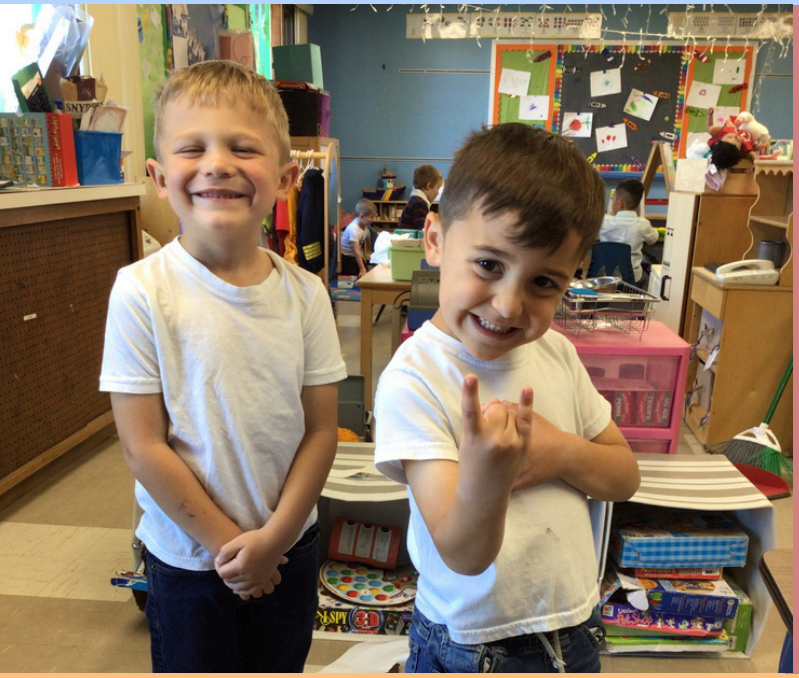
COCALICO CARE CENTER

NOVEMBER NEWSLETTER

2026



IMPORTANT DATES

- **November 14th :** Brotherhood steak sandwitch sale
- **November 20th :** CEF
- (Cocalico Education Foundation) ExtraOrdinary Give Event. Visit https://www.extragive.org/ to donate
- **November 26th and 27th :** CCC CLOSED for Thanksgiving recess
- **November 4th** : Kauffman's Chicken BBQ pick-up

TIPS AND REMINDERS

Don't forget that November is Conference month at CCC. Classroom teachers will be sharing information and methods for meetings. They will also have a special sheet to sign if you are choosing to skip a conference. By signing that form you will be allowing staff to release the student checklist that has been prepared for you. We love to take this opportunity to meet- even if it is just to say Hello and hear about all the interesting things that might be going on with your family this Thanksgiving season.



CCC LENDING LIBRARY IS OPEN!

Stop by the Lending Library in the main entrance and choose a book for your family to enjoy! Books include board/activity books, parent resources, chapter books, and seasonal selections. Simply sign out your book on the clipboard and return it to the "Return" basket when finished.Have gently used books to share? Let the office know—we'd love to add them to our collection!

❤️ Why Reading Matters

-Supports brain development
-Encourages a love of learning
-Strengthens parent-child bonding
-Builds communication skills
-Promotes confidence & creativity
-Encourages independence

HEALTHY HABITS... PROVIDED BY: JENINE BISACCIO RN



As the days grow shorter and the chilly days of fall arrive, November is a great time to focus on one of the most important parts of your child's health and well-being: sleep! Getting enough sleep helps children feel their best, learn more effectively, and manage their emotions. When children don't get enough sleep, it can affect many areas of their daily lives, including:

- **Learning and academics:** Difficulty concentrating and keeping up with schoolwork.
- **Memory and attention:** A shorter attention span and difficulty remembering information.
- **Mood and behavior:** Increased irritability and difficulty managing emotions.
- **Immune health:** A decreased ability to fight off illness.
- **Decision-making:** Difficulty making good choices and an increased likelihood of risk-taking behaviors

Tips for Healthy Sleep Habits

- Keep a routine: Maintain consistent bedtimes and wake-up times.
- Stay active: Encourage outdoor play and daily movement.
- Limit screens: Turn off devices before bedtime.
- Create a calm space: Keep bedrooms quiet, dark, and comfortable.
- Make time to rest: Avoid overscheduling and allow time to wind down.
- Watch for concerns: Talk to your healthcare provider if sleep problems persist.

How Much Sleep Does Your Child Need?

Age Group Recommended Sleep

1–2 years: 11–14 hours

3–5 years: 10–13 hours

6–12 years: 9–12 hours

13–18 years: 8–10 hours







CLASSROOM SPOTLIGHT

Meet the Birch classroom!

We have been soaking up the beautiful fall weather in Birch Room! The children have loved spending time outdoors, exploring nature, and enjoying the sunshine with their friends. We have also been practicing teamwork, listening to one another, working together in groups, and learning about our feelings and how to be kind friends. As the weather gets cooler, we are excited to explore all things fall, including pumpkins, changing weather, Native American history and culture, and the upcoming holiday season. We look forward to all the fun learning and special memories ahead! ❤️



WISH LIST

- DRAWING PAPER
- MARKERS
- DRY ERASE MARKERS
- BOARD GAMES (NEW OR GENTLY USED)
- POLY-FIL STUFFING

STAFF APPRECIATION DAYS



MISS. JENNA
3 YEARS





MR.DOUG
4 YEARS



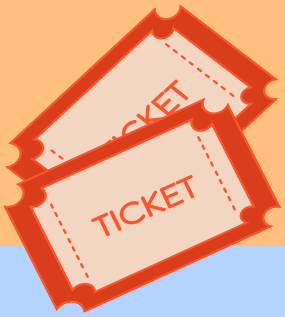


Kauffmans BBQ Chicken Fundraiser

Top seller (A TIE!)

Sawyer Weaver and Adalyn Lehrer

(each family sold 16 tickets)





What were the classes up to last month?

Click the door to see what our classes are up to!













