



ABU DHABI ATHLETICS CHEER

أبو ظبي اثليتيكس جير

2025-2026
INFORMATION PACKET





Welcome to Abu Dhabi Athletics Cheer, the leading cheerleading program in the capital, offering cheer and tumbling classes, recreational cheer programs, and elite teams for athletes aged 5 and above.

OUR MISSION STATEMENT:

Abu Dhabi Athletics Cheer focuses on developing leaders and promoting excellence. Through dedication, teamwork, and positive spirit, we strive to create a supportive community that inspires and uplifts, achieving success both in Cheer and beyond. This information packet provides an overview of Abu Dhabi Athletics Cheer and shows you how to enroll for our classes.

WHAT WE OFFER

- All Star Cheer
- Camps & Clinics
- Open Gym
- Team Training
- Tumbling & Stunt Classes
- School ECA/ASA

ABU DHABI ATHLETICS CHEER

Yasmina American School
Abu Dhabi - U.A.E.

+971 55 580 4942 | +971 58 112 0159
Info@abudhabiathleticscheer.com



TEAM PLACEMENTS

When forming teams, we consider factors such as athlete skills, experience, and maturity. Rosters are subject to change at any point and for any reason under the management discretion.

COMPETITION SCHEDULE

The competition schedule varies by team. Most teams will attend local and national competitions with further opportunities to attend end of season events at an additional cost.

TIME COMMITMENT

Participating in our All Star Cheer program is an 6 month commitment. The season will begin in January 2026 and run through to June 2026. Additional and extended practices will be scheduled during important times of the season. Athletes are expected to prioritize their participation in our program and fully commit to attending all scheduled practices

FINANCIAL COMMITMENT

Participating in All Star Cheer requires a significant financial commitment. It's important to carefully consider the investment involved. Tuition is divided into 6 monthly installments and is due on the first of each month. Billing begins in January 2026 and continues through to June 2026. Tuition remains consistent from month to month and is payable online through our customer portal. Members are required to keep a valid credit or debit card on file.



The pricing below reflects the 2025-2026 program fee, divided into six equal monthly installments (January–June).

Local Elite Teams – 5.5 Hours Weekly
(AED 1,766 + VAT per month)

U12 Team Schedule (Born between 2013 – 2018)

Wednesdays: 5:00 PM – 7:00 PM
Sundays: 10:00 AM – 12:00 PM
Plus: One additional weekly tumbling class

U16 Team Schedule (Born between 2009 – 2014)

Mondays: 5:00 PM – 7:00 PM
Sundays: 12:00 PM – 2:00 PM
Plus: One additional weekly tumbling class

Developmental Team (2009 – 2018) – 2 Hours Weekly

(AED 900 + VAT per month)
Sundays: 12:00 PM – 2:00 PM

U8 Team (2017 – 2021) – 2 Hours Weekly

(AED 900 + VAT per month)
Sundays: 10:00 AM – 12:00 PM

All Packages Include:

Individual Gym T-shirt
Custom Team Practice Wear
Custom Competition Uniform

Tumbling Classes Schedule:

Beginner 1:

Monday: 7:00 PM – 8:30 PM
Sunday: 2:00 PM – 3:30 PM

Beginner 2:

Wednesday: 7:00 PM – 8:30 PM
Sunday: 2:00 PM – 3:30 PM

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