



# Leaders Manual

**2025 GIRLS RETREAT**





# GIRLS RETREAT SCHEDULE

## FRIDAY

- 4:30-6:00 Registration/ Health Check/ Check In
- 6:00-7:00 Dinner—Cafeteria (Tacos)
- 7:00-9:00 Worship Service - Gym
- 9:00-11:00 Glow In The Dark Putt Putt & Laser Tag
- 11:30 Lights Out

## SATURDAY

- 9:00-9:30 Breakfast (Biscuit with gravy, sausage, cereal)
- 9:30-10:10 Recap Service
- 10:15-12:30 Rotations/Discovery Chase— see next page
- 12:30-1:15 Lunch (Hamburger, fries, salad)
- 1:15-4:00 Afternoon Rotations - see next page
- 4:00-5:15 Dinner Prep/Rest
- 5:15-6:00 Dinner (Chicken tenders, mac and cheese)
- 6:00-8:30 Service
- 8:30-10:30 Late Night Water SURPRISE
- 11:10 Lights Out

## SUNDAY

- 8:00-9:00 Pack up all belongings
- 9:00-9:45 Pancakes & Pajamas
- 9:45-11:00 Morning Worship Service
- 11:00 Dismissal



## DISMISSAL INFORMATION:

Ensure all trash is picked up & all personal items have been removed. Check out at the cafeteria road or front gate.

**SATURDAY MORNING DISCOVERY STATION ROTATIONS:**

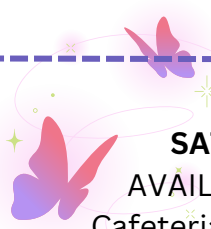
STATION 1 - RANGER AREA

STATION 2 - NEW PAVILION

STATION 3 - TIMBERLAKE BEACH (GRASS NEAR LAKE)

STATION 4 - OUTSIDE GYM NEAR LOADING DOCK

TEAM COLOR	FIRST ROTATION 10:15-10:45	SECOND ROTATION 10:50-11:20	THIRD ROTATION 11:30-12:00	FOURTH ROTATION 12:00-12:30
BLUE	STATION 1	STATION 2	STATION 3	STATION 4
YELLOW	STATION 2	STATION 3	STATION 4	STATION 1
ORANGE	STATION 3	STATION 4	STATION 1	STATION 2
PINK	STATION 4	STATION 1	STATION 2	STATION 3



**SATURDAY AFTERNOON ACTIVITIES:**  
AVAILABLE TO EVERYONE ALL AFTERNOON  
Cafeteria - Concessions/Store open for shopping

**SCHEDULED ROTATIONS:**

	1:30-2:45 pm Options	2:45-4:00 pm Options
YELLOW AND ORANGE	REC HALL LAKE: GA Plunge	LAKE: Paddle Boats Gym: GAGA Ball/Granny Pants
BLUE AND PINK	LAKE: Paddle Boats Gym: GAGA Ball/Granny Pants	REC HALL LAKE: GA Plunge

# SATURDAY MORNING SET FREE CHASE (FOR BONUS POINTS)

- You must include all of your girls in the challenges before repeating
- All VIDEO challenges must be filmed on APPLE IPHONE only and Airdropped for credit
- All PHOTO challenges can be taken on any phone



## SCIENCE STATION 1- RANGER VILLAGE

**Jump Squad** (PHOTO CHALLENGE) Take a picture of your group jumping in mid-air

## SCIENCE STATION 2 - NEW PAVILION

**Bible Characters** (VIDEO CHALLENGE) Choose a Bible story and act out a short scene(8 seconds or less). But...Shhh! No talking - just acting and gestures

**Fly that Plane** (PHOTO CHALLENGE) Color and assemble the planes. See who's plane will fly the farthest.

## SCIENCE STATION 3 - TIMBERLAKE BEACH (NEAR LAKE)

**Kaleidoscopes** (PHOTO CHALLENGE) Decorate and assemble the kaleidoscopes. Make sure to include the weekend theme verse on the kaleidoscope in your decorations.

**Vacation Vibes** (PHOTO CHALLENGE) Take a staged photo that looks like you are all on vacation. Towels, Sunglasses and sunbathing.

## SCIENCE STATION 4 - OUTSIDE GYM NEAR ROLLUP DOOR

**Rockets that fly** (VIDEO CHALLENGE) Drop the Mentos into the diet coke and video the results

**ABC's of Salvation** (PICTURE CHALLENGE) Talk about how your life can be free of sin. Go over and hand out all the cards. Free from sin like a rocket.

## BONUS CHALLENGES

**Extra Fun! Point 5** (PHOTO CHALLENGE) Take a picture of your entire team on the field

**Extra Fun! Run Run!!!** (VIDEO CHALLENGE) Video your entire team running away from a "Swarm of Bees"



# TEAMS:



YELLOW QUASAR



BLUE LUMINOSITY



ORANGE KINETIC

PINK INERTIA



ALL CAMPERS

- Must have a Clean Scalp Exam upon arrival.
- Must be fever free for at least 24 hours.
- Must stay in groups at all times, please never one camper and one leader - always 3 or more.
- Must not leave the campground at any time without permission from the Camp Director.
- Expected to observe habits of personal and group courtesy, cleanliness, and Christian conduct
- No fireworks, tobacco, alcoholic beverages, drugs, or profanity are allowed on the campgrounds.
- No electronic, handheld video games, or cell phones are allowed to be used during the weekend.
- All medications should be registered with Camp First Aid immediately upon arrival. They will be administered under the care of the camp First Aid. All medications must be in the original prescription bottle. (Leaders age 18+ can keep their own medicine as long as it is secure)
- MUST HAVE FUN!!!
- We want for every girl to have an incredible weekend.

## **General Sisters Together Retreat Policies:**

### **Child Abuse Policy**

It is the policy of the Georgia Assemblies of God Camps that cases of suspected child abuse or sexual molestation shall be reported to the Camp Director immediately. It is against the law to keep information concerning abuse and not report it. We are mandatory reporters by law and such information should be communicated immediately.

### **Fire**

Each leader is responsible for evacuating her room with all girls. Campers will move to the lower parking lot in front of the Addison Hall up the hill. Leaders must make sure all campers are accounted for and notify camp staff.

### **Tornado/Storm**

Leaders immediately wake girls, ensure each camper is accounted for and move to the basement of Bray or the basement of the cafeteria, whichever is closest. Move to the most interior part of the building away from windows.

### **Lightning**

Campers should not be outside when there is lightning. Stay away from water areas, windows, plumbing, etc..

### **Visitor Policy**

For safety reasons and the overall flow, visitors are strongly discouraged. Anyone who is not approved, leaders and campers, must be approved by the Camp Director. Any visitors must check in and out in the cafeteria, and should never be in the dorms. Visitors may not check out any student without going through the Camp Director.



# PROJECT RESCUE

**BGMC and Coins for Kids will be coming alongside Project Rescue to allow them the opportunity to build a school.**

Project Rescue began in 1997. The mission of Project Rescue is to rescue women and children from slavery and trafficking through the love and power of God. All caregivers offer God's love, liberating truth, and compassionate, holistic care while working with survivors to support them on their journey toward restoration. Funds are needed to build a school that will allow kids to have a place to go for an education and training areas for learning job skills. Project Rescue believes that all men, women, and children bearers of Christ and deserve to live their lives freely, as fully empowered daughters and sons of God. By giving to Coins for Kids, you can change the lives of kids and help provide them with a school building and education. It costs about \$250,000 for a library and \$200,000 for a music and art studio. Our goal this year is together to raise \$450,000 for Project Rescue. Together we can and will change the World.

CHURCH NAME: \_\_\_\_\_  
GROUP LEADER: \_\_\_\_\_

Please list any specific testimonies girls may have shared:

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Please list the number of girls saved, healed, called into  
the ministry, etc...

SAVED: \_\_\_\_\_

HEALED: \_\_\_\_\_

CALLED TO MINISTRY: \_\_\_\_\_

Please fill this form out when directed by Girls Retreat  
Leadership Team. Then detach and turn in as directed.

**Thank you to each Girls Ministry  
Leader, our Retreat Volunteers,  
Sister Squad, and Leadership Team!**



KidMin Director: Russell Smith  
Girls Ministry Director: Amy Bilsland  
Safety/Logistics: Bob Aston  
Speaker: Juliana Greenfield  
First Aid: Leslie Quick