






January 2026

(816)270-4100 MENU for PSSI MOW/Home-Delivered Meals

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1	2
<p><u>YOU MUST CALL</u> <u>816.270.4100 BY</u> <u>11 AM THE BUSINESS</u> <u>DAY BEFORE TO</u> <u>ORDER/CANCEL A MEAL</u></p>	<p>*Margarine & 1% Milk served w/all meals</p>		 Happy New Year!	Swiss Steak w/tomato Mashed Potatoes Peas/Carrots Apple Slices Multigrain Bread Tapioca Pudding
5	6	7	8	9
Beef-Mac Casserole Scandnav-veggies Vanilla Waf/Ban. Pudding Pears White Bread	BBQ Chicken Prince Edward Veggies Potato Salad Tropical Fruit Mix Hamburger Bun (WG)	Mexican Taco Salad Shredded Cheddar Lettuce/D Tomatoes Pinto Beans Orange Nacho Light Chips Taco Sauce	Pork Stir Fry Stir Fry Veg. Coleslaw vin/drsng Pineapple man-o-mix White WG Bread Soy Sauce (Low Sod.)	Beef Pattie Salad Tom/Carrots Steak Fries Banana Hamb Bun (WG) Salad Dress. (1000)
12	13	14	15	16
Meatloaf Gravy (Brown)Low So. Fiesta Vegetables Mashed Potatoes Pears/Strawberries Wheat Dinner Roll	Fettuccine Alfr./Chicken Broccoli Salad/Tom/Carr Orange Italian Bread Salad Dress. Italian	Eggs Omelet Sausage Links/Turkey Potatoes Roasted Grapes (Red) WG Biscuit Jelly	Mostaccoli/Whl Grain W Meat Sauce Italian Veggies Salad Tom/Carrots Pineapple/man or mix Italian Bread Graham Crackers	Tilapia (Battered) Coleslaw-creamy Sweet Potatoes Peaches/Strwbrry White WG Bread Snickers Doodle Cookie Tartar Sauce
19 NO MEALS SERVED	20	21	22	23
 Martin Luther King Day <small>designed by freepik.com</small>	Chicken Fried Steak Gravy (Country) Mashed Potatoes Green Beans Citrus Fruit Mix Wheat Dinner Roll	Fish (Breaded) Spinach Coleslaw vin/drsng Citrus Fruit Mix Corn Muffin Tartar Sauce/Vinegar	Meatball Sub Root Veg./Kale Salad/Tom/Carrots Orange Hoagie Roll Salad Dress. Italian	Seas. Chicken Breast Potatoes Au Gratin Broccoli Pineapple man-o-mix WG Wheat Bread Shrt. Brd. Cookies
26	27	28	29	30
Sloppy Joe Potato Salad Carrots Apple slices WG HB Bun	Chicken Strips Potato Wedges Salad Tom/Carrots Orange Multigrain Bread Graham Crackers French Salad Drsng. Honey Mustard	Chili/ Beans Shredded Cheddar Salad Tom/Carrots Peach Cobbler Crackers Wht/Whl Grn Salad Dress. French	Pork&Beans/Smoked Cucumber/Onion Sal. Banana Corn Muffin (WG)	Chicken Oven Fried Gravy (LS Chicken) Mashed Potatoes Green Beans Orange Cake Ice Cream (FFSF) Wheat Dinner Roll

Menu is subject to change; substitutions may be made if approved by dietician.