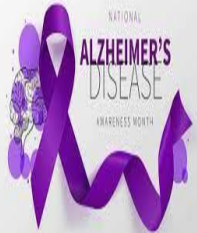




# November 2026

## (816)270-4100 MENU for PSSI MOW/Home-Delivered Meals

| MONDAY                                                                                                                         | TUESDAY                                                                                                                                  | WEDNESDAY                                                                                                                                         | THURSDAY                                                                                                                            | FRIDAY                                                                                                                                         |
|--------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>2</b><br>Chicken Pot Pie Stew<br>Broccoli<br>Pear<br>Biscuit<br>Shortbread Cookies                                          | <b>3</b><br>Swiss Steak w/Tomato<br>Au Gratin Potatoes<br>Brussel Sprouts<br>Apple Slices<br>WG Multigrain Bread<br>Butterscotch Pudding | <b>4</b><br>Beef stew w/veggies<br>Salad<br>Banana<br>Corn Muffin<br>Oatmeal Raisin<br>Cookie<br>Ranch Dressing                                   | <b>5</b><br>Fish(Breaded)<br>Country Blend<br>Coleslaw w vin./drsg<br>Tropical Fruit Mix<br>Mac & Cheese<br>Tartar Suace            | <b>6</b><br>Mexican Taco Salad<br>Shredded Cheddar<br>Lettuce/D Tomatoes<br>Pinto Beans<br>Orange<br>Nacho Light Chips<br>Taco Sauce           |
| <b>9</b><br>Meatloaf<br>Brown Gravy<br>Fiesta vegetables<br>Mashed Potatoes<br>Pears/Strawberries<br>Wheat Dinner Roll         | <b>10</b><br>Chicken Fett. Alfredo<br>Broccoli<br>Salad/Tom/Carrots<br>Orange<br>Italian Bread<br>Salad Dressing Italian                 | <b>11</b> <b>CLOSED</b><br>                                      | <b>12</b><br>Mostaccoli/Meat<br>Sauce<br>Italian Veggies<br>Caesar Salad<br>Pineapple Fruit Mix<br>Italian bread<br>Graham Crackers | <b>13</b><br>Sloppy Joe's<br>Tater Tots<br>Carrot/Raisin Salad<br>Apple<br>WG HB Bun<br>Yogurt Cup                                             |
| <b>16</b><br>Chicken Fried Steak<br>Gravy (country)<br>Mashed Potatoes<br>Green Beans<br>Citrus Fruit Mix<br>Wheat Dinner Roll | <b>17</b><br>Chicken Breast<br>Broccoli Rice (AG)<br>Carrots<br>Banana<br>Vanilla Wafers/Pudding<br>Multigrain bread                     | <b>18</b><br>Beef Fajita w P/O<br>Fiesta Veggies<br>Cheese/Let./Tom<br>Orange<br>Tortilla<br>Taco Sauce                                           | <b>19</b><br>Battered Fish<br>Steak Fries<br>Creamy Pea Salad<br>Trop. Fruit Mix<br>Wheat Bread<br>Oatmeal Raisin<br>Cookie         | <b>20</b><br>Chicken Oven Fried<br>Gravy<br>Mashed Potatoes<br>Green Beans<br>White Cake<br>WG Dinner Roll<br>Orange Sherbert                  |
| <b>23</b><br>Pulled Pork<br>White Corn/Peppers<br>Coleslaw w vin.dress.<br>Apple Crisp<br>Hoagie Roll                          | <b>24</b><br>Chili/Beans<br>Shredded Cheddar<br>Salad/Tom/Carrots<br>Peach Cobbler<br>Crackers WGWH<br>French Dressing                   | <b>25</b><br>Turkey<br>Mashed Potatoes<br>Gravy(Turkey)<br>Green Bean<br>Casserole<br>Pumpkin Pie/Topping<br>Cranberry Sauce<br>Wheat Dinner Roll | <b>26</b> <b>CLOSED</b><br>                    | <b>27</b> <b>CLOSED</b><br>                               |
| <b>30</b><br>Tuna Mac & Cheese<br>Cauliflower/Peas<br>Cucumber/Onion Sal.<br>Apple Sauce<br>WG Wheat Bread                     |                                                       |                                                                |                                                | <b>Margarine &amp; 1% Milk<br/>served w/all meals</b><br> |

**Menu is subject to change; substitutions may be made if approved by dietician.**