



January 2026

(816)270-4100 MENU for PSSI MOW/Home-Delivered Meals

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<u>YOU MUST CALL 816.270.4100 BY 11 AM THE BUSINESS DAY BEFORE TO ORDER/CANCEL A MEAL</u>	*Margarine & 1% Milk served w/all meals			1 Swiss Steak w/tomato Mashed Potatoes Peas/Carrots Apple Slices Multigrain Bread Tapioca Pudding
5	6	7	8	9
Beef-Mac Casserole Scandnav-veggies Vanilla Waf/Ban. Pudding Pears White Bread	BBQ Chicken Prince Edward Veggies Potato Salad Tropical Fruit Mix Hamburger Bun (WG)	Mexican Taco Salad Shredded Cheddar Lettuce/D Tomatoes Pinto Beans Orange Nacho Light Chips Taco Sauce	Pork Stir Fry Stir Fry Veg. Coleslaw vin/drsng Pineapple man-o-mix White WG Bread Soy Sauce (Low Sod.)	Beef Pattie Salad Tom/Carrots Steak Fries Banana Hamb Bun (WG) Salad Dress. (1000)
12	13	14	15	16
Meatloaf Gravy (Brown)Low So. Fiesta Vegetables Mashed Potatoes Pears/Strawberries Wheat Dinner Roll	Fettuccine Alfr./Chicken Broccoli Salad/Tom/Carr Orange Italian Bread Salad Dress. Italian	Eggs Omelet Sausage Links/Turkey Potatoes Roasted Grapes (Red) WG Biscuit Jelly	Mostaccoli/Whl Grain W Meat Sauce Italian Veggies Salad Tom/Carrots Pineapple/man or mix Italian Bread Graham Crackers	Tilapia (Battered) Coleslaw-creamy Sweet Potatoes Peaches/Strwbrry White WG Bread Snicker Doodle Cookie Tartar Sauce
19 NO MEALS SERVED 	20	21	22	23
26	Chicken Fried Steak Gravy (Country) Mashed Potatoes Green Beans Citrus Fruit Mix Wheat Dinner Roll	Fish (Breaded) Spinach Coleslaw vin/drsng Citrus Fruit Mix Corn Muffin Tartar Sauce/Vinegar	Meatball Sub Root Veg./Kale Salad/Tom/Carrots Orange Hoagie Roll Salad Dress. Italian	Seas. Chicken Breast Potatoes Au Gratin Broccoli Pineapple man-o-mix WG Wheat Bread Shrt. Brd. Cookies
	27	28	29	30
SNOW DAY CLOSED NO MEALS SERVED	Sloppy Joe Potato Salad Carrots Apple slices WG HB Bun	Chicken Strips Potato Wedges Salad Tom/Carrots Orange Multigrain Bread Graham Crackers French Salad Drsng. Honey Mustard	Chili/ Beans Shredded Cheddar Salad Tom/Carrots Peach Cobbler Crackers Wht/Whl Grn Salad Dress. French	Chicken Oven Fried Gravy (LS Chicken) Mashed Potatoes Green Beans Orange Cake Ice Cream (FFSF) Wheat Dinner Roll

Menu is subject to change; substitutions may be made if approved by dietician.