



# January 2026

## (816)270-4100 MENU for PSSI MOW/Home-Delivered Meals

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1	2
<p><b><u>YOU MUST CALL</u></b>  <b><u>816.270.4100 BY</u></b>  <b><u>11 AM THE BUSINESS</u></b>  <b><u>DAY BEFORE TO</u></b>  <b><u>ORDER/CANCEL A MEAL</u></b></p>	<p><b>*Margarine &amp; 1% Milk served w/all meals</b></p>		 <p>Happy New Year!</p>	<p>Swiss Steak w/tomato Mashed Potatoes Peas/Carrots Apple Slices Multigrain Bread Tapioca Pudding</p>
5	6	7	8	9
<p>Beef-Mac Casserole Scandnav-veggies Vanilla Waf/Ban. Pudding Pears White Bread</p>	<p>BBQ Chicken Prince Edward Veggies Potato Salad Tropical Fruit Mix Hamburger Bun (WG)</p>	<p>Mexican Taco Salad Shredded Cheddar Lettuce/D Tomatoes Pinto Beans Orange Nacho Light Chips Taco Sauce</p>	<p>Pork Stir Fry Stir Fry Veg. Coleslaw vin/drsng Pineapple man-o-mix White WG Bread Soy Sauce (Low Sod.)</p>	<p>Beef Pattie Salad Tom/Carrots Steak Fries Banana Hamb Bun (WG) Salad Dress. (1000)</p>
12	13	14	15	16
<p>Meatloaf Gravy (Brown)Low So. Fiesta Vegetables Mashed Potatoes Pears/Strawberries Wheat Dinner Roll</p>	<p>Fettuccine Alfr./Chicken Broccoli Salad/Tom/Carr Orange Italian Bread Salad Dress. Italian</p>	<p>Eggs Omelet Sausage Links/Turkey Potatoes Roasted Grapes (Red) WG Biscuit Jelly</p>	<p>Mostaccoli/Whl Grain W Meat Sauce Italian Veggies Salad Tom/Carrots Pineapple/man or mix Italian Bread Graham Crackers</p>	<p>Tilapia (Battered) Coleslaw-creamy Sweet Potatoes Peaches/Strwbrry White WG Bread Snickers Doodle Cookie Tartar Sauce</p>
19 NO MEALS SERVED	20	21	22	23
 <p>Martin Luther King Day</p>	<p>Chicken Fried Steak Gravy (Country) Mashed Potatoes Green Beans Citrus Fruit Mix Wheat Dinner Roll</p>	<p>Fish (Breaded) Spinach Coleslaw vin/drsng Citrus Fruit Mix Corn Muffin Tartar Sauce/Vinegar</p>	<p>Meatball Sub Root Veg./Kale Salad/Tom/Carrots Orange Hoagie Roll Salad Dress. Italian</p>	<p>Seas. Chicken Breast Potatoes Au Gratin Broccoli Pineapple man-o-mix WG Wheat Bread Shrt. Brd. Cookies</p>
26	27	28	29	30
<p><b>SNOW DAY CLOSED NO MEALS SERVED</b></p>	<p>Sloppy Joe Potato Salad Carrots Apple slices WG HB Bun</p>	<p>Chicken Strips Potato Wedges Salad Tom/Carrots Orange Multigrain Bread Graham Crackers French Salad Drsng. Honey Mustard</p>	<p>Chili/ Beans Shredded Cheddar Salad Tom/Carrots Peach Cobbler Crackers Wht/Whl Grn Salad Dress. French</p>	<p>Chicken Oven Fried Gravy (LS Chicken) Mashed Potatoes Green Beans Orange Cake Ice Cream (FFSF) Wheat Dinner Roll</p>

Menu is subject to change; substitutions may be made if approved by dietician.