

SUNDAY MASSES
Saturday Vigil 4:15 pm
Sunday 8:30 & 10:00 am

WEEKDAY MASSES
Monday—Friday 8:30am

PARISH OFFICE / MAILING ADDRESS
HOURS—10:00AM TO 4:30PM
390 Missouri St, San Francisco, CA 94107
Phone: 415.285.5272 stteresasf.org
Email: info@stteresasf.org

MARRIAGE
Please call 6 months prior

BAPTISM
Please call for appointment

RECONCILIATION
Monday—Friday
Following 8:30am Mass
or call for appointment



Welcome to St. Teresa of Avila's Parish Community

We extend our hands and hearts in Christian fellowship to you here celebrating with us. Whether long-time residents or newly arrived in our parish, we thank God that you are with us. If you are not registered or have changes to your registration, please fill in the form below, or complete the form on our website.

Name: _____ Phone: _____

Address: _____

City: _____ Zip: _____ Email: _____

☐ New Parishioner ☐ New Address and/or phone ☐ On-Line Giving

SECOND COLLECTIONS

THIS WEEK'S second collection will benefit the Carmelite Seminary Fund.
Donate [here](#)


NEXT WEEK'S second collection will benefit the St Teresa Charity Fund.
Donate [here](#)

A reminder that we would like all parishioners to shift to online donation through our QR code. Seamless, simple, and easy to register the online donations or weekly tithing. Please scan the QR code in this box.

As a second giving option, the parish has just added Venmo. If you know what this is - great! If you don't, it's time to enter the 21st century :-)

ST TERESA SOCK DRIVE IS OFFICIALLY ON!

From January 19th to March 14th we will collect new socks for those in need of warm feet in the cold early months of the year. Please bring them in and place them in the bushel baskets at the foot of the altar.



St. Teresa of Avila Catholic Church
“Lord, if this is how you treat your friends, no wonder you have so few of them. ”
– Saint Teresa of Avila

FEBRUARY 08, 2026
THE FIFTH SUNDAY IN ORDINARY TIME


AAA 2026
WE HAVE OUR TARGET

We have received our goal for the 2026 Archdiocesan Annual Appeal; namely, \$31,288. Yes, this is higher than the past few years, but this is based on our collections, and those have been strong last year. I'd rather not 'preach' this appeal, so I'm hoping that you can support this as you have in past years.
-Fr Greg

You can donate now on the Archdiocesan website:
<https://sfarch.org/aaa>
or Scan this QR code

You may also donate on our online portal [here](#)

During Advent and Lent where do the houseplants go that are currently all over the church? They go upstairs into the greenhouse. A parishioner recently donated a full-blown greenhouse (with timed lighting, watering system, and tight enclosure to hold humidity) and this has been set up just over your head behind the Saint Matthew window. And happy plants make for a happy church.



We Are Creating a Parish Directory!
When (if) the Archdiocese reaches a bankruptcy settlement, Saint Teresa of Avila may be asked to sell some property to help fund the settlement. Since these assets are owned by the parishioners, the Archdiocese will need to ask your permission, so not only is an up-to-date directory a good thing, right now it is an imperative thing. So please find your photo on the wall, fill out the info on the back, and hand it in to Francisco or Fr Gregory. Note: your contact information will not be shared with anyone, including the Archdiocese.

Our 4:15 Hospitality after Mass is postponed due to the Hall being double booked. We will see you next week!



PASTOR
Rev. Gregory Houck, O.Carm.
pastor@stteresasf.org

IN RESIDENCE
Rev. Brian Henden, O.Carm.
bhenden@carmelites.net
Rev. Michael Kwiecien, O.Carm.
mkwiecien@carmelites.net

SOCIAL OUTREACH COORDINATOR
Bro. David Semmens, O.Carm.
brotherdave@stteresasf.org

DIRECTOR OF MUSIC
Laura Diaz-Flaviani, lflaviani@pacbell.net

DIRECTOR OF FAITH FORMATION
Anarose Schelstrate, anarose@stteresasf.org

What Happens in Corinth Stays in Corinth!

In Cycle A, the New Testament readings from the Second Sunday in Ordinary Time until the beginning of Lent are taken from Paul's First Letter to the Corinthians. In this week's column I'd like to provide some background on this volatile Church in Corinth, focusing on some of the problems and issues that troubled the Corinthian community.

Centuries before Las Vegas there was Corinth, a Greek seaport with a notorious reputation. Corinth was one of the "sin cities" of the ancient world, and, for some inexplicable reason, Paul decided to establish the Church there.

Paul arrived in Corinth in about the year 50 and remained until the year 52, a stay of 18 months which, for Paul, was a lengthy period of time. Paul eventually left Corinth to continue his missionary work in the Mediterranean, and, as soon as he departed, serious problems began to emerge. Paul addresses these problems in two letters (1 & 2 Corinthians), but because there were so many problems scholars speculate that the two letters we have today may actually be a synthesis of as many as seven letters that went back and forth between Paul and the Corinthian Church. To say the least, Corinth was a thorn in Paul's side.

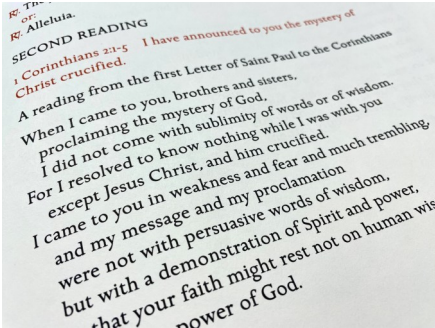
The major problem in Corinth was one of divisions or factions. To understand this, we need to recognize that the Church of Corinth came into existence less than two decades after the death and resurrection of Jesus. In this early New Testament period, these first churches were *house churches*. Literally, the community met in peoples' homes, since there were no "parishes" or public facilities where the community could gather. Consequently, the size of the community was limited to the space available and, as the Corinthian community grew in number, the Church expanded into several house churches. Unfortunately, these churches entered into competition with one other, and Paul alludes to these rivalries in the first chapter of the first letter which we heard two weeks ago on January 25th, the Third Sunday in Ordinary Time:

"For it has been reported to me about you, . . . that there are rivalries among you. I mean that you are saying, 'I belong to Paul' or 'I belong to Apollos' or 'I belong to Cephas' or 'I belong to Christ.' Is Christ divided? Was Paul crucified for You? Or were you baptized in the name of Paul?" (1 Cor 1:11-13)

Later in the "Corinthian Correspondence" we learn that another source of division in the Corinthian community was the segregation that took place following the Eucharist. In house churches, the community would gather for Eucharist, which, at this time, only tacitly resembled our present "Mass." Scriptures were read, prayers were prayed, bread was broken, and the cup was shared. This was followed by a shared meal that might be described as a sort of pot-luck supper. The problem in Corinth was that, during these post-Eucharistic meals, the community segregated itself according to social class instead of interacting with one another as equal members of the Body of Christ. The behavior of the community – segregation during the post-Eucharistic meal – was the very antithesis of what had just been proclaimed at Eucharist.

Most of us are familiar with John Foley's hymn *One Bread, One Body* (which is based on 1 Corinthians). The verse, "*Gentile or Jew, servant or free, woman or man no more!*" summarizes Paul's response to the divisions in Corinth. It reflects Paul's understanding that, through Baptism, we are incorporated into the Body of Christ. In Baptism, all former distinctions (religious, cultural, socio-economic, or gender-based) are dissolved because, through Baptism, we become equal, interdependent members of Christ's body.

Michael Kwiecien, O. Carm



MASS INTENTIONS

As we celebrate Mass together we include in our prayers:

- 4:15pm † Saturday, February 7 Walter Maxwell Miller
- 8:30am † Sunday, February 8 Lupita Perea
- 10:00am † Giuseppe & Maria Molinari
- 8:30am † Monday, February 9 Dan Sullivan(Birthday)
- 8:30am Tuesday, February 10 Scarlett Andreotti(Spc. Int.)
- 8:30am † Wednesday, February 11 Mary Ellen Healy
- 8:30am Thursday, February 12 William J Burns
- 8:30am Friday, February 13 Bruna Salvi
- 4:15pm Saturday, February 14 Bertucci Family(Spc. Int.)
- 8:30am Sunday, February 15 Shamim Hamzavi(Spc. Int)
- 10:00am Audrey Rose Family(Spc. Int.)

This Week at Saint Teresa

- Monday, 9nd of February
 - 6:30 pm Choir Practice
- Tuesday, 10th of February
 - 7:00 pm Pastoral Council Meeting
- Thursday, 12th of February
 - 1:00 pm Sitting for Peace Meditation
 - 5:00 pm Feed the Hungry
 - 7:00 pm YAC Bible Study Zoom
- Saturday, 14th of February
 - 8:00 am Lay Carmelite Retreat
 - 5:15 pm Cheese and Crackers Social

ST TERESA'S GREEN TEAM

greenteam@stteresasf.org

Love Without the Footprint: Low-Impact Ways to Celebrate

Valentine's Day often comes with pressure to buy more, more flowers, gifts, cards, and packaging that may only last a moment. This week, consider celebrating in ways that prioritize connection over consumption. Experiences tend to create longer-lasting memories and far less waste. Low-impact celebrations can be meaningful, personal, and planet-friendly:

- Experiences over stuff: Cook a meal together, take a walk, or plan a local day trip.
- Homemade gestures: Write a note, make a playlist, or create something by hand.
- Digital over disposable: Skip paper cards and opt for thoughtful messages or photos shared digitally.

Choosing presence over presents is a simple way to show love—to each other and to the planet. Resource: Sustainable Valentine's Day ideas:

www.earthday.org/valentines-day/

GUN SAFETY COMMITTEE

Protection orders reduce gun violence

California was the first state in the nation to adopt a "red flag law" in 2016. This law builds off a bedrock of available protection orders –9 in total– that prohibit firearm possession for people subject to orders ranging from domestic violence and workplace harassment. In the first three years of their existence, these protection orders were used to prevent 58 cases of threatened mass shootings.

Service with Smiles

The parish's Circle of Light group prepared and served food for sixty of the city's unhoused Thursday evening. If you'd like to help with next week's food service, see Lynn after Mass on Sunday. We who are about to pie, salute you!

