

WHAT TO BRING

- Sleeping Bag or Twin Size Sheets and a Blanket
- Pillow
- Towels & Washcloths
- Personal Items : (Deodorant, Toothbrush, Toothpaste, Comb, Etc.)
- Modest Swimsuit
- Beach Towel
- Swim Suit Cover-up
- Shoes for pool/shower
- Casual Clothing
- Camera
- Bible
- Journal
- Pen/Pencil
- Flashlight
- Rain gear/Umbrella
- Bug Repellent
- Medications**
- Medical Authorization Form (part of registration)
- BGMC Offering (\$20 suggested amount since no registration fee)
- BGMC Trading Cards
- Buttons from previous retreats
- A Good Attitude **All medications are to be turned in at registration