

January 9, 2026

CARDINAL NEWS



MESSAGE FROM MR. STEWART

Greetings, Sacred Heart Families!

We have been blessed with some warmer weather as we returned to school here at Sacred Heart. It has been a joy to see our students able to spend time outside, especially during the month of January. Moments like these remind us of the simple blessings God provides and the importance of allowing our students time to grow, play, and recharge.

With the start of the new year, several of our teachers have guided students in setting new academic and spiritual goals. This is a wonderful opportunity for all of us to refresh our minds, renew our hearts, and refocus on our purpose as learners and followers of Christ. I encourage you to talk with your students about the importance of starting strong and remaining focused as we move through the third quarter of the school year. Consistent attendance and being on time are essential components of success in school and in life. We appreciate your partnership in helping your child develop positive attendance habits that support growth and responsibility.

I hope the Lord has blessed each of your families throughout the Christmas season. Please be ever mindful of His presence in your daily lives and of His constant love for each of you.

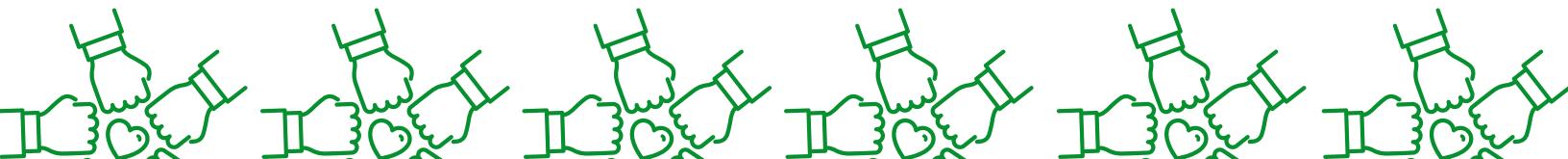
Wishing you peace and blessings,

Mr. Jeremy Stewart

Principal



Multiple students have now achieved Golden Shoe level in PE, walking a cumulative 10 miles at the start of class each week. These two students opened the next level--Marathon Club. Seventh graders Ellie Miller and Harrison Smith have walked or ran 26.2 miles total since the beginning of school.





Highlights for January

- Jan. 19: Martin Luther King Jr. Day/Asynchronous eLearning Day
- Jan 24-25: Catholic Schools Week Mass at both churches
- Jan 25: Open House
- Jan 26: Catholic Schools Week activities/theme days begin
- Jan 30: PSTS Teacher Lunch
- Jan 30: 8th Grade vs. Staff Volleyball Game



8th Grade is responsible for filling the [Blessing Box](#) this month.

Friday, Jan 16	8:15 a.m.	First Friday in Ordinary Time	6
Friday, Jan 23	8:15 a.m.	Second Friday in Ordinary Time	5
Friday, Jan 30	8:15 a.m.	Third Friday in Ordinary Time	4
Friday, Feb 6	8:15 a.m.	St. Paul Miki and Companions	3

Parents are welcome to join us at Sacred Heart Church for Mass.
Your student may sit with you, if you prefer.
Doors to the church will be locked at 8:20 a.m.

Reminders from the Office

MLK DAY E-LEARNING

Monday, **Jan. 19**, will be an asynchronous eLearning Day. Students will be instructed either to log in to Google Classroom or have work sent home. Teachers will send complete information home to parents by Jan. 16. Assignments must be returned within two days for student to be counted present. There will be no After Care Jan. 19.

ILLNESS POLICY

It's flu season! Our policy is that students may not return to school until they are fever-free without medication and/or vomit-free for 24 hours. This policy helps prevent the spread of illness.

PARENTAL ADVANCE NOTICE REQUIRED

When picking up your child early from school, parents must notify the office in advance. Please call the office with your arrival time so that the teacher, student, and office staff are prepared.



Catholic Schools
United in Faith and Community

Students needed weekend Mass Jan. 24-25

Sacred Heart Catholic will kick off Catholic Schools Week with students Kindergarten-Grade 8 serving as liturgical ministers and greeters at parish liturgies **Jan. 24-25**. Mass times are 4:00 p.m. on Saturday, Jan. 24, at St. Augustine; 8:00 a.m. on Sunday, Jan. 25, at St. Augustine; and 10:00 a.m. on Sunday, Jan. 25, at Sacred Heart. Please [click here](#) to sign your student up to fill a role at the Mass of their choice.





SACRED HEART CATHOLIC OPEN HOUSE

Sunday, January 25, 2026
11:00 a.m.-1:00 p.m.



sacredheartschool.us

We need your help to spread the news about our Open House on Sunday, **Jan. 25**, from 11 a.m.-1 p.m. (Note the new time due to our earlier Sunday Mass time.) How can you help?

- Share with friends, family, co-workers, and neighbors how much you and your child(ren) like being part of the Cardinal Family
- Invite your friends, family, co-workers, and neighbors to attend the Open House
- Share our event on [Facebook](#)

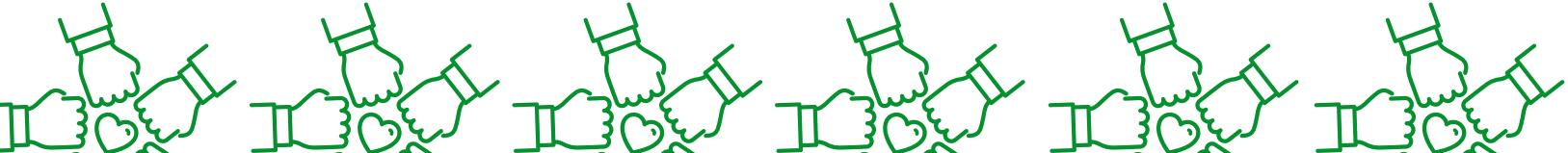
Open House is an important enrollment activity for our school as well as a kickoff to Catholic Schools Week. Please [sign up](#) your child(ren) to help at the weekend Masses

Why is Open House important? It is an

opportunity to showcase all that we are to prospective families!

What makes SHC different from other schools?

Sacred Heart Catholic takes pride in educating students about Jesus Christ and provides a strong spiritual foundation built upon Catholic values. Our school staff ministers to the whole child in a developmentally appropriate setting, provides a family-centered educational environment that values each child and his or her family, and is committed to excellence in academics. We have excellent instructional teachers and an outstanding support staff. Sacred Heart Catholic is an authentic Christian community of believers.





Girls Dads! Mark your calendars for Saturday, **Feb. 7**, for the Daddy Daughter Dance. The dance is from 5-9 p.m. in the gym, and the cost is \$25 per couple and \$5 for each additional student. [Click here](#) to register now.



Sign up now to volunteer at Fish Fry

PSTS will be holding three Fish Fry dates this year: **Feb. 20**, **Feb. 27**, and **March 6**. We need all hands on deck to make it a success. You can sign up to help any night or on the night assigned to your child's grade. Parents in those grades are also asked to donate 2 liters and desserts on their child's assigned nights. So [sign up now](#) and mark your calendars!



Counselor Corner

By Mrs. Nellie Springston

On Monday, **Jan. 12**, the 7th and 8th graders will have Bloom Club and Sons of Thunder Club from 2:00-3:00. Parents can pick up their student in the front of the building. Kindergarten-4th grade students will begin a new Friendzy's lesson this week called "Push to Persevere" where they will take steps to persevere when tasks, responsibilities or passions become challenging. This is a perfect way to kick off the new year, and the second semester of the school year.

PSTS

SAVE THE DATES

Please mark your calendar for the following upcoming events!

- **Jan. 30:** Catholic Schools Week Teacher Lunch - sign ups coming soon
- **Feb. 11:** PSTS meeting



Multiple bonus earning opportunities this month! Scan your receipts in the [Box Tops app](#). SHC has earned \$153 so far!



Parents grades K-8, complete the weekly [survey](#) for your student to receive the monthly incentive. The reward in February is **lunch with Fr. Adam!**

