

Must I complete all the requirements the same day?

No. It is appropriate, but not necessary. It is sufficient that these practices be carried out within several days before or after the pilgrimage visit.

- Prayer for the Holy Father's intentions could be for his general intentions or the monthly intention he has designated.
- One sacramental Confession suffices for several plenary indulgences, but a separate Holy Communion and a separate prayer for the Holy Father's intentions are required for each plenary indulgence.

NOTE: Indulgences can always be applied either to oneself or to the souls of the deceased, but they cannot be applied to other persons living on earth.

Suggested worthwhile activity at Our Lady of the Mountains:

- View the various portraits of the saints, reflecting on their lives and teachings.
- Donate toiletry items or money to help the poor through the work of St. Vincent de Paul Society.

THE JUBILEE PRAYER

Father in heaven, may the *faith* you have given us in your Son, Jesus Christ, our brother, and the flame of *charity* enkindled in our hearts by the Holy Spirit, reawaken in us the blessed *hope* for the coming of your Kingdom. May your grace transform us into tireless cultivators of the seeds of the Gospel. May those seeds transform from within both humanity and the whole cosmos in the sure expectation of a new heaven and a new earth, when, with the powers of Evil vanquished, your glory will shine eternally. May the grace of the Jubilee reawaken in us, *Pilgrims of Hope*, a yearning for the treasures of heaven. May that same grace spread the joy and peace of our Redeemer throughout the earth. To you our God, eternally blessed, be glory and praise for ever. Amen.

More information can be found at olmjasper.org.



Welcome, Pilgrims of Hope!

What is a Jubilee Year?

A Jubilee Year is a **special year of grace in the Catholic Church**. It is a year of remission of sins, debts, and universal pardon. The Church holds a Jubilee Year at least once every 25 years. It encourages people to turn towards God in thanksgiving, repentance and communion with the Church.

The year is usually marked with spiritual pilgrimages, celebrating the Sacraments of Eucharist and Reconciliation, and involvement in works of mercy and service.

Jubilee Year 2025: Pilgrims of Hope

Jubilee Year 2025 was proclaimed by Pope Francis in the Papal Bull *Spes Non Confundit* (“Hope does not disappoint”): *“The coming Jubilee will thus be a Holy Year marked by the hope that does not fade, our hope in God. May it help us to recover the confident trust that we require, in the Church and in society, in our interpersonal relationships, in international relations, and in our task of promoting the dignity of all persons and respect for God’s gift of creation.”* (Pope Francis, *Spes Non Confundit* 25).

In addition to the opening and passing through the Holy Doors in Rome, hallmarks of a Jubilee Year include pious visits to sacred places, sites of pilgrimage like our Parish OLM, works of mercy and penance, and the opportunity to obtain plenary indulgences.

The year will conclude in local dioceses on Holy Family Sunday on Dec. 28, 2025.

What is Plenary Indulgence?

“An indulgence is a remission before God of the temporal punishment due to sins whose guilt has already been forgiven, which the faithful Christian who is duly disposed gains under certain prescribed conditions through the action of the Church which, as the minister of redemption, dispenses and applies with authority the treasury of the satisfactions of Christ and the saints”. Catechism of the Catholic Church (n. 1471)

What must I do to obtain the Plenary Indulgence?

Every time making a visit to a pilgrimage site, a Plenary Indulgence can be obtained (only once a day), if the faithful fulfill the following requirements:

- have the interior disposition of complete detachment from sin, even venial sin; this is exteriorly expressed in the celebration of Reconciliation
- express the desire to be in union with Jesus by attending Mass and receiving the Holy Eucharist within the reasonable time of the visit;
- pray for the intentions of the Holy Father by praying the Creed and one Our Father.

Additional practices suggested by Pope Francis:

- Perform an extraordinary work of mercy — give a generous gift to the poor, visit a nursing home or prison; or
- Fast at least one day a week from “futile distractions” such as social media, TV, video games, or entertainment apps.

