



2026



Every year on November 11, we pause to celebrate Veterans Day, a special occasion dedicated to honoring the brave men and women who have served in the United States Armed Forces. It is a day to express our gratitude to those who have sacrificed, served, and worked to protect the freedoms we enjoy today.

Veterans Day is especially meaningful because behind every uniform is a person with a story. Some veterans served during times of war, while others served during peacetime. Many left their families, homes, and everyday lives to answer the call of duty. Their courage, dedication, and commitment have helped shape our nation's history.

For many older adults, Veterans Day may bring back personal memories of military service, loved ones who served, or the challenges and changes our country experienced throughout the years. These memories remind us that freedom is precious and that the men and women who defend it deserve our lasting appreciation.

There are many ways to honor our veterans. We can attend a local Veterans Day ceremony, display the American flag, send a card, visit a veteran, or simply offer a heartfelt "thank you for your service." Sometimes, the most meaningful gift we can give is the gift of listening. Taking time to hear a veteran's story shows respect for their experiences and appreciation for their sacrifices.

As we observe Veterans Day, let us remember that honoring veterans should not be limited to just one day a year. Our gratitude can be shown through kindness, support, and a willingness to recognize the contributions of those who have served.

To all our veterans, past and present, we thank you for your courage, your dedication, and your service to our country. May you always know that you are remembered, respected, and appreciated.

Happy Veterans Day! God bless our veterans and the United States of America.

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MESSAGE FROM STAFF

Thankfulness is more than celebrating one day of the year. It is a way of appreciating the blessings that are present in our lives each day. As we reflect on all that we have to be grateful for, let us remember the people who have encouraged us, the memories that bring us joy, and the experiences that have helped shape who we are.

Even during challenging times, there is always something to appreciate. A kind word, a friendly smile, a beautiful day, a cherished memory, or simply the opportunity to share another day with those around us.

May we carry an attitude of gratitude in our hearts, not only during the Thanksgiving season but throughout the year. Let us be thankful for our lives, our friendships, our families, and the wonderful community we share.

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NOVEMBER BIRTHDAYS ... HAPPY BIRTHDAY

03

Mark Wherry
11/3

Deloris McKahan
11/27

Bonnie Morris
11/6

Harriet McGarvey
11/28

Joann Durham
11/17



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Platte County Senior Center, Kansas City, MO

02-1070

ACTIVITIES CALENDAR

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 YOGA	3 FREE DAY	4 M.O.B	5 BIRTHDAYS	6 YOGA
7:45 Yoga 9:00 Painting 10:30 Cardio Drumming 12:00 Games	9:00 Socialization 10:30 Let's Move 12:00 Free Day	7:45 Yoga 10:30- 1:00 Matter of Balance	9:00 Socialization 10:30 Let's Move 12:30 November Birthdays	7:45 Yoga 10:30 Cardio Drumming 12:00 Games
9 YOGA	10 RUMI CUBE	11 CLOSED	12 BINGO	13 YOGA
7:45 Yoga 9:00 Painting 10:30 Cardio Drumming 12:00 Games	9:00 Socialization 10:30 Let's Move 12:00 Rumi Cube		9:00 Socialization 10:30 Let's Move 12:00 Bingo	7:45 Yoga 10:30 Cardio Drumming 12:00 Games
16 YOGA	17 THANKSGIVING	18 M.O.B.	19 BINGO	20 YOGA
7:45 Yoga 9:00 Painting 10:30 Cardio Drumming 12:00 Games	9:00 Socialization 10:30 Let's Move 12:00 Thanksgiving party	7:45 Yoga 10:30- 1:00 Matter of Balance	9:00 Socialization 10:30 Let's Move 12:00 Bingo	7:45 Yoga 10:30 Cardio Drumming 12:00 Games
23 YOGA	24 MOVIE DAY	25 M.O.B	26 CLOSED	27 CLOSED
7:45 Yoga 9:00 Socialization 10:30 Cardio Drumming 12:00 Games	9:00 Socialization 10:30 Let's Move 12:00 Movie Day	7:45 Yoga 10:30- 1:00 Matter of Balance		
30 YOGA				
7:45 Yoga 9:00 Socialization 10:30 Cardio Drumming 12:00 Games				

Halloween Party

05



word scramble

06

1) RCON_____

2) UKMPNPI_____

3) KRUEYT_____

4) OMFAYLER_____

5) NIWSEBHO_____

6) CIARRBESNE_____

7) SPMILIGR_____

8) RICDUKMTS_____

9) DNENIR _____

10) SYMA_____

YAMS CORN PUMPKIN DINNER CRANBERRIES
DRUMSTICK MAYFLOWER PILGRIMS WISHBONE TURKEY

Reach a hyperlocal audience.

An advertisement in this newsletter is a highly effective way to promote your business to our community.



Call 800.950.9952



Dad Jokes

07

What do you get when you cross a turkey with a ghost?
A poultry-geist!

What do you call a running turkey?
Fast food.

What did the sweet potato say to the pumpkin pie?
"I yam what I yam."

What does a turkey say when it uses the computer?
"Google, Google!"

Our community
wouldn't be the
same without you!



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Did you know?

Platte County has over 24,000 senior citizens - and the number of seniors without food is steadily increasing.

Platte Senior Services, Inc. Currently serves over **1,000 meals per month**, but that is only one-third of what is needed. Would you consider helping by **"sponsoring a senior"**?

Price Breakdown

- \$7.10 per meal (up to 5 days a week)
- \$35.50 per week
- \$150-\$200 per month
(depending on the number of days in the month)

Know someone who might need Help?

Do you know someone in need of a balanced meal?

A neighbor who doesn't get out much?

Someone with few visitors who is rarely seen?

"sponsor a senior!"

Your support provides nutritional meals and essential wellness checks.

Meal Delivery Information

- Delivered up to 5 days per week (depending on county location)
- Delivery time: 11:00am - 12:30pm
- All meals are served with 1% milk (No substitutions)

Contact Us!

Platte Senior Services, Inc.

☎ (816) 270-4100

Halloween Party Continued...



VOLUNTEER



Drivers Needed!!!

Who: Platte Senior Services Inc.

What: Daily Home Meal Delivery (Meals served Hot)

When: Monday thru Friday between 11am -12:30pm

Where: 12200 N. Ambassador Drive Suite #104

Kansas City, MO 64163

Why: Seniors need good balanced meals!!!

How: call (816)270-4100 ext.3 to sign up!!!!

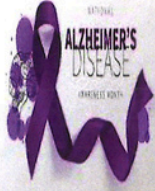


Menu



November 2026

(816)270-4100 MENU for PSSI MOW/Home-Delivered Meals

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Chicken Pot Pie Stew Broccoli Pear Biscuit Shortbread Cookies	3 Swiss Steak w/Tomato Au Gratin Potatoes Brussel Sprouts Apple Slices WG Multigrain Bread Butterscotch Pudding	4 Beef stew w/veggies Salad Banana Corn Muffin Oatmeal Raisin Cookie Ranch Dressing	5 Fish(Breaded) Country Blend Coleslaw w vin./drsg Tropical Fruit Mix Mac & Cheese Tartar Suace	6 Mexican Taco Salad Shredded Cheddar Lettuce/D Tomatoes Pinto Beans Orange Nacho Light Chips Taco Sauce
9 Meatloaf Brown Gravy Fiesta vegetables Mashed Potatoes Pears/Strawberries Wheat Dinner Roll	10 Chicken Fett. Alfredo Broccoli Salad/Tom/Carrots Orange Italian Bread Salad Dressing Italian	11 CLOSED 	12 Mostaccoli/Meat Sauce Italian Veggies Caesar Salad Pineapple Fruit Mix Italian bread Graham Crackers	13 Sloppy Joe's Tater Tots Carrot/Raisin Salad Apple WG HB Bun Yogurt Cup
16 Chicken Fried Steak Gravy (country) Mashed Potatoes Green Beans Citrus Fruit Mix Wheat Dinner Roll	17 Chicken Breast Broccoli Rice (AG) Carrots Banana Vanilla Wafers/Pudding Multigrain bread	18 Beef Fajita w P/O Fiesta Veggies Cheese/Let./Tom Orange Tortilla Taco Sauce	19 Battered Fish Steak Fries Creamy Pea Salad Trop. Fruit Mix Wheat Bread Oatmeal Raisin Cookie	20 Chicken Oven Fried Gravy Mashed Potatoes Green Beans White Cake WG Dinner Roll Orange Sherbert
23 Pulled Pork White Corn/Peppers Coleslaw w vin.dress. Apple Crisp Hoagie Roll	24 Chili/Beans Shredded Cheddar Salad/Tom/Carrots Peach Cobbler Crackers WGWH French Dressing	25 Turkey Mashed Potatoes Gravy(Turkey) Green Bean Casserole Pumpkin Pie/Topping Cranberry Sauce Wheat Dinner Roll	26 CLOSED 	27 CLOSED 
30 Tuna Mac & Cheese Cauliflower/Peas Cucumber/Onion Sal. Apple Sauce WG Wheat Bread				Margarine & 1% Milk served w/all meals 

Menu is subject to change; substitutions may be made if approved by dietician.

Cracker Pumpkin Pie

Ingredients

One 15-ounce can pure pumpkin puree
One 14-ounce can sweetened condensed milk
2 cups cold heavy cream
1 tablespoon pumpkin pie spice
1 teaspoon vanilla-bean paste
45 graham crackers (each 2 1/2 by 5 inches)
1/4 cup toasted pecans, roughly chopped



Directions

- 1) Combine the pumpkin puree and the condensed milk in a large bowl.
- 2) Whip the cream, pie spice and vanilla paste in the bowl of a stand mixer fitted with a whisk attachment on low speed until combined. Increase the speed to medium and beat until stiff peaks form, 2 to 3 minutes.
- 3) Fold the whipped cream mixture into the pumpkin mixture with a flexible spatula in three additions, until no streaks remain.
- 4) Line the bottom of a 10-inch springform cake pan with a single layer of graham crackers, breaking up some of them to fill in any gaps. Spread 1 cup of the pumpkin-cream mixture evenly on top of the crackers. Add another layer of crackers and then spread with another 1 cup of the filling. Repeat until all the crackers and the filling are used up, ending with the filling.
- 5) Cover the pan tightly with plastic wrap and refrigerate until the cake is completely chilled, at least 8 hours and up to 12 hours.
- 6) To serve, remove the plastic wrap from the pan and run a thin paring knife along the edge of the cake. Remove the outer ring of the pan. Top with the toasted pecans.