

ACTIVITIES CALENDAR

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 YOGA	3 FREE DAY	4 M.O.B	5 BIRTHDAYS	6 YOGA
7:45 Yoga 9:00 Painting 10:30 Cardio Drumming 12:00 Games	9:00 Socialization 10:30 Let's Move 12:00 Free Day	7:45 Yoga 10:30- 1:00 Matter of Balance	9:00 Socialization 10:30 Let's Move 12:30 November Birthdays	7:45 Yoga 10:30 Cardio Drumming 12:00 Games
9 YOGA	10 RUMI CUBE	11 CLOSED	12 BINGO	13 YOGA
7:45 Yoga 9:00 Painting 10:30 Cardio Drumming 12:00 Games	9:00 Socialization 10:30 Let's Move 12:00 Rumi Cube		9:00 Socialization 10:30 Let's Move 12:00 Bingo	7:45 Yoga 10:30 Cardio Drumming 12:00 Games
16 YOGA	17 THANKSGIVING	18 M.O.B.	19 BINGO	20 YOGA
7:45 Yoga 9:00 Painting 10:30 Cardio Drumming 12:00 Games	9:00 Socialization 10:30 Let's Move 12:00 Thanksgiving party	7:45 Yoga 10:30- 1:00 Matter of Balance	9:00 Socialization 10:30 Let's Move 12:00 Bingo	7:45 Yoga 10:30 Cardio Drumming 12:00 Games
23 YOGA	24 MOVIE DAY	25 M.O.B	26 CLOSED	27 CLOSED
7:45 Yoga 9:00 Socialization 10:30 Cardio Drumming 12:00 Games	9:00 Socialization 10:30 Let's Move 12:00 Movie Day	7:45 Yoga 10:30- 1:00 Matter of Balance		
30 YOGA				
7:45 Yoga 9:00 Socialization 10:30 Cardio Drumming 12:00 Games				