

September 4, 2026

CARDINAL NEWS



"With upright heart He tended them, and guided them with skillful hand."

MESSAGE FROM MR. STEWART

Greetings, Sacred Heart Families!

Here we are in September, but it feels more like July! We are keeping our students safe during these extremely hot days by holding recess in the PAC. Please join us in praying for cooler weather – so our students can once again enjoy fresh air outside at recess and to relieve the strain placed on our cooling system.

We again express gratitude for Lowe's for donating window air conditioning units. One of the units in the Early Childhood wing went out this week, and we were blessed to have this donated unit to install. God is good!

We especially pray for cooler weather for our Street Dance next weekend! It is a joy to see our families coming together to put on this event for the fellowship for our own school community as well as the broader Southern Indiana community. Your service is a witness to others who come to our campus for this event and see how we come together to serve and to celebrate. We have several other wonderful ways to celebrate together this month, and we look forward to welcoming First Responders and grandparents to SHC!

As we work our way through the First Quarter, please continue to encourage your students to read or read with them every night. It makes a huge difference!

God Bless You and Yours,

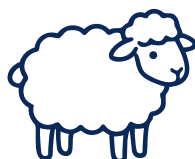
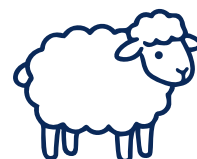
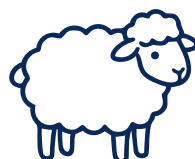
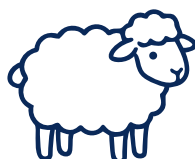
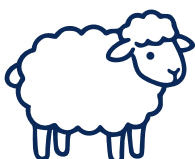
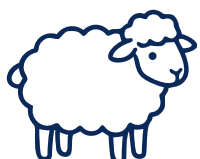
Jeremy Stewart
Principal, Sacred Heart Catholic School



During their guidance time, Kindergarten learned what the word "unity" means. The students worked together as a class – in silence! – to create a shape. They did a great job!



The PAC provides an alternative space for playtime and recess on days where the weather doesn't allow us to go outside.



SACRED HEART CATHOLIC FORMING SAINTS AND EDUCATING SCHOLARS!

Our Mission: Sacred Heart Catholic School community provides a Catholic foundation which cultivates disciples of Jesus and fosters academic excellence for all God's children.

Highlights for September

Sept 7: Labor Day - No School, No Aftercare
Sept 9: Middle School Drop in, PSTS Meeting
Sept 11: First Responders Mass, Flag Ceremony, Reception
Sept 11: ECE Grandparents Day Lunch
Sept 12: Street Dance
Sept 16: Drop In, Athletic Committee Meeting
Sept 18: K-8 Grandparents Day Lunch
Sept 23: Middle School Drop In
Sept 24: Junior High Cardinal Ritter field trip
Sept 25: End of First Quarter



4th Grade is responsible for filling the [Blessing Box](#) this month.

Date	Time	Liturgical Observance	Grade Planning
Friday, Sept 11	8:15 a.m.	23rd Friday in Ordinary Time (First Responders)	3
Friday, Sept 18	8:15 a.m.	24th Friday in Ordinary Time	8
Friday, Sept 25	8:15 a.m.	25th Friday in Ordinary Time	7

Parents are welcome to join us at Sacred Heart Church for Mass.
Your student may sit with you, if you prefer.
Doors to the church will be locked at 8:20 a.m.

Reminders from the Office

No school on Labor Day

School will be closed on Labor Day, Monday, **Sept. 7**. There will be no Aftercare on Sept. 7.



We are celebrating grandparents for our students this month. Early Childhood Education Grandparents' Day will be Friday, **Sept. 11**, at 11:30

a.m. in the courtyard. Grandparents should bring their own lunch and chairs. Parents should return to their child's teacher the form previously sent home, by today.

Information for K-8 Grandparents' Day is being sent home with students.

Sacred Heart Catholic's

STREET DANCE

SATURDAY SEPTEMBER 12TH

PARENTS: WE NEED YOUR HELP



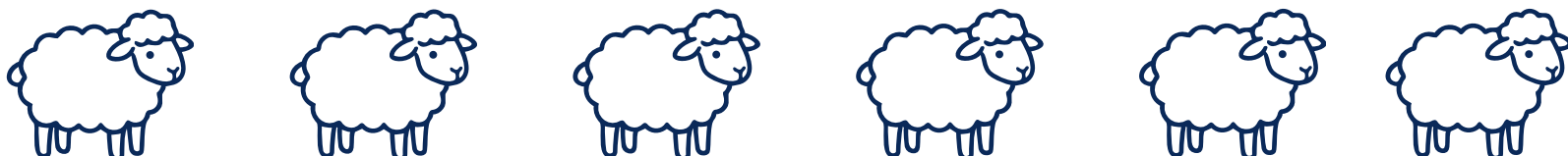
HOW TO HELP

- Share the event with friends and family
- Volunteer at the event
- Share the sponsorship Form
- Take a yard sign home

KID ZONE IDEAS AND VOLUNTEERS

ASAP

We usually have inflatables in this area, but we can no longer use them due to the Archdiocese's new restrictions. We need someone to bring new ideas help implment them with a tight turnaround this year.



PSTS Meeting



**Be in the
know! Be
involved!**

*Out-of-Uniform
Incentive 9/10*



**9/9/26
6:30 p.m.
GYM**

All parents are encouraged to attend the PSTS Meeting on Wednesday, **Sept. 9**, at 6:30 p.m. in the gym. Students of those who attend will receive an out-of-uniform day on Sept. 10



ATHLETICS NEWS CORNER

3/4 Grade Volleyball
Bye Week

5/6 Grade Volleyball
Bye Week

7/8 Grade Volleyball
Bye Week

**5TH-8TH GRADE
BASKETBALL
SIGN UPS
FOR BOYS & GIRLS**

SIGN UP BY OCTOBER 1

● SEASON STARTS MID OCTOBER

COACHES
needed for
5&6 and 7&8
Girls' Teams!

Basketball registration

It's time to start thinking about Basketball for boys and girls in grades 5-8. Registration is now open, and the deadline to register is **Oct. 1**. More registrations are needed for grades 5/6 teams and for girls 7/8 teams. Coaches are needed for the girls' teams. [Click here](#) to register or to volunteer.



**YOU ARE
NEEDED IN
ATHLETICS!**

Several vacant positions need filling on the Athletic Committee! If you like sports, plan to attend the meeting on **Sept. 16** at 6 p.m. For more information, [email Athletics](#) or [click here](#).

PLEASE JOIN US IN
Honoring
OUR HEROES

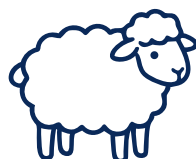
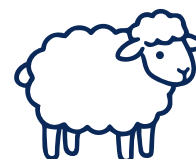
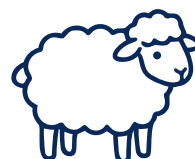
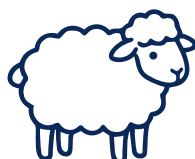
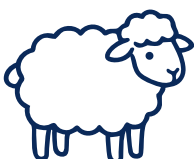
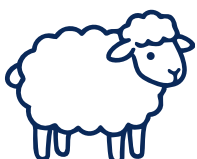
Sacred Heart Catholic Church
invites all
FIRST RESPONDERS
to join us for Mass.

POLICE **FIRE DEPT.** **EMT** **911**

★ WE THANK YOU. WE APPRECIATE YOU. WE PRAY FOR YOU. ★

SEPTEMBER 11TH
8:15 A.M. MASS
IMMEDIATELY FOLLOWING MASS:
FLAG CEREMONY
FOLLOWED BY A SMALL RECEPTION
IN THE **PAC.**
**SACRED HEART
CATHOLIC CHURCH**

Your courage, dedication, and sacrifice
make a difference every day.
Thank You! ❤️





Portrait of a Cardinal

This week in our Portrait of a Cardinal series, we cover what it means for a Cardinal to show **SELF-CONTROL**. Self-control is about making good choices, managing emotions, and acting with discipline. Students can become saints by choosing joy over frustration, love over anger, peace over getting even. Parents can help students develop this virtue by establishing structured routines, modeling calm behavior, and teaching them how to pause and recognize their emotions before reacting.

K-8 Grandparents Day 9/18



Grandparents' Day for K-8 students is Friday, **Sept. 18**, in the gym.

Information is being sent home with students with details about the day.

Please note: The link attached to the QR code in last week's newsletter was incorrect. Please see the information sent home with students for instructions.

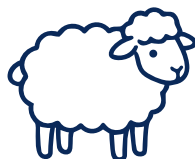
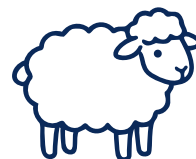
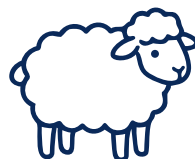
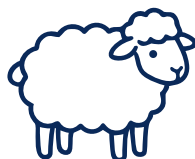
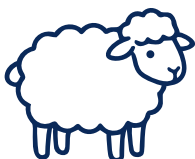
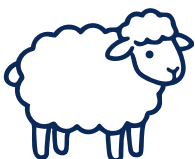


Sponsors are still needed to make the Street Dance a success. [Click here](#) to donate!



Scan your receipts in the [Box Tops app](#) to earn money for SHC. So far, we've earned \$54!

[Click here](#) to earn the monthly incentive!



Counselor Corner

By Mrs. Nellie Springston

Happy September! It's hard to believe we're already a month into the school year. Our Friendly's catchphrase for the month is: "In It Together."

Kindergarten-4th grade students learned the difference between unity and division and began a project to learn about the uniqueness of others in our class.

Fifth grade students began their guidance as well. We discussed the importance of being rooted in prayer, and practiced different forms of prayer.

Welcome back, Mrs. Zinsmeister!



We welcome back Mrs. Taryn Zinsmeister, but this time to the classroom. She previously worked in the school office for a year and after two years off has returned as the Teaching Assistant in the Preschool class.

Mrs. Zinsmeister said she is happy to be back at Sacred Heart Catholic because she loves "the culture and the people." She is excited to be working in the classroom because she is able to work hands-on with children and enjoys "watching their personal growth."

Mrs. Zinsmeister and her husband, Matt, who is on active duty in the U.S. Air Force, have three children, Cam, who is in high school, Tucker, who is in middle school, and Zoe, who is in Kindergarten.