



2026

(816)270-4100 MENU for PSSI MOW/Home-Delivered Meals

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Beef Hot Dog 3Bean Salad Potato Salad Watermelon Hot Dog Bun Mustard/ketchup	2 Chicken Parmesan Penne Pasta(WG) Brussel Sprouts Salad/Tom/Carrots Pineapple Man-O-Mix White (WG) Bread French Dressing	3 Mexican Taco Salad Shredded Cheddar Lettuce/D Tomatoes Pinto Beans Orange Nacho Light Chips Taco Sauce	4 BBQ Chicken Carrots Potato Salad Trop. Fruit Mix Hamburger Bun (WG)	5 Chili/ Beans Shredded Cheddar Salad Tom/Carrots Peach Cobbler Crackers Wht/Whl Grn Salad Dress. French
8 Meatloaf Brown Gravy Country blend veggies Mashed Potatoes Peaches/Strawberries Wheat Dinner Roll	9 Fish (Breaded) Beets (Pickled) Spinach Citrus Fruit Mix Corn Muffin Tartar Sauce	10 Mostaccoli/Whl Grain W Meat Sauce Italian Veggies Salad Tom/Carrots Stewed Apples Italian Bread/Dressing Graham Crackers	11 Pork & Beans Smkd Cucumber/Onion Salad Banana Corn Muffin	12 Chicken Strips Potato Wedges Salad/Tom/Carrots Orange Graham Crackers HoneyMust./Fr Dressing
15 Beef Tater Tot Cass. Green Beans Peaches/Strawberries Wheat Bread	16 Stir Fry Chicken Stir Fry Veg. w/Brown Rice Coleslaw vin/drsng Pineapple man-o-mix White WG Bread	17 Sloppy Joe's Potato Wedges Scand. Veggies Apple Slices Ham.Bun Whl/Grn	18 Fet. Alfredo/Chicken Broccoli Salad/Tom/Carrots Orange Italian Bread Dressing Italian	19 CLOSED NO MEALS 
22 Egg Omelet Sausage Links/Turkey Roasted Potatoes Grapes(Red) Biscuit (WG) Jelly	23 Beef Pattie/Amer. Cheese Tossed Salad Steak Fries Banana WG Hamburger Bun Dressing/1000 Islnd Ketchup & Mustard	24 Tilapia (Battered) Coleslaw-creamy Sweet Potatoes Peaches/Strwbry Multi-Grain Bread (Whl/G) Oat/Raisin Cookie Tartar Sauce	25 Beef stew w/veggies Salad/Tom/Carrots Banana Corn Muffin Ranch Dressing Oatmeal Raisin Cookie	26 Chicken (Oven Fried) Gravy (Chicken)LS Mashed Potatoes Green Beans (Frzn) Orange Sherb./Wht. Cake Wheat Dinner Roll (WG)
29 Chicken Fried Steak Gravy(country)LS Mashed Potatoes Green Beans Citrus Fruit Mix Wheat Roll/WG Short Bread Cookies	30 Chicken Diced/Seasoned Chddr Cheese -RF Salad Tom/Carrots Chuckwgn Corn Apples (Stewed) Tortilla Whole Wheat			<u>YOU MUST CALL</u> <u>816.270.4100 BY</u> <u>11 AM THE</u> <u>BUSINESS DAY</u> <u>BEFORE TO</u> <u>ORDER/CANCEL A</u> <u>MEAL</u>

Menu is subject to change; substitutions may be made if approved by dietician.

*Margarine & 1% Milk served w/all meals