

Cocalico Care Center October Newsletter

(717) 336-4007

WWW.DENVERSTJOHNS.ORG/COCALICO-CARE-CENTER

Important Dates!



October 10: Discover Denver
9:00-4:00p (details on Denver
Facebook page)

October 10: 11am-1pm
Men's Brotherhood Steak
Sandwich Sale

October 12: CCC CLOSED
Teacher in-service training

October 14 & 15: Preschool
picture day

October 11 : BINGO and Bag
Fundraiser (information in flyer
below)



Tips and Reminders for the month:



You and your Child's Safety is important! All vehicles must be turned off and keys removed when dropping off and picking up. Children (Siblings) MUST NEVER be left in vehicles. It is also important to remember to use the proper restraints according to state regulations. You can always contact your local police department to find out about safety car seat checks that might be happening in the area.

Pastor Brad Message

You are part of our family, too! If there is ever anything you need—whether it's guidance, a helping hand, or simply someone to talk to—please feel free to stop by my office or send me an email. You are just as much a part of our church family as the daycare families, and we're so glad to have you with us!

—Pastor Brad





Some Friendly (fundraising) Competition is heading our way...

**OCT
11**

BINGO & Bag Fundraiser



Sunday, October 11th hosted at the Ironspire. Bingo begins at 1:00 PM and tickets are \$25.00. Please call Ms. Charlotte or stop at the front office window if you would like to purchase tickets for this event.

**OCT
23**

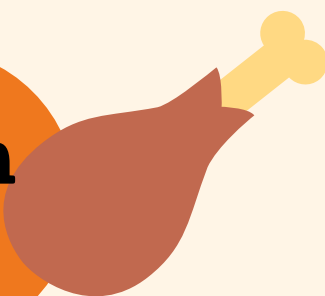
Pumpkin Decorating Contest



Later this month the St. John's Congregation members & CCC Staff will be submitting a decorated pumpkin for our contest. Everyone is invited to vote for their favorite pumpkin by dropping a quarter in the appropriate container. The Pumpkin with the highest total \$ will win a special treat and the classroom that was paired with that pumpkin will win a special book for each child in the class from our November Scholastic book order.

**OCT
19**

Kauffman's Chicken BBQ sale



This month, we're celebrating the incredible Info. Coming soon! Orders are due 10/19; Pick-up day is 11/4.

**JAN.
2026**

Penny Wars



(Starting in January) St. John's UCC & the Cocalico Care Center will be sabotaging each other in our Friendly Penny War fundraiser. The winning group will have bragging rights for the entire fundraising year as we make our way into the new year!



Classroom Spotlight Maple Room!

Hi! I'm Miss Brittany, the lead teacher in the Maple Room! 🍁 Miss Amy and I have been helping our new Maple friends transition into the classroom, learn our new schedule, and get to know their new friends.

We've been focusing on social-emotional skills like manners and being a good friend while also working on fine and gross motor skills, exploring new art supplies, and getting to know each other!

In October, we'll be learning all about fall, including leaves, pumpkins, spiders, Halloween, and more! 🎃 🍁

Maple Room Wish List





Positive Solutions for Families:



Has life with your young child become filled with conflict and confusion? Does it seem as if even the simplest activity can turn quickly into disaster when your child's behavior is out of control? Are you beginning to feel as if things are getting worse instead of better? You're not alone. Many, if not most, parents find themselves struggling with the challenging behavior of their young child at some point in time. The good news is that there are evidence-based, effective strategies that you can use to create positive solutions for your family.



Helpful Tip: Keep Your Expectations Realistic.

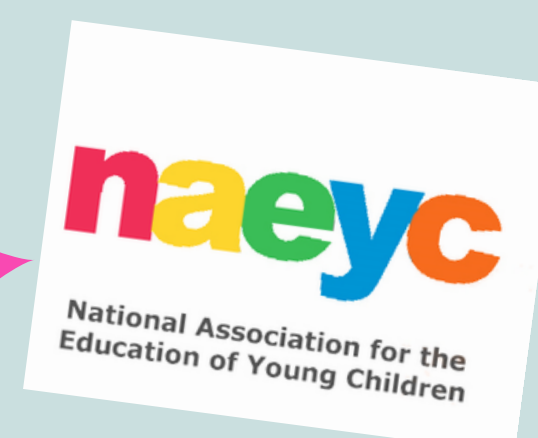
It is important to understand your child's abilities and limitations. Expecting too much or too little can lead to frustration for both of you. For example, if your 2½-year-old becomes restless while waiting at a restaurant, take a short walk or give them a break instead of getting upset with them.

Childs Average Attention Span



2 years: 4-6 minutes	7 years: 15-25 minutes
3 years: 6-10 minutes	8 years: 20-30 minutes
4 years: 8-12 minutes	9-10: 20-30+ minutes
5 years: 10-15 minutes	
6 years: 12-20 minutes	

Click here for more info!



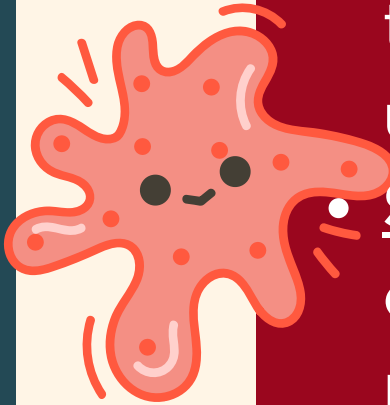
Wishing everyone a fun, healthy, and happy October!

October is here! With cooler weather, falling leaves, and plenty of outdoor fun, this time of year can also bring seasonal allergies, coughs, colds, and other illnesses. These illnesses can spread quickly among children; therefore, it is important for us to work together to minimize the impact.



Here are suggestions to navigate through this time of year!

- If your child has known seasonal allergies, prevention of symptoms is possible when starting allergy medication in a timely manner (always check with your doctor before starting anything new!)
- If your child is experiencing respiratory symptoms, please consider Covid testing, and if positive, follow your physician's guidance to avoid spreading the virus.
- The flu typically is characterized by sudden onset of chills, body aches, fever, and respiratory symptoms. When in doubt, reach out to your doctor!
- Encourage your child to maintain a healthy lifestyle by eating a balanced diet, getting enough sleep, and engaging in regular physical activity. A strong immune system can help fight off germs more effectively.



REMINDERS!



- Wash hands often, especially before eating and after using the restroom.
- Cough or sneeze into your elbow to help prevent germs from spreading.
- Keep fingernails clean and trimmed, since germs can hide underneath them.
- Stay home when sick so your child can rest and recover while helping protect others.

Weather Reminders

October weather can change quickly! Please send your child with appropriate clothing or layers so they can stay comfortable during outdoor play. We understand that the Fall season brings many exciting activities and events, but it is crucial to prioritize the health and well-being of our children by working together. By following these guidelines, we can create a safe and healthy environment for everyone.

