



2026



Pat Brinton

1) Where were you born and raised?

Born in Warrensburg, Mo Grew up in St. Joseph, MO

2) What do you like to do in your free time?

I like to cook and try new recipes, I love to read and to work in the yard

3) What motivates you?

My parents always encouraged me to keep busy, I started baby sitting early and worked part time in a grocery store from the time i was 15 until I went to college.

4) 3 things you can't live without?

Friends, Family and good books.

5) How long have you been volunteering/ at PSSI?

I have been delivering meals on wheels for 14 years.

6) Advice to your younger self?

Wish I had told my younger self: Stay organized, keep your life in order and if you have a basement or an attic, keep them organized too.

7) Favorite quote?

"The best things in life are not THINGS."

8) Name someone that inspires you?

My mother and dad were the best inspiration.

9) Favorite food/ drink?

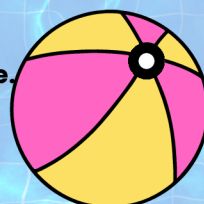
My favorite food is chocolate although i try not to keep it around.

10) What do you want people to remember about you?

I would like people to remember me as a friend and as someone who was interested in them

11) what makes you smile?

My children, grandchildren and dogs make me smile.



02 PSSI STAFF / MESSAGE FROM THE STAFF
OUR STAFF

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FATHER'S DAY MESSAGE

Dear Father's ,

On this Father's Day, we take a moment to honor and celebrate the wisdom, strength, love and guidance that fathers have shared throughout the years. Your experiences, sacrifices, and dedication have helped shape families, communities, and future generations in countless meaningful ways.

Whether you are a father, grandfather, uncle, mentor, or someone who has simply offered support and encouragement to others, your impact is deeply appreciated and never forgotten. Today we celebrate the memories you have created, the lessons you have taught, and the love you continue to give.

May this Father's Day bring you joy, appreciation, and special moments with loved ones. Thank you for the lives you have touched and the legacy you continue to inspire.

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JUNE BIRTHDAYS ... HAPPY BIRTHDAY

03

Karen Ganley

6/7

Rick Hamman

6/11

SUMMER



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ACTIVITIES CALENDAR

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 YOGA	2 BIRD HOUSES	3 BINGO	4 BIRTHDAY'S	5 YOGA
7:45 Yoga 9:00 socialization 10:30 Cardio Drumming 12:00 Games	9:00 Socialization 10:30 Let's Move 12:30 Painting Bird houses	7:45 Yoga 9:00 Socialization 10:30 Let's Move 12:30 Bingo	9:00 Socialization 10:30 Let's Move 12:00 June Birthday's	7:45 Yoga 9:00 Painting 10:30 Cardio Drumming 12:00 Games
8 BOOK CLUB	9 MOVIE DAY	10 COFFEE W/ LAW	11 GAMES	12
7:45 Yoga 9:00 Socialization 10:00 Book Club 10:30 Cardio Drumming 12:00 Games	9:00 Socialization 10:30 Let's Move 12:30 Movie day	7:45 Yoga 9:30 Coffee W/ The Law 11:30 Lunch out @	9:00 Socialization 10:30 Let's Move 12:00 Games	7:45 Yoga 9:00 Painting No activities 7:30PM Starlight
15 YOGA	16 FAMILY FEUD	17 BINGO	18 FATHER'S DAY	19 CLOSED
7:45 Yoga 9:00 Socialization 10:30 Cardio Drumming 12:00 Games	9:00 Socialization 10:30 Let's Move 12:00 Family Feud	7:45 Yoga 9:00 Socialization 10:30 Let's Move 12:00 Bingo	9:00 Socialization 10:30 Let's Move 12:00 Father's Day Celebration	
22 YOGA	23 BIRD FEEDERS	24 BINGO	25 SING ALONGS	26 YOGA
7:45 Yoga 9:00 socialization 10:30 Cardio Drumming 12:00 Games	9:00 Socialization 10:30 Let's Move 12:00 Movie Day	7:45 Yoga 9:00 Socialization 10:30 Let's Move 12:00 Bingo	9:00 Socialization 10:30 Let's Move 12:00 Sing alongs	7:45 Yoga 9:00 Painting 10:30 Cardio Drumming 12:00 Games
29 YOGA	30 CARDS			
7:45 Yoga 9:00 socialization 10:30 Cardio Drumming 12:00 Games	9:00 Socialization 10:30 Let's Move 12:00 Card Games			

JUNETEENTH 05

Juneteenth, celebrated each year on June 19th, commemorates the day in 1865 when enslaved African Americans in Texas were finally informed of their freedom, more than Two years after the Emancipation Proclamation was issued.

This important day serves as a reminder of hope, perseverance, unity, and progress.

We recognize Juneteenth, we also honor the stories, wisdom, and experiences of older generations who have witnessed history, overcome challenges, and helped shape stronger communities for future generations. It is a time to reflect on the importance of equality, respect, and continuing to learn from one another.

May this Juneteenth inspire celebration, understanding, and togetherness among family, friends, and neighbors. Let us continue to honor the past while looking forward to a future filled with compassion, unity, and opportunity for all.

word scramble

06

- 1) ilayfm _____ 6) oplo _____
2) emumrs _____ 7) cercaemi _____
3) tho _____ 8) othssr _____
4) nunys _____ 9) nfu _____
5) misw _____ 10) ecabh _____

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Dad Jokes

07

My dad opened a gym once. But it didn't work out.

Why did the golfer cry? He was going through a rough patch.

My dad used to be addicted to the hokey pokey. But then he turned himself around.

What did the cheerleader serve for Father's Day breakfast? Cheerios.

Where do cows go on Father's Day? The moo-vies.

Are You a Caregiver? SOME HELP COULD HELP



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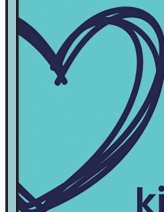
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Assisted Living | Memory Care

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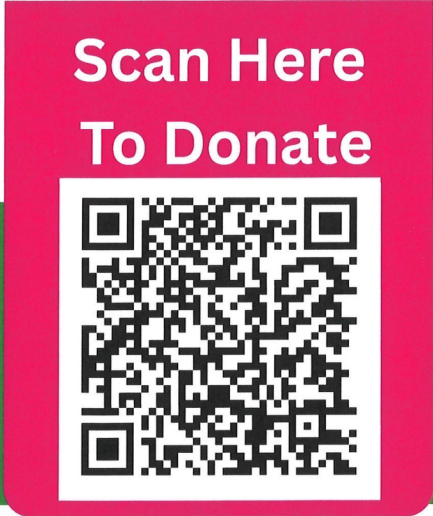
Platte County Senior Center, Kansas City, MO

02-1070

Sponsor a Senior



SPONSOR A SENIOR!



Did you know?

Platte County has over 24,000 senior citizens - and the number of seniors without food is steadily increasing.

Platte Senior Services, Inc. Currently serves over **1,000 meals per month**, but that is only one-third of what is needed. Would you consider helping by **“sponsoring a senior”**?

Price Breakdown

- 🍴 \$7.10 per meal (up to 5 days a week)
- 🍴 \$35.50 per week
- 🍴 \$150-\$200 per month (depending on the number of days in the month)

Know someone who might need Help?

Do you know someone in need of a balanced meal?

- A neighbor who doesn't get out much?
- Someone with few visitors who is rarely seen?

Meal Delivery Information

- 🍴 Delivered up to 5 days per week (depending on county location)
- 🍴 Delivery time: 11:00am - 12:30pm
- 🍴 All meals are served with 1% milk (No substitutions)

“sponsor a senior!”
Your support provides nutritional meals and essential wellness checks.

Contact Us!

Platte Senior Services, Inc.
📞 (816) 270-4100

09

Volunteer Appreciation Picnic in the park



**Thank you Off The Hook BBQ
for catering**










Menu



2026

(816)270-4100 MENU for PSSI MOW/Home-Delivered Meals

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Beef Hot Dog 3Bean Salad Potato Salad Watermelon Hot Dog Bun Mustard/ketchup	2 Chicken Parmesan Penne Pasta(WG) Brussel Sprouts Salad/Tom/Carrots Pineapple Man-O-Mix White (WG) Bread French Dressing	3 Mexican Taco Salad Shredded Cheddar Lettuce/D Tomatoes Pinto Beans Orange Nacho Light Chips Taco Sauce	4 BBQ Chicken Carrots Potato Salad Trop. Fruit Mix Hamburger Bun (WG)	5 Chili/ Beans Shredded Cheddar Salad Tom/Carrots Peach Cobbler Crackers Wht/Whl Grn Salad Dress. French
8 Meatloaf Brown Gravy Country blend veggies Mashed Potatoes Peaches/Strawberries Wheat Dinner Roll	9 Fish (Breaded) Beets (Pickled) Spinach Citrus Fruit Mix Corn Muffin Tartar Sauce	10 Mostaccoli/Whl Grain W Meat Sauce Italian Veggies Salad Tom/Carrots Stewed Apples Italian Bread/Dressing Graham Crackers	11 Pork & Beans Smkd Cucumber/Onion Salad Banana Corn Muffin	12 Chicken Strips Potato Wedges Salad/Tom/Carrots Orange Graham Crackers HoneyMust./Fr Dressing
15 Beef.Tater Tot Cass. Green Beans Peaches/Strawberries Wheat Bread	16 Stir Fry Chicken Stir Fry Veg. w/Brown Rice Coleslaw vin/drsng Pineapple man-o-mix White WG Bread	17 Sloppy Joe's Potato Wedges Scand. Veggies Apple Slices Ham.Bun Whl/Grn	18 Fet. Alfredo/Chicken Broccoli Salad/Tom/Carrots Orange Italian Bread Dressing Italian	19 CLOSED NO MEALS 
22 Egg Omelet Sausage Links/Turkey Roasted Potatoes Grapes(Red) Biscuit (WG) Jelly	23 Beef Pattie/Amer. Cheese Tossed Salad Steak Fries Banana WG Hamburger Bun Dressing/1000 Islnd Ketchup & Mustard	24 Tilapia (Battered) Coleslaw-creamy Sweet Potatoes Peaches/Strwbrry Multi-Grain Bread (Whl/G) Oat/Raisin Cookie Tartar Sauce	25 Beef stew w/veggies Salad/Tom/Carrots Banana Corn Muffin Ranch Dressing Oatmeal Raisin Cookie	26 Chicken (Oven Fried) Gravy (Chicken)LS Mashed Potatoes Green Beans (Frzn) Orange Sherb./Wht. Cake Wheat Dinner Roll (WG)
29 Chicken Fried Steak Gravy(country)LS Mashed Potatoes Green Beans Citrus Fruit Mix Wheat Roll/WG Short Bread Cookies	30 Chicken Diced/Seasoned Chddr Cheese -RF Salad Tom/Carrots Chuckwgn Corn Apples (Stewed) Tortilla Whole Wheat			<u>YOU MUST CALL</u> <u>816.270.4100 BY</u> <u>11 AM THE</u> <u>BUSINESS DAY</u> <u>BEFORE TO</u> <u>ORDER/CANCEL A</u> <u>MEAL</u>

Menu is subject to change; substitutions may be made if approved by dietician.

*Margarine & 1% Milk served w/all meals

Gina's Shrimp Scampi with Angel Hair Pasta

Ingredients

1 pound angel hair pasta
2 tablespoons olive oil
1 pound large shrimp, peeled and deveined
4 cloves garlic, minced
1/2 teaspoon red pepper flakes
1 lemon, juiced, plus 1/2 lemon, zested
1/2 cup dry white wine
5 tablespoons butter
1/4 cup chopped parsley leaves



Directions

Add the pasta to a large pot of boiling salted water, over medium heat, and cook until al dente.

Meanwhile, heat a large 12-inch skillet over medium-high heat. Add the olive oil. Once shimmering and hot, add the shrimp and saute until just cooked through, about 2 to 3 minutes. Remove to a plate and reserve. Add the garlic and red pepper flakes to the skillet, then saute for until the garlic is fragrant, about 1 minute. Add the lemon juice and white wine and raise the heat to high. Let the liquid reduce for 2 to 3 minutes. Whisk in the butter, add a ladleful of the pasta cooking water and return the shrimp. Remove from the heat.

Drain the pasta in a colander, and add it to the skillet along with the chopped parsley and toss. Add the lemon zest and adjust the seasonings with salt and pepper, to taste. Transfer to a serving platter and serve immediately.