



2025

(816)270-4100 MENU for PSSI MOW/Home-Delivered Meals

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1	1	2	3
<u>YOU MUST CALL</u> 816.270.4100 BY 11 AM THE BUSINESS DAY BEFORE TO ORDER/CANCEL A MEAL	*Margarine & 1% Milk served w/all meals	Beef stew w/veggies Tossed Salad Banana Corn Muffin Ranch Dressing Oatmeal Raisin Cookie	NO MEALS TO BE SERVED!!!! CLOSED FOR OUR ANNUAL SENIOR HEALTH FAIR	Beef Pattie/Am. Cheese Salad Tom/Carrots Steak Fries Banana Hamb Bun (WG) Salad Dress. (1000)
6	7	8	9	10
Meatloaf Gravy (Brown)Low So. Fiesta Vegetables Mashed Potatoes Pears/Strawberries Wheat Dinner Roll	Fish (Breaded) Country Blend Coleslaw vin/drsng Tropical Fruit Mix Mac &Cheese Tartar Sauce	Mexican Taco Salad Shredded Cheddar Lettuce/D Tomatoes Pinto Beans Orange Nacho Light Chips Taco Sauce	Egg Omelet Sausage Links/Turkey Cheesy Grits Pico de Gallo Applesauce Tortilla Whl Wheat	Beef-Mac Casserole Green Beans (frzn) Vanilla Waf/Ban. Pudding Banana Multigrain Bread
13	14	15	16	17
CLOSED FOR COLUMBUS DAY!!! No Meals Served!!!!	Tuna Noodle Cass. Cauliflower/Peas Cucumber/Onion Sal. Applesauce Wheat Bread (WG)	Meatball Sub Italian Veggies Salad Tom/ Car Orange Hoagie Roll (WG) Italian Dressing	Seas. Chicken Breast Potatoes Au Gratin Broccoli Pineapple man-o-mix WG Wheat Bread Shrt. Brd. Cookies	Chili/ Beans Shredded Cheddar Salad Tom/Carrots Peach Cobbler Crackers Wht/Whl Grn Salad Dress. French
20	21	22	23	24
Sloppy Joe Potato Salad Carrots Apple WG HB Bun Yogurt Cup	Chicken Salad Carrot Raisin Salad Cucumber /onion salad Grapes (Red) Wheat Bread Fig Newton	Beef Tater Tot Cass. Green Beans Peaches and Strawberries Wheat Bread	Fettuccine Alfredo/Chicken Broccoli Salad/Tom/Carrots Orange Italian Bread Italian Dressing	Swiss Steak w/Tom. Mashed Potatoes Peas/Carrots Apple Slices Multigrain Bread Butterscotch Pudding
27	28	29	30	31
Pulled Pork White Corn w/Pepper Coleslaw w vin /drsng Apple Slices Hoagie Roll (WhlGr)	Chicken Strips Sweet Potato Wedges Salad/Tom/Carrots Orange Graham Crackers 1000/Dressing Honey Mustard Wheat Bread	Fish/Tartar Sauce Spinach Sweet Potatoes Tropical Fruit Mix White WG Bread Oatmeal Raisin Cookie	Mostaccoli/Whl Grain W Meat Sauce Italian Veggies Salad Tom/Carrots Pineapple/man or mix Italian Bread Graham Crackers	Chicken Oven Fried Gravy (LS Chicken) Mashed Potatoes Green Beans Orange Cake Wheat Dinner Roll

Menu is subject to change; substitutions may be made if approved by dietician.