



Paulette McClure

1) Where were you born and raised?

I was born in Kansas City, MO, but grew up in Tipton, MO.

2) 3 words that best describe you?

Thankful, Curious, Hopeful.

3) What motivates you?

Love of God, Family, Country.

4) 3 things you can't live without?

Faith, Family, Freedom.

5) How long have you been volunteering at Pssi?

I have been volunteering since 2012.

6) Advice to your younger self?

Don't take life for granted.

7) Favorite Quote?

"Don't be so open-minded that your brains fall out."

8) Name someone that inspires you?

The founders of our country who gave all for liberty.

9) Favorite food/ Drink?

Anything surrounded by family.

10) What do you want people to remember about you?

A sense of humor

11) What makes you smile?

Watching my grandchildren achieve their goals and dreams



02 PSSI STAFF / MESSAGE FROM THE STAFF

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MESSAGE FROM STAFF

As we celebrate Independence Day, we honor the courage, sacrifice, and determination of those who helped shape our nation's history. July 4th is a time to reflect of the freedoms we enjoy and to appreciate the generations who have contributed to building stronger communities and a brighter future.

For many of us, this holiday brings back cherished memories of family gatherings, neighborhood parades, picnics, and fireworks shared with loved ones. It is also an opportunity to create new memories while celebrating the values of freedom, unity, and patriotism.

As we gather this Independence Day, let us take pride in our country's journey, express gratitude for those who have served, and enjoy the company of friends, family, and neighbors.

Wishing everyone a safe, joyful, and happy 4th of July

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JULY BIRTHDAYS ... HAPPY BIRTHDAY

03

Wally Wallingford

7/1

Marty Wolbrecht

7/2

Kathryn Ketcham

7/6

Dianne Bennett

7/6

Doris Berkey

7/7

Fred Adams

7/11

Gloria Ross

7/12

Mary Bassani

7/16

Rose Ann Wherry

7/16

Linda Hampton

7/16

Sandra Poirier

7/16

Shirley Anderson

7/17

Deb Hawk

7/18

Robin Huber

7/19

Frank Cohara JR

7/20

Linda Funk

7/22



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For Medicare or any Life or Health insurance need, Becky is the one you want to help. She is patient, thorough, and will always explain and provide all options available so you can always make the right choice with confidence. She provides in-home, phone, or virtual appointments and is available year round whenever you need support. **Call today!**



ACTIVITIES CALENDAR

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 BINGO	2 4TH OF JULY PARTY	3 CLOSED
		7:45 Yoga 9:00 Socialization 10:30 Let's Move 12:30 Bingo	9:00 Socialization 10:30 Let's Move 11:30 4 th of July party	
6 BOOKCLUB	7 TIE DYE	8 COFFEE W/ THE LAW	9 GAMES	10 STARLIGHT
7:45 Yoga 9:00 Socialization 10:00 Book Club 10:30 Cardio Drumming 12:00 Games	9:00 Socialization 10:30 Let's Move 12:30 tie dye	7:45 Yoga 9:30 Coffee W/ The Law 11:30 Lunch out @	9:00 Socialization 10:30 Let's Move 12:00 Games	7:45 Yoga no day activities 7:30PM Starlight
13 YOGA	14 FAMILY FEUD	15 BINGO	16 MOVIE DAY	17 YOGA
7:45 Yoga 9:00 Socialization 10:30 Cardio Drumming 12:00 Games	9:00 Socialization 10:30 Let's Move 12:00 Family Feud	7:45 Yoga 9:00 Socialization 10:30 Let's Move 12:00 Bingo	9:00 Socialization 10:30 Let's Move 12:00 Movie day	7:45 Yoga 9:00 Painting 10:30 Cardio Drumming 12:00 Games
20 YOGA	21 DOMINOS	22 BINGO	23 SING ALONGS	24 YOGA
7:45 Yoga 9:00 socialization 10:30 Cardio Drumming 12:00 Games	9:00 Socialization 10:30 Let's Move 12:00 Dominos	7:45 Yoga 9:00 Socialization 10:30 Let's Move 12:00 Bingo	9:00 Socialization 10:30 Let's Move 12:00 Sing alongs	7:45 Yoga 9:00 Painting 10:30 Cardio Drumming 12:00 Games
27 YOGA	28 CARDS	29 BINGO	30 VOLLEY BALL	31 YOGA
7:45 Yoga 9:00 socialization 10:30 Cardio Drumming 12:00 Games	9:00 Socialization 10:30 Let's Move 12:00 Card Games	7:45 Yoga 9:00 Socialization 10:30 Let's Move 12:00 Bingo	9:00 Socialization 10:30 Let's Move 12:00 Volley ball	7:45 Yoga 9:00 Painting 10:30 Cardio Drumming 12:00 Games



ATTENTION SENIORS!

“A DAY AT THE FARM”

Thursday September 17, 2026

Platte Senior Services Inc, is inviting all seniors to our annual event!
We will gather at the Weston Red Barn Farm from **9:00am to 2:00pm**
on **Thursday September 17, 2026.**

The farm is located off Hwy 273 on Wolkerson Rd.

Morning Social
Explore the Farm
BINGO
Lunch will be prepared by
Platte County Sheriff's Department

Reservations Required- Cost is \$5.00 Pay at the door
RSVP NO LATER THAN FRIDAY AUGUST 28,2026
Call 816-270-4100

word scramble

1) RPSTESI_____

2) YMIAFL _____

3) KRSPRSLEA_____

4) ALFG _____

5) EMRDFEO _____

6) UEEBAQRB _____

7) YULJ _____

8) BERLCETAE _____

9) RCAEIAM_____

10) ASTSR _____

11) CNEENDNEPDEI _____

12) ERKWFOIR _____

FIREWORK SPARKLERS STARS FREEDOM AMERICA BARBEQUE
 STRIPES CELEBRATE FAMILY INDEPENDENCE FLAG JULY

Reach a hyperlocal audience.

An advertisement in this newsletter is a highly effective way to promote your business to our community.



Call 800.950.9952



Dad Jokes

07

Who do you call to clean the ocean? Mermaids.

What did the ocean say to the beach? Nothing. It just waved.

What do you get when you cross an elephant and a fish? Swimming trunks.

What do you call an anxious mosquito? A jitterbug.

What kind of sandals do frogs wear? Open-toad.



Are You a Caregiver?
SOME HELP COULD HELP

ADDINGTON PLACE
OF SHOAL CREEK
An Arvum Senior Living Community

816.974.3627
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Assisted Living | Memory Care

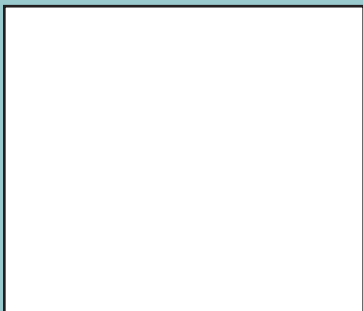
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No act of kindness is ever wasted



Sponsor a Senior



SPONSOR A SENIOR!



Did you know?

Platte County has over 24,000 senior citizens - and the number of seniors without food is steadily increasing.

Platte Senior Services, Inc. Currently serves over **1,000 meals per month**, but that is only one-third of what is needed. Would you consider helping by **“sponsoring a senior”**?

Price Breakdown

- 🍴 \$7.10 per meal (up to 5 days a week)
- 🍴 \$35.50 per week
- 🍴 \$150-\$200 per month (depending on the number of days in the month)

Know someone who might need Help?

Do you know someone in need of a balanced meal?

- A neighbor who doesn't get out much?
 - Someone with few visitors who is rarely seen?
- “sponsor a senior!”**
Your support provides nutritional meals and essential wellness checks.

Meal Delivery Information

- 🍴 Delivered up to 5 days per week (depending on county location)
- 🍴 Delivery time: 11:00am - 12:30pm
- 🍴 All meals are served with 1% milk (No substitutions)

Contact Us!

Platte Senior Services, Inc.
📞 (816) 270-4100

Father's Day Celebration





Homemade
GIFTS MADE EASY



Menu

JULY

2026

(816)270-4100 MENU for PSSI MOW/Home-Delivered Meals

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1	2	3 CLOSED
	YOU MUST CALL 816.270.4100 BY 11 AM THE BUSINESS DAY BEFORE TO ORDER/CANCEL A MEAL	Egg-Omelet Turkey Sausage Patty Potatoes Roasted Applesauce Biscuit Whl/Grain Jelly Yogurt	Beef Hot Dog Baked Beans Potato Salad Watermelon Hot Dog Bun Whl/Grn Mustard Ketchup	HAPPY 4TH OF JULY!! 
	7	8	9	10
Seas. Chicken Breast Broccoli Rice Au Gratin Carrots Tropical fruit-mix WG Wheat Bread	Bar B Que Beef Potato Salad California Blend Banana Hamburger Bun (WG)	Mexican Taco Salad Shredded Cheddar Lettuce/D Tomatoes Pinto Beans Orange Nacho Corn Chips Taco Sauce	Fish (Battered) Coleslaw-creamy Sweet Potatoes Tropical Fruit Mix White WG Bread	Chicken Salad Salad/Tom/Car Cuc./Onion Salad Apple Wheat Bread Oatmeal Raisin Cookie
3	14	15	16	17
Meatloaf Gravy (Brown)Low So. Roasted Vegetables Mashed Potatoes Pears/Strawberries Wheat Dinner Roll	Chicken Parmesan Penne pasta (whl grn) Broccoli Salad/Tom/Car Banana WG Wht Bread	Tuna Salad Sesame Pea Salad Potato Salad Banana Rye Bread Fig Newton	Chicken Diced/Seasoned Chddr Cheese -RF Salad Tom/Carrots Chuckwagon Corn Apples (Stewed) Tortilla Whole Wheat Ranch Dressing Taco Sauce	Sloppy Joe Potato Salad Scandinavian Veggies Peaches/Straw WG HB Bun
10	21	22	23	24
Beef-Mac Casserole Green Beans Vanilla Wafers Banana Dudding Pears Wheat Bread	Chicken Strips Potato Wedges Salad Tom/Carrots Orange Multigrain Bread Graham Crackers 1000 Island Drsnng. Honey Mustard	Chicken Fried Steak Gravy(country)LS Mashed Potatoes Green Beans Citrus Fruit Mix Wheat Roll/WG	Turkey-Deli Cheese Swiss Salad Tom/Carrots Potato Salad Orange White (WG) Bread Must/Mayo French Dressing	BBQ Chicken Carrots Southwestern Salad Apples Roasted Hamburger Bun (WG)
17	28	29	30	31
Seas. Chicken Breast Potatoes Au Gratin Broccoli Pineapple man-o-mix WG Wheat Bread Shortbread Cookies	Riblette/BBQ-Sauce Med. Chopped Salad Coleslaw/Vin. Dressing Hamburger Bun (WG)	Fish (Breaded) Country Blend Coleslaw w/vin.dress. Tropical Fruit Mix Mac & Cheese	Beef Pattie American Cheese Salad Tom/Carrots Steak Fries Banana Hambgr. Bun (WG) Salad Dress. French	Chicken Oven Fried Gravy (LS Chicken) Mashed Potatoes Green Beans White Cake Ice Cream /Stwbry Wheat Dinner Roll

Menu is subject to change; substitutions may be made if approved by dietician.

Patriotic Berry Trifle

Ingredients

1/4 cup plus 2/3 cup sugar
1/4 cup fresh lemon juice
1/4 teaspoon almond extract
1 premade angel food cake, cut into 1-inch slices
1 pound cream cheese, at room temperature
2 cups heavy cream, at room temperature
2 pints blueberries
2 pints strawberries, hulled and sliced



Directions

Heat 1/4 cup sugar, the lemon juice and 1/4 cup water in a saucepan over medium-high heat, stirring, until the sugar dissolves. Remove from the heat and stir in the almond extract.

Brush both sides of each slice of cake with the syrup. Cut the slices into 1-inch cubes.

Beat the remaining 2/3 cup sugar and the cream cheese with a mixer on medium speed until smooth and light. Add the cream and beat on medium-high speed until smooth and the consistency of whipped cream.

Arrange half of the cake cubes in the bottom of a 13-cup trifle dish. Sprinkle evenly with a layer of blueberries. Dollop half of the cream mixture over the blueberries and gently spread. Top with a layer of strawberries. Layer the remaining cake cubes on top of the strawberries, then sprinkle with more blueberries and top with the remaining cream mixture. Finish with the remaining strawberries and blueberries, arranging them in a decorative pattern. Cover and refrigerate 1 hour.