 17:1 - 19:21). On July 20th – when Carmelites celebrate the Feast of Elijah – the first reading is taken from the Book of Kings. Elijah, in a moment of despair, laments: "O Lord, take my life! For I am no better than my Fathers!" Elijah is instructed to go up the mountain of God (Horeb) to encounter the Lord. On the mountain top, huddled in a cave, Elijah experiences three things: a strong, violent wind, an earthquake, and fire.

The Lord, however, was not in the wind, nor the earthquake, nor the fire. Instead, Elijah encountered the Lord in a gentle breeze. Elijah's response, "I am filled with jealous zeal for the Lord God of Hosts!" has become the motto of the Carmelite Order.

In the first decade of the 13th century the hermits of Mount Carmel received a "Rule" from Albert of Jerusalem. By the mid-13th century these hermits – now known as Carmelites – were asked by the Church to become Mendicants (friars). The 13th century is when these Carmelites came into official existence in the Church. Concurrently, this was about the same time that the Franciscans and Dominicans were founded.

We Carmelites trace our roots to the tradition of Elijah, and our spirituality is grounded in Elijah's experience on Mount Horeb. For Carmelites God not found in extraordinary events (wind, earthquake, or fire). Instead, Carmelites experience God in the everyday, the simple, and the ordinary . . . the "gentle breeze."

Michael Kwiecien, O. Carm



MASS INTENTIONS

As we celebrate Mass together we include in our prayers:

4:15pm	† Jackie Jackson
	Sunday, July 26
8:30am	† Oghi Ottoboni
10:00am	† Alphonse Talmadge
	Monday, July 27
8:30am	† Bob Jacklevich
	Tuesday, July 28
8:30am	† Mary Ellen Healey
	Wednesday, July 29
8:30am	† Lupita Perea
	Thursday, July 30
8:30am	† Mary Katherine Law
	Friday, July 31
8:30am	† James J. Burns
	Saturday, August 1
4:15pm	† Jackie Jackson
	Sunday, August 2
8:30am	† Oghi Ottoboni
10:00am	† Ray Sierra

This Week at St Teresa

Saturday – 25th July

- 9:00am Yoga In the Hall
- 5:00pm Parish Assessment Discussion in the church

Sunday – 26th July

- 9:30am Parish Assessment Discussion in the Hall
- 11:00am Parish Assessment Discussion in the Hall
- 12:00pm Town Hall Meeting in the Hall w/Fr. Greg

Thursday – 30th July

- 9:00am Tai Chi in the Garden
- 12:00pm Sitting for Peace/Standing for Justice

Saturday – 1st August

- 9:00am Yoga In the Hall

If you are interested in any of these events, please email the office for more information

ST TERESA'S GREEN TEAM
greenteam@stteresasf.org

Keep Our Waterways Clean This Summer

Reducing waste doesn't mean giving up summer fun—it simply means planning ahead. Whether you're hosting a cookout, attending a concert, or enjoying a weekend picnic, thoughtful choices can help reduce the amount of trash sent to landfills.

A few easy ideas:

- Buy only what you'll use to reduce food waste
- Set out clearly labeled recycling and compost bins at gatherings
- Choose durable or reusable serving items over disposables
- Donate unopened leftover food when appropriate
- Compost food scraps whenever possible

Collectively, these everyday choices conserve natural resources, reduce greenhouse gas emissions, and help build healthier communities.

Resource: CalRecycle – Reduce, Reuse, Recycle: <https://calrecycle.ca.gov/recycle/>

GUN SAFETY COMMITTEE

Recent congressional database proposals and major federal gun safety laws focus on public health research and expanding safety checks. Key examples include the proposed [Gun Violence Prevention and Public Safety Database Act](#), the [Local Gun Violence Reduction Act](#), and the landmark Bipartisan Safer Communities Act **Proposed Database Legislation**

- **Gun Violence Prevention and Public Safety Database Act:** Directs the CDC to create a centralized, publicly accessible federal database for gun violence and public safety research.
- **Local Gun Violence Reduction Act:** Proposes a CDC database enabling state and local governments to share community-level policies and success stories that reduce gun violence.
- **Historical Restriction Context:** Federal law under the Firearms Owners' Protection Act historically prevented the government from keeping a centralized registry of private gun owner records, making modern database proposals focus strictly on public health tracking rather than firearm registries. Academic archives like [HeinOnline](#) also compile legislative histories on the topic.