

AAA 2026—WEEK 22

Assessed Amount: \$31,288
Amount Rec'd/Pledged: \$27,416
Balance Remaining: \$3,872

We are at **88%** of our goal! Thank you to all who have donated & pledged. Last year we met our goal within 37 weeks with 104 donors. So far 47 donors have given/pledged. Let's try to wrap this up with a bang!

Please check with your employer to see if they provide matching funds for charitable donations.

Any excess funds received are returned directly back to our parish.

You can donate now on the Archdiocesan website:

<https://sfarch.org/aaa>

You may also donate on our online portal [here](#) or Scan this QR code

Bulletins by email or text:

text "B"
to 84576



stteresasf.flocknote.com/bulletins

Here are the two
ways you can



OSV Regular

donate to
St Teresa online



venmo

Welcome to St. Teresa of Avila's Parish Community

We extend our hands and hearts in Christian fellowship to you here celebrating with us. Whether long-time residents or newly arrived in our parish, we thank God that you are with us. If you are not registered or have changes to your registration, please fill in the form below, or complete the form on our website.

Name: _____ Phone: _____

Address: _____

City: _____ Zip: _____ Email: _____

☐ New Parishioner

☐ New Address and/or phone

☐ On-Line Giving

Pope Leo's Prayer for Disarmament and Peace

Lord of Life, you shaped every human being in your image and likeness. We believe you created us for communion, not for war, for fraternity, not for destruction.

You who greeted your disciples saying, "Peace be with you," grant us the gift of your peace and the strength to make it a reality in history.

Today we lift up our prayer for peace in the world, asking that nations renounce weapons and choose the path of dialogue and diplomacy.

Disarm our hearts of hatred, resentment, and indifference, so we may become instruments of reconciliation. Help us understand that true security does not come from control fueled by fear, but from trust, justice, and solidarity among peoples.

Lord, enlighten the leaders of the nations, so they may have the courage to abandon projects of death, halt the arms race, and place the lives of the most vulnerable at the center. May the nuclear threat never again dictate the future of humanity.

Holy Spirit, make us faithful and creative builders of daily peace: in our **hearts**, our **families**, our **communities**, and our **cities**.

May every kind word, every gesture of reconciliation, and every choice for dialogue be seeds of a new world. **Amen**

SECOND COLLECTIONS

THIS WEEK's second collection is for the support of the Salesian Missions. Donate [Here](#).

NEXT WEEK there is no second collection.

Donate [here](#) to support our Charity Fund.



St. Teresa of Avila Catholic Church
"Accustom yourself continually to make many acts of love, for they enkindle and melt the soul."
- St Teresa of Avila

AUGUST 2ND, 2026
The 18th Sunday in Ordinary Time



Please join us in celebrating the
Baptism of Aiden Woo

Aiden Woo will be baptized into the Church at today's 10:00am Mass. Welcome Aiden and congratulations to your parents and godparents.

Salesian Missions

Because of health reasons, Salesian priest, Fr Nicolas Soto, won't be here this weekend to present on the work of the Salesian Order, we will still take up a collection to support their work. In the pews, there are envelopes provided by the Archdiocese of San Francisco Mission Office.

Fr Ryan's Visit

A newly-ordained Carmelite, Fr Ryan Resurrección, will be visiting all next week (August 3rd thru August 7th). He will be at the morning masses. Ask for a blessing.



Bankruptcy FAQs

The ArchSF has prepared an FAQ sheet regarding the bankruptcy. This is available on the lobby tables.

CHRISTMAS IN JULY

Tree will be up at Church began Saturday July 25.

The tags on the tree represent items to be given to the Boys & Girls Clubs of Visitation Valley. So gifts this time are community based and not per individual child. Please take a tag or two and return the items the weekend of August 8/9.

There are a couple of women (**men were invited!**) at each Mass who will be by the tree and can answer any questions.



NAME TAG SUNDAY!

Introduce yourself to someone you don't know; and ask their name; and give them a big **WELCOME** in the name of Jesus. Be a host to them during coffee-and-donuts.

Rosary for Peace and Disarmament

This Sunday, August 2nd, at 7:00pm we will recite the rosary in the Prayer Garden using Pope Leo's "Prayer for Peace and Disarmament." If it is too cold we'll have the rosary inside the church.

WEEKDAY MASSES

Monday—Friday 8:30am

SUNDAY MASSES

Saturday Vigil 4:15 pm

Sunday 8:30 & 10:00 am

PARISH OFFICE / MAILING ADDRESS

HOURS—8:30AM TO 5:00PM

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Eucharist in the Scriptures and in the Catechism of the Catholic Church

In this Sunday’s Gospel, Jesus, upon learning of the death of John the Baptist, retired to a deserted place to be by himself. A crowd followed him and, when evening came, Jesus took five loaves and two fish and fed the crowd, which numbered about five thousand.

The feeding of the five thousand is one of the few stories that appears in all four gospels. (Other stories in this exclusive group include the Baptism of the Lord, the Passion/Crucifixion, and the Resurrection.) To be included in this rarefied company means that this story was extremely important, both to the evangelists and to the early Christian communities.

Next summer, in cycle B, the feeding of the five thousand becomes a five-week excursus into the sixth chapter of John, a chapter known as the *Eucharistic Discourse*. Next year, John will use the miracle story as a springboard to develop his nuanced Eucharistic theology. This year, Matthew does not offer any elaborate or nuanced theology. Instead, Matthew simply supplies a narrative of the event.

In the gospels there are dozens of instances where Jesus eats with others. Some meals are especially significant – such as the Last Supper – but many are informal, casual events, such as eating with the tax collector, Zacchaeus. The bottom line: meal stories have something to do with Eucharist.

Yet our understanding of Eucharist is not limited to what we find in scripture. Over time, the Church has reflected on this central mystery of faith, and has articulated its doctrinal understanding in the Catechism. In Part Two, Article 3 (The Sacrament of the Eucharist), there is a section entitled “What Is This Sacrament Called” (nos. 1328-1332), where “the inexhaustible richness of this sacrament is expressed in the different names we give it.” It is called:

- *Eucharist*, because it is a action of thanksgiving to God (from the Greek words *eucharistein* and *eulogein*, which recall the Jewish [meal] blessings)
- the *Lord’s Supper*
- the *Breaking of the Bread*
- the *Eucharistic Assembly*
- the *memorial* of the Lord’s Passion and Resurrection
- the *Holy Sacrifice*(referring to the Mass) or the *Holy and Divine Liturgy*
- the *Sacred Mysteries* or *Most Blessed Sacrament*
- *Holy Communion*, the *bread of angels*, *bread from heaven*, *medicine of immortality*, and *viaticum*(Food for the Journey, received before death)
- *Holy Mass* (*Missa*)

What is so striking about these images is their diversity They deal with the *action* (giving thanks to God and blessing), the *community* (the Eucharistic Assembly), *the Mass* itself (the Holy Sacrifice, Divine Liturgy, or Missa), and the actual bread and wine (Communion, bread of angels, bread from heaven, or viaticum). In other words, the Catechism itself does not want to limit our understanding of Eucharist to any narrow, restrictive construct. Instead, the Catechism articulates Eucharist by utilizing a variety of images . . . which is a roundabout way of challenging us to approach and get in touch with the mystery.

Michael Kwiecien, O. Carm

MASS INTENTIONS

As we celebrate Mass together we include in our prayers:

	Saturday, August 1
	Fr. Vitaley Osmolovskiyy, SJ(Spc Int.)
	Sunday, August 2
4:15pm	† <u>Nancy Kaczmariski-Barnes</u>
8:30am	† <u>Ray Sierra</u>
10:00am	Monday, August 3
	† Bob Jacklevich
8:30am	Tuesday, August 4
	† Mary Ellen Healey
8:30am	Wednesday, August 5
	† Lupita Perea
8:30am	Thursday, August 6
	<u>Isha Joshi</u> (Spc. Int - Birthday)
8:30am	Friday, August 7
	† Nicola & Bart
4:15pm	Saturday, August 8
	† Sr. Kathleen Healy
8:30am	Sunday, August 9
10:00am	† Patty Griffin
	† San Sullivan

This Week at St Teresa

- Saturday – 1st August**
- 9:00am Yoga In the Hall
- Sunday – 2nd August**
- 7:00pm Rosary for Peace
- Thursday – 6th August**
- 9:00am Tai Chi in the Garden
- 12:00pm Sitting for Peace/Standing for Justice
- Saturday – 8th August**
- 9:00am Yoga In the Hall

If you are interested in any of these events, please email the office for more information

ST TERESA’S GREEN TEAM
greenteam@stteresasf.org

Plastic-Free Summer Starts with Small Swaps

Summer often means more picnics, takeout meals, road trips, and outdoor events—all of which can lead to extra single-use plastic waste. Fortunately, a few simple swaps can significantly reduce your environmental impact. Consider making these easy changes:

- Carry a reusable water bottle instead of buying bottled water
- Bring your own shopping bags and produce bags
- Keep reusable utensils and a travel mug in your car or backpack
- Choose reusable food containers for lunches and leftovers
- Decline disposable straws and plastic cutlery when ordering takeout

These small habits reduce waste, conserve resources, and help keep plastic out of our waterways and neighborhoods.

Resource: <https://www.plasticfreejuly.org>

GUN SAFETY COMMITTEE

In June 2022, the Supreme Court held in New York State Rifle & Pistol Association, Inc. vs. Bruen there is a constitutional right to carry a firearm in public for the purpose of self-defense under the Second Amendment. The presence of firearms heightens tensions and exacerbates confrontations, potentially leading to violent consequences. There is no widely endorsed research that expanding public carry — especially concealed carry — has any public safety benefits. Firearms are rarely used successfully in self-defense. In fact, individuals successfully defend themselves with a gun in less than one percent of crimes. Yet, there has been a massive shift in both legislation and litigation to allow more firearms in public. When a firearm is present, a situation that could have been diffused may instead end in injury or death. Whether during a bar fight, traffic altercation, argument at a gas station, or just a dispute between long-time friends, guns have the potential to turn a contentious situation into a deadly one.

Bradyunited.org