CARDINAL NEWS





MESSAGE FROM MR. STEWART

Greetings, Sacred Heart Families!

We are just one week away from Fall Break! As a reminder, next Wednesday and Thursday we will have early dismissal at 1:00 p.m. Parent–Teacher Conferences will be held each afternoon, and we look forward to this valuable opportunity to meet with parents and guardians.

This past Wednesday, I had the privilege of working alongside an amazing Principal for the Day, Bec Kernahan. She jumped right into the role—helping with arrival and dismissal, observing classrooms, monitoring lunch, and chatting with students. To top it off, she even gave our students an out-of-uniform day! Bec did an outstanding job, and we are so proud of her leadership.

We wish good luck to our 5/6 and % volleyball teams in their tournaments this weekend. Thank you, as always, for your support. We are truly blessed to serve the Sacred Heart Catholic community.

May God bless you and your family, and please continue to keep us in your prayers!

Jeremy Stewart
Principal, Sacred Heart Catholic School



Sixth grader Bec Coughlan-Kernahan enjoyed being principal for a day this week. One of her family members was the winning bidder at the Street Dance Silent Auction.

SACRED HEART CATHOLIC FORMING SAINTS AND SCHOLARS!

Our Mission: Sacred Heart Catholic School community provides a Catholic foundation which cultivates disciples of Jesus and fosters academic excellence for all God's children.



Sept 30: 8th Grade D.C. trip

Oct 1: Spirit Wear Day

Oct 1-2: Parent-Teacher Conferences; 1:00 Dismissal; No After Care

Oct 3: Fall Break begins

Oct 14: Picture Retake Day

Oct 14-17: Book Fair

Oct 15-16: 8th Grade Parent-Teacher Conferences

Oct 17: Cardinal March Sponsor Sheets due

Oct 23: Trunk or Treat



This month, 4th Grade takes care of the Blessing Box!

<u>Friday, Oct 17</u>	8:15 a.m.	St. Ignatius of Antioch	6
Friday, Oct 24	8:15 a.m.	29th Friday in Ordinary Time	5
Friday, Oct 31	8:15 a.m.	30th Friday in Ordinary Time	3
Friday, Nov 7	8:15 a.m.	31st Friday in Ordinary Time	4

Parents are welcome to join us at Sacred Heart Church for Mass.

Your student may sit with you, if you prefer.

Doors to the church will be locked at 8:20 a.m.

Reminders from the Office

PARENT/TEACHER CONFERENCES: Schedules for Parent-Teacher Conference were sent home. Check your child's backpack.

PLAN FOR EARLY DISMISSAL; FALL BREAK

Dismissal on **Oct. 1-2**: will be at 1:00 p.m. with no After Care that day. **Oct. 3** begins our Fall Break. Classes will resume Monday, **Oct. 13**.

PICTURE RETAKE DAY

Retake Day is **Oct. 14**. Students needing retakes must return their complete order that day. This will also be Picture Day for Child Care Ministry/ Beginners.

SIGNING STUDENTS OUT

The office must have advance notice of students leaving early. Call the office or <a href="mailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emai

CARDINAL MARCH INFORMATION

Information on the **Oct. 24** Cardinal March has been sent home. Please note these deadlines:

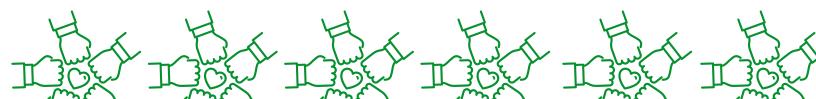
- Permission slip and shirt size forms, including extra shirts and payment, are due Tuesday, Sept. 30.
- Pledge forms and donations collected are due Oct. 17.

LUNCH WITH STUDENTS

When having lunch with your child, no outside food/drinks are permitted. If a visitor will be ordering lunch, please call ahead to notify the cafeteria of your lunch choice.

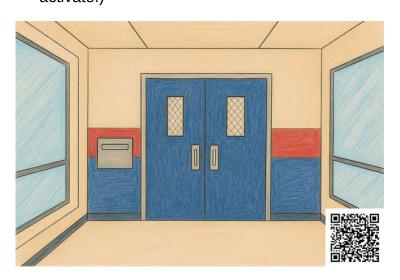
CHANGES TO STUDENT'S DISMISSAL

When any changes are being made in means of your child's dismissal (change in pickup/walking home), the office must be notified before 2:00 p.m.



Give to our Security Initiative

Security of our students and staff is always top of mind. As part of our security measures, we will soon be constructing a wall and installing steel doors inside the entranceway to prevent outside access to the school itself should someone be able to enter through the glass entry panels or doors. The wall would also include a drop box so that parents needing to drop off PE uniforms, lunches, or other items can use the drop box and won't need to enter the office. Estimated cost of the project is \$25,000. Parent support of the project is appreciated. Please prayerfully consider how you can support this security initiative. Write a check to Sacred Heart Church with School Security in the memo line and drop in the collection basket at Sunday Mass or send to the school office. Or click here to donate online. (Please note: Donation site may take 24 hours to activate.)





Mark your calendars for the Scholastic Book Fair, **Oct. 14-17**. Watch for more info coming soon on how to sign up to help, how to set up your e-wallet, and more!



ATHLETICS NEWS CORNER

Girls Volleyball

3/4 Volleyball - Season Complete

5/6 Volleyball Tournament Info 9/27, 11:30 a.m. at JPII vs. OLPH Blue If win, play semifinal at 2:00 p.m Championship game, 9/27 at PHS 1:00 p.m.

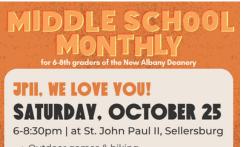
7/8 Volleyball Tournament Info9/27, 11:30 a.m. at OLPH vs. JPII Maroon
If win, play semifinal at 2:00 p.m
Championship game, 9/27 at PHS 3:30 p.m.

Let's cheer on our Cardinals!



All students and their families are invited to attend Trunk or Treat on **Oct. 23** — or to host a trunk! Parents, families, sports teams, teachers and more are encouraged to <u>register</u> for a trunk to pass out candy. The event will be 5:30-7 p.m. in the back parking lot and is sponsored by our parish Youth Ministry.





• Outdoor games & hiking

- Bonfire + s'mores, sausages, & pierogies
- · Learn about St. John Paul II
- · & venerate his relic

\$10 reaistration due online by October 19



EVENT DETAILS & REGISTRATION @ CATALYSTCATHOLIC.ORG/MSM Students in grades 6-8 interested in attending the JPII, We Love You event at John Paul II Church on Saturday, Oct. **25,** must register by Oct. 19!



Counselor Corner

By Mrs. Nellie Springston

This week, Kindergarten-4th grade students wrapped up our first Friendzy's unit of the year, "Partnership Power." They learned that they can create more through collaboration than on their own by bringing together talents, skills, minds and hearts. Next week, we will begin our second Friendzy's unit called "Give and Take," where students will learn to give support to a friend in need, and to ask a friend for the support they need.

Middle school students learned about the brain's negativity bias and tools to help off-set it in order to have more control over their mental health and overall happiness. The Bloom Club and the Sons of Thunder Boys Club will meet again Oct. 13 for 5th and 6th graders, and Oct. 20 for 7th and 8th.

Have a great weekend!



Earn money for SHC just by going to the grocery! Simply download the Box Tops for Education app and scan your receipts. It's easy!

Shop at Walmart? Connect your Box Top account and earn points without scanning! SHC has earned \$74 so far this school year. If all parents downloaded the app. SHC could earn even more. Check out the website for monthly bonuses and extra ways to earn!

Parents grades K-8, complete the weekly survey for your student to receive the monthly incentive. October is Extra Recess.