

August

2026



Dennis Handley

1. Where were you born and raised?

Born in Rock Island, IL and raised in Andalusia, IL (Quad Cities Area).

2. 3 words that best describe you?

- Christian/Faithful
- Kind
- Loyal

3. What motivates you?

The Bible and my family are my biggest motivators.

4. 3 Things you can't live without?

- Jesus
- Family
- Ice Cream

5. How long have you been volunteering at PSSI?

I have been volunteering with PSSI for 5 years

6. Advice to your younger self:

- Time moves quickly, call your Mom more.

7. Favorite Quote:

- "Above all else, guard your heart, for everything you do flows from it."
 - Proverbs 4:23

8. Name someone that inspires you.

My wife is my biggest inspiration.

9. Favorite food/drink?

Pasta/Italian food 😊.

10. What do you want people to remember about you?

I want people to remember me as kind, giving and loving.

We are here only once...we gotta help each other through it.

11. What makes you smile?

My grandchildren.



OUR STAFF

Roshonda Reed
MOW/Volunteer Director
rreed@platteseniorservices.org

DonnaJo Lewis (DJ)
Program Director/ CFSP
djlewis@platteseniorservices.org

platteseniorservices.org
Facebook.com/platteseniorservices

MESSAGE FROM STAFF

Everyday is a new opportunity to make a difference.
the wisdom you've gained, the kindness you've shared,
and the lives you've touched are gifts that continue to inspire those
around you.

No matter your age, your story is still being written.
A smile, a phone call, a word of encouragement, or simply sharing your
experiences
can brighten someone's day and leave a lasting impact.

Remember that life's greatest treasures are not measured by years, but
by love, faith,
and friendship, and the memories we create together.
Embrace each new day with gratitude, hope, and the confidence that
you still have much to offer.

May this month bring you good health, joyful moments,
and the comfort of knowing you are valued, appreciated, and never
alone.

Keep looking forward, your best gift to the world is simply being YOU!

Support Our
Advertisers!



We're Hiring Ad Sales Executives

- Paid Training
- Full-time with Benefits

Visit www.lpicommunities.com/careers



No act of
kindness is
ever wasted

Advertise in Our Newsletter!

Contact James Bradley

jbradley@4LPi.com
(800) 950-9952 x2655



AUGUST BIRTHDAYS ... HAPPY BIRTHDAY

03

Kathy Hallock
8/8

Tracey Blom
8/19

Donald Stokes
8/18

Audrey Woolverton
8/21

Terry Hampton
8/19

Susan Neal
8/22



Advertise Here!

Increase visibility in your community.

ADT-Monitored Home Security

Get 24-Hour Protection
From a Name You Can Trust

- Burglary
- Flood Detection
- Fire Safety
- Carbon Monoxide



SafeStreets

833-287-3502

Never miss our publication!



Get each new issue
delivered straight to
your inbox.



Scan to subscribe on
MyCommunityOnline.com



Becky Swanson

*Dedicated Insurance Advisors
Real Estate and Notary Services*

816-567-9655 (call or text)

dedicatedadvisors.net

beckyswansoninsurance@gmail.com

For Medicare or any Life or Health insurance need, Becky is the one you want to help. She is patient, thorough, and will always explain and provide all options available so you can always make the right choice with confidence. She provides in-home, phone, or virtual appointments and is available year round whenever you need support. **Call today!**



For ad info. call 1-800-950-9952 • www.lpicommunities.com

Platte County Senior Center, Kansas City, MO

02-1070

ACTIVITIES CALENDAR

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 YOGA	4 GAMES	5 BINGO	6 AUGUST BIRTHDAYS	7 YOGA
7:45 Yoga 9:00 Socialization 10:30 Cardio Drumming 12:00 Games	9:00 Socialization 10:30 Let's Move 12:30 Games	7:45 Yoga 9:00 Socialization 10:30 Let's Move 12:30 Bingo	9:00 Socialization 10:30 Let's Move 12:30 August Birthdays	7:45 Yoga 9:00 Painting 10:30 Cardio Drumming 12:00 Games
10 BOOK CLUB	11 MOVIE DAY	12 COFFEE W/ THE LAW	13 LUAU	14 YOGA
7:45 Yoga 9:00 Socialization 10:00 Book Club 10:30 Cardio Drumming 12:00 Games	9:00 Socialization 10:30 Let's Move 11:30 Movie day	7:45 Yoga 9:30 Coffee W/ The Law 11:30 Lunch out @	9:00 Socialization 10:30 Let's Move 12:00 Luau	7:45 Yoga 9:00 Painting 10:30 Cardio Drumming 12:00 Games
17 YOGA	18 FAMILY FEUD	19 BINGO	20 CARDS	21 YOGA
7:45 Yoga 9:00 Socialization 10:30 Cardio Drumming 12:00 Games	9:00 Socialization 10:30 Let's Move 12:00 Family Feud	7:45 Yoga 9:00 Socialization 10:30 Let's Move 12:00 Bingo	9:00 Socialization 10:30 Let's Move 12:00 Cards	7:45 Yoga 9:00 Painting 10:30 Cardio Drumming 12:00 Games
24 YOGA	25 DOMINOS	26 BINGO	27 VOLLEY BALL	28 YOGA
7:45 Yoga 9:00 Socialization 10:30 Cardio Drumming 12:00 Games	9:00 Socialization 10:30 Let's Move 12:00 Dominos	7:45 Yoga 9:00 Socialization 10:30 Let's Move 12:00 Bingo	9:00 Socialization 10:30 Let's Move 12:00 Volley Ball	7:45 Yoga 9:00 Painting 10:30 Cardio Drumming 12:00 Games
31 YOGA				
7:45 Yoga 9:00 Socialization 10:30 Cardio Drumming 12:00 Games				



ATTENTION SENIORS!

“A DAY AT THE FARM”

Thursday September 17, 2026

Platte Senior Services, Inc. is inviting all seniors to our annual event!
We will gather at the Weston Red Barn Farm from **9:00a. to 2:00pm**
on **Thursday September 17, 2026.**

The farm is located off Hwy 273 on Wolkerson Rd.

Morning social
Explore the Farm
BINGO
Lunch will be prepared by
Platte County Sheriffs Department

Reservations Required- Cost is \$5.00 Pay at the door
RSVP NO LATER THAN FRIDAY, AUGUST 28, 2026
Call 816-270-4100

word scramble

06

1) SRAGS_____

2) LOPO_____

3) OTMSR_____

4) MAWR _____

5) PLANTSA_____

6)OWGR_____

7) TIEK _____

8) TUPIL _____

9) DYWIN_____

GRASS GROW KITE PLANTS POOL

STORM TULIP WARM WINDY

Reach a hyperlocal audience.

An advertisement in this newsletter is a highly effective way to promote your business to our community.



Call 800.950.9952



Dad Jokes

07

Where do polar bears keep their money? In a snowbank.

Why did the bicycle fall over? Because it was two tired.

Why was Cinderella so bad at soccer? She kept running away from the ball!

What has more lives than a cat? A frog, because it croaks every day.

What's Forrest Gump's password? lforrestl.

Are You a Caregiver? SOME HELP COULD HELP



ADDINGTON PLACE[™]
OF SHOAL CREEK

An Arvum Senior Living Community

816.974.3627

AddingtonPlaceOfShoalCreek.com

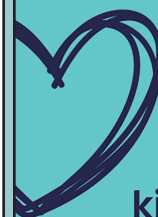
9601 N. Tullis Drive, Kansas City, MO 64157

Assisted Living | Memory Care

  ©2025 Arvum Senior Living. All Rights Reserved. Prices, plans and programs are subject to change or withdrawal without notice. Void where prohibited by law. Managed and Operated by Arvum Senior Living. APSC-0032 4/25  

Does your
organization need
a newsletter?
We'll cover the
printing costs!

Learn more at
lpicommunities.com



No act of
kindness is
ever wasted



For ad info. call 1-800-950-9952 • www.lpicommunities.com

Platte County Senior Center, Kansas City, MO

02-1070

Sponsor a Senior



SPONSOR A SENIOR!

Scan Here
To Donate



Did you know?

Platte County has over 24,000 senior citizens - and the number of seniors without food is steadily increasing.

Platte Senior Services, Inc. Currently serves over **1,000 meals per month**, but that is only one-third of what is needed. Would you consider helping by **"sponsoring a senior"**?

Price Breakdown

— \$7.10 per meal (up to 5 days a week)

— \$35.50 per week

— \$150-\$200 per month
(depending on the number of days in the month)

Know someone who might need Help?

Do you know someone in need of a balanced meal?

A neighbor who doesn't get out much?

Someone with few visitors who is rarely seen?

"sponsor a senior!"

Your support provides nutritional meals and essential wellness checks.

Meal Delivery Information

— Delivered up to 5 days per week (depending on county location)

— Delivery time: 11:00am - 12:30pm

— All meals are served with 1% milk (No substitutions)

Contact Us!

Platte Senior Services, Inc.

☎ (816) 270-4100

4TH OF JULY CELEBRATION







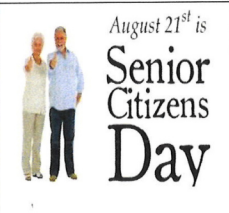
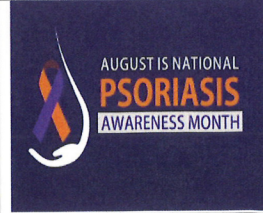
Menu



August

2026

(816)270-4100 MENU for PSSI MOW/Home-Delivered Meals

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Fish (Breaded) Country Blend Cloeslaw w Vin.Dress. Tropical Fruit Mix Mac & Cheese Tartar Sauce	4 Beef Pattie Cheese Amer. Salad Tom/Car Steak Fries Banana HamBBun (W/G) French Dressing	5 BBQ Chicken Carrots Southwestern Salad Apples Roasted HamBBun (W/G)	6 Egg-Omelet Turkey Sausage Patty Potatoes Roasted Applesauce Biscuit (W/G) Jelly Yogurt	7 Beef Hot Dog Baked Beans Carrot Raisin Salad Watermelon Hot Dog Bun (WG)
10 Chicken Breast Seasoned Broccoli Rice AG Carrots Tropical Fruit Mix Wheat Bread	11 Mexican Taco Salad Shredded Cheddar Lettuce/D Tomatoes Pinto Beans Orange Nacho Corn Chips Taco Sauce	12 Fish (Battered) Coleslaw-creamy Sweet Potatoes Tropical Fruit Mix White WG Bread	13 Bar-BQ Beef Potato Salad Calif. Blend Banana Ham. B Bun (W/G)	14 Chicken Salad Salad Tom./Carrots Cucumber /Onion Salad Apple Wheat Bread Ranch Dressing
17 Meatloaf Gravy (Brown)Low So. Fiesta Vegetables Mashed Potatoes Pears/Strawberries Wheat Dinner Roll	18 Chicken Parmesan Penne pasta (w/g) Broccoli Salad/Tom/Car Banana WG Wht Bread	19 Tuna Salad Sesame Pea Salad Potato Salad Banana Rye Bread	20 Chicken Diced/Seasoned Chddr Cheese -RF Salad Tom/Carrots Chuckwagon Corn Apples (Stewed) Tortilla Whole Wheat Ranch Dressing	21 Sloppy Joe's Potato Salad Scandnav. Veggies Peaches & Strawbry HamBBun (WG)
24 Beef-Mac Casserole Green Beans Vanilla Wafers Banana Pudding Pears Wheat Bread	25 Chicken Strips Sweet Potato Wedges Salad Tom/Carrots Orange Multigrain Bread Graham Crackers French Salad Drsng. Honey Mustard	26 Chicken Fried Steak Gravy(country)LS Mashed Potatoes Green Beans Citrus Fruit Mix Wheat Roll/WG	27 Turkey-Deli Swiss Cheese Salad/Tom/Car Potato Salad Orange White Bread (W/G) French Dressing	28 Chicken Oven Fried Gravy (LS Chicken) Mashed Potatoes Green Beans White Cake Stwbr. Ice Cream White (WG) Bread
31 Chicken Breast Seas. Potatoes AG Broccoli Pineapple/man-o-mix Shortbread Cookies				

Menu is subject to change; substitutions may be made if approved by dietician.

* Margarine & 1% Milk served w/all meals

z/documents/menu/2023/July

Cajun Shrimp and Rice

Ingredients

1 tablespoon unsalted butter
2 tablespoons extra-virgin olive oil
3 cloves garlic, minced
2 teaspoons Cajun seasoning
1 pound large shrimp, peeled and deveined, tails intact
Kosher salt and freshly ground pepper
4 plum tomatoes, chopped
2 bunches scallions, chopped
3 cups cooked white rice
3 tablespoons chopped fresh parsley
Lemon wedges, for serving (optional)



Directions

- 1) Heat the butter, olive oil and garlic in a large skillet over medium-high heat until fragrant, about 1 minute. Add the Cajun seasoning and shrimp and cook, stirring, until the shrimp begin to curl, about 1 minute. Season with salt and pepper.**
- 2) Add the tomatoes and scallions to the skillet and cook, stirring, about 1 minute. Add the rice and 1/4 cup water and continue to cook until the rice is warmed through and the shrimp are opaque, about 3 more minutes. Stir in the parsley and serve with lemon, if desired.**