



2026

(816)270-4100 MENU for PSSI MOW/Home-Delivered Meals

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1	1	1	2
<u>YOU MUST CALL 816.270.4100 BY 11 AM THE BUSINESS DAY BEFORE TO ORDER/CANCEL A MEAL</u>	*Margarine & 1% Milk served w/all meals	Menu is subject to change; substitutions may be made if approved by dietician.	NO MEALS TO BE SERVED!!!! CLOSED FOR OUR ANNUAL SENIOR HEALTH FAIR	Swiss Steak w/Tom. Mashed Potatoes Peas/Carrots Apple Slices Multigrain Bread Butterscotch Pudding
5	6	7	8	9
Meatloaf Gravy (Brown)Low So. Fiesta Vegetables Mashed Potatoes Pears/Strawberries Wheat Dinner Roll	Fish (Breaded) Country Blend Coleslaw vin/drsng Tropical Fruit Mix Mac & Cheese Tartar Sauce	Sloppy Joe Potato Salad Carrots Apple WG HB Bun Yogurt Cup	Egg Omelet Sausage Links/Turkey Cheesy Grits Pico de Gallo Grapes (Red) Tortilla Whl Wheat	Beef Pattie/Am. Cheese Salad Tom/Carrots Steak Fries Banana Hamb Bun (WG) Salad Dress. (1000)
12	13	14	15	16
CLOSED FOR COLUMBUS DAY!!! No Meals Served!!!!	Fettuccine Alfredo/Chicken Broccoli Salad/Tom/Carrots Orange Italian Bread Italian Dressing	Beef stew w/veggies Tossed Salad Banana Corn Muffin Ranch Dressing Oatmeal Raisin Cookie	Battered Fish Steak Fries Creamy Pea Salad Tropical Fruit Mix Wheat Bread (WG) OM Raisin Cookie Tartar Sauce	Mexican Taco Salad Shredded Cheddar Lettuce/D Tomatoes Pinto Beans Orange Nacho Light Chips Taco Sauce
19	20	21	22	23
Tuna Mac & Cheese Cauliflower/Carrots Stewed Tomatoes Applesauce Wheat Bread	Chicken Salad Mediterranean Salad Cucumber /onion salad Grapes (Red) Wheat Bread Fig Newton	Beef Fajita w P&O. Shredded Cheese Fiesta Veggies Orange Wheat Tortilla Taco Sauce	Bar-B-Que Beef Cucumber Onion Salad Baked Beans Citrus Fruit Mix Hamburger Bun	Chicken Strips Sweet Potato Wedges Salad/Tom/Carrots Orange Graham Crackers 1000/Dressing Honey Mustard Wheat Bread
26	27	28	29	30
Pulled Pork White Corn w/Pepper Coleslaw w vin /drsng Apple Slices Hoagie Roll (WhlGr)	Mostaccoli/Whl Grain W Meat Sauce Italian Veggies Salad Tom/Carrots Pineapple/man or mix Italian Bread Graham Crackers	Seas. Chicken Breast Broccoli Rice AG Carrots Banana Van.Wafers/Ban Pudd. WG Wheat Bread	Chili/ Beans Shredded Cheddar Salad Tom/Carrots Peach Cobbler Crackers Wht/Whl Grn Salad Dress. French	Chicken Oven Fried Gravy (LS Chicken) Mashed Potatoes Green Beans Orange Cake Wheat Dinner Roll